

Free gas for Thanksgiving? Okay, then check the tires

You can take that next Thanksgiving or Christmas holiday trip, and your fuel won't cost you a penny.

What's more, you'll be doing your tires a favor.

The secret, according to the Tire Industry Safety Council, is proper tire inflation.

Tire engineers say you are wasting about a half-mile a gallon, or decreasing your fuel economy by about three percent, if you permit your tire pressure to drop six pounds below the inflation pressure recommended by the vehicle manufacturer.

So if you drive, say, 10,000 miles each year, you gain approximately 300 extra miles on the same amount of gasoline by checking and adjusting the air pressure in your tires on a monthly basis.

As Tire Council Chairman Malcolm R. Lovell, Jr. observes: "300 additional miles represent a substantial savings now that the cost of gasoline has eclipsed the \$1 plus per gallon mark. That's enough miles to take a trip from Philadelphia to Washington and back."

In addition to maximum safety, properly inflated tires have less rolling resistance than underinflated tires. So they require less energy to make them roll.

Underinflation is widespread among the nation's estimated 120 million automobiles. The National Highway Traffic Safety Administration says its research shows that half of the passenger car tires in use are underinflated.

A tire is considered seriously underinflated when it drops four pounds below the pressure recommended by the vehicle manufacturer.

A recent survey of radial tires by the Society of Automotive Engineers found that an average of one tire per vehicle was underinflated by three to six pounds during the summer and five to eight pounds in the winter.

"Checking your tire pressure at least once a month and adding air when necessary is the cheapest service you can give your car," Lovell says.

"You should check your tires when they are cold or have been

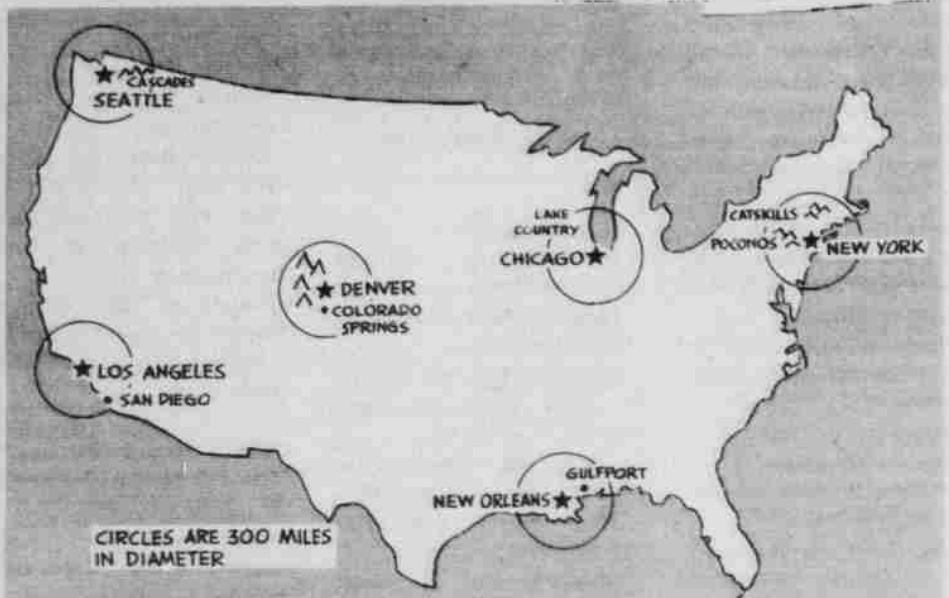
driven less than a mile. Tires normally warm up during use which results in a small increase in pressure."

In addition to the bonus of extra miles, proper inflation pressures ensure maximum tire safety and optimum tread wear. Correct air pressures provide proper sidewall support and safe operating temperatures.

Underinflation creates excessive heat (a tire's worst enemy), lowers the load-carrying capacity, seriously reduces tire life and can cause premature tire failure.

If you are uncertain about the amount of air needed for your tires, refer to the tire information sticker attached to the vehicle for the pressure recommended by the vehicle manufacturer. Usually it can be found on one of the doorposts, door edge or on the back of the glove compartment door.

Tire pressures are also listed in some owner's manuals. For a free booklet on tire care, send a stamped, self-addressed envelope to Consumer Tire Guide, Box 1801, Washington, DC 20013.



You can award yourself a gas-free Thanksgiving or Christmas holiday trip just by keeping your tires properly inflated all year 'round. If you lived in New York City, for example, the savings would allow you to make a return trip to the Catskill or Pocono mountains from New York City at virtually no charge for fuel. Estimated savings in terms of 300 free miles is based on driving 10,000 miles a year.

★ **EFFICIENT**
★ **DEPENDABLE**
★ **THOROUGH**

VOTE
DON
McELIGOTT
COUNTY JUDGE



Paid for by committee to elect Don McElligott, Randy Lott, Chrm.

The new business look

Leading fashion publications and designers have declared that the dress is back, and nowhere is it more evident than with the business or professional woman who no longer needs to adopt the dress code of her male counterparts in order to be taken seriously.

The conservative, three-piece business suit, long considered the new woman's "success uniform," has given way to dresses, many in bold colors.

Jerry Silverman, executive director of the American Dress Council, has these suggestions for successful dressing.

• Depending upon your budget, have from three to six basic dresses. Silk is one of the best fabrics because it goes easily from daytime to evening and can be worn year round.

• Select dresses with simple lines and colors that are easy to accessorize. But don't be afraid to experiment with bold patterns and bright colors.

If you select your accessories carefully, you'll find these dresses are as easy to accessorize as the more conservative ones.

• Blazers and unstructured jackets are your best accessories. These can do more to change the look of a dress than anything else. Have at least one for winter and one for summer, and pick neutral colors.

If you can, splurge with one or two brightly colored jackets in colors that contrast with the dresses.

• Belts are a must. There's such a wide variety on the market today that you can select every conceivable color and shape. Collect a bundle of them; they do wonders for a wardrobe.

• Vests also add versatility to a wardrobe and are especially effective over long-sleeved dresses.

• Embroidered sweaters and cardigans are back again. They look good over dresses—a conservative one for the office, an embroidered one for evening.

• Scarves also are marvelous with dresses. Vivid silk scarves from India and designer scarves all look terrific with dresses.

• Shawls are wonderful, too, not only for keeping warm, but for accessorizing with flair. The dark, floral shawls look good all year round. For daytime, tie them over your shoulders; for evening, tie one around your waist.

• Shoes and handbags can make a big difference in your total look. Boots or pumps and a leather shoulder bag look very professional with a dress.

For evening, switch to high heeled spaghetti-strap sandals and a disco bag.

Pushing to Glory

BAYSIDE, N.Y.—Not all athletes experience big paydays such as fighters Sugar Ray Leonard and Roberto Duran. Most play their trade without fanfare or money.

Russell Driesen, 14, recently set the pushup record of 112 at Nathaniel Hawthorne School here. He won the John F. Kennedy physical fitness award and got his name posted in the gym. "That's good enough for me," he said.

Cooperation, leadership part of 4-H

from the OSU Extension Service

Cooperation, responsibility, leadership, decision-making and information seeking are abstract terms that "come to life" in 4-H because young people are really involved in doing all those things.

It's all part of the "learning by doing" philosophy of the youth education program of the Oregon State University Extension Service.

Although most people probably associate 4-H with the teaching of such skills as sewing, cooking, or sheep raising, the teaching of "life skills" is an even more important part of the educational program today.

"Life skills is a fancy term, but so far no one has come up with a better way of describing the knowledge people need to make their lives easier and more rewarding."

"Life skills" can mean practical, everyday knowledge that a person will use throughout his or her life.

as how to prepare a meal or refinish a chair. But it also means the more intangible skills which enable a person to move through and deal with a society that is becoming increasingly complex.

Because 4-H is a voluntary program in which young people and adults come together to achieve mutual goals, it is important that they learn to work together or the group won't survive.

"In 4-H, young people soon learn that cooperating with

others is important if the group is to function. They learn quickly that it's important to share tools or materials so that each member of the group can do his or her share of the work."

Serving as a 4-H club officer or as the leader for a club activity such as a field trip is an effective way to learn leadership skills, because the young people must learn how to express themselves and their ideas as well as how to bring the group together."

In 4-H, boys and girls in grades four through 12 learn the meaning of responsibility early because it is important that each 4-H'er be responsible for completing his or her 4-H project as well as learning to carry through on group responsibilities so that others won't be disappointed.

"The 4-H program helps young people learn to make decisions by involving them in the process and helping them analyze the choices which need to be made so that decisions are made after careful consideration."

People also need accurate information if they are to make informed choices. In 4-H, young people learn how to

seek out the information they need about what kind of beef animal to buy or about the nutritional value of different kinds of food.

"Hopefully this will lead to a life-long habit of gathering information as well as the knowledge of how to get information from a variety of sources, something everyone needs to know in today's world."

IF YOU EXPECT FROM YOUR ELECTED OFFICIALS:

1. Responsibility
2. Ability
3. Dependability

VOTE VANCE—MORROW COUNTY

TREASURER

PAID FOR BY THE COMMITTEE TO ELECT ALICE VANCE, MORROW CO. TREASURER, HEPPNER, OR

CUB SCOUTS
PACK 661
BAKE SALE

Nov. 7, 1980 10:00 A.M.
AT
Central Market Coast to Coast

BANK OF Eastern Oregon

SENATOR KEN JERNSTEDT

A Quiet Man . . .
An Effective Senator!

Here are just a few opinions . . .



Victor Atiyeh, Governor of Oregon:
"I have seen many legislators come and go in my twenty years in the Oregon Legislature but none exceeded you in your quiet influence, dedication to public service, hard work and determination in working for your constituents. All of those are rare qualities and should be treasured wherever found."
September 18, 1980

Bob Smith, Senate Minority Leader:
"During nearly 20 years in the Legislature, I have identified two types of legislators, the workhorses and the showhorses."

"The showhorses are the loudmouth prima donnas whose efforts are designed to obtain free publicity. They contribute little to the legislative process."

"The workhorses are those legislators without whom the work of the Senate and the Legislature could not be conducted. Ken Jernstedt has been one of the workhorses during his 14 years as a legislator."

"No member of the Senate enjoys as much respect from members of both the Democrat and Republican parties, and that is why Ken Jernstedt has been an effective representative of the people of District 28."
September 20, 1980

Jason Boe, President Oregon State Senate:
"I have always admired your quiet determination to represent the best interests of not only your constituents, but also the entire state."

"... your willingness to do more than your share of the hard work each Senator faces, your diligence in seeking to understand complex issues and your total honesty and integrity have served as an example to all of us."
October 1, 1980

"... Sen. Ken Jernstedt is a behind-the-scenes politico, a master in listening for and being a part of complicated bill negotiations and compromises that are an integral part of any legislative session."
The Oregonian, June 7, 1977

"Sen. Ken Jernstedt effectively represents his constituents and over the years has wielded influence with his colleagues."
The Oregonian, August 27, 1979

FOR THE GOOD OF US ALL
RE-ELECT SEN. JERNSTEDT

Paid for by Re-elect Sen. Jernstedt Committee.



Judge Smallmon



Gov. Vic Atiyeh

VOTE

Retain John Smallmon for District Court Judge

To the Voters in Umatilla and Morrow Counties

It is important to the people in Umatilla and Morrow Counties to retain Judge Smallmon as their District Court Judge in Hermiston.

I appointed Judge Smallmon in July, 1980 because I felt he was the most qualified. His nine years as a judge in Hermiston and his 18 years as an attorney make him the most experienced candidate for the position of District Court Judge. I urge you to vote for Judge John Smallmon on November 4th.

Victor Atiyeh
Victor Atiyeh
Governor

Paid for by the Committee to Retain John Smallmon, District Court Judge, Tom Huddleston, Co-Chairman, Mike Hunter, Treasurer.