Improper food canning can result in death

High Food prices spur home canning

Because of higher retail food prices, many more people are canning this year than usual, reports Extension Home Economist Molly Saul.

She states that all county extension offices have a good supply of up-to-date bulletins which give correct procedures to follow for canning, freezing. pickling, jam and jelly making. All information in the bulletins is based on research done either at the U.S. Department of Agriculture or Oregon State University.

Mrs. Saul says the recent death of a Nyssa man from botulism, resulted in many calls to the extension office. This deadly form of food poisoning is caused by improperly canned food. To prevent the possibility of botulism, it is imperative that all non-acid foods be canned in a pressure canner. This includes all kinds of meat, fish, poultry and non-acid vegetables such as

Something special

be there!" said Birdine Tullis, Morrow Extension Aide.

Sessions on hair care and styling, grooming, clothing selection, and modeling will be offered. There will be sessions tailored to the needs and interests of younger girls, and

Extension agents presenting the "Strictly Us Girls" program Carter and Kathy Jamieson. They will be assisted by Cheri beautician, and other local

peas, corn, string beans and beets. The high temperatures attained in a pressure canner will kill the botulinous spore. which produces the deadly toxin in the absence of air.

Mrs. Saul also stated that it is highly important that the gauge is:

on the pressure canner be checked for accuracy at least every two years. If the gauge is measuring accurately, not botulinous spoilage could result. Unfortunately, no place in this Eastern Oregon area tests gauges, but the extension office has the name and address of a concern in Portland which offers this service. Only the gauge need by mailed, not the entire lid. The cost is minimal. If the gauge is not accurate, a notation is made explaining how present time bring those needto compensate for the inaccur-

In Morrow County, for further information call the extension office at the Gilliam and Bisbee Building, Heppner, 676-9642.

> RAWLINS GRANDDAUGHTER ARRIVES JUNE 30 Mrs. Bill Rawlins, Ashland

tour leader, returned to Heppner Friday evening, and during that night became a grandmother for the second time. Mr. and Mrs. Bill Brewster of daughter, Natalie Rene. Their first child, Matthew, is two years old. Grandparents are

Mile area.

one week

INVITED

has varied programs By PAT BRINDLE The Neighborhood Center is the unifying force to make the communities resources available to those needing them in

Morrow County The main function as a center to provide people with services, information and materials.

The nutrition program on Wednesday evenings are for seniors over age 55. Socializing and dinner is provided for about to 35 people, with trays 30 delivered to shut-ins. This program may be expanded this coming year to twice a week. with transportation from Ione and Lexington for more people to attend. Volunteers at the ing rides.

Neighborhood Center

During the school year the cafeteria at school was donated for space for the meals, and this summer the Elks are donating use of their kitchen and dining facilities.

The Thursday senior citizens socials are supported by church, lodge and social groups who supply the crafts and refreshments for one month of the year. This program is supplemented by additional

This past year NC has sought out Senior Citizens who could be eligible for food stamps under the project Find program. NC is citizen housing and nutrition needs at the present time with information gathered to be used

needs.



PAT BRINDLE

BMCC three times this past school year making it easier for those enrolled to gain their certificates here instead of traveling to Pendleton. NC provided tuition and book fees

County 31 baskets for needy families and senior citizens all people, organizations and vol-

BUSINESS & PROFESSIONAL → DIRECTORY ← Breeding Service Monuments Artificial Insemination **Eternal Markers** Service-beef and dairy American Breeders BRONZE GRANITE INSTALLATIONS VASES Cemetery Grave Markers Representative Joe Yocom SWEENEY Lexington, Oregon Ph. 989-8134 MORTUARY TYPEWRITER DIRTY? Call Heppner or leave your machine at the Heppner Gazette-Optometrist Times. Larry of Standard

Morrow County Pomona Grange met at the Greenfield Grange Hall in Boardman The GED and ABC (high Saturday night. The dinner was school and basic education) prepared and served by the classes are held in the center.

> The center is used as a referral point for those needing help in securing Legal Aid. DVR (rehabilitation), DDSA (developmental disabilities services) 4 C's, Mainstream or Social Security help. The counselors use the center for contact, and followup is done by them at the center office. NC works closely with Action for the Handicapped, which is a two-county project aiding the mentally retarded or other handicapped individuals. A group home and activity center is located in Pendleton with Morrow County clients enrolled: The center is used by other organizations for meetings. some of which are the Soroptimists, Great Decisions group, TOPS, Weight Watchers. The above organizations are given the center after the regular scheduled programs are scheduled, as the centers main focal point is to help people first, and

Pomona Grange

honors dead

secondly for social contacts. Drop-outs or underemployed and unemployed clients are

Women's Activity Group. Preceeding the meeting a memorial, under the direction of Mrs. Pearl Wright, honored Grangers who died the last year. They were Donna Wick-

given a chance to upgrade their skills by taking evening classes from BMCC or enrolling full time. There were three full time students at BMCC sponsored, and seven others enrolled in evening classes. This number is in addition to the GED and ABC students. Hopefully, the experience of skills upgrading or a chance for vocational training will help them become selfsufficient and selp-supporting. members of society.

Funding source for the center in the past has been the **Community Action Agency for** Morrow and Umatilla Counties, (BMEDC) and SOS (senior opportunities) under OEO. No longer is this funding available. NC has the promise of revenue sharing funds from the County Court to maintain the center and the coordinators salary. Funding is needed for all other programs and the center is soliciting help from community organizations as well as applying for Program on Aging help.

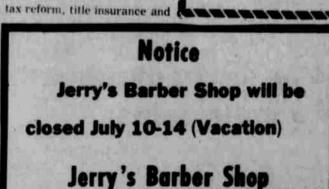
HEPPNER (ORE.) GAZETTE-TIMES, Thursday, July 5, 1973

lander, Greenfield; Carl Troedothers. son and Mable Crawford of Willows: John Bergstrom, Rhea Women's Activities of the Creek and Alvin Wagenblast, **County and Dorris Graves on** Anna Smouse and Bertha Nelthe lecturer's programs of the son of Lexington. Candles were County. lighted and flowers placed on the altar in memory. entertained the group with a talk and slides of their recent

The meeting was called to order by Master Barton Clark, who introduced Bob Coble, state deputy, a distinguished guest and honor guests, Morton Wolverton, Umatilla County deputy and Joe DuPuis, Pomona Master of Umatilia County. Mrs. Berl Akers, the newly appointed District 6 Chairman of the Women's Activities: and Berl Akers, State Grange gatekeeper and Steward for Morrow County Pomona.

Reports were given on the State Grange activities by those attending, including an agriculture report on cattle imports,

Set up in Pendleton CALL 276-3611





Flossie Ball reported on the

Mr. and Mrs. Barton Clark

trip to Japan with the tour

group sponsored by the Oregon

Forced to

love

on my 12 x 64 ft.

State Grange.