

Extension Events-with Birdine Tullis

Spring 4-H activities abound throughout the state for members, leaders

All older youth, whose enrollments have been turned in were recently mailed information concerning three events planned for spring months. All three required a response from those interested in participating. Due date is Feb. 15.

offers opportunity for two Morrow 4-H members to have an inside look at state government in action, as well as to meet legislators and other elected officials. The conference is always of special interest on the years when the legislature is in session. Those eligible to apply are members in grades 10, 11 and 12. An

additional benefit is meeting other 4-H members from across the state. The leaders council pays expenses of the two selected to attend the conference. A statewide counselor training is scheduled for March 29-April 1, 4-H Center, Salem. Morrow County may send three delegates and one adult

to the training, which is designed as a leadership session for those who will be serving as counselors at county 4-H camps. All 10, 11 and 12th grade 4-H members are eligible to apply by Feb. 15. Expenses and registration for this event will also be paid by leaders council. One adult may also attend the training.

The special trip for members in 7 through 12th grades to the Oregon Coast during spring vacation should catch the interest of all 4-H members. Leaders and parents are also encouraged to sign up for this special event, by Feb. 15. While plans are not complete for this special event, we are sure that it will include a

number of industries unique to our coast area in the vicinity of Tillamook, and on up the coast, with stops at Marine Science Center, and other points of interest. Number to attend will be determined by transportation available, and registration is on a first-come basis. Any 4-H member whose

enrollments have not been turned in to the county office may call 676-9642 to receive the application forms. **'4-H News' free to leaders** Subscriptions were recently entered to National 4-H News magazine for all Morrow

County leaders. The subscriptions were a gift from the leaders council. The 4-H National News shares ideas and information relating to 4-H programs nationwide, and has many suggestions and ideas for leaders. The January issue IFYE Debbie Hoelt as the "cover girl" as well as a feature concerning her experiences in Hungary. We hope leaders will share the magazine with their club members, for all had the opportunity to hear Debbie's reports when she reported in our county.

Advisory Committee receives praise

We salute the following members who have agreed to serve as an advisory group to the 4-H staff and leaders council. Jeff Bailey, Angie Evans, Todd Harrison, Tara Mahoney, Diann Morter, Marie Van Schoiack and Lori Witt will meet as a group to make recommendations and suggestions concerning the county-wide program. In addition, they will meet with the leaders council and serve on special council committees. The young representatives represent all project and geographic areas in the county. We look forward to working with this very special group of older 4-H members.

Opportunity unlimited

Job Title: 4-H County Fair Superintendent
Experience required: None—on the job training
Work period: County Fair, and a short time prior
Rewards: Many: the feeling of helping youth; opportunity to learn about kids and competition; opportunity to observe judges at work, get to know them, understand the judging process and the philosophy of judging; and the pride and satisfaction of helping make a county project a successful, good experience for all.
How to apply? Call John or Birdine at 676-9642.

Cookbook correction

Mary Ashbeck called to tell us that she noted on page 9, the Beef-N-Kraut recipe is incorrect. It should call for 4 tablespoons TOMATO paste (not flour). It is one of Mary's favorite recipes, and she thinks everyone will enjoy it. If there are other recipe corrections that should be made in the cookbook, we will list them if they are called to our attention. I've tried some of the recipes, and found them to be really good.

Meat-a-rama coming soon

The big spring salute to the meat industries of Morrow and Umatilla counties is planned for Feb. 20 in Heppner, and Feb. 19 in Pendleton. The program will include beef, pork and lamb cookery, as well as information on each of the industries. Cowbells, Sheep Growers Auxiliary and people involved in raising pork will all be there to share their expertise—and loads of door prizes. Watch for more details but mark the date, Feb. 20, 7:30 p.m. at the Fairgrounds, Heppner.

Carpentry apprentice applications being taken

Applications for apprenticeships in the carpentry trade in Morrow, Umatilla and Grant Counties will be accepted from Feb. 20-March 16, the Pendleton Carpenters Joint Apprenticeship and Training Committee announced this week.

Questions about applying for the program may be directed to H.W. "Buck" Walther, Bureau of Labor, 700 SE Emigrant, Suite 320, Pendleton, 276-7884.

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10-INCH JENO'S PIZZA

ASSORTED VARIETIES, 13-13.5 OZ. SIZE, YOUR CHOICE



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DOLE PINEAPPLE IN ITS OWN JUICE

SLICED, CHUNK OR CRUSHED, 20-OZ. SIZE



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SOFT 'N' PRETTY DECORATED, WHITE or ASSORTED COLORS, 4-ROLL PKG.

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MISSION, 15-OZ. GOES GREAT ON MISSION PASTA

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SHUR-FRESH, 22½-OZ. YOUR CHOICE

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- BISQUICK BISCUIT MIX 40-oz. Size **99¢**
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TENDERCRUST BREAD

SHUR-FRESH, WHITE OR WHEAT, 22½-OZ.

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SHUR-FRESH MUFFINS

CHEESE, WHEAT OR WHITE, PKG. OF 6

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FROZEN FOODS



BANQUET DINNERS

CHICKEN, TURKEY OR SALISBURY STEAK, 11-OZ.

57¢

ASSORTED VARIETIES, TO 18-OZ. **OREGON FARMS CAKES \$1.49**

ASSORTED VARIETIES, 16-OZ. **MRS. GOODCOOKIE 99¢**

BIRDSEYE INTERNATIONAL STYLE **VEGETABLES 69¢**
ASSORTED KINDS, 10-OZ.

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LARGE NAVEL ORANGES

JUICY FRESH FLAVOR, EASY TO PEEL NAVELS, GREAT FOR SNACKS

4 \$1
LBS.



GREEN ONIONS or RADISHES

2 35¢
FOR BUNCH

WASH. GROWN NO. 2 **POTATOES \$1.39**
20-lb. Bag

WASH. GROWN **D'ANJOU PEARS 3 lbs. \$1**

CLIP TOP **CARROTS 29¢**
lb.

CHOICE **LEMONS 3 for 39¢**



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Great for salads

WASHINGTON GROWN MUSHROOMS

\$1.29
LB.

