



Checking the gap

Jean Fromwiller holds spark plug while Connie Burkenbine sets the gap during a recent tune-up session held as part of a BMCC evening division class on auto repair for women. Jean and Connie are among nine local ladies who took part in the class, taught by Heppner's Dale Vance.

Christian Business Women Mother-Daughter dessert features 'mothers' loveliness'

The theme chosen for the Heppner Christian Business Women's Club meeting for May is "Mothers Equal Loveliness." The meeting will be a mother-daughter dessert, to be held Monday, May 7 at 7 p.m. at the West of Willow restaurant. The charge for this meeting will be \$1.75. Freddie's Hairstylists shop of Hermiston will be showing

the latest in hairstyles for spring and summer.

Speaker for the evening will be Cynthia Stepaney of Yakima, Wash. She is a teacher of "The Image of Loveliness," a personal improvement course for ladies of all ages.

Music will be provided by Renee Siminoe. She will be

singing and playing her guitar to songs she wrote—one of which she wrote especially for her mother.

This should be a special meeting for everyone. If you don't have a mom or daughter in the area invite a "substitute" for the evening.

For reservations, call Charlotte Botts, 676-5089, or Ila Albert at 676-9711.

Area Agency on Aging meets in Arlington for Project Council

An AAA Project Council meeting will be held in Arlington on May 8. Those going from Heppner will meet at the meal site for dinner.

On Friday, May 11, from 10 a.m. until noon, the Social Security Administration representative will be present at the Neighborhood Center to assist senior citizens.

On Thursday, April 26, the ladies at the Neighborhood Center spent the afternoon making owls and other craft items. They also served birthday cake and helped Naomi celebrate her birthday.

Senior meals for the next week include: At Irrigon, Monday, May 7, Mothers' Day dinner of oven-fried chicken, mashed potatoes, buttered corn, molded fruit salad, hot bread and angelfood cake supreme.

Tuesday, May 8, at Heppner, the meal will be turkey supreme, mashed potatoes, spinach, cabbage-carrot salad, parmesan and sesame bread sticks and apple mystery dessert with topping.

At Heppner and Ione on

Heppner VFW and Auxiliary installation is May 9

The Heppner VFW and Auxiliary will have a joint installation of officers Wednesday, May 9 at 8 p.m. in the American Legion Hall in Heppner.

All members are encouraged to attend. Refreshments will be served.

NORENE VETERINARY HOSPITAL
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MAY 5-13

Wednesday, May 9, the meal will be oven fried chicken, mashed potatoes, buttered

corn, molded fruit salad, hot bread and angelfood cake with strawberry topping.

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Community Art Show encourages display by local artists May 16

The second annual Community Art Show will be open to the public the evening of May 16 from 7:30-10 p.m. The reception will be held at the Heppner Elementary School multi-purpose room and the show will continue through the following day.

Greg Glasgow and Mary Lou Carlson of Boardman will judge showings and sponsors of this year's event include Coast-to-Coast Store, Murray's Drug, Gardner's Men's

Wear and Peterson's Jewelers.

Rules for those interested in entering the show are as follows:

- 1) Maximum number of works per person—two.
- 2) Entry Fee—\$2 per entry.
- 3) Works to be submitted any time between now and May 15.
- 5) Entry blanks may be obtained at Heppner Elementary School office.

'Inflation fighters' theme of R.S.V.P. luncheon

Inflation fighters, gastro-nomic and otherwise, were the subject of a spring luncheon for members of the Retired Senior Volunteer Program at the Heppner Neighborhood Center last week.

A style show to choose the best dressed lady who was wearing "recycled" clothing was planned. Irene Anhorn won the prize. Her pants outfit, jewelry, and shoes had all been "pre-owned" as had her black lace ankle-length pantaloons.

Several entrees containing complete proteins but no meat were sampled by the members as they learned about complimenting the incomplete proteins of grains and legumes with another and with dairy products. With meat representing 30 per cent of the average family's food budget and the price of beef

having risen 72 per cent during the past year, many are being forced to look elsewhere for their protein needs. Eighty per cent of the world's population are already vegetarians either because they can't afford meat or because of religious reasons. The folks learned that soybeans, the only plant food that is a complete protein, is now the U.S. no. 1 cash agricultural crop. Ninety per cent of the soybeans grown are fed to livestock, but scientists are discovering new ways to augment other foods with them to lower costs. Increasingly, food labels contain the words: texturized soy protein included.

Oatmeal patties made by Florence Holt were voted the best non-meat entree. Theta Lowe won the prize for submitting the best ideas for fighting inflation at home. She suggests families share the use and cost of newspapers and magazines. She thinks neighbors could get together and each plant different fruit trees and berry plants which they could share.

Elsie Fox was crowned chief bunny-boogie-knitter. She has knitted 14 pair for the fund raising project.

The following awards for volunteer service to the community were presented: 100 hour pins: Elsie Fox, Eva Griffith, Camilla Samples and Eddie Gunderson. 50 hour certificates: Irene Padberg and Ola Ruggles. Twenty hour

certificates: Doll Campbell, Eleanor Gonty and Marie Steagall. Most other volunteers present had received these awards in the past, but were told by June Wagner, RSVF Director, they were the "special citizens" of Heppner who make it possible for many good things to happen here.

Judy Ledbetter to marry Prineville man in September ceremony

Mr. and Mrs. John Ledbetter of Heppner announce the engagement of their daughter, Judy, to David W. Padget, son of Mr. and Mrs. Ray Padget, of Prineville.

Miss Ledbetter, a 1977 graduate of Heppner High School, attended the Univer-

sity of Oregon and now resides in Prineville.

Mr. Padget, a 1972 graduate of Lakeview High School, served four years in the armed forces and is currently employed in Prineville.

A September wedding is planned.

Peck families hosting annual Pioneer Picnic

Time is drawing near for the 26th annual Morrow County Pioneer Memorial Picnic, to be held at the fair pavilion in Heppner on May 27.

Peck, early pioneers in this area. Mr. and Mrs. Harold K. Peck are chairmen for this year's event.

include potluck salad, casseroles or dessert.

Registration for the 1979 Pioneer Picnic will be from 10 a.m. to noon on May 27.

Mr. and Mrs. Darrel Vinson will be the chairmen for the 1980 picnic.

This year's picnic will be hosted by the families of Burton H. and George N.

Meat dish, scalloped potatoes, rolls, coffee and milk will be furnished. Dinner will

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 Patti Jean Game Hens \$1.45 Each	Hill's 1-lb. Rolls Sausage \$1.05 Each 	Hill's By The Chunk Bologna \$1.09 Lb. 	
Western Family Mayonnaise  \$1.19 Quart	Van Camp's Pork 'n Beans  3/\$1 16-oz.	Lifebuoy Coral Soap  3/\$1	Mazaola Margarine  79¢
Sennecca Cinnamon Applesauce 35-oz. 79¢	Western Shores Facial Tissues 2/ 89¢	Purina Dog Chow 25-Lb. Bag \$5.79	
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