

Extension Events... with Birdine Tullis



This is a good time to plan ahead for summer food preservation. For those planning to can food products using pressure canners, this would include having gauges checked. It is imperative that this be done at least once a year to insure accurate processing time. While this service is not available locally, it is possible to have gauges checked at the Coast to Coast store, Pendleton, or another store in Walla Walla. It is only necessary to take the gauge—you do not have to take the entire lid—and there is a small charge for the service.

All nonacid vegetables, meats, fish and poultry must be canned by pressure. Fruits, tomatoes and pickles may be canned by the water bath.

If you are in doubt about any food preservation method, extension officers have the very best information concerning canning, freezing, drying, and jams and jellies. The information is free to you.

Other food preservations helps will be available to Morrow County homemakers this summer when Extension presents special programs on freezing foods, as well as food drying.

Fair Premium Books Available Now

All 4-H families were mailed fair premium books recently by Fair Board Secretary, Liz Curis, as well as other individuals or families who exhibited at county fair last year. We have a supply of fair books in both the County Extension Office, Heppner, and the County Office, Irrigon, available to anyone wishing to pick one up.

Right now is the time to look the book over to see the wide variety of classes open to both 4-H, FFA, and open class exhibitors, and start planning your county fair exhibits. Participation by all county residents is what makes a good fair.

Reminder to Leaders

We will be having very special guests at the Leader's Steak Fry, Saturday, June 10, 7:00 p.m. at the Fairgrounds, Heppner. A call from H. Joe Myers, State 4-H Director, informs me that he will be attending this special event for our leaders. This is also an opportunity for those who have not met our new 4-H and Livestock Agent, John Nordheim, to do so.

Other special guests are each and every one of our 4-H leaders. This is the annual event that recognizes you, the leader. Sponsoring the steak fry is our local Columbia Basin Electric Co-op.

June 12-17 Summer Week at OSU

Nine Morrow 4-H members will be traveling to Corvallis for the exciting and educational experience of living on campus Oregon State University, joining with other members from all over Oregon, learning and having fun. Delegates to State 4-H Summer Week are Anita Palmer, Lottie Laughlin, Patti Devine, Dianne Samples, Heather Winter, Sonja Biddle, Michelle LaRue, Deann Connor, and Paula Palmer.

The group will leave from the Extension Office, Monday June 12, 7:30 a.m. to join a bus in Condon which will also carry Wheeler, Gilliam and Sherman County members to Summer Week.

Extension Homemakers Program

Study Group Officers and Advisory Committee members are asked to turn in their notebooks at the County Office, Irrigon, or Extension Office, Heppner. Books will be updated and revised over the summer months for use next fall.

Still time to Register for Grande Ronde Mini College

Families or individuals wishing to spend an informative and fun week end on campus of Eastern Oregon

State College, La Grande, still have plenty of time to enroll for the Mini-College offered there June 23-25. Final registration date is June 16. Registration forms giving all

details of classes, costs, housing arrangements, etc. are available at Extension Offices. Cost to attend is small, and entire families are welcome.

Lifetime 4-Hers become high school graduates

School's ending makes us aware that this year the Morrow County 4-H Program lists nine members who have maintained their interest and involvement in 4-H program all through their high school years.

We congratulate each of the seniors who complete their 4-H member program with graduation from high school, and want you to know them. Each has achieved in 4-H, and we know we will miss them. Our best wishes for a wonderful future to: Carol McElligott, Grace cElliott, Cathy Palmer, Jan Peterson, Natalie Tews, Kryn Robinson, Clint Carlson, Shelly Thompson, and Pam (Catin) Voltz.

4-H Leader Salute

Helen Acock

An eighth year 4-H leader in the Boardman-Irrigon area—and one we hold dear—that's Helen Acock! Many local ranchers and pet owners know her as the very efficient nurse in the Hermiston Veterinary Clinic—a job from which she recently retired—or as the owner of Acock and Sons registered Hereford cattle. But we know her as some one who really loves kids—always there to help not only her club members, but any other kid who needs a helping hand. The Acock Ranch always makes its calves available to 4-H and FFA members at a price the kids can afford, because they know the value of starting with a good animal. We look forward to seeing Helen at County Fair. We know she'll be there, helping contact buyers for the auction, and seeing that everything is done to help the kids have a good experience with their projects. Helen Acock, we salute you as a 4-H leader and a person!

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