

Home and Family Problems Subject Of Program Needs

By DONNA GEORGE

Needs of Morrow county for extension educational programs in home economics were outlined February 1 by the Home Extension Program Planners.

Reports were made as follows: identifying problems to be attacked in the subject areas: "Family Life,"—Mrs. Douglas Drake; "Home Management and Equipment," Mrs. Walter Wright; "Home Furnishings and Interior Decoration," Mrs. Warren Mc Coy; "Clothing and Textiles," Mrs. Roland Bergstrom, and "Foods and Nutrition," Mrs. Frank Connor.

Mrs. Edward Baker, who is preparing a report on local needs for information in the area of "Family Finance" was unable to attend this meeting.

The "Program Planners" have carefully examined the county situation and research from other sources on social and economic problems relating to home and family life.

They have listened to and evaluated comments made by home extension unit members and others. For additional ideas some of them have consulted with local authorities including ministers, doctors and school officials.

Next step will be deciding action to be taken on the problems. One part of this will be the selection of lesson topics for 1965-66 unit meetings. Other programs will be planned to meet the needs and interests of certain groups. The Housing Clinic scheduled at Boardman in March and the tailoring workshops, being held now, are some examples of this year's home extension progress resulting from the program planner's efforts.

When local people are involved in such planning, results are more satisfactory than if it is done without understanding of local feelings, interests and needs. Some programs provide knowledge which has little value other than satisfying the learner's curiosity. But when education programs are geared to meeting problems then the entire community benefits. An excellent job is being done by the Home Extension Program Planners.

Economy, Safety Are Factors In Hanging of Draperies

With electric baseboard heat, should draperies come to the floor? No, say the engineers. For economical heating, plus safety, draperies should be about six inches above the heating unit. Top of the draperies should be at least an inch below the ceiling.

The reason is this—if draperies come down over the baseboard unit, heat gets trapped between the fabric and the window rather than flowing out into room. Therefore, much of the heat escapes to the outdoors.

Prevention Found Cheaper Than Late Juvenile Cure

During project leader training for the home extension February lesson, "Early Marriage" much discussion centered around the question—"How much is a good home worth?" The following information from OSU relates the one aspect of this: "Experts say the roots of juvenile delinquency are in the home environment. Many delinquents come from homes where the mother is a poor manager and disciplinarian."

Youth programs to keep youngsters busy with constructive activities do a fine job of diverting them from trouble with the law. But it's like taking aspirin for headache. You still need to get down to the cause.

In Extension programs for welfare recipients, we find many mothers sincerely want help in child behavior and homemaking skills. The question of the value of the home was put to Mrs. Roberta Frazier, OSU Extension family life specialist. She couldn't answer in dollars but gave us this clue. To keep a girl in Hillcrest school or a boy in McLaren, costs \$400 to \$500 per month. If it costs that much to keep them in, how much is it worth to keep them OUT?

Attention: 4-H Junior Leaders Recently I've met with some

first-year 4-H Junior leaders and their club leaders to discuss plans for their junior leadership projects. They have some really good ideas for inspiring younger members, community service, strengthening their own abilities and sharing the work of adult leaders.

But then there are other would-be junior leaders who have not taken enough interest in this valuable project to arrange for the planning discussion with their adult leader and extension agent (required now if they are first-year junior leaders) Also, in order for any 4-H member to receive credit for junior leadership this year his program of work must be in the county extension office not later than March 15.

New Unit Study To Be on Present 'Tension' Theme

By DONNA GEORGE

Leaders from all six of Morrow county's home extension units will receive training from Agent Donna George Tuesday, February 23, for the lesson "You and Tension." The project leaders include Mrs. Arnold Hoffman and Mrs. E. Briggs (Boardman); Mrs. Bryce Keene (Ione); Mrs. Joe Wright and Mrs. F. Connor (Heppner); Mrs. C. W. Stephens and Mrs. D. M. Couch (Irrigon unit); Mrs. Elmer Palmer and Mrs. John Graves (Rhea Creek Unit); and Mrs. Weldon Witherrite (Pine City Unit).

Some have asked what kind of "tension" this is about. No, it is not the kind found on sewing machines but rather that commonly called nervous tension! Often the term is used to mean frustration, fatigue, unhappiness, discontent, worry, inner turmoil, uneasiness, or some other feeling. We hear much about this kind of tension these days. Mrs. Roberta Frazier, extension family life specialist, has prepared some excellent materials on this topic relating to the causes and meaning of tension and suggestions for its control.

Other persons, particularly those who are interested in this lesson for a program for their organization, are welcome to bring their sack lunches and attend the training meeting which begins at 10:00 a.m. Tuesday in the Lexington City Hall. For additional information or for a free copy of the booklet, "You and Tension," contact the County Extension office, Heppner (located in the Gilliam & Bisbee building; phone 676-9642.)

Home Extension Program Planners To Meet Monday

The Morrow County Home Extension Program Planners will select lesson topics for the 1965-66 program when they meet Monday, February 22 in Lexington. In addition to choosing 8 lesson topics for regular home extension unit meetings they will also designate workshops and other educational programs in home economics and related topics which will be open to the public.

New 4-H Clothing Clubs Are Active Workers

Three new 4-H clothing clubs in the county are off to a good start now in their club activities and the members are working on their projects.

The Hardworking Bees of Ione are led by Mrs. Charles Williams who is assisted by Mrs. Jim Barnett. There are 10 members enrolled in Phase I projects. This makes five clothing clubs at Ione.

In the North Lexington area, Mrs. Weldon Witherrite is leading the first clothing club there in several years which has an enrollment of eight girls.

The Boardman Crispy Critters led by Miss Linda Nordstrom, has eight members enrolled in clothing projects and other members in gardening.



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I believe in the future of farming, with a faith born not of words but deeds—achievements won by the present and past generations of farmers; in the promise of better days through better ways, even as the better things we now enjoy have come up to use from the struggles of former years.

I believe that to live and work on a good farm is pleasant as well as challenging; for I know the joys and discomforts of farm life and hold an inborn fondness for those associations which, even in hours of discouragement I can not deny.

I believe in leadership from ourselves and respect from others. I believe in my own ability to work efficiently and think clearly, with such knowledge and skill as I can secure, and in the ability of organized farmers to serve our own and the public interest in marketing the product of our toil. I believe we can safeguard those rights against practices and policies that are unfair.

I believe in less dependence on begging and more power in bargaining; in the life abundant and enough honest wealth to help make it so—for others as well as myself; in less need for charity and more of it when needed; in being happy myself and playing square with those whose happiness depends on me.

I believe that rural America can and will hold true to the best traditions in our national life and that I can exert an influence in my home and community which will stand solid for my part in that inspiring task.

Morrow County Has Chapters at Heppner and Riverside High Schools

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Ivan Adelard David Gray
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Alfred Drake Bob Harris
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FFA
Parent and Son
Banquet
Heppner
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Monday, Feb. 22
6:30 P. M.
Guests Welcome

Larry Heath Stan Rauch
Paul Hisler Jack Ray
Matt Hughes Earl Struckmeier
Ray Jones Gary Struthers
Ron Jones Bob Van Winkle
Leslie Ledington Steve Wagenblast
Ken Nelson Dennis Warren

Program of Work Committees

1. Conduct of Meetings
2. Leadership
3. Cooperative Activities
4. Earnings and Savings
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8. Scholarship
9. State and National Activities
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