

## Swimming lessons offer Valuable Skills



Fun in the sun at Heppner Municipal Swimming Pool.

For whatever reason—recreation, competition or just to cool off on a hot summer's day, learning to swim is important to young and old alike.

The Heppner and Ione pools offer Red Cross Learn-to-Swim program and this summer have had a gratifying enrollment for the sessions.

The classes offered are Beginner, Advanced Beginner, Intermediate, Swimmer, Junior and Senior Life-saving.

In order to advance to the next class, one must first learn and perform a series of swimming skills.

A beginner must jump into deep water, level off and swim 15 yards, turn and swim

back to the starting point; half-way back, turnover on the

back, rest in a floating position for 30 seconds; turn from back to front and continue to swim back to starting point. These are the most elementary skills any swimmer should possess.

In order to pass Advanced Beginner, one must dive into deep water, swim 15 feet underwater, surface, tread water 1/2 minute, swim crawl stroke for 20 yards; jump into deep water, surface, perform 2-minute survival float, and swim elementary backstroke, 20 yards.

Intermediates must perform (1) three leg strokes, 20 yards each; (2) three arm strokes, 10 yards each; (3)

50 yards, elementary backstroke; (4) 100 yards, selected stroke; (5) Turns, front and back; (6) Survival floating 5 minutes; (7) 10 yards, scull; (8) tread water, 1 minute; (9) Float, 1 minute; (10) Underwater swim, 15 feet; (11) Standing front dive; (12) Rescue skills; (13) 5-minute swim.

The swimmer must possess the following skills: (1) 100 yds. breast stroke; (2) 100 yds. side stroke; (3) 100 yds. back crawl or trudgen crawl; (4) 50 yds. back swim (legs alone); (5) turns (for closed course); (6) Surface dive; (7) Tread water 1 minute; (8) Plunge dive; (9) Running front dive; and (10) 10-minute swim.

By Cassey Chapel

Mr. and Mrs. John Edmundson have moved from Salem to make their new home in Ione. Mr. Edmundson is going to be the new Ione Schools' Principal. Mrs. Edmund-

son will teach the first grade in Heppner. The Edmundsons have three children: Vicki

who is in the eighth grade, Kristi a seventh grader and Jeff who is in the fifth grade. Mr. Edmundson says that he feels privileged to be in Ione. He also said that the people are so friendly. The Edmundson family enjoys outdoor sport—especially snow skiing.

The Willow Grange held their annual picnic Sunday July 30th, at 4:30 in the afternoon. There were fifty present. Cards and other games were played after the picnic.

Mrs. Mary Johnson, Cottage Grove, grandson, daughter and family visited Mr. and Mrs. Arthur Dalzell on

## New Principal Moves to Ione

Saturday. Mrs. Johnson was a former teacher of Mrs. Dalzell.

A LARGE CROWD gathered on the Ione High School tennis court and enjoyed a dance Saturday night from 9:30 to 1:30. Music was provided by Chuck Nelson, lead guitar; Neal Christopherson, base guitar; Kevin Gutierrez, drums; and Greg Wilson, organ.

LEO CRABTREE IS HOME from Good Shepherd Hospital in Hermiston where he spent several days due to a knee injury.

Sharon Gelinas, Tim and Alisa, and Kevin McCabe Caldwell, Id.; Carolyn McCabe and Jim McCabe, both of Pullman; Alvin McCabe

from Colfax; Scott Crabtree from Juneau, Alaska; and Ron Crabtree were guests at the Leo Crabtree home last week.

VELA EUBANKS visited friends and relatives last week.

Joe Halvorsen and Leonard Magill have returned from two weeks in Boise, Idaho where they were taking National Guards Training.

DELSEIE CHAPEL received word of the death of Cliff Baily. Mr. Baily died Friday of a heart attack. Mrs. Baily is the former Ann Johnson and is the sister of Mrs. Joel Enzelman.

MR. & MRS. JOEL ENGELMAN and Frank, Ruby Roberts, Mr. and Mrs. Bob Ri-

etman and Jerry drove to Camp Adams Sunday. Frank and Jerry stayed to attend church camp there.

Hershall Townsend visited friends in Ione this past week. While here he stayed with the Lewis Halvorsen's.

DARCY REA spent the week end with Dimple Munkers and Lestley Graves.

Mr. and Mrs. Harold Sherer visited the Barnhearts in Redmond and to see their new home. Mrs. Barnheart is the daughter of Mr. and Mrs. Sherer.

Mr. and Mrs. Emmitt Berry from Fresno, California visited at the home of Mrs. James Lindsay the past week.

MR. & MRS. CLEO CHILDERS went to Lewiston Monday to visit Mr. and Mrs. Dale Brock and family. Mrs. Brock is the sister of Mrs. Childers. Mr. and Mrs. Childers brought their niece back and left Roger Childers for a two week visit.

BRYCE KEENE AND his two sons Richard and Stuart went to the Hydro-plane races in the Tri-Cities last weekend.

Mr. and Mrs. Carl Barlow arrived Tuesday to visit Mrs. James Lindsay. While they were here they went to Boardman to visit the Potato Factory.

MR. & MRS. DON SCHROEDER and sons Mark and Steve arrived Sunday from Sheboygan Falls, Wisconsin. Mrs. Schroeder is a former classmate of Mrs. Gene Rietmann.

Bob Alderson and sons of Portland visited a few days

this last week at the McElligott ranch. Mr. Alderson is the cousin of Dick and Don McElligott.

## Lightning Strikes Ione Home

Early-morning lightning between 6:00 and 6:30 Monday caused minor damage in different parts of the county.

Columbia Basin Electric Co-op in Heppner reported several power outages, requiring from two to six hours to restore. Lightning burned out the transformer at the Don Heliker ranch outside of Ione. It struck a power pole near Ione that caught fire, but the fire was extinguished and the pole will not have to be replaced. Power was also out at the McNabb Elevator.

Perhaps the worst results of the electrical storm were at the Lewis Halvorsen ranch outside Ione. The family was asleep when the lightning struck there about 6:00. It ruined the TV tower, and in turn the high voltage shot through some of the house circuits blowing out the TV, refrigerator and a clock. The curtains also burned, as a result of the lightning.



MIKE BECKER stands in front of the prize winning Heppner-Morrow Chamber of Commerce float.

## Sally Cohn, founder's kin, is visiting her father

Sally Cohn, Founder's Kin, is Visiting Her Father

A fourth-generation member of Henry Heppner's family, Sally Cohn, is visiting with her father and friends here.

Sally's father, Harold A. Cohn, is the grandnephew of

Heppner's founder, the grandson of Henry's sister Elizabeth Heppner Cohn of Boise, Idaho. His father Phil Cohn is well remembered as the county's first and long-time Ford dealer.

Sally, who has been teaching in the east several years, taught in the Brooklyn dis-

trict of New York this last school year. Her friend, a hospital technician from the east is with her, and Sally is making sure that they both see and enjoy Morrow County, especially its mountains and Lakes, Penland and Bull Prairie.

### Future Citizens



Corby Lynne, 9; Lawrence, 7; and Scott Louis, 1 1/2, children of Mr. and Mrs. Larry Sullivan, Ione.

## WSU testing early calving technique

The Associated Press Reports Washington State University animal scientist is researching the potential of speeding up the beef production cycle by chemically forcing the early birth of calves.

Dr. Clayton O'Mary said five calves have been delivered in the preliminary investigations and while there have been some problems with the procedures, he is optimistic and research can eventually significantly improve the efficiency of beef cow-calf operations.

O'Mary's early work involved five Hereford heifers which were bred to an Angus bull at a range of ages between 11 months, 7 days and 12 months 25 days. The heifers were managed in normal fashion until with in 35 to 15 days of their natural calf delivery date he said.

At that time the heifers

were injected with a synthetic hormone, dexamethasone, which induced labor and resulted in the birth of the calves 39 to 54 hours later, O'Mary said.

At birth all calves appeared healthy, he said, although the one born 35 days early died within a few days.

"We don't know what complications caused its death," he said. "It was lively at birth, although it weighed less than 50 pounds."

O'Mary said the remaining animals gained rapidly, with the three oldest averaging slightly more than 53 lbs. per calf during their first 35 days. The highest 35-day gain was 62 pounds and the lowest 46 pounds, he said.

O'Mary said chemically forcing early birth of the calves offers several potential advantages provided further research can refine the pro-

cess and make it practical for some cattlemen and less difficult for the cow.

The process will allow heifers to have smaller calves or reduce the size of calves from "big calf" breeds that often cause calving difficulties even in mature cows, he said. By allowing them to have smaller calves, heifers could be bred at earlier ages, thus reducing the cost of maintaining a heifer until she has her first calf, he said.

O'Mary said it also would speed up the beef production cycle by shortening the gestation period and allowing the cow extra time to get back into condition for re-breeding.

## "Way Back When"

By Mildred Searcey

An exciting history of Umatilla and Morrow Counties.

This new book has just been published and has been well received.

\$6.95

on sale at

First Nat. Bank Heppner

Rietmann's Ione

## ORDER BLANK For HEPPNER CENTENNIAL EDITION

(August 24, 1972)

35c EACH BY MAIL

Send order to Gazette-Times, Box 337, Heppner Oregon 97836

### ORDER

Please send \_\_\_\_\_ copies of the Centennial Edition of the Heppner Gazette-Times to the names and addresses shown below. Enclosed is \$\_\_\_\_\_ (total)

Mail them to: (Please print):

Name \_\_\_\_\_  
Street or Box \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

Name \_\_\_\_\_  
Street or Box \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

Name \_\_\_\_\_  
Street or Box \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

Name \_\_\_\_\_  
Street or Box \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

Name \_\_\_\_\_  
Street or Box \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

Name \_\_\_\_\_  
Street or Box \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

### Future Citizens



Sharon Lynn, 7 year old daughter of Mr. and Mrs. Howard Crowell, Ione.

### Future Citizens



Chris, 8 years old; Michael, 4; and Kevin, 15 mos. old, sons of Mr. and Mrs. Gene Rietmann, Ione.

### Future Citizens



John, 8; and Anne, 6, children of Mr. and Mrs. Rod Murray, Ione.



Gene, Jr., 2 years old; and Jerald, 6 mos., sons of Mr. and Mrs. Gene Lancaster, Cecil.



Scott, 6 year old son of Mr. and Mrs. David Barnett, Ione.



Kimber Lee, 10; Kelly Anne, 9; and Kristina Marie, 7, daughters of Mr. and Mrs. Paul Pettyjohn, Jr., Ione.

## Your Invited TO THE ANNUAL 4-H HORSE SHOW

Rodeo Arena Heppner, 10 A.M. SUNDAY, AUGUST 6

EVENTS--  
COLT CLASSES (Horsemanship & On Halter)  
SHOWMANSHIP JUDGING CONTESTS  
HORSEMANSHIP PARADE OF CLUBS  
—FREE ADMISSION—

THIS MESSAGE SPONSORED BY YOUR HOME-OWNED BANK AS A COMMUNITY SERVICE

## BANK OF Eastern Oregon

HEPPNER-IONE-ARLINGTON MEMBER, FEDERAL DEPOSIT INSURANCE CORPORATION