

Annual Homemaker's Day is May 1 at Columbia View Church

You are invited to share the Annual Homemaker's Day with the Extension Women of Morrow County, Tuesday, May 1, 10:30 a.m. at Columbia View Fellowship Church, Irri-gon. Special guest speaker is Marcelle Straatman, OSU Ex-

learn how the fair activities work from "behind the scenes". They work with a college student in conducting one section of the state fair. Work assignments are for three to five days, with choices of dates most conven-

high proportion of lean to the fat and bone. The flesh should be fine grained, firm and velvety. The lean portion should be grayish pink, marbled with flecks of fat. The fat should be firm, white and not overly thick. Pork that is red instead of pink may still be good quality, but is from an older animal.

According to Velma Seat, OSU Food Marketing specialist, research has shown that all fresh pork cuts need to be cooked to 170 degrees F, maximum internal temperature, rather than the previously recommended 185 degrees. Lower internal cooking temperature means less cooking time, less shrinkage, less spattering, and more juicy, flavorful meat.

Roast pork in a 325 degree oven. So watch for good buys in your meat counter, and enjoy pork!

MARKET BASKET

The best values in fresh vegetables include celery, lettuce, carrots, potatoes and onions. Cauliflower and cabbage are expensive because supplies are short due to earlier bad weather. Prices on asparagus are probably as low as they will get. This vegetable has a relatively short season so now is the time to enjoy it.

Strawberries are in the market but it will probably be at least another two weeks before the really good berries are available at more moderate prices.

Pineapple is plentiful and excellent quality. Cantaloupes and honeydew melons are sweet and flavorful but expensive. Controlled atmosphere storage apples are fine quality. Keep them refrigerated to maintain quality. It's nearing the end of the season for navel oranges. Sugar content is good and prices are moderate.

There are plenty of D'Anjou pears in the markets. The

quality is generally very good. Remember that this fruit needs a few days of ripening at room temperature. Local rhubarb is reasonably priced and good quality.

Pork prices have gone down a bit as supplies increase. Later in the year there will be more pork coming to market. This will probably mean lower prices which should help to offset the higher cost of beef. Beef for grinding into hamburger is in very short supply.

Poultry is one of the better protein buys. The demand is high but supplies are generally good.

AuCoin to speak of China trade talks in Pendleton Apr. 29-30

Congressman Les AuCoin will be in the Pendleton area Sunday and Monday, April 29-30, to tour a wheat and cattle ranch and to give a keynote speech as part of Farm-City Week activities.

AuCoin, recently back from a 12-day trip to China for trade talks with top government officials there, is expected in his speech to focus on ways to promote U.S. agricultural exports in international markets.

While in Pendleton, AuCoin also will participate in an official Housing Subcommittee tour of the Umatilla Indian Reservation.

AuCoin will arrive in Pendleton on Sunday afternoon to take a tour of a wheat and cattle ranch starting at 4:30 p.m. Wes Grilley, executive vice president of the Oregon Wheat Growers League, will serve as guide.

A reception for AuCoin at the ranch will precede a family style dinner. AuCoin

Oregon Cattlemen's president says beef purchase cutbacks no solution to higher prices; may prompt increase instead

"During the past several weeks, there have been suggestions by some activists that consumers cut back on their beef purchases, such as 'beefless Wednesdays', in order to bring down beef prices. This is not a realistic solution to the problem of current beef prices. In fact, such action, in the long run, would result in higher, not lower, beef prices. That is because further interferences with the market would discourage the rebuilding of breeding herds, and we would have a more prolonged

period of limited beef supplies," according to Bill Ross of Jordan Valley, President of the 3,000-member Oregon Cattlemen's Association, speaking at a breakfast meeting of the Portland Industrial Rotary Club on April 17.

Ross also made the following points:

After four years of below-cost cattle prices and a reduction in the size of the herd, today's cattle prices have begun to stimulate herd rebuilding. The eventual result will be larger beef supplies and more moderate prices.

Organized campaigns to reduce demand at this critical point in the cattle cycle will reduce the confidence of cattlemen. Producers and their bankers will be discouraged from making the longer term investments needed to increase the size of the herd. In the long run, any type of boycott will not help consumers; it will only result in a continuation of limited supplies and higher prices. Most persons—including the organizers of the 1973 beef boycott—now agree that the boycott and price freeze were counterproductive in the long run.

Furthermore, a family's meat expenditures would not necessarily be reduced. A widespread reduction in beef

purchases might temporarily lower prices, but it would not increase supplies. Consumers would not be able to buy any more beef at the reduced price. As soon as more people tried to take advantage of the lower price level, the price would rise again. Also, shifting demand to other products would increase the prices of those products. Many consumers might not see any net reduction in expenditures for meat.

The public doesn't need gratuitous advice from self-appointed protectors. In a recent national survey of attitudes toward beef and beef prices, most consumers said they know enough about beef to manage rising beef costs. They are capable of making their own choices. Two thirds said they already were making adjustments in their

beef purchases—including buying cheaper cuts, watching for advertised specials, buying in quantity, buying less beef and buying other meats.

When given a choice between market intervention and the free market, a broad majority (72 per cent) said they preferred to have government let supply and demand function freely so that, as the price of beef goes up, cattlemen will produce more beef and bring the price down.

The free market system always works. Right now, poultry and pork production is increasing in response to favorable prices. Because of the biology of the cow, it will take longer to rebuild cattle herds and increase beef supplies, but the same thing will happen to beef, too—if we give the system a chance to operate.

Extension Events...

By Birdine Tullis



tension Human Development Specialist. Luncheon will be at noon—a potluck with a main dish furnished. Special events of the day will be the presentation of "Woman of the Year" and Study Group of the Year Awards. The spring Homemaker's Day is for all women. Bring a friend and have a happy day! BEEF ON WAY TO COUNTY FAIR

Looks like another big livestock auction at county fair, if numbers of 4-H and FFA beef weighed in recently are an indication. A total of 35 steers were weighed at the two locations making them eligible to compete in the three-way contest at fair which is judged on rate of gain, on hoof placing and carcass data.

Along with the weigh-in last Saturday, members received training on beef fitting and showing by Bill Broderick, Herdsman for Grieb Angus farm, swine fitting and showing by Don Richards and sheep showmanship and fitting by Coleman Devine. Judging contest training and contest were under the direction of Paul Davis, BMCC and the Blue Mt. Community College judging team.

Judging contests were divided—adult, 4-H and FFA, with overall winners also announced. Top judges in the 4-H division were: 1st, Coleman Devine; 2nd, Paula Palmer; 3rd, Dennis Warren; 4th, Jimmy Cason. In the adult division, Kryn Robinson placed first, Gary Grieb, second, Don Robinson, third, and Virginia Grieb, fourth. Top FFA judge was Keith Mildnerberger, with Pat Clark, second.

Averaging out the three divisions, Coleman Devine scored as top overall judge, with Kryn Robinson, second high, Gary Grieb, third, and Don Robinson, fourth.

Prizes of candy bars and bubble gum were awarded all winners.

OPPORTUNITIES FOR OLDER 4-H MEMBERS AT STATE FAIR

4-H members who are high school sophomores, juniors or seniors have the opportunity to be one of the 100 members serving as Teen Staff at Oregon State Fair, Aug. 19 through Sept. 3. As a teen staff, members have new and exciting leadership experiences, make new friends and

ment, as well as choice of activity in which they wish to be involved.

Junior superintendents are also needed to assist with the horse, dog, rabbit, poultry and larger livestock shows. Last year Julie Grieb served as junior superintendent for the beef show, and reported a terrific experience.

Application forms for both Teen Staff and Junior Superintendents are available at the Morrow Extension office, 676-9642. They are due in state office by May 15, with no late applications accepted. For further information, all older members are encouraged to read the "Activities for 4-H Senior Members" leaflet they received recently.

PORK POINTERS

Pork production in 1979 is expected to increase about 10 per cent, which will help to offset declining beef production. Most of the market effect will probably be during the latter part of this year, however, pork is a relatively good buy now because there has been some reduction in retail prices and special prices are more frequent. Increased supplies are good news for consumers because of lower prices and for other reasons. Pork has high quality protein, and is a good source of vitamins and iron.

Pork is leaner than it used to be because hogs are scientifically bred to have larger muscles and less fat—a "meat type" hog. The wise shopper will select meat that has a

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ATTENTION ALL FARMERS AND RANCHERS
A special joint meeting of the Morrow County Livestock Growers Assn. and Morrow County Wheat Growers will be held for discussion of problems concerning:

Livestock & Farm Thefts Vandalism & Trespassing

Wednesday, May 2 7:30 p.m.
Catholic Parish Hall Heppner

Attending Will Be:

<p>Dean Clark Oregon Dept. Of Agriculture, Salem</p> <p>Sheriff Larry Fetsch Morrow County Sheriff, Heppner</p>	<p>Lt. Bill Barbouletos Oregon State Police, Hermiston</p> <p>Judge William Wells Circuit Court Judge, Pendleton</p>
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