

Social Lites --

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-- by Jo

By JO PETTYJOHN

SAY, WHAT about that snow Tuesday morning? Don't dig out those skis, just old Maren giving us a little something to talk about!

GLADYS CONNOR entertained the Fyoudas and Fidas Bridge club last week with two tables in play. Florence Green won high and Rachel Dick was second. Also in on the play were regular members: Altha Green, Winnifred Cox, Phyllis Hutchens, and Lorena Jones, and guest Wavel Wilkinson.

REMEMBER THE Heppner PTA Talent show Friday at the high school gym. Come along and bring the family for an enjoyable night out. The proceeds go to a good cause. Several kinds of acts are slated, musical, pantomimes and others.

TWO GUESTS filled in at the Friday Afternoon Pinochle club last week at the home of Pearl Wright. Ann Fehmerling and Grace Buschke were guests and regulars were Millie Evans, Hannah Anderson, Beulah Manikin, Mary Harris, Carrie Beckett, and Pearl. Ann won high and Hannah won the pinochle. Low went to Beulah who said she worked awfully hard to win it, too!

LADIES NIGHT at the Elks again drew a large crowd with 10 tables of pinochle and six of bridge. Sharon Cutsforth won high for pinochle; Jeanne Dobbs, second; and Millie Evans, the door prize. Shirley Blake topped the bridge players to take high. Mary McCurdy was second; and Della McCurdy won the door prize. It is about time, huh? She said in the 45 years she has played on Ladies Night, this is the first time she has won the door prize! Hope it isn't another 45 years, now. Hostesses were Juanita Carmichael, Virginia Rosewall, Marge Eckman, and Jackie Glennie.

HUNGRY FOR some good home baked items? Why not stop in at the Heppner Red and White Saturday for the Carnation club bake sale?

TWO TABLES of bridge entertained Wednesday afternoon by Anna (Happy) for those who don't know! Graham and Nancy Brown filled in for the What's Trump group and won second high. Virginia Rosewall had high for the play. Others playing were Margaret Blake, Fay Ferguson, Helen Schaffitz, Marie McQuarrie, and Dee Gribble.

I TALKED with Alice Hastings Monday and she tells me that her daughter and son-in-law, Howard and Clarice Henry, have moved to Port Lavaca, Texas from Houston. He is with a loan company there and was appointed manager of the office in Port Lavaca. Clarice graduated from high school here. They have a 2-year old son, Hankie. They plan a visit here near the first of June.

CAROLYN COLE held high score in pinochle Wednesday night at the home of Jeanne Berry. Flo Connor was second, and guest Marlys Phegley won the door prize. Jackie Glennie, Marge Eckman, Beverly Sherman, and

Gail Burkenbine also played. A most unusual happening was the fact of no 300 pinochle melded in the entire seven progressions played! How many times does that happen?

JANINA JOHNSON entertained the Bridge Biddies with a crab louie dinner before play last Tuesday evening. Guess those girls were so hungry she had to feed them before they could play! Enjoying the delicious dinner and play were LaFyrne Pratt, Mary McClure, Mary McCleod, Mary Jean McCabe, Jan Agee, Dorothy O'Rourke, Marian Jansson, Donna Gordon, and Janina. LaFyrne won high, Mary McClure, second; and Mary Jean, the traveling prize.

WHAT HAPPENED TO POTATOES? Potatoes are losing their skins but not their popularity. The Irish potato is still the most popular vegetable in the world today because of the unusual freezes throughout the country which greatly reduced the supply of fresh produce, now consumers are going back to the potato. They are liked by most everyone and can be served frequently without monotony, are mild in flavor, and combine well with other foods, in fact, most families consider them as a basic food. Potatoes don't need to be fattening, they are a powerhouse of energy. It is what you do to potatoes that makes them a high calorie food. Serving of plain boiled potatoes, 1/2 cup diced, has only 45 calories, but the same amount of mashed potatoes with table fat and milk equals 115 calories; French-fried potatoes equal 155 calories; hash-browned potatoes equal 235 calories; and fresh-fried potatoes have 240 calories. So bried potatoes are fattening on the way the potato is cooked and served. Even without week-end specials, potatoes are economically-wise for the energy they provide. Buy and serve them often, so many different ways.

Trampoline Team Second in State

It took one of the biggest high schools in the state to beat out lone High school's trampoline team by a mere 1/2 point at the state high school gymnastics championships at McArthur court, Eugene, Saturday.

North Eugene won the state championship in the trampoline event with 16 points, and the lone team, composed of Tom Heimburger, Mark Halvorsen and Joe Halvorsen, won second with 15 1/2 points.

Eleven schools competed in the gymnastics event, just getting a start on the high school level in the state.

Heimburger placed second in the state individually, Mark Halvorsen was tied for fourth and Joe Halvorsen tied for sixth.

Other events in the meet included floor exercises, horizontal bars, parallel bars, still rings, long horse, and tumbling. None did not enter these.

Ray Heimburger and Lewis Halvorsen, fathers of the contestants, and Coach Glenn Biehl accompanied them to Eugene.

New Knitting Club Soroptimists' Guests

In recognition of national 4-H club week, members and leaders of the "Knit and Sit" 4-H club were guests of the Heppner Soroptimist club at their luncheon meeting last Thursday. The 12 girls, several of whom are members of one or more other 4-H clubs, were presented by their two leaders, Mrs. Opal Cook and Mrs. Pat Gentry. Introductions of leaders were by Miss Esther Kirmis, county extension agent, who emphasized the fact that "grandmothers make excellent leaders for 4-H clubs." Their knowledge of subject, through experience, their patience and available time are important in helping make them good leaders.

The club is one of the most recently organized in the county, meeting regularly once each week since October. A small group of them got together just for fun and to learn to knit, and after reaching a membership of five was able to organize into a 4-H club. It is composed of fourth, fifth and sixth grade girls. They told of their club projects, reviewed facts of clubs over the county, gave their pledges and displayed hats and TV slippers which they had made.

Those present were Charlene Knox, Sandra Flaiz, Susan Melby, Sandra Matthews, Linda Eckman, Cheryl Edwards, Judy Gentry, Sheila Healy, Theresa Moors, Aiene Boyajeon, Julie Ayers, Becky Fullerton, and the leaders, Mrs. Cook and Mrs. Gentry.

University Women Hear State President

"Strengthening Respect for Women's Capabilities," was the title of the speech given by Mrs. Gerald Whitney, president of the Oregon chapter of the Association of University Women, at the Delta Kappa Gamma luncheon Saturday, March 9, at the Kountry Kitchen in Milton-Freewater. Mrs. Whitney listed several means of accomplishing the objective. She also stressed the flexibility of women in adjusting to situations as they arise in the modern world.

A general business meeting followed her speech.

Those attending from Morrow county were Mrs. Roy Kirk, Heppner; Mrs. A. C. Bechdolt, Hardman; and Mrs. Robert Smith, Irigon.

Hat Demonstrations On Club Program

The art of making hats to match your costume and the making of "Whimsey" hats were demonstrated by Mrs. Beulah Hynds and Mrs. Maxine Gray at the meeting last Monday of the Lexington Co-op Biddies at the Lexington City hall.

Refreshments were served by Mrs. Emma Drake and Mrs. Gladys Connor to 13 members and one guest, Mrs. Jeri Everett of Ukiah.

The next regular meeting is planned for April 1.

Band Carnival Plans Progressing Well

Committees are busy working on the annual Band Carnival slated for April 13 at the fair pavilion in Heppner. The evening's festivities will begin at 5 p. m. with supper and musical entertainment by members of the Heppner band department. Grade and high school students will vie for the king and queen title and will be crowned during intermission. All of the popular fun booths again will be in operation for young and old alike.

Anyone having items they wish to donate for the Country Store are asked to have them ready for band students who will collect them at a later date. Suggested articles are home canned goods, clothing, and toys.

Two special prizes are offered again and tickets will go on sale by band students in the near future. The prizes are a levermatic Marlin 22 rifle with scope for the first prize and a chaise outdoor lawn chair with pad for the second prize. There also will be three door prizes drawn during the evening.

Matrons and Patrons Honored at Meeting

Past matrons and patrons of Ruth chapter No. 50, Order of Eastern Star, were honored Monday night by Ms. Dean Hunt, worthy matron and Don Turner, worthy patron.

Special guests of the evening were Mrs. Margaret Treadwell, Portland, chairman of the home food and welfare committee of the grand chapter of Oregon, and Mrs. Dick (Ginger) Wilkinson, chairman of the credentials committee of grand chapter.

Nineteen past matrons and patrons were introduced and each was presented a gift from Mrs. Hunt. Mrs. W. S. Miller sang two Irish numbers accompanied by Mrs. C. C. Carmichael. Included in the program was the work of the instruction committee performed for the group.

Mrs. LaFyrne Van Marter and Mrs. Gene Hall were in charge of the refreshments of sandwiches, potato chips and coffee served following the meeting. They used spring flowers and pussy willows in the dining room in their decorations.

Coming Events

FRIDAY, March 15
Heppner PTA talent show, school gym, 8:00 p.m.
Rebekahs, lodge hall, 8:00 p.m.
Elks Pinochle tournament, lodge hall, 8:00 p.m.

SATURDAY, March 16
Carnation club food sale, Heppner Red and White, 10:00 p.m.
Rhea Creek Extension Pancake supper, Grange hall, 6:30 p.m.

SUNDAY, March 17
St. Patrick's Roast Beef dinner, parish hall, 2 to 6 p.m.

MONDAY, March 18
Rainbow initiation, Masonic lodge hall, 7:00 p.m.
Chamber of Commerce, Wagon Wheel, noon.

TUESDAY, March 19
Heppner lodge, AFSAM, lodge hall, 8:00 p.m.

WEDNESDAY, March 20
School spring vacation begins. Odd Fellows, lodge hall, 8:00 p.m.

THURSDAY, March 21
Soroptimist, Wagon Wheel, noon.

Visiting briefly with Mr. and Mrs. Sherman Sunday afternoon were Mr. and Mrs. Harry Ringhand, publishers of the Valley Harold weekly in Milton-Freewater. They returned home by way of Walla Walla, Wn., after a tour of the Gazette-Times plant and completion of their first trip to Heppner.

District Cancer Meeting Here; Doctors on Panel

The Morrow county unit of District VI, Oregon Division of the American Cancer Society, was host on Saturday, March 2, at the Wagon Wheel Cafe to an all-day meeting devoted to speeches, reports and panel discussions on cancer problems and the place of the "volunteer" in the Oregon 1963 cancer crusade.

The annual meeting was under the chairmanship of Dr. V. H. Gehling, Pendleton, District VI medical director; assisted by Mrs. H. M. Zell, Portland, District VI lay director, and Mrs. Wilbur J. Falloon, Pendleton, executive director of American Cancer Society, Oregon division.

Present to tell of the Umatilla county crusade organization was Bernice Grieve, and speaking on Sherman county rural organization was Mrs. Frank von Borstel.

A panel of doctors, including Dr. Gehling, Pendleton, Dr. A. D. McMurdo, Heppner, and Dr. W. H. Wolff, Heppner, discussed modern trends in treatment of cancer cases, the requirement of physical examinations, the importance of early diagnosis of

possible cancerous conditions, and the urging of patients to not take only one doctor's opinion, but those of several.

Dr. McMurdo brought out a theory that "cancer, in some cases, may be due to the unbalance of endocrine glands and their secretion within the system." He also strongly discourages the use of "biopsy." Research is constantly studying the importance of hormones in cancer treatment, according to present records.

The panel discussion followed a no-host luncheon, with Rev. Kenneth Robinson leading in prayer and Mayor Al Lamb extending greetings from the city of Heppner.

Others on the program were Orval Eaton, state crusade chairman, who spoke on "prevention of 1963 Crusade," the Rev. A. H. Bachmann, Pendleton,

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THE GAZETTE-TIMES HEPPNER, OREGON

speaking on "The Volunteer," and a showing of the film, "All for April."

Motoring to Pendleton last Thursday on business were Mrs. Hannah Anderson, Mrs. Eugenia Huston, Mrs. Mabel Chaffee and Mrs. Ethel Zeimantz.

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