

# Irrigon Reelects Wilson; City's Progress Noted

By LaVELLE PARTLOW

IRRIGON—Mayor Chester A. Wilson was unanimously reelected to serve as Mayor of Irrigon for another year at the City Council meeting held Tuesday evening. The City charter for Irrigon provides that the mayor will be elected by the council at the first council meeting of the calendar year, to serve for one year. Donald Adams was elected Pro Tem Mayor, and Mrs. Marguerite Houghton was reelected as City Recorder.

After Wilson's reelection, he read the following progress report: "Although no major advancements have occurred, there have been some improvements in the past year, namely: (1) Re-application for the opening of 6th street, which was finally approved and agreement signed with the Railroad, leaving only the actual construction to be accomplished, (2) The seal-coating of approximately 10,000 ft. of streets, costing around \$4,000.00, (3) The signing of an agreement with Umatilla Electric Co-op. Ass'n. resulting in the installation of 10 street lights on South Main, (4) Contracting with Cornell, Howland, Hayes and Merryfield for feasibility studies on water and sewerage systems, (5) The placing of street sign posts with six "stop" and six "yield" signs, as well as 27 temporary street-name signs.

"Twelve regular meetings of the council were held, and three special meetings, one of these a specially called public meeting for the purpose of discussing a city water system. There were only 3 absences of members during the year.

"A Municipal Judge was elected at a special election and 6 ordinances were passed, with one being repealed. One resignation was received on the planning commission and one appointment made. Twenty-eight letters were written by the mayor in behalf of the city, besides those 118 mailed on the water study.

"The Planning Commission has done an excellent job, for which we commend them. Besides the work they have done in their regular meetings, much outside effort has been expended in the gathering of data and preparation of maps to be used in the zoning study. Planning Commission Secretary, Mrs. Leon Bentley, has been responsible for the printing of the copies of the ordinances as well as the letters which went out on the water study and for this we especially thank her.

"To each of you on the coun-

## Resource Waste Can Be Slowed By Conservation

Needless waste of our natural resources can be slowed down and eventually halted through the joint efforts of the land owner and the rest of the public by use of the Agricultural Conservation Program (ACP), says David McLeod of the Agricultural Stabilization and Conservation Service.

"The ACP is a partnership of cost-sharing between the land owners and the general public in an effort to conserve our great natural resources," he said. "As time is the eroding factor in changing youth to old age, so it is with the erosion of our natural resources. Tilled or unprotected soil is eroded away in time, by the wind and water, if protective conservation measures are not taken. Each year thousands of tons of our finest top soil is lost down the drain from erosion."

McLeod said that ACP is intended to provide the incentive to establish and maintain needed conservation practices on our crop and woodlands. Practices providing means for conservation of our soil, water, woodland, and wildlife are cost shared with farmers up to one-half the cost.

"We should all remember that to conserve our resources, measures will have to be taken before erosion gains the position that conservation is too late," McLeod warned.

He pointed out that the 1964 ACP offers many practices that may be applied to the land where erosion is started or where erosion may start if conserving measures are not taken. Practices such as contour strip-cropping and diversion ditches, and terraces can effectively reduce erosion from wind and water on cropland.

Seedlings of permanent grasses and legumes effectively arrest erosion on rangeland. Land leveling, dams and other measures may be taken to conserve water. Before erosion starts is the time to apply conservation measures, McLeod said.

"Don't wait until the horse gets out to close the barn door. Use ACP assistance while it is available," he concluded.

cil, to Mrs. Houghton, who has faithfully recorded, besides carrying on much of the correspondence to the Chief of Police, who has constantly been on call, I sincerely tender my appreciation. Your cooperation in behalf of the city has been a real inspiration.

Respectfully submitted, Chester A. Wilson, Mayor

During the meeting, Mrs. Houghton read a letter received from the Oregon State Highway Department stating that they would not reduce the speed limit through the city of Irrigon.

Rev. and Mrs. John H. Kenney motored to Weston Monday in connection with Rev. Kenney's Presbyterian duties. While there they were guests of Rev. and Mrs. DeRosso and family. Mrs. DeRosso is the former Lorraine Schneider of Irrigon.

Mrs. Myrtle Markham spent Thursday in Walla Walla visiting her aunt, Mrs. Doshia Brownell, and Mrs. Irvin Chapman.

**Bobcats Win Two Games**

The A. C. Houghton Bobcats scored a double victory over Iona Friday, winning their "A" game 36-22 and the "B" game 38-34. The game was played on the A. C. Houghton field. The Bobcats will meet Echo at Echo Thursday, January 23, game starting at 2:30.

Byron Hobbs was A. C. Houghton's representative in the Free-Throw Contest held at the Hermiton Jr. High school Saturday, and sponsored by the Elks. Byron placed second among the contestants.

Menus at A. C. Houghton school for the week of January 27-31 are as follows: Monday—Hot dog toasties, corn, pineapple pudding; Tuesday—Potato salad, lunch meat slices, buttered carrots and cinnamon rolls; Wednesday—Roast beef, mashed potatoes and gravy, beets, Jell-O with fruit; Thursday—Hamburger and noodle casserole, green beans, fruit crisp; Friday—Baked potatoes and cheese

## CHURCHES

**ASSEMBLY OF GOD CHURCH**  
Rev. Bill Alsop, pastor  
Sunday school, 9:45 a.m.  
Morning worship, 11:00 a.m.  
Evening service 7:00 p.m.  
Thursday evening, family services, 7:30.

**THE METHODIST CHURCH**  
Rev. Melvin W. Dixon, pastor  
Morning worship 11:00 a.m.  
Church school, 9:45 a.m.

**IONE UNITED CHURCH OF CHRIST**  
Rev. Walter B. Crowell, pastor  
Telephone 422-7530  
Church School, 9:45 a.m.  
Morning worship, 11:00 a.m.

**ST. PATRICK'S CHURCH**  
Rev. Raymond Beard  
Heppner  
Weekday Masses, 7:00 a.m.  
Sunday Masses, 7:30 and 11:00 a.m.

**ALL SAINTS' EPISCOPAL CHURCH**  
The Rev. C. Bruce Spencer, Rector  
Holy Communion daily (except Mondays) 7:30 A. M., Sundays 7:30 and 10:00 A. M.

**HOPE LUTHERAN CHURCH**  
Rev. Kenneth Robinson, pastor  
Alfalfa Street  
Church school, 9:45 a.m.  
Morning worship at 11:00 a.m.

**SEVENTH-DAY ADVENTIST**  
Elwood Boyd, pastor  
Saturday services, Sabbath school, 9:30 a.m.  
Church services, 11:00 a.m.  
"Quiet Hour" radio broadcast over KGO every Sunday, 2 p.m.  
**CHURCH OF THE NAZARENE**  
J. G. Weller, Pastor  
Phone 676-5529  
Sunday Services:  
The Church Teaching, 10:00 a.m.  
The Church Worshipping, 11:00 a.m.  
The Church Training, 6:45 p.m.  
The Church Reaching, 7:45 p.m.  
(Meeting in Seventh-day Adventist church.)

### Don Clark in Play

Donald Clark, son of Mr. and Mrs. Don Clark of Heppner, has been chosen as a member of the cast of "The Miracle Worker," Eastern Oregon College play that will be presented March 5-7. Clark is a sophomore majoring in education at the college and a graduate of Heppner High with the class of 1962. He was active in dramatics while in high school here.

### Mrs. Melvin Dixon returned

Tuesday from a week's trip to California. She visited an aunt, Miss Grace Crowston in Redlands, Calif., and her stepmother, Mrs. Howard Best in Pasadena, taking care of business matters while there. She made the round trip by bus.

slices, creamed peas, graham cracker cookies and applesauce. All meals are served with bread and butter and milk.

### Public Meetings Slated

A public meeting has been announced for Tuesday evening, January 28, 7:00 p.m. at the A. C. Houghton cafeteria, for the purpose of presenting a feasibility report prepared by Cornell, Howland, Hayes and Merryfield for a city water system. Those residing in the city of Irrigon are urged to attend. There will also be a public meeting Wednesday evening, January 29, upstairs in the old school building with Joe Kozlovski.

Sherry Partlow celebrated her 8th birthday Friday, January 17. Joining her in the afternoon were her cousins, Sharon Stewart, Debbie McCoy and Debra Huwe. Guests that evening were Mr. and Mrs. James Mills, Ricky, Randy and Steve of Hermiston, Mr. and Mrs. Harold Gugle, Rev. and Mrs. John Kenney, Mrs. Perry Pummel, Donna Kay and Darrel.

The Irrigon Home Extension unit opened its January meeting in the afternoon with her cousins, Sharon Stewart, Debbie McCoy and Debra Huwe. Guests that evening were Mr. and Mrs. James Mills, Ricky, Randy and Steve of Hermiston, Mr. and Mrs. Harold Gugle, Rev. and Mrs. John Kenney, Mrs. Perry Pummel, Donna Kay and Darrel.

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## CHURCHES

**VALBY LUTHERAN CHURCH**  
Rev. Kenneth Robinson, pastor  
Sunday school and worship 9:00 a.m.

**LEXINGTON CHURCH OF CHRIST**  
Earl L. Soward, Pastor  
Sunday school, 10:00 a.m.  
Worship 11:00 a.m.

**ST. WILLIAMS CHURCH Ione**  
Rev. Raymond Beard  
Sunday Masses, 9:15 a.m.

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
American Legion Hall  
Arnold Raymond, Br. President  
Priesthood meeting, 8:30 a.m.  
Sunday school at 10:30 a.m.  
Sacrament service at 11:30 a.m.

**FIRST CHRISTIAN CHURCH**  
Charles V. Knox, minister  
Bible school at 9:45 a.m.  
Morning worship at 11:00 a.m.  
Evening worship, 7:00 p.m.  
CYF meeting, 8:00 p.m.  
Chi Rho meeting 1st, 3rd Thurs., 7:00 p.m.

## SHARES HAPPINESS WITH HUSBAND



Relative—thought seriously ill—is going to recover! Wife above calls husband long distance, shares good news with him. Or even if it's bad news, shouldn't it be shared? What person should you have called this week? Parent? Child? Friend? Relative? Why not call this evening, after 6, when long distance rates are even lower? PACIFIC NORTHWEST BELL

## National Lamb Consumption Low, Needs Promotion

By ESTHER KIRMIS

What is lamb and what is mutton? Lamb, according to the American Lamb Council, is meat from an animal less than a year old; mutton is the meat of an animal 1½ years old or more.

Leonard Schwarz of the Court Street Market in Heppner, called me the other day and told me he was going to promote lamb at his meat counter this coming week. "Too many people don't know how good it can be," he said.

Long term statistics show that lamb has a high rate of consumption in the New England States, New York and California. Almost 70% of the total lamb supply is consumed by only 30% of the country's population. Why? Because of mental complexes that have their roots in mistaken ideas.

Here are some mistaken ideas: Lamb, to some people, carries with it the concept of being a delicate feminine food.

Housewives actually shy away from the lesser known cuts when they are priced ridiculously low. Lamb has been considered as a luxury item.

Other consumers think of lamb as a meat dish which is strictly for certain nationalities.

Lamb is often thought of as a "healthy" food for the very old or young.

Lamb is like mutton and I had my fill of mutton in the service, say servicemen.

Lamb is a seasonal meat, food only for special occasions.

Here are some answers to these mistaken ideas: Lamb is not a feminine food—it has much or more nutritional value and energy as any protein food.

We thought we could only buy lamb chops and legs, while in reality there are more than a dozen cuts of lamb, such as riblets, neck slices, lamb patties or shanks that are tender, tasty, and nutritious—and economical.

Because of its nutritional value and ease of digestion, lamb is some times thought of as a "health food." Its taste appeal and nutritional value are good for all.

Lamb is not necessarily a nationality dish—the American Lamb Council is engaged in a program to show the consumer that lamb has been a part of the American scene since early colonial days.

Lamb has suffered because it has been confused with mutton. The "Lamb" that World War II servicemen in the South Pacific grew to dislike so intensely was not lamb—but mutton. Their dislike has influenced their families and now present a real problem to the retailer.

Lamb seasons have changed. During March and April lamb cuts are mainly from mature, fed lambs. During the summer and early fall, "milk-fat" lamb are on the market. Late fall and winter bring fed lambs, so you see you can have lamb at any time.

Mrs. Betty Ashbaugh, former home economist with the American Lamb Council, was in the county several years ago and put on a demonstration of how lamb might be used. She also left me a Paula Owen cookbook on "lamb" which you can see at the county agent's office.

One especially good recipe she gave me was barbecued lamb riblets. Would you like to try it?

**BARBECUED LAMB RIBLETS**  
3 pounds lamb riblets  
salt to season  
pepper to season  
1 medium onion, chopped

## Crippled Boy Wins Sports Letters With Assist from March of Dimes

A boy who can scarcely walk because of arthritis wins a letter in athletics.

Impossible, you say. Not if the lad has the grit of Tim Ewald.

Even though this 17-year-old from Minneapolis can barely "inch" along with the help of a cane, he wears the monogram of Golden Valley High School in both football and track.

"How come? How is all this athletic activity possible when it takes this likable youngster as much as 15 minutes merely to tie his shoelaces?"

You must look back seven years to find the answer. As the second-oldest of five sons, Tim at the age of 10 could outrun all his brothers and even his parents, Graydon and Diane Ewald.

At touch football, no one could lay a hand on him. Tim dreamed of a high school and college career in football and track.

Then, at the age of 10, came disaster. One night the boy was struck by the indescribably severe pains of rheumatoid arthritis throughout his body. His temperature soared. For long months he had to be hospitalized in body casts and treated with cortisone.

### Aided by March of Dimes

Now, after seven years of the disease, Tim is slowly regaining some mobility—thanks in great part to physical therapy given him at the March of Dimes Arthritis Treatment Center in the University of Minnesota Medical School. This treatment is conscientiously repeated at home.

Much as the boy yearned to play, such strenuous sports as football and track were not for him. It was all he could do just to hobble from class to class.

But in his freshman year at high school he resolved to be as close to sports as his crippled condition permitted.

Tim made a private vow that he would become a team manager.

He made it in his freshman year as manager of the football squad. He made it again in his sophomore year. Last



To continue working in the field of sports, even though he can't join actively because of crippling rheumatoid arthritis, Tim Ewald, 17, hopes to become a sports cartoonist. Here he outlines caricature of a sports personality. His doctors at March of Dimes Arthritis Center say this is good therapy for his hands and wrists.

chiefly cartoons and caricatures for which he seems to have promising talent. He thinks that someday he might like to be a sports cartoonist.

### Faces Surgery

Will he walk again normally? It's quite possible. This year, after graduation from high school, he may undergo hip surgery. Dr. Keith N. Drummond, assistant director of the March of Dimes center, explains that Tim's hips are now locked in a bent position caused by contraction of the tendons and muscles and by inflammation of the hip joints. Under favorable circumstances, surgery could release and lengthen these shortened tissues.

Whether crippled for life or on his feet again, which now seems likely, Tim is determined to continue working actively in sports. That's about all he'll say. But you know that this quiet and resolute youngster means it.

Tim won't talk much about what his duties are. He's an excessively modest youngster but, even if it does embarrass the boy, his father says:

"I looked into this with some care because it would be dangerous for Tim to overdo. I found out that these manager-ship aren't snap jobs given by the players to a classmate they feel sorry for. The work is tough—Tim goes along in the team bus to games all around the state, he checks equipment and keeps the players' records, he's a timekeeper, and so on. But he thrives on it—and it's far better therapy than gnawing his nails because of no contact with sports."

Even with his heavy schedule of classes, homework, team management, home exercises and weekly visits to the March of Dimes Arthritis Treatment Center, Tim finds time to draw,

### Doherty Promoted In ROTC Ranking

Dennis D. Doherty of Heppner has been promoted to cadet first lieutenant in the U. S. Army Reserve Officers' Training Corps at the University of Oregon, the news bureau there announces.

Alfred G. Isaac a senior of Lewiston, Idaho, was selected cadet brigade commander. Lt. Doherty was one of 17 to be promoted to cadet first lieutenant.

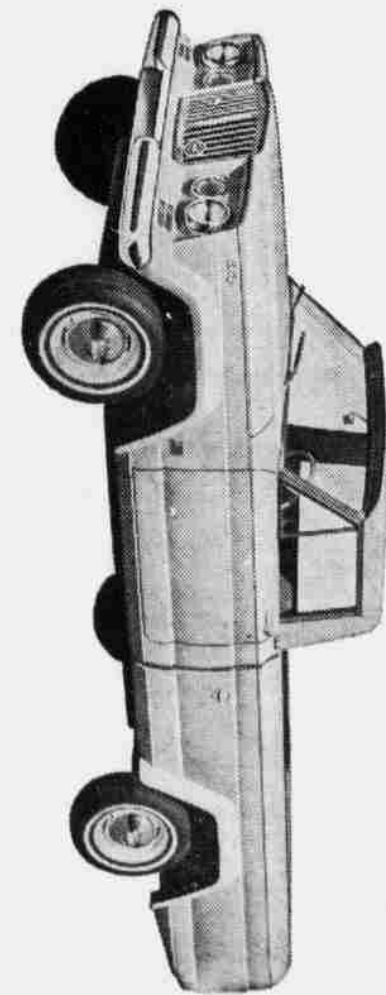
When you patronize Gazette-Times advertisers, you help make a better paper. Tell them you saw it in the Gazette-Times.

### Attends Convention

Lowell L. Gribble of Inland Chemical Service, Heppner, attended the 13th annual convention of the Agricultural Ammonia Institute at the Jung Hotel, New Orleans, La., according to a news release from the institute. A record-breaking crowd of more than 1,000 delegates and guests was on hand for the 3-day meeting, January 15-17.

Dr. A. D. McMurdo and Dr. Wallace H. Wolff attended the Umatilla-Morrow county Medical Society meeting at the Country Club in Pendleton Tuesday night. A film on Hepatitis was shown by three specialists in the field.

# OOPS... We did it again!



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