

## Extension Events... with Birdine Tullis



**Information...Free**  
Do you get suspicious when someone offers you something free? Think there must be a "catch" somewhere when this offer is made? We have something free to any young homemaker in the county, and there are absolutely no strings attached to the offer!

Extension has a monthly newsletter, written especially for young mothers and homemakers by Marcelle Straatman, Human Development Specialist. The monthly letter is available by calling 676-9642 or writing Birdine Tullis, Box 397, Extension Service, Heppner.

Timely hints on home management, child care, fun things to do with children, and usually a recipe that has been kid tested, as well as seasonal information, make it both interesting and educational. Why not give it a try? Costs you nothing, and we feel sure you'll enjoy it!

**Mexican Fiesta**  
Study Group leader teachers will be learning about Mexico...culture and foods, at a special combined training session this week. Each year study groups select a country for study as part of the Associated Country Women of the World affiliation. Many resource people will assist with demonstrations of foods and customs of the chosen country.

Christmas customs will be included, making the lesson timely for the Christmas season. Mexican cookery, by Maria Badillo of Milton-Free-water; holiday customs by Nancy Padilla, Hermiston; making pinatas and maracas will be shown by Jean Ekland, therapist at EOH&TC, Pendleton; all will help in making the lesson special.  
After receiving training, the leader teachers will present the information to their study groups at December meetings.

Saturday was full day for leaders of Morrow-Gilliam-Wheeler, and Sherman counties, as they gathered at the Episcopal Parish Hall, Heppner, for training in preparation for the coming 4-H year. Program included a filmed look at what leaders nationwide see as their rewards and opportunities as 4-H leaders; helpful session on Junior and teen leadership, 4-H awards; traditional, as well as non-traditional clubs; report from state advisory committee member, Francine Evans; and workshops by project area. In addition, displays were shared by leaders from several project areas, including creative arts, clothing, and foods, to assist newer leaders.

The workshop responsibility was shared by Joanne Kock, Gordon Cook, Sherman County; Martin Zimmerman, Connie Newgart, Gilliam County; Ken Killingsworth, Elva Madden, Wheeler County; Harold Kerr, Birdine Tullis, Morrow County, and Lois Redman, OSU 4-H Youth Specialist.

I was especially happy to see older 4-H members, Erin Evans, Kryn Robinson, Cathy Palmer, Jan Peterson, and Tami Anderson, attending. They came in to hear about the 4-H awards program direct from Lois Redman. I think they all got the message that there are awards and rewards for 4-H record keeping!

**Sew With Wool**  
While the Sew With Wool Contest is past, we offer our congratulations to the Morrow County 4-H girls who participated in the contest. It was an excellent style show, and while it was not a 4-H event, it was a testimonial to 4-H clothing, as every girl who entered the contest from this district was a 4-H member! The contest is a lovely annual event, offering 4-H girls another opportunity to share skills in both clothing construction and modeling, as well as compete for awards. We hope it will be offered again in Heppner!

## Tote bags being made by Patch Work Pockets

The Patch Work Pockets met in Ione, Tuesday, November 8 at 2:00. We met at Oswald's home.

Five members attended the 4-H Awards Pot Luck dinner, October 30. Julie Climenson, Sylvia Ladd and Marie Oswald received their first year pins. Anita Palmer received her fourth year pin.

We cut out our material for our tote bags. Sylvia Ladd made some special coconut candies covered with chocolate. Mrs. Oswald presented Lori Fetsch with her first year pin at the meeting.

Lori Fetsch, Reporter

## Senior Menus

November 22, Tuesday  
Baked fish  
scalloped potatoes  
corn pudding  
tossed vegetable salad  
oatmeal muffins  
peach upside down cake and topping

November 23, Wednesday  
Roast and gravy  
baked potatoes  
buttered spinach  
tomato salad  
biscuits  
chocolate pudding and topping

## Lankford-Van Marter engagement told

Mr. and Mrs. Bob Lankford and Mr. and Mrs. Laverne Van Marter Jr. of Heppner announce the engagement and forthcoming marriage of their children, Lyn and La Verne III.

An early December wedding is planned. A reception honoring the newly wed couple will be held on December 17, from 4 to 6 p.m. at the Elks Club.

## Harvest Ball Saturday in Ione

The 2nd Annual Harvest Dance sponsored by Beta Omega chapter of ESA sorority will be in full swing in Ione this Saturday night, Nov. 19, at the Legion Hall starting with a happy hour at 8 p.m.

At 9 p.m. music by the Jim Ackley Band with Linda Gifford will set the pace for dancing until 1 a.m.

Identification will be re-

quired. Admission will cost \$5 per couple and \$3 for singles.

Proceeds for the dance and other money making functions will be presented to the Ione Volunteer Fire Department after Beta Omega's big Spring Cotillion.

Chairmen responsible for organizing the Harvest Dance are Robin Baker, Linda LaRue and Kathi Peterson.

## Crash injury course Sunday

The concluding segment of a Crash Injury Management (CIM) course for members of the Morrow County Sheriff's Search and Rescue Posse and other interested persons will be held Sunday, Nov. 20, from 10 a.m. to 6 p.m. at the Heppner Fairgrounds.

Karmen Bjella, head nurse at Pioneer Memorial Hospital, will assist CPR instructor Linda Connor in setting up mock disaster situations and field training exercises. Dan McBride and Wayne Wilson will demonstrate methods of

removing victims from wrecked autos.

Attendance at the class is recommended for any Emergency Medical Technicians who currently have not received instruction in extrication procedures.

## Two-Trackers have fund-raiser underway

The Two Trackers 4-H club met Nov. 7 at the dorm with our president, Kathleen Van Schojack, presiding. We are going to have a money making project by selling mailbox markers. There will be a prize given at our next meeting to the one who sells the most.

Our club is sponsoring a horse clinic Nov. 20 starting at 9 a.m. Dr. Frank Lieuallen, D.V.M. will speak on "Horse Feed and Care". He will also be tubing horses and giving shots for those who sign up ahead of time. This clinic is open to the public and anyone interested in bringing their animals should contact our leader Merlyn Robinson.

Our next meeting and Christmas Party will be on Dec. 5 with each member bringing a \$2 gift for the gift exchange. We watched an interesting movie on Horse Psychology.

Tara Mahoney Reporter

## Boardmen fashion show set

A Christmas fashion show and tea will be held on Sunday, Dec. 4, at the Nomad Restaurant in Boardman at 2:30 p.m., featuring local models wearing fashions from the Lebush Shoppe and sporting hairstyles by Phyllis' Beauty Boutique.

The event is sponsored by Boardman's Tillicum Club and proceeds from a \$1.50 admission will go into the club's fund to finance service projects, including a scholarship, equipment for the fire

department, ambulance and police department, books for the Children's Library and support for 4-H, FFA and Camp Fire Girls.

Committee chairment for the fashion show are Mrs. Ronald Balck, Mrs. Ron Mark, Mrs. LaVern Peterson, Mrs. Hendrick Danies, Mrs. Vern Russell, Mrs. Dewey

West, Mrs. Joe Barlett, and Mrs. Alan Holmes.

Everyone is invited to join Tillicum members for an afternoon of viewing fashions which will range from sleepwear to formal dress.

**RUBBER STAMPS 676-9228**

## Artifactory book supply in need

One feature of the Artifactory each year is a used book sale, sponsored by the American Association of University Women.

The group asks that everyone glean through their bookshelves for books merely acting as dust catchers and contribute them to the book sale inventory. All proceeds from the sale will

go toward helping defray the expense of putting on the annual Artifactory, Morrow County's arts and crafts festival.

Books may be taken to drop off points at the Bank of Eastern Oregon in Heppner or at the Ione Post Office. Mary Pat Lande, 676-9752, Melissa Rex, 422-7115, or Liz Curtis, 676-9454, may also be contacted for book collection.

## Holiday Blouses

Blousons by Fritzi & You Babes

Skirt toppers Prints & Plains

Satin & Lace



Lebush Shoppe

133 MAIN HEPPNER

LOWER LEVEL DODGE CITY INN BOARDMAN

## Thanksgiving FOOD SPECIALS



FRESH FROZEN SIERRA FARMS TURKEYS TOMS 17-23 lbs. 57¢ LB.

HENS.....9-15 lbs. .... 59¢ LB.

MAPLE RIVER FULLY COOKED BONELESS HAMS \$1.59 LB.

LASCO 4 oz. JAR SHRIMP COCKTAIL..... 59¢

WESTERN FAMILY 17 oz. FRUIT COCKTAIL.... 39¢

TASTEWELL 29oz. SWEET POTATOES... 49¢

Western Family Eggs..... Large doz. .... 69¢

WESTERN FAMILY WHOLE OR STRAINED CRANBERRIES..... 16oz. .... 3/\$1

WESTERN FAMILY 6oz. RIPE PITTED OLIVES..... 57¢

NALLEY'S 22oz. SWEET PICKLES..... 79¢

POWDERED OR BROWN C&H SUGAR..... 1-lb Pkg. .... 39¢

STEARO INSTANT BEEF OR CHICKEN BOUILLON CUBES..... 2 3/4oz. .... 45¢

FOLGERS COFFEE 2-lb. Can \$6.49

Tangerines lb. 25¢

Celery Bunches 3/\$1

BANANAS 4 lbs. / \$1

YAMS AND SWEET POTATOES 33¢ LB.

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**Central MARKET**

MEAT 676-9288 GROC. 676-9614

WE DELIVER ON TUESDAY & FRIDAY PRICES EFFECTIVE Nov. 17, 18 & 19

Heading for Beecher's

**LIVE MUSIC & Queen Nite**

FEATURING **Caroline AND THE Road roadrunners**

**Saturday, Nov. 19**

Queen will be crowned at 11 p.m.—two chicken dinner gift certificates to the Queen.

CLOSED THANKSGIVING

**BEECHER'S IONE**