

# SAFEWAY

## Everything you want from a store ...and a little bit more

The White House Office of Consumer Affairs has just released the text of their July "National Consumer Buying Alert." A Free Copy of this report is available to you to help you in your own personal battle against inflation. You'll learn things about food shopping that will help you plan your budget for the weeks ahead. With this pamphlet you'll have additional inflation-fighting information on foods and other everyday needs. Write for this free pamphlet today!  
To: Consumer Information Center Pueblo, Colorado 81109

Free  
**Anti-Inflation Pamphlet**

we work a little bit harder

**BISQUICK MIX**  
Biscuit Mix  
(Mrs. Wright's B'milk Mix ... 79c)  
40-oz. Box  
**98¢**  
Limit 1  
**SAVE 47¢**

we help a little bit more

**SCOTCH BUY MARGARINE**  
Soft Type  
Table Spread  
1-Pound Tub  
**48¢**  
**SAVE 20¢**

**WHOLE BODY Fryers**  
Grade A, Manor House  
Save 25c lb.  
**59¢** lb.

**Boneless Ham**  
Kingan (Smok-A-Roma lb. \$1.49)  
Save 69c lb.  
**\$1.29** lb.

**Bologna**  
Scotch Buy Large Chunk  
Save 71c lb.  
**98¢** lb.

we do a little bit extra

**ICE MILK**  
Lucerne Assorted  
Flavors  
Half Gal.  
**85¢**  
**SAVE 34¢**

we care a little bit more

**SOFT DRINKS**  
Cragmont Assorted ...  
Regular or Diet  
12-oz. Cans  
**69¢** For  
**SAVE 30¢ ON 6**

**Turbot Fillets** Mild White Seafood lb. **\$1.58**

**Fryer Breasts** Manor House Grade A lb. **\$1.28**

**Fryer Legs** or Thighs Grade A Manor House lb. **\$1.08**

**Link Sausage** Safeway Skinless Pork 8-oz. **75¢**

**Game Hens** NEW! Manor House Stuffed each **\$2.78**

**Meat Pies** Swanson's Hungry Man, Assorted size 16-oz. **98¢**

**Fishsticks** Captain's Choice Heat & Serve pkg. 14-oz. **\$1.29**

**Patty Mix** Trophy Beef Mix with Soy Protein lb. **\$1.28**

**BAR S FRANKS**  
Extra Lean ... Juicy Franks  
1-lb. Pkg. **\$1.84**

**ROUND TIP ROAST**  
Boneless USDA Choice Beef Round  
lb. **\$2.58**

**CORNER BEEF**  
Safeway Boneless Brisket  
lb. **\$1.98**

we try a little bit harder

**PORK & BEANS**  
Van Camp's (Town House ... 4 for 95c)  
16-oz. Can  
**4 for \$1**  
**SAVE 68¢ ON 4**

a little bit extra... Safeway!

**PAPER TOWELS**  
Truly Fine 1-Ply  
Prints or Colors  
Roll of 120  
**48¢**  
**SAVE 21¢**

One Stop Does It All At Safeway

**SX70 Film**  
Polaroid Color Print Film  
Save 50c Each  
**\$5.48** Each

**Tampax**  
Regular or Super Tampons  
Save 36c Each  
**\$1.88** Box of 40

**Pennzoil**  
20W or 30W ... **59¢**  
Case 24 ... \$14.16 Qt.  
10W40 or 20W50 **68¢**  
Case 24 ... \$16.32 Qt.  
PZL 10W40 ... **98¢**  
Case 24 ... \$23.53 Qt.

**Wheat Bread** Mrs. Wright's 100% Whole Wheat or Reg. or Sandwich Crushed Wheat. 22.5-oz. **2 for \$1**

**Lucerne Yogurt** Plain, Pre-stirred or Sundae, Assorted 8-oz. **4 for \$1**

**Rainier 6-Pack** 16 oz. Bottles Plus Dep. **\$1.39**

**Pear Halves** Town House Quality 16-oz. Cans **2 for \$1**

**Corned Beef** Town House Lunch Meat ... 12-oz. can **\$1.19**

**Bathroom Tissue** Scot 1-Ply 1000 Sheet Roll **3 for \$1**

**Toothpaste** Safeway Regular or Fluoride ... 7-oz. **77¢**

**Shampoo** Beautiful Hair Breck 15-oz. Bottle **\$1.68**

**Hair Spray** Breck for a Soft hold ... 9-oz. **\$1.28**

**Rubbing Alcohol** Vilon 16-oz. **39¢**

**Lee Oil Filters** LF-1, 16, 24, 25, or 42. Ea. **\$1.99**

**Oil Filters** Safeway PH-8, 11, 25, 2825, 30, or 43 ... Ea. **\$1.68**

**Petroleum Jelly** Skin Care 8-oz. jar **69¢**

**Oil Treatment** STP ... 15-oz. **88¢**  
Limit 1

**Plum A Rama**  
El Dorado, Nubianna, LaRoda, Red Rosa, Wickson, or Ace  
**3 lbs. \$1**

**Sweet Corn** Yakima Northwest Grown. Well-filled Milky Kernels **8 ears \$1**

**Tomatoes** Red Ripe Slicers for Sandwiches, or Salads ... **3 lbs. \$1**

Redeemable thru July 24, 1979  
**SAFEWAY COUPON**  
**NESTLE'S MORSELS**  
Semi-Sweet Chocolate Flavor 12-oz. Can  
Limit 1 Per Coupon  
**25¢ Off Reg. Price**  
CLIP & SAVE

**IVORY LIQUID**  
For Dishes & Fine Fabrics  
30c Off Label  
48-Ounce Btl.  
**\$1.98**

Redeemable thru July 24, 1979  
**SAFEWAY COUPON**  
**ORANGE JUICE**  
Minute Maid Frozen 12-oz. Can  
Limit 1 Per Coupon  
**10¢ Off Reg. Price**  
CLIP & SAVE

Redeemable thru July 24, 1979  
**SAFEWAY COUPON**  
**CHEERIOS WHEATIES LUCKY CHARMS**  
General Mills Cereals. 14-oz. to 18-oz.  
Limit 3 Per Coupon  
**10¢ Off Reg. Price**  
1 2 3

Prices Effective July 18 thru Tues. July 24 at Your Nearby Safeway Store Located At  
Sales Limited to Retail Quantities Only.  
**STORE HOURS:**

**Nectarines** Large, Sweet & Juicy lb. **39¢**  
**Watermelon** Whole (Cut 13c lb.) **12¢**  
**Cauliflower** Snowy White Heads lb. **49¢**  
**Potatoes** New No. 1 Red 5 lbs. **89¢**  
**Raisins** Town House 1 1/2-oz. Snack Pak 6 pak **\$1.38**  
**Dressing** 1000 Isle. Old Country Kitchen 16-oz. **\$1.48**

**SAFEWAY**