

4-H Cooking Leader Calls for Members

An enrollment meeting for a second year 4-H cooking club has been called by Mrs. Paul Arbogast, leader, for Wednesday afternoon, October 5, at her home immediately after school. Those who plan to attend regularly must be present for the first meeting to meet the deadline for enrollment.

School Clothes Are No Problem For 4-H Girls

It's back-to-school again for the nation's youth, and what to wear has been foremost in their back-to-school plans. For about three-quarter million 4-H girls their school wardrobe includes dresses, blouses, skirts and suits made at home. They belong to 4-H clothing clubs and have learned to sew

under the guidance of volunteer clothing leaders and extension service specialists. They start as young as 9 years old. Many girls devote as much as 10 years to clothing projects.

The educational staff of Coats & Clark Inc., sponsor of the national 4-H Clothing program, assists by keeping leaders informed on new methods. For example, leaders recently were shown how to cut and sew materials such as stretch fabrics, bonded fabrics, metallics, double knits, leather and suedes. They, in turn, pass on the tips to the young 4-H seamstresses.

A clothing project can be carried on by any girl 9 to 19 who has access to a sewing machine and wants to learn, says the Cooperative Extension Service. Knitting and crocheting also are taught.

Clothing projects vary as much as individual tastes and needs. The girls learn to select styles and colors best suited for them, and accessories such as shoes, hats and jewelry.

When the clothing project is

completed, garments are carefully scrutinized by experienced judges and the girls themselves. Progress records are reviewed and the better-made garments are entered in competition for county, state and national awards provided annually by Coats & Clark.

When the tally is made at the end of the year, an estimated 10,000 more girls will have received the county clothing medal. One girl—the best in the entire state—will be the clothing delegate to the National 4-H Club Congress in Chicago with all expenses paid.

She, along with 49 other state winners, will be considered for one of 12 scholarships of \$500 each. A 4-H'er from Puerto Rico also will compete.

Club members who finally make the National 4-H Club Congress unanimously agree that the hard work, patience and time devoted to the clothing project "was worth it many times over."

Besides, during the three or more years necessary to qualify for a state or national award, the 4-H'er has made herself some pretty clothes and saved a pretty penny, too.

Best Wishes 4-H Club Members

As the 4-H Clubs of Morrow County work to build the future of America, we are working to build Morrow County with Quality products such as:

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TUM-A-LUM LUMBER COMPANY



I Am the Four-Leaf Clover

I am the four-leaf clover—for many years I have waved above the heads of thousands of boys and girls in the United States of America. I represent an organization formed to build stronger characters in their youth. My leaves symbolize the head, the heart, the hands and health of the 4-H member.

Each member is to employ his head for clearer thinking, to think for himself as an individual—an American citizen. Loyalty to his country increases through many of my programs. His hands are taught certain skills so they will be of great importance as adults. My last leaf is for health. The 4-H'er learns to keep his body in condition so as to be a strong, healthy American. As long as my members continue to believe in me and respect me, I will wave bold and true.

—Marleen Swanson
Loveland, Colorado

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And Works With 4-H



STAFF OF THE HEPPNER BRANCH, FIRST NATIONAL, IS SHOWN HERE ACTING AS CLERKS AT THE RECENT 4-H AND FFA LIVESTOCK AUCTION. THE BANK UNDERWROTE THE SALE.

CONGRATULATIONS TO 4-H on NATIONAL 4-H WEEK

HEPPNER BRANCH



WHAT 4-H MEANS To the Community And to Club Members

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|  <p>INTEGRITY</p> <p>THE PRINCIPLES OF BUSINESS APPLY TO THE IDEALS OF OUR YOUTH. INTEGRITY IS THE BACKBONE OF GOOD CITIZENSHIP — THE GUIDEPOST FOR PERSONAL AND BUSINESS DEALING THROUGH A LIFETIME.</p> |  <p>SERVICE</p> <p>TO OTHERS, THEIR COMMUNITY AND THEIR COUNTRY IS THE AIM OF 4-H YOUTH. THIS IS STRESSED AND PRACTICED IN EACH LOCAL 4-H CLUB.</p> |  <p>DEPENDABILITY</p> <p>OUR YOUNG PEOPLE DEVELOP THE TRAIT OF DEPENDABILITY EARLY THROUGH THE 4-H PROGRAM. THIS QUALITY CONTRIBUTES TO FINE CITIZENSHIP.</p> |
|  <p>PROGRESS</p> <p>THE FUTURE BELONGS TO AMERICAN YOUTH. TRAITS THEY LEARN IN 4-H CONTRIBUTE TO PROGRESS. WE CONGRATULATE THEM ON THE GREAT STRIDES THEY ARE MAKING IN ACHIEVEMENT.</p> |  <p>DEDICATION</p> <p>OUR 4-H'ERS ARE DEDICATED TO THE WORK, THEIR GOALS, AND TO SERVING THE COMMUNITY THROUGH THE DEVELOPMENT OF USEFUL SKILLS.</p> |  <p>LEADERSHIP</p> <p>LEADERSHIP IS CULTIVATED AND DEVELOPED IN YOUNG PEOPLE AS THEY ASSUME THE RESPONSIBILITIES OF 4-H CLUB WORK.</p> |

4-H MAKES THE COMMUNITY A BETTER PLACE FOR EVERYONE.
WE COMMEND THEM ON THE OCCASION OF 4-H WEEK

KINZUA CORPORATION