

Wheat products demonstration draws 100

'Getting your breads together' program termed success



More than 100 persons participated in a program on wheat products in Heppner April 4. Part of the attentive crowd is shown here viewing demonstrations planned by Morrow County Wheathearts, Morrow County Extension Service and the Oregon Wheat Commission.

By Justine Weatherford
A carefully planned and effectively delivered public session on "Getting Your Breads Together" was held at the Elks Building in Heppner, Monday evening, April 4.

Sponsored by the Oregon Wheathearts, the Morrow County Extension Service and the Oregon Wheat Commission, this gathering drew more than 100 persons.

Mary Martin, Lexington, served as moderator. She was assisted by Wheathearts Lisa Nelson, Monica Swanson, Betty Carlson, all of Ione, and Melba Miller, Lexington.

Each person attending was given a packet which contained an excellent bread fact book full of recipes and helpful hints by county homemakers and three gifts from the Oregon Wheat Commission:

their booklet "The World of Wheat," a pamphlet on Basic Mixes and a small leather-covered note pad, pencil and 1977 calendar.

All during the evening, home-baked and bread-related door prizes were presented. The program consisted of talks and demonstrations by talented county homemakers, by the state Wheathearts chairman and by wheat rancher Fred Nelson.

Jean Nelson, Lexington, spoke first about proper nutrition, stressing the required elements and pointing out how many of these are furnished by wheat.

Judy Rea, Ione, then demonstrated making basic yeast bread with the use of a heavy-duty kitchen mixer equipped with a bread hook Beverly Doherty, Ione, show-

ed how an expert kneads and shapes loaves of bread.

A 4-H veteran, Ione High School student, Jan Peterson, presented her prize-winning demonstration on "Rolling in the Dough." She created various shaped rolls: crescents, butterfluffs, clothespin curlers, Parker House rolls, curlyques and cloverleaves.

Susan Snyder, Pendleton, chairman of the Oregon Wheathearts, spoke about the large variety of wheat products on the market. She referred to a display of these products which she had arranged.

Mr. and Mrs. Fred Nelson gave a demonstration on grinding your own wheat.

The Nelsons used their two-stone, electric grinder, which Nelson said includes stones "next to diamonds in hardness." It was suggested that, as these grinders cost at least \$200, several homemakers could buy them on a sharing basis. The Nelsons also showed their heavy-duty mixer with its bread hook.

Kathy Halvorsen and Tanna Padberg, both of Ione, gave a colorful demonstration of bread-dough sculpturing. These artists stressed that their dough was not edible as it is composed of two cups of flour, one cup of salt and 1 cup of water. They had fashioned many decorative items which were painted or varnished

after baking. One of their special demos was the fashioning of a baked-dough bread basket.

Jeanne Howell, Heppner, demonstrated the making of Arab bread and pocket bread. She recommended pocket bread for family sandwiches and said it is an ideal picnic fare.

Marni Anderson, Ione, was the evening's sourdough expert. Marni completely described the making of sourdough products. She generously offered "take-home" samples of her starter.

The evening's final demonstration, cake decorating, was by Maryan McElligott, Ione, who skillfully decorated one of this year's Wheatheart Contest cakes with assorted spring flowers. She showed the use of a decorating bag and gave various tips.



4-H veteran Jan Peterson, of Ione, gives her prize-winning demonstration on "Rolling in the Dough."

As the now more knowledgeable audience filed out, comments were heard about the "very worthwhile evening."

Hope, Valby Lutheran

Easter plans given

On Friday evening, April 8, Hope Lutheran Church and Valby Lutheran Church will be having a combined worship service for Good Friday at Valby Lutheran Church. The evening will begin with a potluck dinner at 6:30, which will be followed with worship at 8 p.m.

On Easter Sunday, April 10, Valby Lutheran Church will worship one hour earlier than usual. Worship will be held at 8 a.m. rather than at 9 a.m., and an Easter breakfast will follow worship. Hope Lutheran Church will be having an Easter breakfast at 10 a.m. with worship at 11 a.m. All of

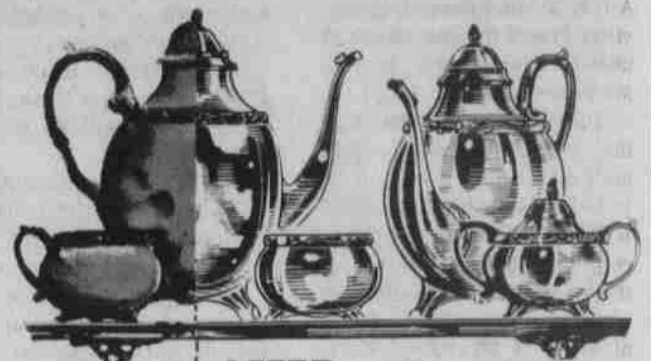
the choirs will be singing at these services, and Holy Communion will be celebrated.

Marquardt's awarded

The Conklin Company, Inc., of Minneapolis, Minn., reports that Mr. and Mrs. Carl M. Marquardt of Box 582, Lexington, Ore. 97839, have just completed the Conklin Leadership Preparation School in Minneapolis at the Sheraton Ritz Hotel. They have been awarded the position of distributor in the Conklin organization.

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Gardeners plan potluck

At 6:30, Monday, April 11, members of the Heppner Garden Club will gather at the Dan James' home on West Baltimore St. for a potluck dinner.

The April meeting, which will follow the meal, will include planning for this

year's district and state meetings.

The evening's program concerns the care and propagation of house plants. One of the aspects of this "know how" will be the care of these plants during the summer season. Jane Rawlins is president of this club.

Irrigon news

Francis Rose Wilson • 922-3352

Irrigon churches plan united Easter service

Easter will be observed in Irrigon with united services of the churches. At 7 a.m., a Sunrise Service will be held at the ball park on the Columbia River.

The evening service will again be a united service, at a 6 p.m. gathering at the A.C. Houghton auditorium, where an action packed film, entitled "Survival" will be shown. A fellowship hour will follow.

Sunday school at 9:45 and morning worship at 11:00 a.m. at the Baptist Church, the Assembly of God, and at the Columbia View Fellowship.

4-H leaders are planning the annual 4-H plant sale in Irrigon April 23 and 24. This is done as a public service and as a fund raising source for 4-H clubs of the area.

Friends of 4-H who wish to donate perennial flowers, plants or shrubs, that are

being thinned from their gardens, may contact Marge Shade or Rose Wilson.

Mr. and Mrs. Benny McCoy visited their son and daughter-in-law, Mr. and Mrs. Terry McCoy, at Everett, Wash.

Donna Ziemer and Lori Schnell spent several days at home from Judson Baptist College, during spring vacation.

Steve and Rhonda Riley were home from Pacific College.

Visitors at the E.A. Stephens home this week included Mr. and Mrs. Frank Eggmann of Tacoma and Mae McKinney of Pendleton, and Mr. and Mrs. Mart Abken of Kennewick. The Abkens had a grocery store here some years ago. They were en route to Portland to attend an auto show.

Extension news

TOURS...TOURS...TOURS!

Spring sunshine giving you the urge to travel? If so, there is plenty of opportunity, if you choose to join one of the scheduled tours, coming up in the near future!

Both women and men are invited to join the walking tour of Portland, April 22, sponsored by the Morrow Homemakers Advisory Committee, and the May 5 tour of developments in the northern part of the county.

The walking tour will take you around the historical sites of uptown Portland, starting at the Art Museum, and through all the new developments underway in downtown Portland. Cost for the tour is \$12.50, of which \$10.00 is transportation and \$2.50 for expert guides who share information on history, as well as future plans for the area. Luncheon will be on your own, and a time will be allowed for free time exploration, with departure for home in mid-afternoon. The uptown tour was requested by the many women who enjoyed the opportunity to explore old town last year.

Things are happening fast in northern Morrow County, and there is much to see in that area! Tour plans call for another look at the Carty site, all around Boardman and the new developments there, and a stop at the Gantenbien dairy, which is one of the most modern in the United States. Cost will be kept at a minimum for this exciting tour, and will be determined by number attending, and cost of fuel for the bus.

Anyone may pre-register to attend either, or both, by calling 676-9642, or writing Birdine Tullis, Extension Service, Box 397, Heppner. Plan to join your neighbors and see what's happening at home, and in nearby areas!

4-H SUMMER WEEK APPLICATIONS MAILED

All Morrow 4-H members eighth grade and above should have received information regarding Summer Week (Summer School), Horse Members Workshop, Marine Science Workshop, State Fair Staff opportunities, and other things of interest to this age group.

While summer activities seem far in the future, it is necessary for the forms to be returned to the Extension Office in order for plans for all activities to be completed. Any member who has not received the bright gold or turquoise forms should call the Extension Office at once and request a copy. Summer Week, as well as the horse and marine science workshop expenses are paid by scholarships provided by local businesses and individuals, and offer excellent experiences for teen age members. Summer school week and horse member workshops are on the campus of Oregon State University. The marine science workshop is held at the OSU Marine Science Center at Newport. All participants travel to the events on the same bus.

Summer school has long been the highlight of the year for older 4-H members, according to Birdine Tullis. It offers opportunity to attend classes, make new friends, meet other 4-H'ers from all of Oregon, and share in a great number of exciting, fun experiences.

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Saturday Special 5-9
Dinner Steak \$3.50

Easter Sunday Specials
Virginia Style Baked Ham \$3.00
Pork Roast Dinner \$3.00
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