

Rider in the sky

Jerry Sweeney, a Heppner "youngster" on the down side of 50, has found a sport that really gets him off the ground—skydiving. The Heppner Mayor first tried parachuting at Condon over the Fourth of July and since, has travelled to a special training school near Kelso, Washington, to pursue his new-found thrill. For those who couldn't believe the story a couple weeks ago, here's J.F. in action.

Soft landing



Senior Citizen News:

Day spent in the mountains

The big event of last week for the senior citizens of this county was the annual day in the mountains together. More than 60 seniors enjoyed games and visiting in Cutsforth Park most of a very warm Wednesday, July 18.

Some tossed frisbees and many more played bingo. All enjoyed the mountain air which stimulated their appetites for the large noon meal prepared by cooks Eleanor Gonty and Marilyn Bergstrom under the direction of Pat Brindle.

The dinner menu at the three county mealsites next week will include: at Irrigon on Monday, July 30, Turkey-rice casserole, stewed tomatoes, pear salad, raisin-bran muffins, lemon delight cake with topping.

Tuesday, July 31, at Heppner: sweet and sour meat balls over rice, buttered spinach, molded jello salad, oatmeal muffins with butter and jelly and lemon delight cake with topping.

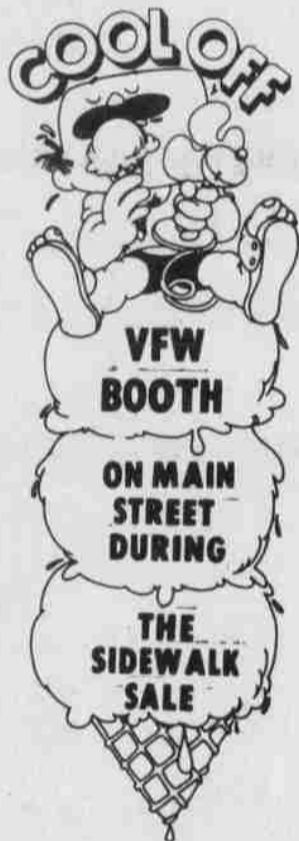
On Wednesday, August 1 at Ione and Heppner: Swiss steak with mushroom gravy, mashed potatoes, 24 hour cabbage salad, buttered corn, biscuits with jelly, tapioca pineapple pudding with topping.

On August 1, the chief cook Eleanor Gonty will begin a month vacation period. The Gontys are expecting their youngest son Charles Douglas and his bride Anastasia to arrive from Europe early in

August to visit with them most of that month.

While Eleanor vacations Ruth Bergstrom will be the substitute cook and will be preparing meals along with her daughter Marilyn who is the regular assistant cook.

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