

AROUND ABOUT

with Justine Weatherford

It has been pretty hard to get one's mind and thoughts away from the weather we have been having. I heard one cheerful thought—or maybe not so cheerful—voiced by Cornett Green. He said he thought people were making too big a fuss about the cold. "I remember seeing it twice this cold!"

Last week I decided I might read something that would help me keep warmer. I got thinking how smart the practice of some species of animals, known as hibernation, seems. How great it would be to just curl up and doze during the frigid spells and not be worrying about frozen pipes and icy problems.

It seems that animals that hibernate generally eat large amounts of food before they go into their sleeplike state. I know that many of us have fulfilled this part of the scheme as we've consumed quantities of holiday goodies, fruitcake, cookies and candies.

The additional food which is stored as fat in the animals' bodies is used as food during their hibernation. How clever—no grocery shopping or food preparations! Sometimes I wonder why humans can't do some of the smart things animals do.

Further reading showed me that "true" hibernation takes place only among warm-blooded animals such as birds, bats, ground squirrels, hamsters, hedgehogs, marmots and fat-tailed lemurs. These creatures do not have to wait until the weather gets warm to become active but seem to be able to arouse themselves now and then—in fact, true hibernators spend the winter taking a series of short naps rather than one long sleep.

Schemes other than "true" hibernation are common among cold-blooded animals. Insects such as butterflies and moths can achieve this by changing from a caterpillar into a pupa (protective cocoon). Many highly developed cold-blooded animals such as lizards, snakes and turtles, and frogs and toads, simply cool down as the air around them cools down. In winter, their body processes almost cease. "Unlike true hibernators, they do not become active until warm weather arrives."

Many persons believe that bears hibernate, but they do not hibernate in the true sense. They sleep through the winter, but their body temperature does not drop much below normal. Biologists use the term "carnivore lethargy" to describe this winter sleep of bears.

So I learned something from my reading. Instead of just calling myself lazy these last few weeks, I can now claim "carnivore lethargy" to a lesser degree than bears can. It also makes good sense that the Russians adopted the bear as their national symbol—he is warm-blooded and has found a great way to get through those 50 and 60 degrees below zero winters they often have.

Those who have friends or family living in Alaska have noticed that recent weather reports show higher readings up there than we have had here—hard to believe at this time of the year. A young couple visiting in my daughter's home near Spokane was so eager to return to their coastal Alaskan home. They felt much too cold in Eastern Washington, which has had better weather than we have had in Heppner lately.

If you would like a good suggestion for putting winter evenings to worthwhile use—consider the variety of classes being offered in this community. They are supervised by Blue Mountain Community College and are coordinated here by Nancy Brownfield.

Unless eight or so persons enroll in each class the offering will be dropped. So if you are interested in any of the classes which are being offered for four, six or eight week periods, hurry and investigate and begin attending.

Many of the classes offer college credit at just \$9 per hour. Senior Citizens have the opportunity to attend without paying any fee. Most of the classes had their first meetings last week, but are open for further enrollment this coming week. Some of these classes, which have been arranged by competent instructors, will have to be cancelled unless a few more persons show up at their second meetings. It is sad to hear people complaining that there is nothing to do in this community when there are such fine opportunities awaiting.

I was favorably impressed with the American Library Association film that Marion Abrams and the AAUW arranged for viewing last Saturday. It emphasized the power of community pressures. Just now a long, carefully prepared planning study on the services and operations of Pioneer Memorial Hospital is being circulated among local citizens. This study was funded by the county and was done by Northwest Medical Foundation of Portland. It offers suggestions for the continuation of the hospital and for upgrading medical care throughout the counties of Morrow, Gilliam and Wheeler.

Whatever the future of the hospital in Heppner becomes is the responsibility of the people who live here and in the nearby counties. This study should be very helpful in directing community pressure.

Maureen Williams to wed Clinton Krebs in Eugene ceremony



Mr. and Mrs. John Williams of Eugene announce the engagement of their daughter, Maureen Claire, to Clinton H. Krebs, son of Mr. and Mrs. Henry R. Krebs of Ione.

Miss Williams is a graduate of Churchill High School in Eugene and a 1976 graduate of Oregon State University with bachelor of science degree in textiles and home economics. She is employed by Pacific Power and Light as an energy consultant in Enterprise.

Krebs is a graduate of Ione High School and a 1976 graduate of Oregon State University with a bachelor of science degree in agricultural economics. He is employed by Krebs Bros. Inc. of Ione.

The couple plan to be married March 31 at the Congregational Church in Eugene.

Historical Society plans events for new year; capitol project set

The directors of the Morrow County Historical Society met Jan. 3 at the home of Barbara and Jim Bloodworth for their regular quarterly meeting. Delpha Jones, Chairman, Harold Becket, Vice-Chairman, and Ruth McCabe, secretary-treasurer, were retained in office for the new year.

Harold Peck told of the work being done by himself, Harold Kerr and Mrs. Henry Krebs in preparing a display of Morrow County with pictures and produce. Mrs. Krebs is showing the sheep industry as it was years ago, including the old method of shearing and branding, and the sheepherders' kitchens. Showing

Morrow County in the present will be a satellite picture of the circle irrigation area in the north end of the county. The display is sponsored by the Oregon State Historical Society and will be in place in the State Capitol Building in Salem soon and remain for four months.

The Historical Society is

getting a quilt project underway and will need help from members and non-members in getting it finished. Volunteers will be appreciated.

We hope to have a bus trip to the museums at John Day and Canyon City organized for the last of April. Details will be made public later.

The next meeting will be at the home of the Norman Nelsons in March.

Please check your membership cards—dues are due

Senior Citizen News

By Justine Weatherford

Those senior citizens in the area who were able to have their homes weatherized

under the federally-funded program for saving heat energy have surely felt fortunate during this very cold weather. One weatherization program expert is still working with the Heppner Neighborhood Center, and he will come to homes to talk with seniors who would like to have this help if he is contacted

soon at 676-5873.

The usual third-week of the month blood pressure clinics will be conducted at the three sites in the county next week. On Monday, Jan. 15 at Irrigon, the next day in Heppner and

on Wednesday, Jan. 17 at Ione. Each clinic begins at 3:30. In Heppner the checking is done in the Degree of Honor Building; in Irrigon and Ione it takes place at the mealsites. Unfortunately the dinner

menu for Irrigon for next Monday does not seem to be available. Diners in Heppner on Tuesday will enjoy braised tips and noodles, buttered spinach, club salad, muffins, butter and jam and apple dumplings.

On Wednesday, Jan. 17, at Ione and Heppner the meal will include chops in mushroom sauce, mashed potatoes, cabbage slaw, buttered corn, biscuits and jelly and apple cake.

Free insulation available to low income homes

Blue Mountain Economic Development Council's Weatherization Program is accepting new applications for weatherizing homes in the five county area which includes Morrow, Umatilla, Gilliam, Wheeler and Grant County.

This program is free to any low-income person or family who is a home owner or renter that falls under the current income eligibility guidelines for a year. Verification of your last year's income is needed.

You may apply at the following centers by contacting Pat Brindie at the Neighborhood Center, 676-5873.

United Methodist to show boycott film

A new film which concerns the world-wide movement to boycott products made by Nestle's Company will be shown at 7:30 p.m. Sunday evening in the basement of the Heppner United Methodist Church.

"Into the Mouths of Babes" is recommended viewing by those who are concerned about some practices of large American corporations and their production and promotions in less-developed countries of the world.

Rev. Tollefson says there will be a statement defending the company's practices read along with the film which points out abuses.

AAUW views movie on speech censorship

The American Library Association's film "The Speaker" which was viewed by AAUW members and guests last Saturday at the organization's January luncheon meeting in West of Willow stimulated thinking about community pressures.

The matter of censorship and of status quo loomed large in the plot. An older, American History teacher who served as advisor to the Student Activity Committee needed to defend the committee's carefully discussed decision to permit a controversial speaker's being invited to appear in town. Everyone concerned with the decision was criticized by various members of the committee, the newspaper, the school principal, the librarian and others.

The librarian was asked to remove periodicals which gave biographical facts about the speaker and reviewed his pronouncements. The younger teachers and administrators, fearful of not establishing their tenure, would not support the older teacher who felt so keenly about the constitutional right of free speech and who abhorred censorship. However, she had to see the controversial speaker prevented from appearing in town.

During the business meeting, presided over by the Branch President Liz Curtis, there were reports, suggestions and discussion concerning the Artifactory held early

Church plans community sing

Sunday evening January 14, at 7:30 p.m. an evening of community singing is planned at the Heppner Christian Church. Everyone is invited.

Rev. Sikes states that after the singing concludes, refreshments will be offered in the church social rooms and a time for getting better acquainted will be provided.

Grand Squares plan Condon dance

The Grand Squares held their first Saturday dance Jan. 6. Plans were again made for dancing at the Condon

last month. Also the matter of Branch plans for scholarships

was touched on, but planning for this was left to be further worked out by the scholarship committee which consists of Karen Beck, Chloe Pearson,

Ann Spicer and Marion Abrams.

It was announced that BMCC Librarian Mary Bates will speak at the February meeting to be held in the home of Ann Spicer.

News Notes

nursing home. Feb. 18 was the date scheduled.

Plans were also made for our square dance lessons that are to start Tues. Jan. 9 at 7:30 p.m. at the I.O.O.F. Hall in Heppner. Anyone interested may come, or if they wish more information they can call 422-7569 or any club member.

The Club appreciates the donation of the I.O.O.F. Hall for their lessons.

IOOF, Rebekah Installation set

San Souci Rebekah Lodge and I.O.O.F. Lodge No. 66 of Heppner will hold installation of officers for 1979 on Saturday, Jan. 13, at the I.O.O.F. Hall.

Dinner will begin at 6:30 p.m., followed by installation at 8 p.m.

The public is invited.

Former Ionian recovering from operations

Sue Wiegand, daughter of Mr. and Mrs. Hershell Townsend, formerly of Ione, is at the home of her parents in Portland recuperating from two recent cancer operations. Sue is a 1964 graduate from Ione and now makes her home in Milwaukie. She is employed by C-M Realty in Clackamas, Oregon. She would enjoy getting cards from any of her friends in Morrow County.

Doris LaRae's
133 North Main Heppner, Oregon 676-5561
For The Woman Who Knows She's Unique

Open House

Thursday, Friday, Saturday
January 11, 12 & 13

...an invitation

Doris (formerly of D&D's Department Store in Pilot Rock) wishes to extend a very personal invitation to all her friends and neighbors to help celebrate the opening of LaRae's (formerly The Lebusch Shoppe) in Heppner.



...a personal touch

Doris LaRae's hopes to create a personal and relaxed atmosphere among clothes that will help you express who you are and how you feel by the way you dress.



...and a big sale

Now, to make room for the many new items which will be coming in daily, we are pleased to announce a huge sale during this time. Our sale will feature markdowns of as much as 75% off!

...free wardrobe!

Be sure to register for a FREE \$50.00 WARDROBE of your choice. The drawing will be Saturday, Jan. 13 at 5:30 p.m. and you need not be present to win.

Bank cards are welcomed.

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133 North Main Heppner, Oregon 676-5561
For The Woman Who Knows She's Unique

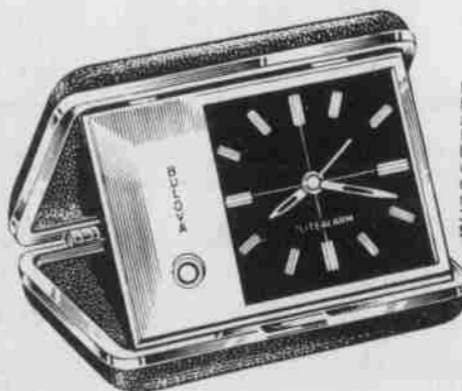
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OPEN MON. - SAT. 9-7 OPEN SUNDAY 10-5

Coffee Mate 22-oz. \$1.65	SKIPPY OLD FASHIONED Peanut Butter 16-oz. 99¢	MY-T-FINE Canned Vegetables 16-oz. 39¢	MY-T-FINE Macaroni & Spaghetti 4-lbs. \$1.20	NALLEY'S Tarter Sauce 8-oz. 55¢	MJB Coffee REGULAR, AUTO DRIP & ELECTRIC PERK 3-lbs. \$7.90	KRAFT ASSORTED Salad Dressings 8-oz. 61¢	KRAFT Miracle Whip 32-oz. \$1.15

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