Rising food costs hit senior citizens

The rising cost of food is being felt by everyone, including the Heppner Neighborhood

Center Director Pat Brindle is putting out a plea for food donations so that the meals for senior citizens can be continu-

Four meals a week are served in Morrow County to citizens 65 years of age and over. If the person is able, he can make a donation for his meal, but 90 per cent of those taking advantage of the program are not able to pay. Mrs. Brindle said The center serves between 700 and 800 meals per month in its program.

The State Program on Aging pays the Neighborhood Center

60 cents per meal per person. "At one time we could serve a meal for that amount." Mrs. Brindle pointed out. "Now it costs over a dollar per meal. A week or so ago I bought round steak on sale and allowed four ounces of meat per serving. It cost 45 cents per serving for the meat alone. Our meals must contain one third of the minimum daily adult requirements, and now milk must be made available with the meals:

Jeannie Howell of Heppner has been volunteering her time to plan the menus for the center. Menus must then be approved by the nutritionist with the East Central Oregon Association of Counties in

Heppner Friday afternoon to visit with Dr. Wallace Wolff

and Dr. L. D. Tibbles and to

examine the hospital. He will

then visit office facilities in Condon and Fossil and with

the nurse practitioner now

working under the corps

program in Fossil, Dr. Bezek

will leave the area on Sunday

As the National Health

Service Corps is paying for his

trip, his wife will not be

accompanying him on this

Mrs. Brindle said that the remaining cost of the meals must be met by donated food. The center still receives abundant food but the last shipment was received five months ago and consisted of split peas, rice, oat meal, some corn meal and a small amount of cooking oil. Such things as cheese, canned meats and peanut butter are no longer included. "We certainly use everything we get in the abundant food program," Mrs. Brindle said

"But it just isn't enough." A meal is served on Monday at the Lions' building in Irrigon, in the United Church of Christ basement in Ione on Wednesday and at the Heppner Elks Lodge on Wednesday

and Thursday Some meals are delivered to shut-ins. Between 10 and 20 meals are delivered in Heppner each week alone. Others not able to attend are given transportation to the meals.

"For many of these people this meal is probably the best meal they will eat all week. These people are on fixed incomes and most of them live a nutritious meal for themselves. Twenty-three per cent of our population is in the senior citizen bracket, and 1 think that number will grow. So I think the need for our program is going to grow." Mrs. Brindle said.

Mrs. Brindle said the center will take any and all kinds of

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food donations. One rancher donated 15 sacks of potatoes. so the supply at the center is good right now. The center has a freezer and access to locker space, so storage is not a large problem. If people are cleaning out the old food in their lockers and would otherwise throw the food away, they are urged to bring the food to the center. Someone who has alone and cannot or will not fix . caught more fish than they can use can bring the extra fish to the center. Canned foods of all kinds are welcomed. Home canned foods, if well sealed, can be used. Mrs. Brindle said the senior citizens are especially fond of lives and heart, so anyone who is butchering who doesn't like

liver or heart can bring those

two items to the center. Even wormy applies can be used by doing lots of peeling and cutting.

People to help as drivers to deliver dinners or pick up senior citizens are urgently needed. Other kinds of help in putting on the dinners can also be used. About 10 volunteers are working in the program in the county now.

An added need for food donations is arising. The center prepares Christmas baskets for needy families, baskets for senior citizens living alone, and a special Christmas dinner for senior citizens. Last year high school students made a drive in town for canned goods for the baskets. Mrs. Brindle said she

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hoped this would be continued. All kinds of canned goods as well as small gifts needy families can give as presents are needed. Mrs. Brindle suggested perfume, handkerchieves, soaps and lotions; items she said, that one may have received and never used. For the senior citizens small loaves of bread, jams and jellies and small cans of fruit. chili beans, tuna fish, soups and diabetic foods are needed. These need to be items that

Mrs. Brindle suggested that any organization may take a family to prepare a basket for. This would include a gift for each member of the family and canned goods for Christ-

require very little effort to

mas dinner. Toys in good repair, games and books are also needed. Toys requiring minimal repair will also be accepted. Bedding is also needed, and some people to put together some quilt tops.

The director expressed concern that requests for food by families in need could grow. Those families in an emergency situation, who cannot qualify for food stamps, may come to the center for assistance.

Mrs. Brindle said the Neighborhood Center is in the community to help those on low incomes, the handicapped and the senior citizens. But she continued, it takes the help of everyone else to keep the program going.

First doctor to arrive Friday

Dr. Stan Bezek, now in his third year of family practice residency in Denver, plans to vise the Heppiner area Friday. Nov. 29, through the weekend, weekend

Dr. Bezek has expressed interest in serving as a doctor under the National Health Service Corps program. He is also interested in the tricounty approach to health care services being proposed for Morrow, Gilliam and

Wheeler counties Dr. Bezek will arrive in trip. Dr. Bezek's wife is a becoming established

Dr. Bezek, in telephone conversations with both Judge Paul Jones and Doctors' Search Committee President Liz Curtis, said he felt that NHSC had changed and was serving community health needs better now. He said the advantages of the corps program to doctors just setting up practice is that the doctor has a two-year period of guaranteed salary while he is

The winner received a check

for \$27.50-\$20 for being the

first to correctly identify the

Mystery Person as Gerald

Peck, Boardman, and \$7.50 for

getting the correct number of

Ed Bristow is the winner

morning.

The liest two winners in the Mystery Person contest were trues long, and so was the third week's winner. Ed Sweeney had drawn his own

Bristow had his name drawn from the box by Gregg Sweeney, but not before name and was disqualified.

> The clues: Zone I the area Peck represents on the school board); 7 on a team (refers to the number on the school board. Calls the shots (ad-What Peter Piper did the picked a peck-1: How they dress in his business (board has say on dress codes of Hassomething in common with the Chief this chief is Gerald Ford: Big spender (school has largest budget in county in Robert's Rules the abides by em : Propadeutic surveillant tibe first alludes to education, the second to one who watches over : Clay is his hobby (Peck works in ceramies: Gas (part of his business); BSA (he's been a

> > There's \$27.50 says you can't pick this week's Mystery

Boy Scout worker) Council

(Peck was recently elected to

Boardman city council.

Council to decide on parking council will have a chance to decide whether there shall be

parallel parking on Main Street at its Dec. 2 meeting. A recommendation has been made by the Oregon Department of Transportation that parallel parking be established on Main Street. Whether or not to do su is a council

decision. Chief of Police Dean Gilman fold the council Monday mush that he would like to see the recommendation accepted as a safety measure because angle parking has resulted in many accidents. If adopted, the parallel

parking system would consist of two Milon parking spaces with another 8-foot area separating the two spaces, as is

R.C. Lang, regional engineer for the Department of Transportation, will be invited to attend the Dec. 2 meeting to answer questions on the pro-

posa

In other business to come before the Monday night gottnet

-City Engineer Steve Anderson reported that Well 3 is complete except for a few minor details and that the purity is working properly. Water from the new well is now flowing into city water

- Anderson also notified the connect that negotiations be-- towen the city and landowner are under way for acquisition of a two-acre parcel of land site for the new city reservoir.

-Mayor Jerry Sweeney read a notice of intent to file a claim against the city by Mr. and Mrs. James Hager. The notice requests payment of \$50,000 in damages by the city in the Hagers for alleged damage to their property during demolition of the burned-out building on Main Street. Named in the claim for damages are the mayor, all council members, the city recorder and Shockman Bros. Construction Co., which had contracted to raze the ruins of the building. No actual suit for damages can be legally filed against the city or the other defendants named until May

permits by Councilman Bob Linden Way. The owner of the Jones. Jones had previously property has moved two recommended adoption of campers onto the property building fees which are only and has a branch service to one-half those specified by the one of the campers, a violation state. A permit would increase of city ordinance. -Approved purchase of a from \$1 to \$3 with an extra charge for inspections and Roto-Rooter to clear some related work, all to be paid at "slow" sewer lines. In recent the time a permit is issued. He weeks the sewer has backed also moved that permits be up twice at the Mike Gray granted for a 60-day period residence, causing damage to

-Heard a report on building

only, with stipulation that the the home and its furnishings. foundation must be in place -Sweeney read a letter during that period or the from Judge Paul Jones repermit may be revoked. This questing the city deed the rule was adopted earlier in the property occupied by the new year but has never been addition to the Pioneer Muenforced. It now goes into seum to the county.

-Accepted a contract to -Rejected a permit for supply Gaye Harshman with water and sewer facilities to a

Sheep ranching, Oregon to Montana

Members of the Chamber of Commerce got a detailed report on the operation of a large slieep ranch Monday when Dorothy Krebs, Ione, gave a slide-illustrated talk on sheep raising as practiced on the big Krebs Bros, ranch.

She began the series of slides with the shearing of ewes in February prior to lambing. At lambing time a holding per is provided for both ewe and lamb. Up to 100 ewes and their newborn can be cared for in these pens at one time. The ewe and lamb are both marked with the same

identifying number for the records. Should a ewe die another is found to raise her lamb. If this fails, the lamb is raised by bottle feeding.

In early May ewes and lambs are moved to the Krebs ranch in Montana in doubledecked railroad cars. Last May the Krebs' moved 4,000 head from their winter home in Cecil to summer range in Montana:

The sheep are broken up into bands and entrusted to the watchful eye of a sheepherder for protection from predatory animals. The old-fashioned sheepherder still uses his horse; the modern one rides a Honda equipped with a tape

When the lambs weigh 100 pounds they are sent to packing houses or kept to replenish the herd. When the snow starts.

usually in October or November, the sheep are fed hay until they can be transported back to their winter home in Cecil

"The No. 1 enemy of the sheep rancher is the coyote." Mrs. Krebs said, "who causes an estimated 20 per cent loss to the rancher."

She pointed out that sheep are totally dependent on man for survival. They have no horns, their hooves are dull and they are poor runners.

They are easy prey for covotes. Most losses to the covotes occur at lambing time. There are no ways yet to devised to stop the killings.

offeet immediately.

Illuminating the fields at night has been tried. Noise alarms have been set to go off at intervals, but the coyotes soon learns and moves in for the kill. They strike mostly at night when ranchers are unable to see to shoot them. Coyotes are, Mrs. Krebs admitted, very smart animals.

In other business, Orville Cutsforth announced he had received a phone call from Cong. Al Ullman who said he is trying to put the irrigation feature back into the Willow Creek Dam project, but there is difficulty in getting House

approval. -President Jim Bier appointed LeRoy Gardner, Randall Peterson and Gene Pierce as a nominating committee to select board members for the coming year. Nominations may also be made from the floor at the Dec. 9 meeting. Election will be held Dec. 16. Once board members are selected, they will name the president. All officers are to be installed Dec. 30.

-An anonymous donation of \$60 to be spent for new Christmas lights was acknowledged with thanks.



Greg Sweeney picks another lone winner in the Who's Who contest. Last week's lucky winner was Ed Bristow, Jone.

Santa will visit here

Heppner, Saturday, Dec. 7, at

He will have candy for the youngsters, and will be at city hall to visit with the children

Santa will also be in Heppner on the following Saturdays, Dec. 14 and Dec. 21, for any youngster who happens to miss his first

The Scroptomist Club will be on hand at the old library, Dec. 7 only, to take pictures of any child with Santa Claus.

Last year Santa arrived in a horse and buggy, coming down Main Street, then to West Willow, where he was greeted by the Heppner Elementary School Band.

Penland ruling due in 45 days

A hearing on the appeal of Lake Penland Corporation property appraisal for tax purposes was held Thursday before Frank M. Fliniau, hearing officer for the appeals division of the Department of

Revenue Flimau took testimony from Joe Green, certified public accountant, Pendleton, on behalf of the Lake Penland Corporation in which he is a director. The case for the county assessor's office was made by Charlie Patching, county appraiser.

A decision on the controversial assessment is not expected for another 45 days. Joyce Bergstrom, county assessor, last year appraised the Lake Penland property for

a total of \$71,560, or \$12,50 per

lake front foot. She told the

Gazette-Times that this figure represented the cost of the "bare land" before the lake was built, and was not unreasonable.

The corporation appealed the assessor's finding earlier this year, contending that the appraised value should be \$29,800 because the property is an incomplete subdivision, in that the state has refused to permit the sale of lots until all requirements of the subdivision laws are complied with. Until the lots at Penland Lake are salable, L.E. Dick, president of the corporation said, the land should not be taxed as though a recreational subdivi-

sion actually exists. The 46 people have lots at Penland Lake, but who have not received deeds to their property because of its incomplete subdivision status, received individual tax statements for this year. In the past, one tax statement for the entire plot, approximately 160 acres, went to the Penland Lake Corporation.

Dick disputed the assessor's calculation of \$71,560 as the original cost of the Lake Pepland acreage. He said Orville Cutsforth originally planned to sell about 25 lots at \$3,000 each, but later found he could not legally do so because of subdivision laws. That plan was scuttled, Dick said, and Cutsforth sold the entire acreage in 1968 to the corporation for \$35,000. This, he said, amounts to approximately \$218 per acre as the original price, about half the amount

stated by Assessor Joyce

Bergstrom as the original purchase price. Evidently, Dick said, Mrs. Bergstrom based her figure on the original Cutsforth plan, one that was proposed but never implemented.

Dick also stated that legal requirements for subdividing the property are expected to be approved within a short time; at which time, he said, an increased valuation for tax purposes would appear to be in order. But until the lots are legally salable, he said, the corporation believes the current appraisal is unjustified.

Dick also pointed out that of the original 160 acres, 67 has been deeded for public use. this being the ground covered by the lake, and that other dedications may be made for



SHADES OF THE OLD WEST!-This is part of "Heppner's great cattle drive" shown on South Main Street. The cattle belong to Floyd Jones, who is taking them to his ranch on Hinton Creek.