



MORROW COUNTY HOME EXTENSION ADVISORY Committee is busy making plans for fall activities for Home Extension Units in Morrow county. Each unit elects representatives to serve on the county committee, forming a link between the units and the state organization. Members of this busy group are, left to right, Mrs. Carl Rhea, Pine City, secretary, and daughter, Lori; Mrs. Dean Acock, Irigon; Mrs. Paul Slaughter, former Irigon member; Mrs. Frank Connor, treasurer, Heppner; Mrs. Walter Hayes, Boardman; Mrs. Joe Wright, former chairman, Heppner; Mrs. James Pettyjohn, vice-chairman, Ione, and Mrs. Albert Wright, present chairman, Rhea Creek.

County Agent's Office

Varieties of Winter Wheat Released for Seed Increase

By GENE WINTERS

Morrow County Extension Agent

At the tri-state meeting in Walla Walla last week, three varieties of winter wheat were released for seed increase.

Morrow county received a substantial allocation of the new club wheat now named Moro, but best known as Omar Selection 172. A token allocation of Wanser, a hard red winter wheat, resulting from a Burt-Itana cross was given Oregon and will be grown either in Morrow or Umatilla county.

The Oregon allocation of the sister selection of Gaines now named Nugaines, but formerly identified as Sib-7, was relatively small. The entire allocation was reserved for seed increase in the heavier rainfall areas and irrigated areas of Eastern Oregon.

Moro wheat was developed in Oregon. Nugaines and Wanser were the result of research in Washington. The following 20 Morrow county wheat growers have already or are now picking up their 800-pound allocation of Moro registered class winter wheat: Nelson Brothers, Lexington; Melvin Moyer, Heppner; Jack Barak, Lexington; Wilbur Worden, Heppner; Gene Majeske, Lexington; Orin Brace, Heppner; Ken Cutsforth, Heppner;

Bob Mahoney, Heppner; Lloyd Howton, Ione; Walt Jacobs, Ione; Fritz Cutsforth, Lexington; Earl McCabe, Ione; McKillgott Brothers, Ione; Don Evans, Heppner; Frank Anderson, Heppner; O. W. Cutsforth, Heppner; Pat Cutsforth, Lexington; Herman Blettel, Heppner, and Kenneth Turner, Heppner.

Other growers wishing to grow Moro and agreeing to produce the seed under the rules and procedures of the Oregon seed certification standards and terms of the contract should contact the county extension office as soon as possible.

Morrow Men Serve On State Committee

On Thursday of this week the Oregon Wheat League Conservation Man of the Year selection committee will visit the operation of our county contestant, David Baker, in the North Ione area.

Morrow county wheat growers who are on the committee, and will visit contestants in seven counties during the week are Louis Carlson and Tad Miller.

More Samples Needed For Pacific International

The grain samples submitted by Morrow county growers to the State Fair were disposed of by mistake in Salem the day after the fair. It had been planned to enter the samples in competition at the Pacific International in Portland on October 9-17.

Should the growers of prize winning grains at the county fair and state fair still have a quart of these fine grains, we in the county extension office would see that they were entered in the Pacific International.

Gasoline Tax Refund Forms Are Available

This week would be the best time to check the due date for filing your federal gasoline tax refund. For the past several years the claim must have been submitted by September 30 for the previous fiscal year July 1 to June 30.

Claims forms have been sent with federal income tax information and forms.

We have a small supply of the claim forms for those who have never filed for refund of federal tax on gasoline used on a farm or those who may have misplaced their copy of form 2240.

Morrow County

CROP-WEATHER SUMMARY

For Week Ending September 17

(Compiled by Oregon Crop and Livestock Reporting Service, U. S. Department of Agriculture, Portland)

Chief farm activities are fertilizing, haying and rod weeding summer-fallow prior to drilling. Land preparation is well underway, delayed by one-half inch of rain Wednesday night. Fall seeding continuing in a small way. Expected to be fully underway in two weeks. Small grain harvest completed.

sis include Working with Low Income Families and Program Development.

Low-Fat Cheese Available Soon

A new low-fat, high protein cheese has been produced recently by researchers with the U. S. Department of Agriculture, reports Velma Seat, extension food marketing specialist at Oregon State University.

The new cheese, made from skim milk, looks and tastes like Cheddar, but contains only 3 to 7 percent butterfat, a real attraction for weight-conscious consumers. By comparison, Cheddar contains 31 percent butterfat.

In addition, this new low-fat cheese contains more moisture and more nonfat milk solids, which provide more protein than is found in Cheddar.

The new cheese is said to be

Sewing Club Meets

The Busy Beavers 4-H club met at Kathy Crum's home on August 16. We finished our skirts. On September 13 we met at her home again and worked on our club records. Refreshments were served by Kathy Crum.

Karen Crowell, reporter

the first made from skim milk that has acceptable body, texture, and flavor for table use. It is relatively soft and mellow and has a milk flavor.

Although the product has not yet been market tested, several hundred consumers have sampled it at demonstrations. The majority said the new low-fat cheese was excellent or good.

Ruralettes Hold Final Meeting

September 14 at the Ione Grade school was the final meeting of the Ruralettes 4-H Clothing club. The records were completed and fair results were discussed. All members had taken part in the fair as exhibitors, given demonstrations, and in the style revue.

Meetings were held June 24 at the McCabe home and August 18 at the Bergstrom home to work on demonstrations and work on modeling.

Officers elected for the new club year are: Darlene Warren, president; Mary McKillgott, vice-president; Carley Bergstrom, secretary; Shauna Bergstrom, news reporter; Chris McCabe, health leader; and Cheri Carlson, recreation leader.

Chris McCabe, reporter

Relatives, whose homes are in the area of Neskowin on the coast, visited Sunday afternoon with Mrs. Rachel Harnett. The group included Mrs. Mamie Scherzinger, Mrs. Harold Scherzinger, and Mr. and Mrs. Carl Commons, cousins of Mrs. Harnett.



COSTS SO LITTLE

Good lighting makes such a difference in your life

Your biggest bargain in modern living

One of the most important benefits of rural electrification is the miracle of electric lights throughout rural America. It wasn't many years ago that only a few homes enjoyed electrical living... now we all take it as a matter of fact.

Did you ever consider how proper lighting can change your life? It makes your home safer, more comfortable and convenient. Lighting can even change the mood of any room... soft, indirect lighting encourages relaxation... comfortable lights encourage you to speed through household chores (and helps children study).

There's no trick to decorating with good lighting. Valances, for example, are ideal to emphasize the beauty of windows and drapes. They provide



good balanced lighting and bring out the colors of walls and furnishings. Cornices and wall-brackets can be effectively used to display planters, fireplaces and other interest areas.

Well placed lamps make reading and many tasks (such as sewing) easier. Floor lamps should be about 47 inches from the floor and 26 inches behind the reading material. It's usually best to have the light source slightly to one side... say 15

inches to the left or right. Be sure to have adequate bulbs; a minimum of 150 watts is desirable for reading.

Study is easier in a well lighted area

An adequate study area is important to your children's success in school. It need not be expensive. Chances are a little planning could change a dark corner into an ideal study center!



First, there should be adequate room for the student to spread his work in front of him. A table or desk is sufficient. The chair should be comfortable and encourage proper posture.

Lighting should be free from glare and shadows. A single lamp will do the job; place it on the side of the desk opposite the writing hand. The bottom of the shade should be 15 inches above the desk top; place the lamp about 12 inches from the front edge of the desk. Use at least a 150-watt bulb.

Two wall mounted lamps also give excellent lighting. Place them 15 inches above the desk and spaced 30 inches between the center of the shades. Use a minimum of 100-watts in each lamp.

Work better and safer, too

Proper lighting can help you work, too. For such tasks as ironing, wood-working, etc., you should use a minimum of 150-watts. The lighting fixture should be about 48 inches above the work. You'll find sewing easier



(and better) if light source is about 14 inches above the work. Don't strain your eyes... use at least a 150-watt bulb.

Many home accidents can be prevented with proper lighting. A small, inexpensive night light can save dangerous and painful falls. Outdoor lights serve the dual advantage of letting you work later and discouraging unwanted visitors.

Yet, electric lighting costs are low, thanks to rural electric power. It's your biggest bargain in better living!



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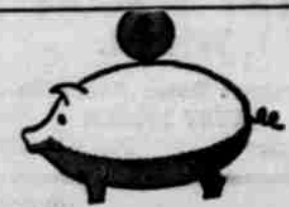
- DON'T be rushed in the fall. Do make sure there's enough time to get seedling and other fall work done before winter sets in. There will be if you get all or part of your fertilizer application done now.
- BI-COUNTY CHEMICAL can help you do it—and do it right! Our applicators are completely overhauled. Nurse tanks are perfectly clean. Pumps and meters have been cleaned and checked to provide the most accurate measuring and pumping possible. And we can spot 8,000-gallon portable storage tanks on your ranch for prompt, time-saving delivery.
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