

Lodge Selects Slate Of Incoming Officers; Installation Planned

New officers for 1969 were elected at the December meeting of the Degree of Honor Protective association.

Initiation will be held at the January 14 meeting for the following officers: Mrs. Adolph Majeske, president; Mrs. Ed Gonty, first vice-president; Mrs. John Bergstrom, second vice-president; Mrs. Adelle La Trace, recording secretary; Mrs. Bill Farra, financial secretary; Mrs. Pete McMurry, treasurer; Mrs. Ed Hunt, past president; Mrs. Mary Bryant, ritual counselor; staff members are Mrs. Jim Cason, Mrs. Britner, Mrs. Herman Bietell and Mrs. Archie Padberg, with Mrs. June Fields and Mrs. Ron Haguewood, alternates.

Other officers include Mrs. Bill Cunningham, right assistant supporter, and Mrs. Lucille Parrish, left assistant supporter; Mrs. Lincoln Nash, usher; Mrs. Mary Bryant, assistant usher; Mrs. Pete McMurry, color bearer; Miss Doris Robinson, inner watch; Mrs. Alice McCabe, outer watch; Mrs. Dean Connor, pianist; Mrs. Ed Hunt, drill captain; Mrs. Nash, 3-year trustee; Mrs. La Trace, junior director. On the auditing committee are Mrs. Earl Soward, Mrs. Carl King, Mrs. Farra and Mrs. Gonty.

Carnation Club officers are Mrs. McCabe, president; Mrs. Gonty, vice-president, and Mrs. King, secretary-treasurer. Guests at the meeting were the Haguewood children and their father, Ron Haguewood. The children played Christmas selections on the piano and also entertained the group with vocal numbers. Other entertainment included readings by Miss Doris Robinson, Mrs. McMurry and Mrs. Gonty. Mrs. Hunt, past president, presented Miss Robinson with a gift for having had perfect attendance through the year.

In addition to installation of officers at the January 14 meeting, there will be a memorial service for Mrs. Tress McClintock and Bill Farra. Mrs. La Trace, assisted by Mrs. McCabe, entertained at a Christmas party for the junior members of the La Trace home on Saturday afternoon, December 14.

Society AND Clubs

Club Has Special Christmas Meeting

Christmas was observed at the luncheon meeting of the Soroptimist club last Thursday. A special devotional article, "Keeping Christmas," read by Mrs. Conley Lanham, set an appropriate mood at the beginning of the meeting.

Several special holiday greetings were read in correspondence from district and regional officers, from the La Grande and Baker Soroptimist clubs, and a greeting and gift of Arizona dried fruits enjoyed from Mrs. Leta Thomas, life member, now in Tucson, Ariz.

Gaily wrapped "white elephant" gifts were exchanged between the members, following the serving of birthday cake in honor of those who celebrate birthdays in December. Honored were Mrs. Ron Gray, Mrs. Bill Johnson, Mrs. Joyce Ritch, Mrs. Ed Gonty and Miss Terry Lincoln.

Guests for the day were two Heppner High school senior girls, Cheryl Sue Britt and Jill Chitty.

Grand King Installs Royal Arch Officers

Heppner Chapter No. 26, Royal Arch Masons, installed new officers for the coming year at the last regular meeting, Tuesday evening, December 17.

In tyled ceremony, Paul Jones, grand king, installed Herman Winter, excellent high priest; Howard Bryant, king; Larry Cook, secretary; Harold Beckel, principal sojourner; George Simpson, Royal Arch captain; James Barnett, master of third veil; Clay Phillips, master of second veil; Herbert Ekstrom, Jr., master of first veil; Kenneth Walters, sentinel. To be installed at a later date will be Ryan Stienke, scribe; Roy Lindstrom, captain of host, and C. J. D. Bauman, treasurer.

Herman Winter, new high priest, installed Paul Jones as chaplain.

The lodge companions enjoyed a clam chowder feed with members of Heppner Lodge No. 69 following the ceremonies.

Art Instructor's Engagement Told

The engagement of Miss Terry Lincecum, art instructor in the Heppner schools, to Duane Griffith of John Day has been recently announced. She is the daughter of Mr. and Mrs. Duncan C. Lincecum of Lakeview, and in her third year of teaching in Heppner.

Miss Lincecum is a graduate of the University of Oregon and Mr. Griffith graduated from the Oregon Technical Institute in Klamath Falls. He is presently a Grant county surveying engineer.

No definite date has been set for their marriage.

Joint Installation Planned by Lodges

Incoming officers of Sans Souci Rebekah Lodge No. 33 and Willow Odd Fellows Lodge No. 66 will be installed in joint ceremonies on Saturday evening, January 11.

A dinner will precede the meeting, starting at 6:30 p.m. The open installation will be held at 8:00 p.m., with friends and relatives invited, and special invitation to neighboring lodges in the district to attend.

Mrs. Larry Cook will be installed as new noble grand of the Rebekahs, and Jack Sumner will succeed Bob Lowe as noble grand of the Odd Fellows.

Golden Anniversary Of Roy Robinsons Observed on Sunday

Friends and relatives of Mr. and Mrs. Roy Robinson gathered on Sunday, December 22, for an open house and reception honoring the couple on the occasion of their 50th golden wedding anniversary.

Hosts for the event were their sons and daughters-in-law, Mr. and Mrs. Donald Robinson and Mr. and Mrs. Creston Robinson. During the afternoon, friends and relatives called at the Creston Robinson home to express their best wishes to the honored couple.

Gifts received by the couple included a bouquet of yellow chrysanthemums, a gift from her brother-in-law and sister, Mr. and Mrs. Kenneth Bleakman; a gold cake server and gold candy dish and the guest book, which was presented to the couple from members of their family.

The couple was also presented a lovely white tiered anniversary cake, featuring a golden "50" on top, and refreshments were served to those who called throughout the afternoon.

Out of town guests included Mr. and Mrs. Bleakman from Rufus; Mr. and Mrs. Oliver Devin from Portland, granddaughter of Mr. and Mrs. Robinson; Homer Davis from Lonerock; and Mr. and Mrs. Bill Huddleston from Hermiston.

Mr. and Mrs. Robinson were married on December 24, 1918, in Clatsop county for the past 19 years and only recently moved from Mt. Vernon to Heppner, where they plan to make their home.

Calorie Count High On Holiday Foods; Caution is Needed

Holiday time usually means the eating of more rich foods than usual, and frequently more eating of all foods than usual. For many people, young and old, this extra eating means extra calories, which in turn means added weight.

Home Agent Molly Saul states that if calories are of concern to you, it would be well to check holiday foods for their calorie contribution. Holiday meats vary considerably in calories. A 3 1/3 ounce portion of ham yields 374 calories; goose, 322; duck 310; turkey, 200, chicken 198; and venison, 148. "Quite a spread!" comments the home agent.

The light meat of roasted turkey yields about 176 calories from a 3 1/3 ounce portion, the dark meat 203 calories.

Giblet gravy and "a little bit of stuffing" are often booby traps for the weight watcher. A tablespoon of giblet gravy can contribute as much as 85 calories, and 1/3 cup of cornbread stuffing can have as many as 250 calories.

Favorite "feasting" vegetables also vary in their calorie contribution. A 1/2 cup portion of candied sweet potatoes will contribute approximately 168 calories the same portion as mashed potatoes, 94; parsnips, 66; artichoke, 58; Hubbard squash, 50; rutabagas, 35; broccoli, 26; turnips, 23.

Breads and rolls also present a wide choice. A cinnamon bun with raisins may have as many as 183 calories; a serving of cornbread, 199 calories; an English muffin, 118; a baking powder biscuit 2" in diameter, 109 calories; and Boston brown bread, 89 calories per average serving.

Holiday desserts frequently play a major role in adding to the meal's calorie count. Favorites and their calorie content follow: (for one serving) mince pie, 398; pumpkin pie, 330; chocolate cake with white icing, 356; ice cream, 115; and orange sherbert, 177.

Engagement Dance Honors Local Couple

An engagement party and dance honoring Miss Terry Ann Greenup and her fiancé, Mitchell Ashbeck, was given Saturday night, December 14, at the Legion hall, with Mr. and Mrs. Raymond French as hosts.

Attending the party from Portland were Mr. and Mrs. Clarence Greenup, and coming from Salem were Mrs. French's brother-in-law and sister, Mr. and Mrs. Joe Riviera, as well as many family members and friends of the engaged couple.

The couple announced their engagement during the latter part of November and plan a spring wedding.

Heppner Couple Wed In Pasco Ceremony

Recently announced is the marriage of Miss Karen Ramsey, daughter of William Ramsey, Heppner, and David M. Springer, Vovs were exchanged on Saturday evening, December 7, in Pasco, Wash., with the city's justice of the peace officiating.

Attending the couple were Mr. and Mrs. John Springer.

They are now at home in Heppner, and the groom is employed on the Walter Wright ranch.

Invitation Extended To Barclay Reception

Mr. and Mrs. Max Barclay extend a cordial invitation to their friends in the surrounding areas to attend a wedding reception at their ranch home in the Sandhollow area on Saturday, December 28, between the hours of 2:00 and 5:00 p.m.

The reception will follow the marriage of their son, James Patrick, to Miss Elizabeth Boon, daughter of Mr. and Mrs. Jack Boon of Portland, on Saturday morning in Heppner.

Nazarene Parsonage Dedicated Last Week

A combined open house and dedication of the Church of the Nazarene parsonage was held Friday night following the scheduled evening evangelistic services at the church.

Coming from Yakima, Wash., to participate in the parsonage dedication were Raymond C. Kratzer, district superintendent, and the Rev. and Mrs. Victor Fliegel, pastor and wife of the Hermiston Nazarene church.

The host pastor and family, Rev. and Mrs. Elmer Knee, showed guests through the recently acquired parsonage, formerly the Jim Wishart home, and with assistance of other church members, served refreshments to visiting guests.

Agent Gives Holiday Stain Removal Tips On Various Fabrics

Holiday time is family fun time. All this fun and entertaining may mean special problems for the homemaker. Remarks Home Agent Molly Saul. Holiday foods may cause difficult stains on table linens, carpets, and furniture. Typical problem stains for this time of year are candle wax, gravy, alcoholic beverages, and cranberries.

"Removing Stains from Fabrics," Home and Garden Bulletin No. 62, United States Department of Agriculture, is available free of charge at the County Extension offices in Pendleton, Hermiston, Milton-Freewater, and Heppner. This is the most complete and detailed stain information available in bulletin form, states Mrs. Saul.

Candle wax is relatively easy to remove from white fabric, but may be quite difficult for colored fabrics or carpets. The first step in removal is to place the stain between clean white blotters or several layers of facial tissues, and press with a warm, not hot, iron. To remove the remaining stain, sponge with a grease solvent. Or, if it is safe for the fabric, pour boiling water through the spot. Remove any remaining stain with crease solvent. Sometimes the candle dye, especially red, may

Church Youth Enjoy Outing in Mountains

Members of the Hope and Valley Luther League were hosts for a party at Cutsforth Park on Sunday, December 15. About 25 young people attended and spent an enjoyable day ice skating, sledding, and enjoying the comfort of Cutsforth's cabin.

On Sunday, January 12, local members will be guests of the Hermiston Luther League in Hermiston.

Christmas Party Held For Parish Families

St. Patrick's Altar Society members were hosts to families of the parish for their annual potluck dinner and Christmas party, held at the parish hall on Sunday, December 15. Grade school Sunday School members were directed in a short program of group singing by Mrs. Dale Holland, followed by a surprise visit from Santa, who passed out bags of candy to the children.

tenaciously remain. In this case, bleaching is almost the only solution, after removal of the wax. More detail on this stain and other common household stains will be found in the previously mentioned bulletin.

Santa Visits Party For Legion Families

Members and families of the American Legion Post No. 87, enjoyed their annual holiday dinner and Christmas party on Sunday afternoon, December 15, at the Legion hall.

Following a potluck dinner served at 2 p.m., children were delighted with a visit from Santa Claus, who distributed gifts and candy to all, after which cartoons and movies were featured for the remainder of the afternoon.

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