

Fishermen's Wives share seafood tips with Morrow County landlubbers

"We're farmers, too, our harvest is from the sea", affirmed Mildred Nicholas, President of Northwest Fishermen's Wives. Betty Fowler, vice president agreed, and both stressed the point that farmers, livestockmen, and fishermen have many things in common.

The two women presented the "Food From the Sea" program at Pendleton and Heppner, sharing not only insights to the problems and challenges of the fishing industry, but delicious samples of their harvest. Many drylanders now know the difference between a trawler and a troller; as well as some delicious new ways to prepare seafood, or a wider variety of seafoods to prepare.

The Fishermen's Wives are an auxiliary group, similar to our Cowbells or Wheathearts, dedicated to promoting the products that provide their livelihood. They traveled to our county, providing all materials for the program at their own expense.

A new idea for an Extension sponsored program will be tried in both Umatilla and

programs, in Pendleton, Oct. 11, and in Heppner, Oct. 12. You'll see more information

Extension Events
with Birdine Tullis



Morrow counties on Oct. 11 and 12. The idea, brainchild of the two-county program development committee, is "Christmas Potpourri," a get-for-Christmas-early program. Local Homemakers from the two-county area will share their expertise and creative ideas for Christmas giving, including gifts from the kitchen, gifts children can make, gifts from kits, ways to personalize items or get-a-quick start. The ideas are limitless, and hopefully, will provide inspiration for every one to get started on hand-made items for giving with love.

Plan to attend one of the

and complete details later.

Get Acquainted with 4-H

An opportunity to learn about 4-H, get to know the leaders and the members, and see some of the things kids accomplished the past year in the program is offered this Thursday night, Oct. 5 at 6 p.m. at the 4-H Annex, fairgrounds, Heppner.

Starting with a potluck dinner, the program will include recognition of members for their past year's achievements by presentations of pins; a slide showing of events over the year; and the chance to see what 4-H is all about.

John Nordhein, 4-H agent

invites all interested to attend and encourages all 4-H leaders and members to be present.

4-H Leader Salute

Over the past year, we tried to make our 4-H leaders, their dedication and contributions to our youth, visible to everyone in the county, and to express our appreciation for their efforts. In the coming year, we will continue this weekly salute to leaders.

But for right now, during

4-H Week, we salute all our leaders! Each is making a worthwhile contribution to the development of youth in our county, and their efforts are appreciated.

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Bookworms hold Sept. potluck

Tuesday, Sept. 26, eleven members of the Bookworms literary club assembled for their September potluck and planning meeting at the home of Mrs. Harold Becket in Heppner.

After a post-summer reunion and outdoor dinner in the Becket garden, club president Frances P. Mitchell conducted a planning session which dated the hostess and reviewers who will have the responsibilities for the meetings of the group during the year.

After Mrs. Mitchell discharged this final duty, new officers were chosen for the coming year: Mrs. George Currin was elected president; Ella Smith, vice-president; Lorena Jones, book checker;

Justine Weatherford, secretary and treasurer.

The next meeting will be Tuesday, Oct. 10 at the home of Justine Weatherford. Lucy Peterson will present the evening's book review.

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Senior Citizen News

By Justine Weatherford

It is important that all senior citizens remember that there will be a very special Flu Clinic at the Neighborhood Center on Wednesday, Oct. 11, for them and for any citizens who are chronically ill. Experts will provide help at the center from 11 a.m. until 3 p.m. that day.

Also, anyone who wishes help with Social Security matters should come to the Neighborhood Center on the second Friday of this month, Oct. 13, by 9:30 a.m.

Next month, because of the

Armistice Day holiday, the Social Security representative from Pendleton will come on the second Thursday, Nov. 9.

The menus for next week's dinners are: Macaroni and hamburger casserole, tomato aspic, buttered green beans, hot breads and a rhubarb dessert on Tuesday, Oct. 10; oven fried chicken, mashed potatoes and gravy, buttered carrots and peas, molded fruit salad, hot breads and a pumpkin dessert on Wednesday, Oct. 11.

Seniors are urged to invite any friends or neighbors over 55 years of age to join them at these dinners. Our area is not supporting the senior meal program as well as it should—too small a percentage of eligible seniors is attending each week.

For the next several weeks, during the absence of the regular cook Eleanor Gonty, Nellie Jones and Ruth and Marilyn Bergstrom will be preparing the twice-weekly dinners.

BMCC to offer income tax course

Blue Mountain Community College will offer a Basic Income Tax Preparation course starting Oct. 3 and ending December 9.

The course will meet Tuesdays and Thursdays from 7-10 p.m., and is designed to assist potential income tax return preparers in becoming more proficient in preparing personal tax returns.

The course is 60 hours in length, carries 5 credits and the cost is \$45. For further information, call 276-1260, ext. 205.

Bowlers Needed

Men....Women....
Mixed Doubles....

Anyone interested in bowling
Tuesday or Wednesday morning
or Sunday evenings,

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• NEW POOL TABLE

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Here they are! Beautiful, high quality gifts for saving with us. Just open a new account, or add to a current one, and take home a present. The supply is limited, one gift per customer, please.

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The Rand McNally Road Atlas. A near necessity for traveling in the United States, Canada, and Mexico.

2. \$750.00 deposit.
Lynwood 100% acrylic blanket. A variety of pretty colors from which to choose.

3. \$2,000.00 deposit plus six dollars.
Casio LC-825 Calculator. Slim and compact and perfect for pocket use. Eight digits, several functions including percentage, square root, memory and one year limited warranty.

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