

AROUND ABOUT

With Justine Weatherford

This week between Palm Sunday and Easter Sunday, the historic Holy Week, an annual renaissance, may bring us warmer weather at last. Many Morrowites can recall, however, that opening daffodils and hyacinths have been pelted with hail and covered with snowflakes some springs in this area. I've been hoping to get to some yardwork but am not enthusiastic about working outside in the bone-chilling wind.

Our Pacific Northwest has been excited about having the only active volcano in the 48 contiguous states altering the shape and usual spring schedule of lovely Mt. St. Helens. This outburst has attracted many scientists to southwest Washington State and has commanded a great deal of media attention.

Last weekend saw lots of folks traveling to Lexington again, as they had to visit the openhouse of Piper's Country Store the previous weekend. Last Saturday there was a great collection of cars and pickups parked near the Williams' mini-ranch, and the large group of county residents was joined by dozens of "outside" visitors. All of them shivered in the cold wind during the extensive, lively auctioning of a large accumulation of household and farm-type goods. Some of the antique items included an old wagon seat, ancient cooking articles, old clocks, and some long-used farm and garden tools.

Right now quite a few of the ambitious high school seniors in the county are rushing about filling in scholarship forms and asking employers, teachers and acquaintances to write letters of recommendation for them. They have only six weeks more of classwork. Graduation invitations and announcements have arrived, and senioritis is in full bloom.

A special, exciting, big event due at Heppner High School in just three weeks is the first musical production in quite a few years, "Frankenstein's Follies." The cooperative effort by the music departments and its instrumentalists and vocalists and the drama department should delight the community. The extravaganza will be presented on the evenings of Thursday, May 1 and Friday, May 2. The students and coaches have been putting in many hours of practice in preparation for their two-night run.

In Umatilla and Morrow counties there is a federally-funded RSVP (Retired Senior Volunteer Program) which is directed by June Wagner, who has her office in Pendleton, but who comes several Wednesdays each month to the communities of this county to help enlist retired persons in activities that are helpful to them and to their communities. Mrs. Wagner always checks in at the Neighborhood Center in Heppner. The RSVP program and its professionally-trained leaders insist that post-retirement health is very closely related to the activity, the community involvement, the feeling of being needed and appreciated that they want to help older citizens realize.

The Older Americans Act—under which the Area Agency on Aging activities such as the senior meals, home health care, legal aid for seniors, and the buses for transportation of seniors and handicapped persons are partly financed—relies on volunteer help and volunteer cash contributions to carry on much of their functioning. Morrow County residents need to appreciate the advantages offered to elderly citizens here, and everyone should be encouraged to support these programs.

Easter services planned

Three community-wide Easter services will take place in Heppner beginning with a dramatic court trial in the All Saints Episcopal Church at 7:30 p.m. tomorrow.

The South Morrow County Ministerial Association has published and posted in public places subpoena calling for their fellow citizens to appear to act as jury members at the re-creation of the trial of Jesus of Nazareth, the defendant. A prosecuting attorney and a defense attorney will call a series of witnesses.

Testimonies to be presented will be judged by those who attend and who will decide again whether they feel that the defendant should live or die.

On Easter Sunday morning at 6:30 a.m. there will be a community Sunrise Service in the upper parking lot at Heppner High School. If the weather is inclement, this service will be moved into the school building.

The Rev. Cathy Barker will lead the musical sing at the Sunrise Service.

The First Christian Church, 275 Corner of Gale and Center Streets, with the Rev. Edwin W. Sikes is having an open Sunday School visitation with the parents attending a shortened class from 9:45 to 10:30 a.m. A coffee hour will follow with rolls and juice also being served. Regular worship will be at 11 a.m.

Hope Lutheran Church, Cowins and Alfalfa, with Pastor John Maas is having an Easter Communion Service at 11 a.m. Sunday.

Valby Lutheran Church, Ione-Gooseberry, with Pastor Maas is having a Maunday Thursday Communion Service tonight at 8. It is also planning an Easter breakfast at 9 a.m. Sunday preceded by an Easter Communion Service at 8 a.m.

The Rev. James King and members of the Nazarene Church will be participating in both ministerial association services. The church will have its regular service at 10 a.m. Sunday.

The Ione United Church of Christ will have a Maunday

Thursday service tonight at 7 consisting of a simple meal, communion and the office of the tenebrae. That church will also participate in the two ministerial association services Good Friday and Easter. Following the Sunrise Service Sunday, there will be an Easter breakfast in Ione from 8:30 to 9 and family worship at 10 a.m.

Lexington Church of Christ, East Arcade in Lexington, with the Rev. Robert Nash is having Sunday School from 9:45 to 10:45 and special Easter music at its worship service following at 11 a.m.

Pastor Doug Thomas of the Assembly of God Church said members of his congregation will be participating in the Good Friday Service at the Episcopal Church tomorrow night and the Easter Community Service Sunday morning. That church will also have its own Easter Service at 11 a.m.

St. Patrick's Catholic Church with Father John O'Brian is having an afternoon Good Friday Service at 2:30. There will be a blessing of the Catholic candle at 6:30 a.m. Sunday and Mass at 11 a.m. There will also be a Mass and Sing in Ione at 8:45 a.m.

United Methodist Church in Heppner is having an Easter Service Sunday at 10:30 a.m. The Rev. S. Michael Sheridan said the members will also be participating in the Good Friday Service tomorrow night and the Easter Sunrise Service Sunday morning.

Next week, Sunday, April 13, at 7:30 p.m., a cooperative Easter Concert will be given under the direction of Arnie Hedman in the Heppner United Methodist Church. About 30 vocalists from various churches have been practicing for this presentation for some time. They will be accompanied by Carley Drake at the organ and Judy Maas on the piano.

Everyone is cordially invited to attend the musical presentation and to stay afterward to enjoy refreshments together in the church social rooms.



Kelly Anne Harrison and John Louis Boyer

Harrison-Boyer plan wedding

Mr. and Mrs. David Harrison of Cheney, Wash. announce the engagement of their daughter, Kelly Anne, to John Louis Boyer, son of Mr. and Mrs. Mel Boyer of Lexington.

Harrison is a 1976 graduate of Heppner High School and a

graduate of the Pendleton College of Beauty

Boyer is a 1974 graduate of Heppner High School and is now a senior at the University of Oregon.

A June 21 wedding is planned.

Christian women meet

To the theme "Raindrops Keep Falling On My Head,"

the Heppner Christian Women's Club will welcome in Spring at their April meeting, Monday, April 7, 6:45 p.m., at West of Willow Restaurant.

Knitters knit

Go-Go Knitters By Heidi Samples The Wednesday knitters and their leader Debbie Hyatt gained a new member, Heidi Samples.

At their last meeting, they elected new officers. They are president Noella Rill, secretary Shanna Holt, news reporter Heidi Samples and member Tareena Nash.

Their leader, Debbie Hyatt, is thinking about taking the Go-Go Knitters to a yarn mill.

Audrey Manning of Springfield, Ore. will be the guest speaker. Greg Sweek will present a special feature on "Stained Glass" work, and special music will be presented by Rick Drake.

All women are cordially invited to attend.

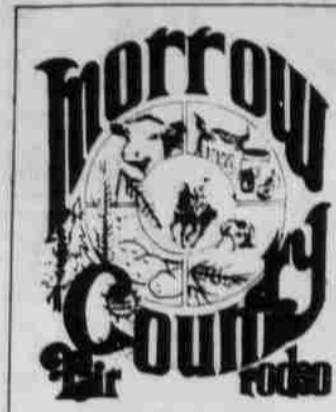
Reservations for the \$3.25 salad plate may be made by calling Merilyn Bigelow, 676-9670. Baby sitting is provided by calling Joyce Hughes, 989-8412.

Salmon feed set at EOSC

There will be an Indian Arts and Crafts sale at Hoke Center on the Eastern Oregon State College campus in La Grande this Saturday beginning at 1 p.m.

A baked salmon feed will follow at 6 p.m. with a cost of \$4.50 for adults and \$3 for children under 12.

An Indian Dance will conclude the day's activities.



By Dorothy Estberg March 30 marked the third week that roller skating at the fairgrounds got underway.

Because of interest for providing recreation for the community, the Morrow County Fair Board agreed to allow the use of the fairgrounds for the roller rink.

Roland and Shirley Cassens of Hermiston, are managers. Cassens wished to have light advertising because of fear of a shortage of skates, so he started out advertising quietly.

It's been the third week of skating, and has been a hit with families and young people. It was meant to be a way for young people to have an activity of good, clean fun, as well as exercise.

Skating is scheduled every weekend until August except on days when rodeo dances, special dinners, fair, etc. are held.

For more information call Dorothy Estberg at 676-5159, or grounds caretaker Steve Estberg 676-9474.

CHRIST LIVES!
How about that!

Valby Lutheran, Ione-Gooseberry
Hope Lutheran, Heppner

John Maas, Pastor
676-9940

PIZZA Made by Jim West of Willow

Large Combination	\$6.75
Large Ham & Pineapple	\$6.25
Large Beef & Onion	\$6.25

Wednesday & Saturday Evenings Only

New York Special Saturdays **4.95**

Seafood Buffet Fridays, 6:00-8:30 **4.95**

Pick a Locket or two

From our large selection of hand engraved lockets, in both gold filled and sterling silver. All styles come with chains.

Peterson's Jewelers
Heppner 676-9200

INCOME TAX SERVICE

Individual, Business Ranch

MARIE KEY

422-7532 Ione

Soroptomist PIE SALE

Saturday, April 5
10:00a.m.

Central Mkt.

Extension has tips on nutrition, car operation

By Birdine Tullis
Nutrition in the news

It seems that nutrition has become a household word. Americans are making changes in what they eat as they become more aware that nutrition plays an important part in good health—feeling good, and looking that way, too.

The seven dietary guidelines issued by the federal government, although controversial, have focused national attention on nutrition. The guidelines, developed jointly by the U.S. Dept. of Agriculture and Health, Education and Welfare, are summarized in a new publication called, "Nutrition and Your Health", which is available at the county extension office.

Summarized, the new dietary guidelines are: eat a variety of foods; maintain ideal weight, avoid too much fat, saturated fat and cholesterol, eat foods with adequate amounts of starch and fiber; avoid too much sugar; avoid too much sodium (salt); if you drink alcohol, do so in moderation.

Cost of Operating Your Car Typical cost to own and drive a new intermediate-sized U.S. car 10,000 miles a year was 38 cents per mile in 1979, according to Hertz Corporation's annual estimate.

Window Devoted to Ag Day Be sure to glance in the window of Gardner's Men's Wear as you walk down Main Street in Heppner, and enjoy the salute to agriculture display. Marking national Ag Day, March 20, Ruth Nutting, Morrow CowBelles president, made the attractive display, featuring county agricultural commodities and information related to the industries.

of agriculture to our area was spotlighted by Ruth Nutting at a recent Chamber of Commerce meeting. Representing all the women in agricultural groups, she called attention to the day by presenting each chamber member with a packet of beef recipes to carry home, with a surprise of a \$10 dollar beef certificate hidden in one packet.

Contemporary Quilting Crazy quilting is catching on, and several Morrow County women recently attended a how-to workshop sponsored by extension in Pendleton.

One who attended the quilt was enthusiast and expert, Theta Lowe of Heppner. She is so excited about the many possibilities of the creative crazy quilting that she is sharing the skill with others each Thursday morning.

The concept is similar to the old fashioned velvet or other

were hand stitched together and over-embroidered. Modern version is done on machine, and while just as lovely, is much faster.

The technique is great for quilts, but just as nice for table coverings, potholders, pillows, or other smaller items.

Others who attended the workshop will be sharing the idea, too. Nellie Madison will demonstrate the techniques at Pine City study group meeting April 8, and Juanita Ryan of Irrigon, will introduce Irrigon women to the handcraft.

Unusual Fruits and Vegetables

Many unusual fruits and vegetables available today are not used because the homemaker is unfamiliar with ways to prepare or serve them, or at what season they are best, or what stage of ripeness they should be used.

Many study groups in Morrow and Umatilla counties will

become familiar with such fruits and vegetables as papayas, kiwi, jicama, artichokes, celery root, ginger root, bok choy, diakon or Japanese radish, nappa, and kumquats, as well as other unusual and less used produce, at study group meetings in April.

Most are available at supermarkets, and add variety to family meals. Some are quite expensive, but others are economical buys. All attending the meeting will receive materials telling all about the products and suggested ways to serve them.

Gardening...Spring Fever

We hope all gardeners have marked their calendar for April 14 at 7:30 p.m. at the fairgrounds in Heppner to learn the secrets of successful

backyard gardening from Ray McNeilan, Multnomah County horticultural agent.

The special program has been arranged by your local extension office, in answer to many requests for assistance in gardening.

HELP WANTED

Several Temporary Positions Beginning in April Or May And Lasting Through October Or November. Pay \$3.91 to \$4.83 Per Hour

TREE PLANTERS

Needed Starting April 14 For Approximately One Month. Pay \$3.91 to \$4.83 Per Hour

Apply At U.S. Forest Service Office Heppner, Oregon

TELEFLORA'S EASTER BONNET BOUQUET

Easter Lilies
\$10.50—\$18.50
4-5 Blooms 9-10 Blooms

POSY Patch FLOWER SHOP

Call 676-9426
233 Main Heppner

Easter Egg Hunt

Pre-School—Museum Park
1 & 2 Grade—Court House
3 & 4 Grade—Grade School Playground

Sat. Mar. 5
Time—10:00 A.M. Sharp

This Ad Sponsored By Heppner Elks 358