

## 'Staff of Life' Acclaimed Oct. 6

International Day of Bread Oct. 6, is sponsored by the Oregon wheat industry to emphasize the continuing importance of cereal based items as food for modern man.

Bob Jepsen, lone wheat grower is the only Oregonian on the National Day of Bread committee. He believes every day should be "Day of Bread". He is well versed on the nutrients found in bread which he says is "an important source of protein, thiamine, riboflavin, niacin, iron and calcium. Breads and cereals are one of the groups of foods recommended for daily consumption in the 'Basic Four' along with meats, fruits and vegetables and dairy products."

Bob explains, "Oregon, Washington and Idaho produce the best quality soft white wheat in the world. This flour is used for cookies, cakes, noodles, pastry and crackers."

Day of Bread was first formally observed in West Germany in 1953, and has spread year by year.

Because of its beginnings in Germany, a German recipe for pie crust comes to us by way of Mrs. Jepsen who says she got it from Mrs. Bud Springer.

### German Pie Crust

Mix — 5 cups flour, 2 tsp. salt, 1 tsp baking powder, 2½ cups shortening.

Mix—1 egg beaten, 1 tbsp. vinegar and enough water to make 1 cup.

Mix together. Enough to make three double crusts. May be stored tightly covered in the refrigerator for three weeks.

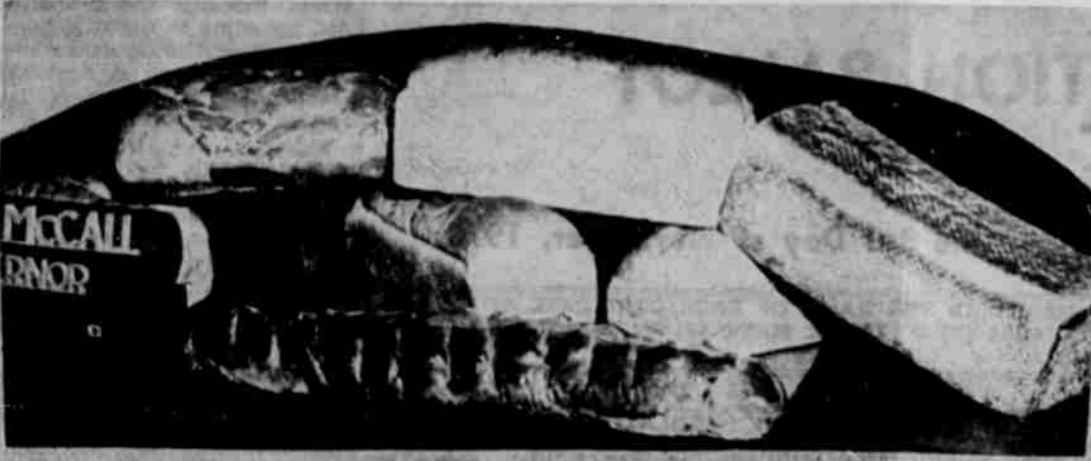
Dr. Wolf, whose birthday coincided with the Day of Bread, Oct. 6 was served a delicious Tea Ring in honor of the occasion at the office by his receptionist, Mrs. Bob Jepsen. Her mother-in-law, Mrs. Walter Jepsen prepared the treat.

## Defensive Driving Workshops Planned

A Defensive Driving class is being tentatively scheduled for the Hermiston-Boardman area the first two weeks of December. We would need to guarantee the instructors a full class of at least 25 or 30 people before we can definitely schedule it. If you are interested, please send your names to the Pendleton Extension office or Heppner Extension office.

# THE GAZETTE-TIMES

Heppner, Oregon 97836, Thursday, October 22, 1970 Section 2



A PILE OF BREAD on the Governor's desk for Day of Bread Kick-off!

## Instruction Held at Church Meeting

By EVA HAMLETT

IONE — Representatives from the United Church of Christ, Mrs. Darrell James, Mrs. Darrell Wilson, and Mrs. Norman Nelson attended a meeting Thursday, Oct. 3 at The Dalles.

The theme of the meeting was "Training for More Effective Teaching Church School Classes". Those presenting the instructions were Carolyn Goodard, Head of Visuals Aids from the National United Church of Christ; Ruth Bailey, Oregon Director of Christian Education; and Merle Easton, Retired Director of Educational Resources.

The main discussion was on ways to teach by using aids such as films, illustrations material and handycrafts.

Other churches attending were White Salmon, Hood River and The Dalles.

Mrs. Paul Pettyjohn, Sr., has returned home after having surgery in Pendleton last week.

Norman Swanson and Jim Swanson of Portland and Mark Ferris from Corvallis spent the weekend at the Garland Swanson home. They all came up to do some hunting.

If you are missing any dishes, they may be found at Bristow's Store! People who have furnished food for families during their bereavement have failed to pick up dishes or put their names on them so they can be returned. The Good Will committee would like to have you pick them up at the store as soon as possible. Thank you.

## Quantity Recipe Books to Lend

As fall activities begin, groups planning to cook large dinners will find help in quantity recipe booklets we have on file in the County Extension office. We will be happy to lend them to any group — from the Morrow County Home Extension office.

## COOKING CLUB MEETS

Four-H Week used by Merry Mixers on Oct. 5. The Merry Mixers met for their second meeting. We put our booth up at Bristows in Ione. Some of the girls in our club entered their flowers in the flower show. Our club helped entertain the PTA.

We met at our leaders home, Mrs. Pat Pettyjohn on the 13th of Oct. Our meeting was called to order by our president Donna Palmer. We talked about inviting Mrs. Huber from the Garden Club to show us how to arrange flowers. We each made our own Pecos Bill Busters. Laurie Childers, reporter

## For Rummage Sale Donations Needed

The Heppner Civic League announced recently that donations for their upcoming Rummage Sale have been coming in a little slower than expected. The sale will be held Oct. 30 and 31 at Van's Variety Store building.

For the first time, items will be sold on consignment and bids will be accepted for the goods. A Baked Sale will accompany the rummage sale and receipts will go to the Kindergarten.

In as much as the rummage sales are the only support of the Kindergarten, the Civic League would like to enlist the support of the community to make their sale successful.

Donations will be picked up free of charge by calling Wilma Marlatt at 676-5530 or Shirley Connor at 676-9977.

## Short Course For Horsemen Slated at OSU

More than 100 horsemen and women are expected to attend the annual Horsemen's short course at Oregon State University Nov. 13-15.

"All adults interested in horses, whether they have one or a dozen animals, are invited to attend," according to A. W. Oliver, OSU associate professor of animal science.

Oliver and Jim Garvison, Oregon City, are co-chairmen of the event sponsored jointly by OSU and the Oregon Horsemen's association.

Guest instructors for the event will be Dr. J. D. Wheat, veterinarian on the faculty of the University of California at Davis; Mac McHugh, Diamond Bar, Calif., nationally known horse trainer and judge, and Ray West, Philomath, of Western Horsemen of Oregon.

Dr. Wheat, who has centered his research interest on bone maturity of young horses, will discuss leg ailments and also participate in a panel discussion.

McHugh will cover the topics of bits and biting and preparing both young and old horses for show. West will discuss the training of horses to participate in gymkhana games.

In addition to the lectures, demonstrations of horse judging and showing and a livestock judging contest are on tap.

The short course will open Friday evening, Nov. 13, with a program of horse films. Persons attending will register Saturday morning at which time the \$10 registration fee may be paid, Oliver said. All sessions will be held in Withycombe auditorium on the OSU campus.

Are you moving? Subscribers are reminded to notify The Gazette-Times of new addresses, and please include your old address.

## Boardman Area Voters OK Fire and Livestock Districts

By MARY LEE MARLOW

BOARDMAN—Seventy-six voters in the rural area around Boardman turned out for the special election held last week, and approved a fire protection district and a livestock district.

The fire district was approved 49-24, and the livestock district was favored 54-21. Elected to the rural fire district board were Carroll Donovan, Willard Baker, Delmer Hug, C. W. Acock, Jr., and Arnold Hoffman.

Voter approval means the area around Boardman will have organized and tax supported fire protection. Farmers will be prohibited from permitting livestock to run at large.

Don Shore, UniServe (Oregon Education Association unit) director from La Grande, spoke at the regular monthly meeting of the Morrow County OEA Monday night of last week at Riverside High School. He conducted a question and answer session on the OEA.

Ron Daniels, county superintendent, spoke on measure 10 to be voted on at the fall election and urged all teachers to support the measure. It is sponsored by the State OEA and the Oregon School Boards Association, and is for a new school dist. tax base in Oregon. Vic Marchek is county OEA president.

Announcement was made of American Education week to be Oct. 25-31. Each OEA member is to plan something that week for parents and the public.

There were 22 present from Heppner, Irrigon and Boardman. The Boardman Tillicum Club served the dinner. Decorations were in a Halloween theme.

WAC Dates Parties  
The Women's Activity Committee of Greenfield Grange met Wednesday afternoon of last

week at the home of Mrs. Arthur Allen with Mrs. Hazel Miller co-hostess. Mrs. Rollin Bishop was a guest.

Hostesses for card parties for the next four weeks were appointed as follows: Oct. 20, Mrs. William Bates; Oct. 27, Mrs. Donald Baker; Nov. 3, Mrs. Roy Ball; Nov. 10, Mrs. Allen. Mrs. Frank Marlow and Mrs. Miller were appointed as hostesses for the first night card party to be held Oct. 23.

It was decided to have one night card party each month for the next six months, starting with potluck supper at 6:30.

More plans were made for the bazaar to be held Nov. 20 in conjunction with the Boardman Tillicum Club at the grange hall.

Weekend visitors at the home of Pastor and Mrs. Neil King included Mr. and Mrs. Ken Chism and sons Kenny and Kevin, and Mr. and Mrs. Dale Cardwell and children Marilou, Dalene and Mike, all of Portland.



Evans Lumber Yard

## Who's Who IN PENDLETON 1970

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## Who Wants More Light?



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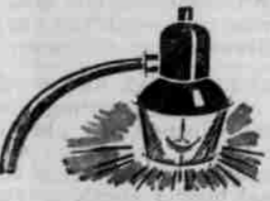
Now, ask yourself these questions . . . have your lighting needs kept pace with other modern improvements . . . are you and your family still struggling along in shadows and glares inside . . . and in the pitch black outside?

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