

Parker wins three events but Heppner's track team falls short of lone 138-103

Ione's boys track team came out on top in a head to head battle with Heppner last week 132 to 103.

Echo had only one competitor on its team and he scored five points. Stanfield, Riverside and Umatilla did not send teams to the meet as scheduled.

Heppner had more first place finishes, nine to eight, but it was depth again for Ione that led to the victory.

Jim Parker was first in the high jump with a leap of 5-8, first in the shot put with a throw of 48-10 and first in the discus with a throw of 137-11 1/4.

Dennis Stefani was a double winner for Ione in the long jump at 19-7 1/2 and the triple jump at 39-9 1/2.

Todd Sherer was a double winner for Heppner with a time of 56.8 in the 400 meters and 2:11.9 in the 800 meters.

Robin LaRue was another double winner for Ione in the 110 high hurdles in 17 seconds and the 300 intermediate hurdles in 43.8.

Other winners had Les Thompson of Ione first in the pole vault at 10-6, Terry Starr first in the javelin at 145-2 1/2, Mike Jones of Heppner first in the 100 meter dash with a time of 12.3 seconds, Larry Palmer first in the 1500 meters with a time of 4:38, Gregg Rietmann first in the 200 meters for Ione with a time of 24.8 and Dan Nix of Heppner first in the 3,000 meter run with a time of 10:23.1.

Heppner won the 1600 meter relay in a time of 4:11 with Larry Palmer, Sherer, Jari Alasuvanto and Duane Garrett splitting the distance.

Ione won the 400 meter sprint relay in 47.5 seconds. Running for the Cards were Jeff Hamms, Stefani, Rietmann and LaRue.

Both relays were won easily by the respective teams as Ione was second in the 1600 meter relay with a time of 4:58.3 and Heppner second in the 400 meter relay with a time of 50.4.

Jerry Rietmann was second in the pole vault at 10-6 and Garrett of Heppner third at 8-6.

Thompson was second in the high jump with a leap of 5-6, Shawn LaRue was third at 5-6, and Donnie Taylor fourth at 5-2. All are Cardinals.

Baseball team wins

(Continued from page 9)

in the seventh inning.

Still down 8-7, Ron Young started the seventh inning with a walk and Tim Hedman followed with a single. Freshman Jay Hayes laid down a bunt to sacrifice the runners but the Condon pitcher threw the ball away for a two-base error allowing Heppner to win the game.

Dale Holland was the winning pitcher. John Bier had two hits including a double, Rick Cole and Doug Holland had two hits and John Murray had two hits and three RBIs.

Heppner had nine runs on 11 hits and three errors and Condon had eight runs on nine hits and four miscues.

Doug Holland pitched a four hitter in the second game pitching a complete five-inning game, striking out five and walking four.

Heppner led 2-0 at the end of the first inning when Doug Holland doubled and Murray smacked a two run home run.

In the second inning, Groshens walked, Hayes hit a single and Jay Patterson hit a single scoring two runs.

Patterson was two-for-two at the plate in the second game and Coach Dale Holland said freshman Jay Hayes had his "best day" of the season.

But overall, Coach Holland said sophomores Murray and Doug Holland are leading the team.

"They are hitting the ball a ton," he said.

Doug Holland has 14 hits in 25 at-bats this season for a .560 batting average and Murray is 10-of-25 for an average of .400.

Ione took first, second and third in the long jump as Hamms was second at 18-11, Gregg Rietmann third at 18-9 1/2 but Earl Hammond of

Heppner was fourth at 18-4. Gregg Rietmann was second in the triple jump at 39-6 1/2, Parker third at 38-4, Jones fourth at 35-11 1/2 and

Jerry Rietmann of Ione fifth at 35-1 1/2. Hammond was second in the javelin at 142-6 1/2, Jim McCabe of Ione third at 122-7 1/2, Craig

Gutierrez of Ione fourth at 113-7 1/2 and Denny Starr fifth at 112-9. Terry Starr was second in the shot put nine feet behind

the winner Parker with a throw of 39-10. Gutierrez was third at 35-10, Heppner's Wesley Marlatt fourth at 33-7 1/2 and Buck Estes fifth at

26-11. Heppner won the top three spots in the 100 meters with Hammond second at 12-52 and Estes third at 12.7. Tavor was

fourth for Ione in 12.8. Palmer was second in the 800 meters in 2:18.1, Hamms of Ione third in 2:28.5 and LaRue fourth in 2:31.3.

WE NOW HAVE A FINE SELECTION

THRIFTWAY



Western Family Meat Pies
Beef, Turkey or Chicken.
8-Oz. Size

4 For \$1



Eggo Strawberry or Blueberry Waffles
11-Oz. Your Choice

69¢



Western Family Vegetables
Corn, Peas or Mixed Vegetables

20-Oz. Poly Bag

49¢

CLIP AND SAVE WITH THIS VALUABLE COUPON

Free Cake Mix

To receive your certificate good on the purchase of any Layer Cake Mix, send this certificate along with 1 box bottom from Betty Crocker Frosting Mix to: General Mills, Inc., Box 966, Minneapolis, MN 55460

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Prices Effective 7 Full Days April 23 Thru April 29, 1980

We Reserve the Right to Limit Quantities

Betty Crocker Super Moist Cake Mixes
Assorted Flavors, 18.5 to 20-Oz.

69¢

BETTY CROCKER, 16.5-OZ. Ready-to-Spread Frosting
Assorted Flavors

89¢

Dairy-Deli Features

AA Large Eggs
Western Family, Dozen

58¢

Fresh & Fruity Yogurt
Assorted Flavors, 6-Oz

3 For \$1

Velveeta Spread Kraft, 1-Lb. **\$1.59**

Ice Cream Bars Dairgold, Pkg. of 6 **89¢**

Thriftway Top Quality Fresh Meats

Whole Smoked Picnics
6 to 8-Lb. Average

59¢ Lb.

Pork Loin Roast
Boneless, Serve with Dressing

\$2.29 Lb.

Fresh Pork Spareribs
Family Favorite, 3 to 5-Lb. Average

\$10.9 Lb.

Meat Deli Features
Morrell's Lunch Meats
Bologna or Salami, Lb. Pkg.

\$1.39

Bar-S Biggies or All Meat Franks **\$1.39**

Oberto Cooked Ham 4x4 or 4x7, 4-Oz. Pkg. **79¢**

Sliced Bacon West Virginia, 1 1/2-Lb. Pkg. **\$2.19**

Beef Sirloin Tip Steaks
Boneless, USDA Choice Beef

\$2.19 Lb.

Roasting Chickens
USDA Inspected, 5 to 8-Lb. Average

63¢ Lb.

Half Ham Pierce Gale, 2 1/2-Lb. Average **\$2.19**

Turkey Breast Valchris Smoked or Barbecue, 1 1/2-Lb. Average **\$2.79**

Oscar Mayer Wieners All Meat **\$1.79**

Swift's Sausages Brown & Serve, All Flavors, 8-Oz. Package **\$1.09**

Fish Sticks Lightly Breaded **99¢**

Dungeness Crabs Ocean Caught, Frozen Whole **\$1.39**

MEAD'S THRIFTWAY

NEW STORE HOURS:
Open Every Day 8 a.m. to 10 p.m.
305 S.W. 11th. Ave. (Buttercreek Hwy.), Hermiston.
Umatilla-711 H. Street