

# Morrow County Salutes 4-H Youth

## My Recipe for a 4-H Leader

The 4-H leaders are the backbone of our 4-H clubs. To sum it all up, I have a recipe for a full-fledged 4-H leader:

Take 12 full months of 4-H work; divide each of these months into 28, 30, or 31 parts. Prepare one meeting at a time as follows:

Into each meeting put 12 parts of togetherness, 11 parts of responsibility, 10 parts of getting to know you, 9 parts of courage, 8 parts of work (some omit this ingredient and so spoil the rest), 7 parts of loyalty, 6 of personality, 5 of kindness, 4 of recreation (leaving this out is like leaving the oil out of the salad), 3 of special activities, 2 of refreshments and 1 of touring each member's projects.

To this add a dash of fun, a sprinkle of play, and a cupful of good humor. Pour into the whole mixture lots of leadership and mix with vim. Cook thoroughly with fervent heat, garnish with smiles and a sprig of joy. Serve with greatness, unselfishness, and cheerfulness. Happy 4-H members are sure to be the result.

—Mrs. M. L. Ryel, leader  
Cleo Springs 4-H Club  
Major county, Oklahoma

## RECIPE FOR A 4-H CHARACTER COOKIE

Lend your two hands; full, happy and glad.  
To a group of 4-H'ers, be they lassie or lad.  
Add a pinch of authority and one brimming smile.  
The sweetness of laughter, then stir for a while.  
Four in encouragement, loving trust, and much care;  
All will respond, and rise to their share!  
With results so rewarding, it doesn't take long  
To mould these characters to be sturdy and strong.  
To know these 4-H'ers, you can't help but recall  
Your faith in tomorrow—The Hope of us all.

—A Friend of 4-H

## THE GAZETTE-TIMES

Heppner, Oregon 97836, Thursday, September 29, 1966 Sec. 2



SOME OF THE members of the South Morrow 4-H Club Council discuss problems of stock sale, Snack Shack, and new officers at a quarterly meeting in the county extension conference room. Left to right: Marjorie Wilcoxon, new Morrow county extension agent; Mrs. Paul Arbogast, secretary; Bob Bergstrom, vice-president; Deane Groves, president; Gail McCarty, extension agent; Mrs. Bob Abrams, treasurer; Mrs. Rachel Harnett, leader; Mrs. Bill Doherty, leader; and Mrs. Gary Kemp, leader.

Slightly less than 45 per cent of the total 4-H membership reside on farms. Of the remainder, 33 per cent live in rural areas and the balance in towns and cities with over 2,500 population.

The 4 "H's" stand for Head, Heart, Hands and Health.

Boys and girls between 9 and 19 years of age can become 4-H Club members. Contact the County Extension office.

About 1,600 trip awards to the National 4-H Club Congress in Chicago will be awarded this year to top boys and girls in the 50 states completing the best 4-H projects.

Scores of different projects and activities are offered to 4-H youth which provide a "learning by doing" experience.

Among the latest 4-H programs giving awards based on accomplishment are horse, home management, photography, dog care and community beautification.

## PROCLAMATION

Character development and good citizenship are two of the bonuses that come from membership in 4-H clubs, and these benefit the public at large, as well as the youths participating in the program.

From the ranks of the 4-H club today will come many of tomorrow's leaders, and so all should take considerable satisfaction in the growth of the movement, which was inaugurated by the United States Government in 1914 and has now spread not only across the nation but to 72 foreign countries as well.

Through demonstrations and participating in activities, 4-H members learn by doing. At the same time they improve their homes and communities.

Key to the success of the movement is the work of the

voluntary adult leaders, and parents and friends who support 4-H and give encouragement to the members.

Opportunities in 4-H are open to all boys and girls from ages 9 to 21, and these opportunities are right here in Morrow county through the many local clubs that offer training in many practical skills.

THEREFORE, I, as County Judge of Morrow County, Oregon, do hereby designate the week of September 24 to October 1, 1966, as 4-H Club Week in Morrow county.

In official recognition whereof, I hereby affix my signature this 23rd day of September, 1966.

PAUL JONES  
County Judge

## CONGRATULATIONS 4-H Club Members

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## Upholding A Great Tradition . . .

# Morrow County 4-H Clubs Celebrate NATIONAL 4-H WEEK

In A Typical Year in America  
Over 2,000,000 4-H Members  
IN THEIR  
85,000 4-H Clubs  
UNDER THE GUIDANCE OF THEIR  
250,000 Local Volunteer Leaders  
PRODUCE AT LEAST  
1,000,000 Acres of Food  
RAISE OVER  
1,000,000 Head of Stock  
AND MAKE MORE THAN  
2,000,000 Garments  
FOR THEMSELVES AND THEIR FAMILIES



## Ten 4-H Guideposts

1. Developing talents for greater usefulness.
2. Joining with friends for work, fun and fellowship.
3. Learning to live in a changing world.
4. Choosing a way to earn a living.
5. Producing food and fabric for home and market.
6. Creating better homes for better living.
7. Conserving nature's resources for security and happiness.
8. Building health for a strong America.
9. Sharing responsibility for community improvements.
10. Serving as citizens in maintaining world peace.

### HEAD

For clearer thinking  
For better judgment  
For tomorrow

### HEART

For loyalty to the  
United States and the  
American way of life

### HEALTH

For better living and  
Greater service to the  
Club, Community & Country

### HANDS

For the necessary skill  
to meet the tasks  
that are in the future

WE CONGRATULATE MORROW'S 4-H MEMBERS AND LEADERS

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