

A Good Question? Are You A Newcomer?

Obviously a newcomer is someone who has newly arrived. Yet some newcomers stay newcomers much longer than others. Why?

Perhaps they are not really made to feel welcome. They feel like outsiders. They are slow to become involved in community affairs. When persons new in a community feel "new" too long, is it the area's fault or the new person's?

Maybe new people need to be helped into community activities. Maybe they should reach out and join a church or a club or two. New hands and new heads can be so helpful to the old hands and heads.

After joining a group one feels really a part, really accepted. One soon thinks and says, "Our church... our club... our town!"

The Community Welcome to night in the High School Cafeteria is arranged to help newcomers lose their "new" feeling. Won't you new hands and old hands come be "Glad to know you hands"?

Together we can make newcomers feel really accepted, a real working part of our community. Then we won't be using this question, "Are you a newcomer?" Justine ? ? ?

ED NOTE: Our new reporter, Justine Weatherford, says, "Today the right questions are most important. Good questions stimulate thinking which can lead to improved actions!"

Justine doesn't promise A GOOD QUESTION in every issue. She needs some help and encouragement.

Leta Thomas Here

Leta Thomas of Portland and Arizona was here last week visiting friends. She was the house guest of Sadie Parrish who entertained in her honor as did Madge Thomson.



JUDITH ANNE HINTON

Engaged

Mr. and Mrs. Cleve Hinton announce the engagement of their daughter, Judith Anne, to Larry Dale Wilson, son of Mr. and Mrs. Clarence Wilson of Irigoin.

Miss Hinton is a 1970 graduate of Riverside High School, and attended Blue Mountain College, receiving a certificate in dental assistance. Her fiancé is a 1968 graduate of Riverside, and attended Weaver Airline School in Kansas City, Mo. He is presently employed in Los Angeles at the Los Angeles International Airport for Northwest Orient Airlines as transportation agent.

The wedding will be an event of Nov. 26 in Boardman.

Ione PTA Honors 4-H Organizations

Mrs. Ruth McCabe and Mrs. Lee Pettyjohn were co-chairmen for Ione PTA's 4-H recognition program at the high school Thursday night, Oct. 14.

The program featured skits and talks by members of various 4-H groups in the Ione area. 4-H camp songs were enjoyed.

Mrs. Elmer Ladd's Outdoor Cooking Club and Mrs. Lee Pettyjohn's Merry Mixers Cooking Club arranged decorations and served refreshments. The cooks offered international goodies built on recipes from various foreign countries.

Mrs. Delmer Buschke and Scottie went to Gresham last weekend to visit her parents, Mr. and Mrs. Joe Wright.

Of Interest to Women

Ione Gardeners Take Two Trips

The morning of Oct. 13 found the Ione Garden Club members on highway 19 to Condon, Mayville, Fossil and Service Creek. Here the members left highway 19 and followed 207 to Mitchell Destination — Painted Hills State Park, West Mitchell Hwy. 26.

After eating sack lunches in the park the group continued on the tour of the hills. As the members stood on the soft, crumbly mass, unlike soil, they felt as though they might be on another planet. The colorful formations of this area were laid down millions of years ago during the time in which volcanoes in the Cascades showered wind-carried pumice and ash into Central Oregon.

Strata of Hills

Nearly all the strata exposed in the Painted Hills region are referred to as the John Day Formation. These strata exposed striking colors of red, white, and blue green. The lower part of the formation contain plant remains. The fossil leaf impressions of redwood, cinnamon, fig, alder and other trees and plants found in the vicinity give clues as to the former damp, warm climate of the area in the time before the rise of the present Cascade Mountains.

Trip Home

Returning home by way of Twickenham and coming out at Shelton Wayside Park on Hwy. 19, the group toured the museum at Fossil and then took time to dig in the fossil beds just beyond the ball park at Wheeler High School. (While attending a football game, one might dig for fossils during half time or if your team is losing, as the beds are just behind the goal posts.)

Those enjoying the day and wishing for a return trip were Mrs. Van Hubbard, Mrs. Fredrick Martin, Mrs. Wilma Ladd, Mrs. Clarence Holtz, Mrs. Lee Pettyjohn, Mrs. Harold Huber and her guest Mrs. Jo Adkins from College Place, Wn.

Visit Bloomer Girls

Monday night, Oct. 18, the Ione Garden Club were guests of the Hermiston Bloomer Girls Garden Club at the well-known local artists' home Mrs. Letha Meyers. The evening was spent enjoying colored slides of Mrs. Duane Alexander's recent trip to Japan. Mrs. Alexander's pictures took us to the tea and porcelain factories and to the many shrines and lovely gardens in Japan. Some gardens were all green, while others grew beautiful azaleas and wisteria. One of the most famous was the rock garden. Much different than our rock gardens as there was no vegetation, only the moss on the rocks. This garden had 15 large rocks displayed in a prayerful manner on ground covered with small white rocks or gravel which was raked every day. The rocks were placed in such a manner you could never see all 15 at the same time. From some angles only 8 stones could be seen. This was truly a garden for quietness and meditation.

Few Lawns in Japan

"What few lawns are in Japan are cut by scissors by little ladies wearing kimonos," Mrs. Alexander told the group.

Leon Balls to Observe 25th Anniversary

Mr. and Mrs. Leon Ball will celebrate their 25th Wedding Anniversary Oct. 24 from 2 until 5 p.m. at their new mobile home at 373 Water St. All friends and relatives are cordially invited to share this day with them. They request there be no gifts. Their son and daughter-in-law, Mr. and Mrs. Jay Ball of Portland, assisted by Mrs. Albert Wright and Mrs. R. G. Watkins are planning the festivities.

Friends Invited To Ball-Olds Wedding

Mr. and Mrs. Don Ball, Ione, cordially invite friends to attend the marriage of their daughter Marsha on Sunday at 1:30 at the Ione United Church of Christ.

The bridegroom, John Olds is from Boring where his parents Mr. and Mrs. Norman Olds reside.

I.O.N.E. TOPS Lose To Win Fall Honors

The best losers in the seven club participation this fall are the members of the I Only Need Encouragement (I.O.N.E.) Club. They far out lost all others with an 8.65 pound loss per member to win District Recognition Day Honors. They took home the district plaque which is now having their club's name engraved on it.

Seven clubs from three counties competed over the six months leading up to this fall Recognition Day, "Turn Over A New Leaf", which was arranged and carried out by the Fossil Calorie Fighters and the Condon Do or Diet Clubs. The gathering was held at the United Methodist Church in Fossil last Thursday.

Mildred Eubanks Excels

The big individual winner, who is now 25½ pounds smaller than she was six months ago is Mrs. John Eubanks (Mildred), Olex, a member of the I.O.N.E. Club.

Morrow County women from Ione, Lexington, and Heppner participated in the program. Mrs. Fern Christian, Pendleton, area supervisor gave the principal talk and presided at the graduation of two Condon mem-

bers, Marilyn Froman and Lorraine Bates, from TOPS to KOPS. These new KOPS have reached the weight goals they set and must now Keep Off Pounds Sensibly.

Many Joining Clubs

Mrs. Christian supervises an area which includes 13 counties and is divided into 6 districts which include 62 chapters. Presently over 1500 women in Eastern Oregon belong to TOPS. When Mrs. Christian became supervisor in June, 1969 there were only 19 chapters in the area.

Morrow, Gilliam, and Wheeler Counties make up this district under Captain Chris Nix of Condon. She reports that her district now includes 108 members.

Liz Stephens is now employed as typist for Metro Credit Bureau in Portland. She and her cousin, Sandra Hatch share an apartment. She was in Heppner for the weekend.

Alice Hastings and Mrs. Frank Connor were in Forest Grove last week visiting Mr. and Mrs. Roger Connor. Mrs. Hastings is getting around again after breaking her ankle. She had not yet gone back to work at Miladies.

44 Calorie Salad

TOPS members were interested in a mimeographed booklet of low calorie recipes put together by Jessie Patten and Marilyn Froman, Condon, which was available at the district meeting last week in Fossil. Here is a "Golden Glow Salad" recipe that makes five servings of 44 calories each taken from that collection.

Ingredients:

- 1 envelope or 1 TBs, unflavored gelatin
- 1 lb. can diet grapefruit sections
- 1 cup boiling water
- 1 tsp. lemon juice
- 2 TBs artificial sweetening
- ¼ tsp salt
- 1 cup grated carrots
- Soften gelatin in liquid drained from grapefruit, add boiling water, stir to dissolve gelatin. Add lemon juice, sweetener, vinegar and salt.
- Chill until mixture begins to thicken. Fold in grapefruit and carrots. Spoon into lightly oiled 1 qt. mold. Chill.

A lapse in the diet is the pause that refreshes.

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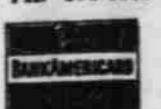
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