

# Heppner youngsters to compete in Special Olympic bowling this weekend

by Elane Blanchet

If the first games bowled by Sue Dicker's Special Education Class are any indication, Morrow County may very well be the home of some medal winners when the eight-child squad returns from the 1978 Special Olympics Bowling Tournament to be held at Hillsboro's Park Lanes on Jan. 27-28.

Excitement and pride were felt by both the bowlers and their instructors as the pins fell at Heppner Bowl last Thursday. Most of the children had never held a bowling ball and noticeable improvement was attained by the end of the 10-frame game, the first of a three-game average required to participate in the Olympics.

beginning bowlers were ably coached by Barbara Morris, Betty Galbraith, Linda Connor and Ann Chick.

Ms. Dicker said that the Special Olympics, held in many sports, is designed to help build coordination and self esteem for children with physical and learning disabilities. It also gives them the change to enjoy competitive sports with their peers and get acquainted with other youngsters with disabilities.

The Hillsboro tournament will be the first Special Olympics event with Heppner competitors but not the last. Ms. Dicker said they planned

to enter as many future events as possible.

During the trip to Portland at the end of the month, the Olympic bowlers are looking forward to a special treat: Washington Park Zoo has declared Saturday, Jan. 28, Special Olympics Day, offering free admission and train rides to tournament entrants. The children may also participate in a fun day in the snow at Tollgate in the near future with special ed youngsters from Pendleton.

Sue Dicker began teaching the special education class in the Heppner Junior High building in the fall of 1976 after

receiving her teaching credentials from University of Oregon with an endorsement in special ed.

She said that she loved all children so it didn't really matter which ones she taught. "But children with handicaps tend to be especially enthusiastic and motivated," she added. "I really enjoy that enthusiasm." She said she also liked the student-teacher ratio, having only 10 children in her class.

"Mainstreaming"—channeling children with disabilities into the regular classroom as much as possible—is a new thrust in special education.

Ms. Dicker teaches only one student full time, while the rest spend part of the day in activity with other classes. She usually concentrates on reading, writing, math, speech and physical problems for three hours a day, with her students 'mainstreamed' for activities such as art, music and recess.

Ms. Dicker commented that

in the near future she may also give individual attention to the gifted child in Heppner schools.

Presently, Sue Dicker's exceptional children are looking forward with much excitement to their first big Special Olympics event this month. With or without medals, all the youngsters will come home as winners.

## Down the alley

Young David Burkenbine puts a ball down the alley as Teacher Aid Barbara Morris keeps a close watch on her protegee.



Coach Linda Connor points the way for unorthodox bowler Tina Carey. Tina's style may be unusual but she managed to get a score of 47, second highest of the youngsters bowling their first games.

## Pointing the way



Sue Dicker

"I really enjoy their enthusiasm"

Eight-year-old Doug Raaf was top bowler for the day, finishing with a 57 score, followed by Tina Carey, 9, who bowled a 48 game. The other youngsters bowling their first games were Kevin Chick with a 36 score; Marcie Stookey, 23, David Burkenbine, 27; Mike Case, 34; Linda Galbraith, 27; and Jerry Anderson, 44. Special ed instructor Sue Dicker kept score while the

# March of Dimes needs marching mothers to help fight birth defects

Is volunteering for the March of Dimes Mothers March on your New Year's resolution?

If not, it should be because the March of Dimes needs you, says Morrow County Mothers March Chairman Pat Gentry.

Thousands of babies come into the world and have to fight to survive. Many of them don't make it. Others are too small to breathe on their own, too weak even to cry, or have hearts too tiny to function correctly.

"The March of Dimes is working to help these babies—to protect the unborn and the new born," Mrs. Gentry said.

"They support numerous medical services which make early diagnosis of high-risk pregnancies available. They also provide for intensive care nurseries for critically ill newborns."

Funds raised during the Morrow County Mothers March will be used to support these services and research, public health education, and community service programs. Some examples of March of Dimes-supported programs are: Scholarships given to students in the medical career (Lisa Burkenbine and Stephen McLoughlin of Heppner and Linda Scoubo of Boardman received scholarships last

year). Help with medical expense has been given to Mikka Evans, daughter of Ken and Jan Evans of Irrigon. Equipment has been purchased for intensive care unit at Pioneer Memorial Hospital. Volunteer today. Call members of Beta Gamma Sorority,

Barbara Watkins and Debbie Koffler. Volunteers are greatly needed for the Lexington area. You'll be helping to insure a healthy start in life for the children of tomorrow. Be a marching mother. Call 676-9296.

## Elks Calendar

<b>Thursday, January 26</b> Regular Lodge 8:00 Dinner Drawings	<b>Tuesday, January 31</b> Senior Citizens Dinner 4:30
<b>Friday, January 27</b> Happy Hour Dinner 6-8:30	<b>Wednesday, February 1</b> Senior Citizens Dinner 4:30 Boy Scouts 7:30 Pinochle 7:30
<b>Saturday, January 28</b> Dinner 6-8:30 Live Music by Ackley	<b>Thursday, February 2</b> Nomination for Officers Oldtimers Night Ladies Night Dinner 6 p.m. Lodge 8 p.m.

Elks and out-of-town guests only.

B.P.O.E. 358 Heppner, Oregon

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IN HEPPNER

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## Deena Starr new

## Ione City Recorder

Deena Starr was selected to succeed Liz Ernst as Ione City Recorder at a special meeting of the Ione City Council on Monday, Jan. 16. Five applications were considered by the council.

Mrs. Starr has a working familiarity with the recorder position. Her husband, Chuck, principal of Ione schools, served as Lexington City Recorder for a couple of years when the Starrs lived in that city and she filled in for him when he was unable to attend

council meetings.

Before coming to Morrow County six years ago, Mrs. Starr worked for two ministers in Forest Grove in a secretarial capacity. As recorder she will take minutes at city council meetings, handle city correspondence and work on the payroll and water bills.

She will work with Mrs. Ernst, Ione recorder for the past three years, until Feb. 1 when she will take over the recorder position.

# CowBelles seek cook-off recipes

The Oregon Beef Cook-Off, sponsored by the Oregon CowBelles, is again looking for amateur gourmets interested in showcasing their favorite beef recipe and possibly winning some cash or prizes in the process.

The purpose of the annual Cook-Off is to promote the use of less tender beef cuts as well as demonstrate the correct preparation techniques of the beef.

Contestants may enter the contest by submitting an original beef recipe, typed or printed on a full sheet of paper, along with a listing of ingredients and procedure. The completed entry should be mailed to Oregon Beef Cook-Off, 400 SW Broadway, Portland, Oregon 97205. Entries must be postmarked no later than midnight Feb. 28.

Beef dishes submitted must use cuts from chuck, fresh brisket or round (including rump). The dish must contain a minimum of two pounds and no more than five pounds of beef. Total preparation time must not exceed four hours although additional time may be allowed for marinating.

All recipes must be specific, with no references to brand names. No commercial tenderizers may be used and dishes must be prepared according to the recipe submitted. The number of servings and approximate cost per serving should be included.

Recipes will be judged for taste, appearance, originality,

practicality and ease of preparation. The contest does not include outdoor cookery.

From the recipes submitted, six finalists will be selected to prepare their dishes for a panel of judges in the State Cook-Off to be held in Portland April 30. The finalists will be notified by April 1 and will be responsible for furnishing all the ingredients, garnishes and cooking equipment, other than ranges, for their dish, as well as travel expenses to Portland.

First prize in the state contest will be a covered gas barbecue and four choice T-bone steaks. The second prize winner will take home a kettle charcoal barbecue and four steaks. To the remaining four finalists will go \$10 beef gift certificates.

The state-wide contest is a preliminary to the National Beef Cook-Off sponsored by the American National CowBelles, Inc. Oregon will send one entry to participate in the national contest scheduled for Sept. 12 and 15 in Oklahoma City, Oklahoma. Travel, lodging and meal expenses will be paid and the contestant will have a shot at the \$1,500 first prize, \$750 second prize, \$500 third prize or one of the five \$100 honorable mention prizes.

The cook-offs are open to anyone 18 years or older without professional food status. Beef industry—Cattlemen, CowBelles and their immediate families—may not enter. All recipes entered become the property of the Oregon Beef Council.

No. 7851

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H78x14	32.02	2.73
G78x15	30.71	2.59
H78x15	32.44	2.79
L78x15	35.13	3.09

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