

# Swimmers net honors in 4 meets on road

The Heppner Swim Team has been on the road attending a variety of swim meets this week at The Dalles, Milton-Freewater and Pendleton's ABC Meet.

Last weekend, the team competed Friday, Saturday and Sunday against large and small teams, in Pendleton's ABC Meet receiving a third place trophy for small teams of four and seeing competition from such areas as Bend, Canby, Hermiston, Hood River, Lewiston-Clarkston, Milton-Freewater, Pendleton, The Dalles and Vale.

Among teams with less than 50 members, Heppner placed third with 93½ pts., Pendleton was first with 393, Vale, 152 and Canby had 59. The larger teams of over 50 were led by Bend with 1,367.

Kelli Bergstrom collected a second in the 50 meter breaststroke in a time of 43.91, a seventh in the 50 meter freestyle and a fourth in the 50 meter backstroke in 44.66. She placed fourth in the 50 meter freestyle, 40.72.

Craig Angell was strong in the 8 and under boys division placing fifth in the 100 meter freestyle in 2:10.65, seventh in 50 meter freestyle, 56.46 and Duane Ball was sixth in the boy's 9-10 backstroke in 56.2. Angell also collected a 10th place in the 50 meter butterfly, 1:26.19.

Cam George copped fourth place in the 100 meter breaststroke, 48.02.

Cindi Bergstrom was sixth in the 100 meter breaststroke in 1:37.82 and Lottie Laughlin swam ninth in the 50 meter freestyle, 35.41.

Earlier in the week, the team visited Milton-Freewater and lost 100-361 with several outstanding performances by the visitors. Heppner's A team won in the 11-12 girls' medley relay in a time of 1:32.1.

Paula Brown was second in the 13-14 girls freestyle, in a time of 3:31.49. Lottie Laughlin collected a first in the 210 yd. freestyle and Cindi Bergstrom placed second in times of 3:00.2 and 3:00.5 respectively; Cindi Bergstrom placed first in the 120 yd. freestyle in 1:36.01 and first in the 15-18 girls breaststroke, Beth Forrarr placed first in the girls 10 and under 60 yd. breaststroke in 1:06.01 and first in the 60 yd. backstroke, 1:06.4.

Shelly Biddle finished first in the 10 and under, 30 yard butterfly in 34:34 and first in the 60 yd. freestyle.

Duane Ball placed second in the 60 yd. freestyle for boys 10 and under in 50:41 and second in the boys 10 and under, 60 yd. backstroke.

Heidi Samples collected second place in the girls 10-12 backstroke in 51 seconds and Kelli Bergstrom was first in 49.05. Kelli also placed first in the girls butterfly in 46.09, first in the 60 yd. breaststroke in 50.43 and first in the 60 yd. freestyle in 38.80.

Terry Gray was first in the 60 yd. butterfly in 53:20 for boys 13-14.

Against The Dalles Swim Team, Heppner Swimmers lost 166-189 with the last half of the meet cancelled because of stormy weather.

Outstanding performances were turned in by Beth Forrarr

with a first in the 30 meter butterfly; Kelli Bergstrom with a first in the 60 meter breaststroke, 57.8, a first in the girls 60 meter backstroke; Mary Arbogast, second in the 13-14, 210 yard freestyle, 3:09.3; Craig Angell was first in the 30 meter freestyle, 30.4; Terry Gray was first in the 210 meter freestyle, 2:55.6; Lottie Laughlin was first in the 210 yard freestyle; Duane Ball was third in the 60 yd. freestyle, 50.41 and third in the 60 yd. backstroke, 1:04.35; Shelly Biddle was first in the 60 yd. freestyle and Terry Gray, first in the 60 yd. backstroke.

## Shawn LaRue qualifies for nationals

Despite windy and cold weather Friday night at the Yakima Regional Junior Olympic competition, Shawn LaRue, lone qualifier for the national championship at Lincoln City, Nebraska with a second place finish in race-walking.

Shawn plans to compete in the national championship August 13 and qualified for the finals in 8:39 minutes.

His parents, Mr. and Mrs. Delton LaRue reported the weather was so unseasonable that they wore coats while watching the evening event.

## Over The Tee Cup

By Cindy Kerr

The Willow Creek Country Club hosted Echo Sunday night, July 14.

John Edmundson won low gross for Heppner followed by Bob Jenson and Francis Doherty. Jim Wishart and Don Lott tied for fourth place.

C.C. Carmichael won low net followed by Barry Munkers and Elmer Palmer tied for second. Ed Hiestra finished fourth.

Ron Bowman was the long driver while C.C. Carmichael was closest to the pin.

Pat Edmundson won low gross for Heppner women. Fran Cook and Marie McQuarrie tied for low net. Fran also won the long drive and

Marie won the closest to the pin contest.

L.J. Michael won low gross for the Echo men followed by Jim Murray, Gary Alexanian and Ron Carter. Rod Esselstyn won low net followed by Clarence Wiegard, Tom Branstatter and Howard Poffenbarger.

Gary Alexanian won the long drive and Clarence Wiegard won the closest to the pin honor.

Low gross for the Echo women was Lene Poffenbarger and Betty Branstatter won low net. Lene Poffenbarger also won the long drive and K.F.

## Columbia Blue Srs. compete in tourney

No Heppner golfers were among the top finishers in the latest Columbia Blue Seniors links club at Willow Run Golf Course in Boardman, although several area men placed in the ratings.

The Columbia Blue Seniors is a group of golfers who meet regularly at courses throughout the Columbia Basin-Blue Mountain region. Louis Le-Trace of Boardman captured

low net in the Blue Mountain Division with a 48. Elmer Palmer of Heppner finished with a net of 56 in that group.

In the Columbia River Division Bob Gorman of Boardman shot a net of 55; Lowell Gribble of Heppner, 56; and Joe Tatone, Boardman, 57.

The CBS will play Willow Creek Country Club on August 13.



All Stars

Little League players have been named to the 1979 All Star Team and will play in the Redmond District Tournament July 27 and 28. Named to the team are (first row, l-r) Jeff Ball, Stan Sporse, Jason Mullineaux, Travis Hyatt, Steve Crewse (second l-r) Loren Hayes, Steve Green, Todd Lindsay, Kirk Rothwell, Dave Anderson (third row, l-r) Dean Rill, Greta LaRue, Keith Kennison and Tom Hammen. All Star Coaches are Bob Green and Bob Ployhar.

# Flip turns key to swimmer's hopes

Heppner Swim Team Member Kelli Bergstrom has been chalking up wins in the last few meets, and placing high in the 11-12 aged division.

Kelli, a competitor in the 11-12 girls division, has been a member of the team since she was 6 years old.

In practice, she swims 25 laps in the morning and another 25 laps in the after-

noon. But the day isn't over yet; Kelli says Coach Diane Holland has the team members make long sprint swims or 4 laps.

On race day, Kelli eats fruit, generally oranges and apples and saves her meals for after the swim and does her stretching exercises, stretching her arms at the rear.

Kelli says the key to her winning effort is her flip turns learned last year at the Don Schollander Swimming Camp at Lake Oswego. Describing the turn as "a somersault and push off the wall," she pointed out that some of her nearest competitors stop and touch the wall while she gains a slight edge with her flip.

Her favorite strokes are the breaststroke and freestyle competition and her least favorite, the backstroke.

Her toughest meet so far, Kelli said, was the Hood River event. Kelli didn't care for the cold temperatures and rain which interrupted a portion of the meet, though she captured every event she entered there. She says the Hood River swimmers have offered the

greatest challenge in the races she has so far competed in.

When racing, Kelli says she can hear her team members and sometimes her coach cheering and it helps her maintain her lead. If another swimmer is close to her, she said she can feel it and normally doesn't look over her shoulder like the long-distance runners.

In District competition last year, Kelli placed first in freestyle, second in I.M. and second in the breaststroke. With the number of wins collected this season, Kelli should be a strong competitor in this year's competition.

Kelli and her older sister, Cindi, also a member of the swim team, often compete in the pool. Kelli said Cindi is stronger in the breaststroke but Kelli excels in the freestyle.

Her main thought when she is standing on the diving blocks waiting for the starting gun is "do your best."

Interviewed on Friday the 13th, Kelli said she wasn't superstitious before entering the Pendleton meet that

evening and normally doesn't have any superstitions before meets.

Her bedroom bookshelf is filled with trophies and medals she has earned over the years in the pool.

Kelli's other sports are basketball and softball.

## Correction

The city of Heppner said Monday that the new Hager Park was constructed by the entire city crew of four employees rather than solely by employees named in the Gazette-Times last week.

The four man crew installed the sprinkler system, turf, gravel and trees.

# Monday Morning Quarterback

By Jim Hackett

Shawn LaRue has made it into the national Junior Olympic Racewalking Championships with a second place finish in the Yakima Regional competition.

We wish Shawn the best of luck and skill in his competition at Lincoln, Nebraska August 13. If he wins, the celebration in Ione might resemble the tribute given the Blazers and Sonics.

Last week, the Heppner Little League All-Stars play in the Redmond District Tournament July 27, 28 and 29th and from listening to the roll call Friday afternoon at the Fairgrounds, there should be a great number of parents and friends going to cheer for the home team.

All four of the Little League teams looked superb this year and might play as exciting ball as the major leagues. At least they're closer to the ground, occasionally make errors but show spirit when they are on the field.

Last week's game between the Braves and Dodgers was one of the finest I've witnessed with the underdogs by five points, the Dodgers threatening the Braves in the fourth inning with the bases loaded. It was to the credit of their pitcher, Tom Hammen that the Braves pulled out the victory, striking out several in his win. I'm sure most players will remember that game for a long time. Both teams exhibited good sportsmanship.

Heppner swimmers have also turned in some superb performances this year though losing by points to areas of larger populations.

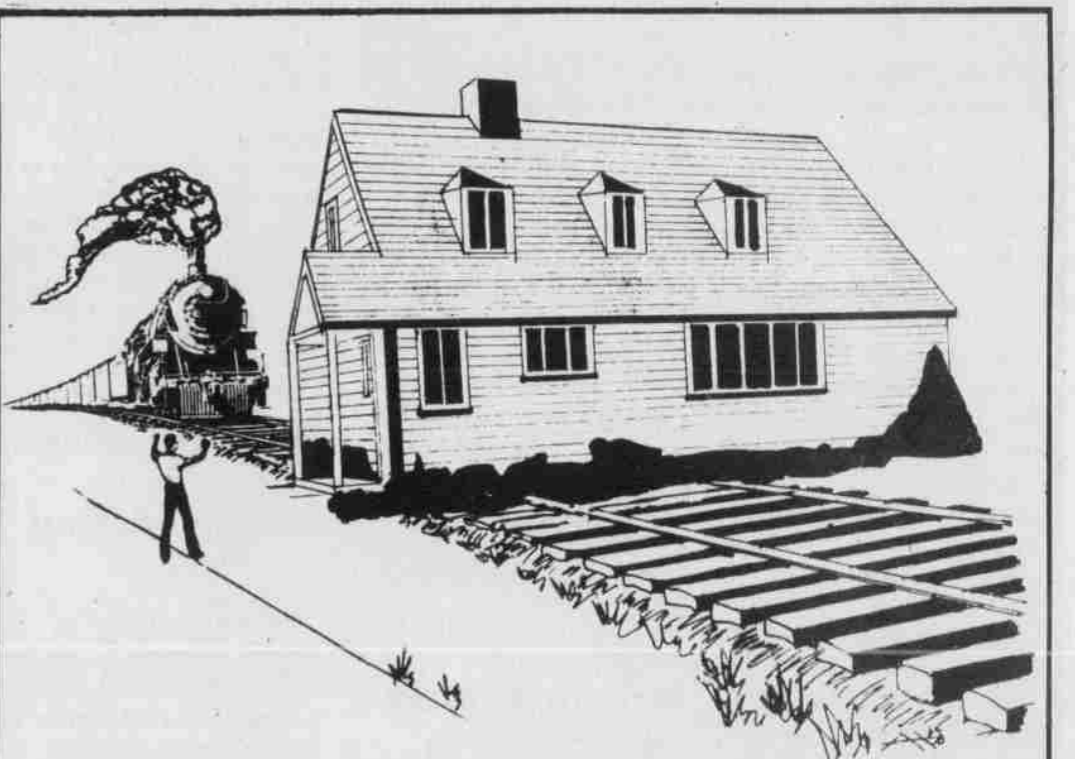
There is strong citizen support for both sports and that's what it takes to build strong programs.

For you four wheelers, ground rules for operating four wheel drive vehicles, dune buggies, motorcycles, snow mobiles and other cross country vehicles operating on lands managed by the Bureau of Land Management have just been published in the Federal Register.

Under the new regulations, public lands designated as "open" will allow vehicle operation subject to operating regulations and vehicle standards. Limited areas will have limitations such as numbers or type of vehicles allowed, times and similar restrictions. Vehicles will be prohibited in closed areas.

The Pan American games are becoming a political rallying point with the Cubans entering stronger teams every year as the Communist representative against the U.S. Olympic hopefuls. It almost seems as though politics are being substituted for sports with the security precautions taken in Puerto Rico, the television announcers counting up medal totals as if it were a sports war and U.S. media announcing its large share of medals compared to much smaller countries.

What will we see in the Olympics next year. Will the Soviet Union and U.S. engage in a propaganda battle about its athletes comparable to the 1936 Olympics showdown of Jesse Owens and the Nazi entries? Or will next year's spectacular provide an excellent showing of the world's greatest athletes?



## Would you build a home on a railroad track?

Of course not—but, would you build a home under or near a power line? Most people don't realize it, but construction of any building under or near power lines is forbidden—whether it be a house, mobile home, garage, barn, shed, doghouse, or even a haystack.

The reason why such construction is not allowed is simple: Safety. Unless you have actually seen it for yourself, it is hard to imagine the tremendous energy unleashed when a power line falls to the ground. The arcs, sparks, and fire can destroy anything in its path—including your home, garage, barn, shed, doghouse, or haystack.

If you are going to build any new structure, check above and around you before you do anything else. Look for power lines, and if they're around, contact us immediately. We can assist you in determining legal clearances around power lines, before you start construction, thus saving both of us time and money.

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