

Seminar promises outstanding speakers

By Birdine Tullis,

Morrow Extension Service

With so much concern about rising prices, many may want to attend the Consumer Awareness Seminar sponsored by the OSU Extension Service Oct. 22 at the Lloyd Center Auditorium in Portland.

Outstanding speakers including Esther Peterson, Special Assistant to the President on Consumer Affairs, Velma Seat, OSU Food Marketing specialist; Dr. Ludwig Eisgruber, OSU Dept. of Agriculture and Resource Economics; and others, will present timely information on rising food prices.

To attend, a registration fee of \$2 is required, which can be sent to Velma Seat, 231 Extension Hall, O.S.U., Corvallis 97331.

Everyone involved in the 4-H program the past year, and everyone wanting to be a part of the 4-H action for the coming year, will want to mark Oct. 17 at 6:30 p.m. on their calendar of events. That is the night when members and leaders will be recognized and new members given an opportunity to get acquainted with the program.

The special event, a potluck dinner at the fairgrounds in Heppner, is planned for all the family. Those attending are asked to bring a salad or dessert to compliment the main dish, which will be furnished by the 4-H Council.

Members will receive pins for past year activities, county medals will be awarded, as well as a slide showing of past year's 4-H activities and events. Each leader will be asked to introduce their club members and award the pins for the past year, so that club groups may be recognized.

"Expanding Horizons" is the theme for the 1979-80 4-H year and this program is planned to get the year off to an expansion of opportunities for members and leaders.

Jerry Nicholson, Umatilla County President of Women for Agriculture, sends a special invitation to all farm women to attend a meeting of that group Oct. 19 at 10 a.m. at the Tapadera Inn, Court Street, Pendleton. They are asking all agricultural interest groups, such as the Cowbells, Wheathearts, Porketts, etc. to join them for the first state monthly meeting held in northeastern Oregon.

There will be a salad bar luncheon at noon. Topics to be discussed include world hunger, consumer interests, and problems agriculture is facing.

For more information on this event, call 567-7296 after 6:30 p.m.

Fall is making itself known in the produce department as new items arrive and others disappear. Squash is plentiful, but changing its skin. Less of the soft-skinned summer squash is in the stores. Now the hard-shelled winter varieties, such as acorn, butternut and Hubbard are coming in quantity.

Cabbage, broccoli and cauliflower are excellent quality and moderately priced. Local peppers are still plentiful. Other plentiful vegetables include potatoes, onions, carrots, cucumbers and fine-quality local corn.

Local tomatoes are a delicious addition to fall menus. Local tomatoes are picked

riper and are not good keepers. Therefore, they are not often found in the supermarkets.

California's heat wave has damaged many of the leafy vegetables and prices are up a little. Head lettuce is still in good supply and moderately priced.

Peaches and nectarines are just about gone. However, Bartlett pears are abundant and particularly good quality this year. Cantaloupe, casabas and honeydew melons are still in good supply. Bananas are a little more plentiful than they were and specials are more frequent. Persimmons should be in the markets within the next week or two. Their season is short, so persimmon lovers should watch for them.

Red and Yellow Delicious and Jonathan apples are in the markets. Rome Beauties should be in very soon. Yellow Delicious and Jonathans are good all-purpose apples, great for either cooking or eating fresh. Red Delicious are best eaten raw.

There are plenty of grapes available, although prices are starting to go up because of storage costs.

The wholesale price of beef has been rising and retail prices are being raised accordingly. One of the best ways to extend your beef dollar is to watch for specials and buy extra cuts for the freezer.

There are plentiful supplies of pork and poultry. Prices are moderate. Fishing weather has generally been good; and there are ample supplies of fresh sole, snapper, perch and cod. Salmon is available at luxury prices.

College group to visit Ione, Heppner schools

Representatives of Oregon state colleges and universities will be in Ione, at the Junior-Senior High School, at 7:30 a.m., and in Heppner at 10:30 a.m. Oct. 15, at the high school.

The program is an opportunity for interested students and parents to receive first-hand information about course offerings, admission requirements, housing, costs to attend, financial aid, scholarships, and other information important in planning for college.

Information will be presented about Eastern Oregon State College, Oregon College of Education, Oregon Institute of Technology, Oregon State University, Portland State University, Southern Oregon State College, and the University of Oregon.

The Oregon State System of Higher Education visitation program, now in its 47th year, involves almost all public and private high schools in the state. The program's goal is to stimulate post-high school planning by students and provide them with an introduction to the programs and services of the state colleges and universities.

Parents are urged to discuss post-high school plans with their sons and daughters before and after the visitation program.



HOISTING THE FLAG—Betty Rood of the American Legion Auxiliary places a flag in a storefront bracket in Heppner. This picture was taken on Labor Day. The flags were out again on Monday this week in observance of Columbus Day.

Rev. Cathy Barker installed at Ione Church

The Rev. Cathy Barker will be installed as pastor of the Ione United Church of Christ Oct. 14, at 4:30 p.m.

The Central Pacific Conference of the United Church of Christ and the Ione church will officially endorse and celebrate her call to serve in Ione.

Dorothy Krebs, moderator of the Ione U.C.C., and Rev. Barker, in cooperation with the various boards and groups in the church, planned the event.

Special guests include Rev. Eugene Ross, Portland interim Conference Minister of the Central Pacific Conference, and Rev. Karl Vercooter, pastor of the First Congregational Church in The Dalles.

Pastors and members of the United Church of Christ churches throughout the Central Pacific Conference in Oregon and Idaho and also members of area churches from other denominations are expected at the celebration.

Following the installation service, the Ione U.C.C. will host a potluck dinner for all to share in. Out of town guests will be hosted in the homes of

church members.

Rev. Barker is planning to give a sermon based on Hebrews 12, verses one and two entitled, "The Great Cloud of Witnesses."

Rev. Vercooter will preside in the order of installation. Rev. Ross will deliver a charge to the new pastor and a charge to the congregation.

Rev. Barker and the church choir will offer special music.

Rev. Barker is a 1979 graduate of Yale University Divinity School in New Haven, Conn. She is originally from Montana.

Grangers will meet

Bryce Keene, Morrow County Pomona Master, has scheduled an informational meeting for Oct. 14, 1979 at 2:30 p.m. at the Willow's Grange Hall.

It is important for Morrow County Grangers to attend and discuss the State Grange change in the Pomona District prior to the regular Pomona meeting.

Bishop Gilliam to speak to Episcopalians

Episcopalians of eastern Oregon, represented by about 200 persons, will gather at St. John's Episcopal Church in Hermiston Oct. 19 for their ninth annual diocesan convention. The convention will continue through Sunday, Oct. 21.

The featured guest will be a native of Heppner, the Rt. Rev. Jackson Gilliam, Bishop of Montana, and his wife, Kay. The bishop is descended from early pioneers of Gilliam County.

His first call in the ministry came in 1949 from St. John's, where he served as vicar. The church became his first parish.

Social Security aide schedules Heppner visit

A schedule of monthly visits to Heppner by a representative of the U.S. Social Security Administration has been announced.

Persons with questions regarding social security may see the representative between 10 a.m. and noon either Oct. 12, Nov. 9 or Dec. 14. The place will be the Neighborhood Center at 178 Willow Street.

For more information than might be available in Heppner, persons may write or visit the Social Security Administration office in Pendleton at 715 S.E. Court Street.

The toll-free telephone number for Social Security is 1-800-452-1654. The number for Medicare is 1-800-452-0125.

Area Births

Mr. and Mrs. Johnny Creason had a baby girl at Pioneer Memorial Hospital in Heppner Oct. 2.

The Creason's are from Boardman and they named, the little girl Randi Lynn. She weighed seven pounds and three ounces at birth.

Mr. and Mrs. Wilfred Charles Jones of Heppner had a baby boy, Charles Joe, Oct. 4, in Heppner.

Charles weighed eight pounds and nine ounces.

Mr. and Mrs. David Michael Thom of Heppner had a baby girl Oct. 6 in Heppner.

Erin Elizabeth weighed seven pounds and eight ounces.

Fraternities pledge three

Three local students have been pledged to fraternities at Oregon State University.

Scott W. McEwen of Heppner was pledged to Alpha Sigma Phi and Douglas J. Bristow of Ione has been pledged to Delta Chi. Daniel G. McElligott, also of Ione, has been pledged to Alpha Gamma Rho.

A total of 607 men have been pledged during summer and fall term rush to the 28 OSU fraternities. Last year, for the same period of time, 535 pledges were named.

Time Study workshop

Ken Erickson will present his workshop "Effective Time Management" in Pendleton, on Thursday, Oct. 25, from 8:30 a.m. to 4:30 p.m. at the Red Lion Indian Hills Motor Inn, I-80N and Highway 11.

The workshop is designed for anyone desiring improvement of his time management skills. Erickson is the director of the field training and service bureau at the University of Oregon.

Local TOPS group gains charter from national organization

At the Oct. 6 meeting of the Take Off Pounds Sensibly club, 13 members had joined the organization since it began one month ago.

Since the club began Sept. 6, TOPS members have had two meetings where all of the members showed no gain in weight and a large weight loss for all of the members.

The Heppner organization is now a recognized part of the international TOPS organization. The club is now an official charter member club. Cost to join the club is \$9 for the first two years and \$7 each

year thereafter. There are also dues for the Heppner chapter.

The president of the club is Barbara Pike.

The club meets Monday nights at 7 p.m. at the Heppner High School in room five.

"We invite men, women, teens and preteens to join in our goal for better health," Sherrie Clark, club member, said. "With TOPS, you are a winner if you are a loser."

Information on the organization may be obtained by calling Pike at 676-5584 or Clark at 676-5222.

Local women to teach Home Extension workshop

Charlotte Carpenter of Irrigon and Dorris Graves, Muriel Palmer, and Ramona Marshall all of Heppner, have volunteered to teach lessons in "An Assertive Experience," the discussion topic for the October Home Extension study group meetings in Morrow County.

Those who attend will learn how to recognize and define the difference between being non-assertive, aggressive or assertive. They will also learn how to assess their personal strength and weaknesses in assertion, and how to determine assertive action for everyday situations. There will be a program worksheet for all participants.

Extension Home Economist Molly Saul encourages all interested persons to visit a local study group. She states that membership is not required. Information concerning the dates and location of meetings may be obtained by telephoning the Morrow County Extension office at 676-9642.

Grand Squares to compete in state contest

The Grand Squares square dancing organization had a dance Sept. 21. Square dancing lessons are being planned to begin sometime in November.

The Grand Squares also had a council dance and potluck Sept. 29 and three squares of dancers were involved.

George and Lorene Griffith are going to represent the Grand Squares Club in the State Dance Competition at the Pacific Grange in Warrenton, Ore.

The Grand Squares had a meeting Oct. 6 with President Dorothy Warren calling the meeting to order. Only one square of dancers showed at the meeting but secretary Cindy Breidenbach said they "had a very enjoyable time." Virginia Barnes, from Eagle River, Alaska and sister of George Griffith, was a visitor at the Oct. 6 session.

Highway renamed

The proposed Interstate 82 in Umatilla County, between the Old Oregon Trail Freeway (I-80N) and the Oregon-Washington state line, near Umatilla will be known as the McNary Highway, the Oregon Transportation Commission has voted.

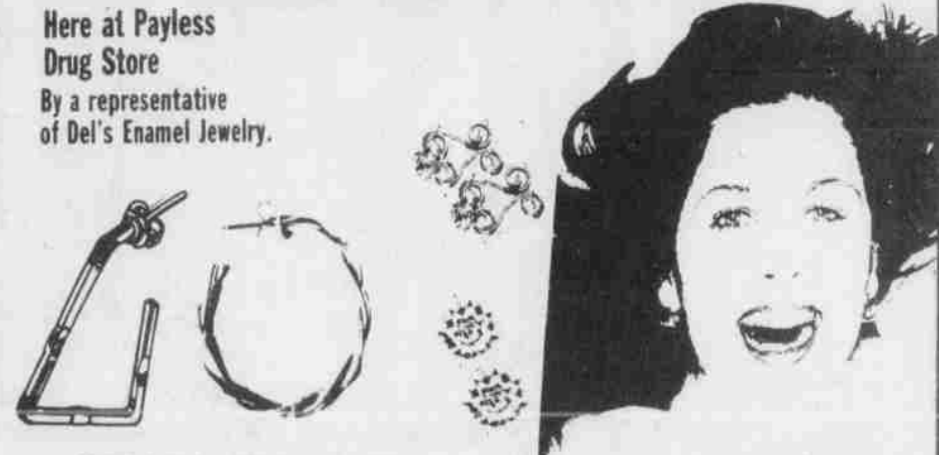
Oregon's portion of the highway, which will provide access to the Tri-Cities area and Seattle, is approximately 10 miles long.

Plaid Shirting Flannel
for Blouses and Shirts
At A "Very Special Price"
1⁹⁸ A Yard
65% Cotton for long wearing
35% Polyester Judy's
Heppner 676-5106 Fabric & Macrame



We're your
mall in one

GET YOUR EARS PIERCED
Here at Payless Drug Store
By a representative of Del's Enamel Jewelry.

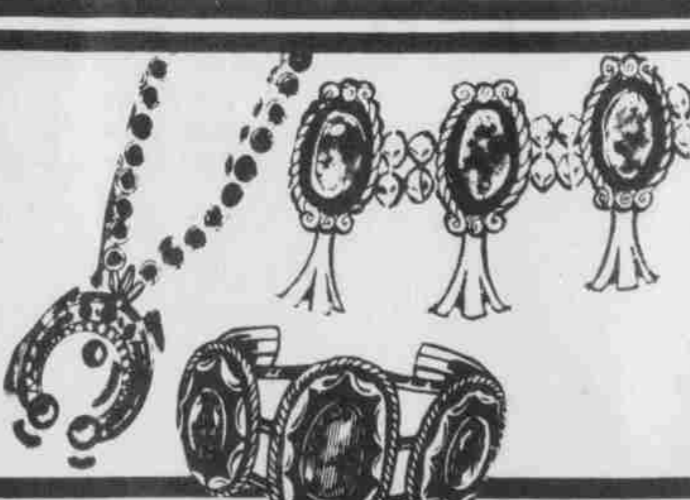


PRICES START AT
Plus your choice of a starting pair of earrings FREE.

\$5.88

Choose from over 30 varieties of surgical steel & 24 karat gold earrings.

RECUCED PRICES ON LOVELY INDIAN JEWELRY



Pay Less Drug Store

40% OFF REG. PRICE

All items and prices in this advertisement available at:
Hermiston, Oregon 930 Hwy. 395 South
OPEN DAILY 9 to 9
OPEN SUNDAY 10 to 5

Each of these advertised items is available in ready-to-ship quantities at the advertised price in each Pay Less Drug Store except as specifically noted in this ad.

Piersol Cleaners in Hermiston has been sold and the new owners do not wish to continue driving to Heppner to pick up cleaning. We have tried to contact another cleaners to do the cleaning but it just isn't feasible. This is to notify that there will be no more clothes accepted at Black Mt. Repair and all cleaning should be picked up that is there now. Sorry for the inconvenience but it has nothing to do with us.

Bud and Doreen Englert
Black Mt. Repair