

One Man's Hobby Benefits Many

The hobby of one man is paying off handsomely for residents of Lexington, Ione, and Heppner. Considering that his hobby is boxing, wrestling and body building and that he is willing to share his know-how and equipment with all comers, this is not surprising.

Limited indeed were the recreational facilities for youth in the Lexington area when Fleet Fox moved there not so long ago as mechanic for the Lexington Implement Company. This ex-amateur weight lifter who had spent five years as a professional boxer on the west coast circuit, decided that an athletic club would give the boys and men of the area a much needed chance to build up their bodies and provide an interest which would keep them busy.



Fleet Fox ascends the ropes while admiring audience watches.

Members of IOOF Lodge No. 168 at Lexington donated the use of their building which provides ample room for the various activities. Heat and light expenses are met through a charge of 25 cents per week for each participant and instruction is given Monday, Wednesday and Friday nights from 7 to 9 p.m.

The athletic club started in a small way about one year ago and can claim much credit for the ability shown by star football player Jim Steagall on the Heppner 11 this fall and Palmer on the Ione state champion 8-man team, both of whom have been attending the classes. Of the approximate 35 males who now are spending their evenings in this pastime the ages range from seven years to those old enough that they don't want

mentioned. According to Fox, participation in these workouts makes even these "feel like 15-year-olds."

Activities of the group include boxing, wrestling and rope climbing to 18 feet. Available also are bar bells ranging from 5 pounds to 500 pounds; punching bags; a head exerciser; adjustable leg push-up; an abdominal board and skipping ropes. Activities and equipment are available to keep many persons working at once. Fox, an expert in the use of any of the equipment, enjoys giving instruction in its use and in seeing the gradual development of frail muscles into the body beautiful.

Fleet Fox has carried on his hobby since returning from service with the U. S. Navy in 1946. He previously started such clubs in Waldport, Newport and Portland. In speaking of the Lexington athletic club he said that it needed a name and that a contest was to be started to provide one. Suggestions will be made by those who enjoy the benefits of the club and a name will be picked by a committee made up of Lexington Mayor Mervin Leonard; Oris Padberg, district deputy of IOOF Lodge No. 168; and Morrow County Sheriff C. J. D. Bauman, who has been an active member since last summer.

Fox stressed that the success of his enterprise depends on how many take advantage of the facilities. He said that he would like to line up regular boxing and wrestling matches as soon as enough members are available. The club is conducted on a non-profit basis.

Any men or boys in the south Morrow area who are interested in this recreation are cordially urged to take part in the activities.

SCHOOL MENUS

Week of January 16-20
MONDAY—spanish rice, green beans, carrot sticks, ginger bread, applesauce, bread and butter, milk.
TUESDAY—navy beans and ham, cold tomatoes, celery sticks, corn bread, butter and honey, fruit.
WEDNESDAY—spaghetti and meat balls, spinach, cole slaw, fruit, bread and butter, milk.
THURSDAY—hamburger gravy, mashed potatoes, buttered carrots, pickled beets, fruit, bread and butter, milk.
FRIDAY—Potato soup, tuna sandwiches, jello salad, cake fruit, milk.

Lexington News

By DELPHA JONES

Mr. and Mrs. Darrell Calhoun have returned home after the holidays spent in southern Oregon visiting friends and relatives.

Mr. and Mrs. A. F. Majeske returned home Thursday from an extended trip to Los Angeles and way places. They made the trip with a daughter and family, Mr. and Mrs. Jack Mounts of Maudin. While away they spent Christmas with Mr. Mounts' mother in Los Angeles, and visited a friend of Mr. Majeske's whom he had not seen since leaving Germany many years ago.

Gar Leyva flew via jet from Seattle last week to Williams-town, Pa., where he took delivery on a new plane which he will bring home this week.

Mrs. Ida Chapman, mother of Mrs. Gar Leyva, who has been visiting here this winter, was taken to Pioneer Memorial Hospital one night last week, but

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may be on your farm already—if not, it will be unless we get busy on a program to stop it"—so says FARM JOURNAL in a big feature article. It attacks

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BOARDMAN GIRL NAMED HOMEMAKER OF TOMORROW

By MARY LEE MARLOW

The 1961 Betty Crocker Homemaker of Tomorrow for Riverside High School is Carolyn Lee Baker. Having received the highest score in a written examination on homemaking knowledge and attitudes taken by graduating seniors in her school, she becomes a candidate for the state Homemaker of Tomorrow award, which will be announced in March.

Each school Homemaker of Tomorrow will receive an award pin manufactured by Jostens, and representing the slogan "Home Is Where The Heart Is." The examination papers of school homemakers will be entered in competition to name the state's Homemaker of Tomorrow.

The \$110,000 homemaking education program sponsored by General Mills offers a \$1500 scholarship to the first ranking girl in each state, and a \$300 scholarship to the state's second ranking participant.

State Homemakers of Tomorrow and their faculty advisors receive an expense paid educational tour through New York City, colonial Williamsburg, Va., and Washington, D. C. April 8-13 the trip culminating in the announcement of the All-American Homemaker of Tomorrow, whose scholarship is increased to \$5,000. Second, third and fourth ranking Homemakers of Tomorrow in the nation will have their scholarships raised to \$4,000, \$3,000 and \$2,000 respectively.

Mr. and Mrs. Delbert Houston are the parents of a son born January 6 in La Grande. He has been named Leo Ernest. Grandparents are Mr. and Mrs. Leo Pott's of Boardman, and Mr. and Mrs. Ernest Houston of La Grande. Great-grandparents are Mrs. Etta Nickel of Pendleton, and Mrs. Ida Potts of Friendswood, Texas. The baby weighed seven pounds, 12 ounces.

Mr. and Mrs. Roy Partlow are the parents of a daughter born Jan. 8 at St. Anthony's Hospital in Pendleton. Grandparents are Mrs. Anna Partlow of Boardman, and Mrs. Marie Golden of Milwaukie. The baby weighed six pounds, four ounces.

Ken Arbuckle, humorist and story teller, will present a program at the National School Assembly at the school gymnasium Monday, Jan. 16, at 12:35 p.m. He tells American folk stories, combining travel, adventure, literature and education as the history of the United States is revealed through the tales and yarns of its people. Many of the stories are of a humorous nature and are told in the dialect and mannerisms of the locality in which it originated.

Kurt Gantenbein left Sunday for Washington State University at Pullman, Wash., where he will attend agriculture short courses being given there during the month of January.

Spec. 4/c Billie Seehafer left Sunday for Fort Eustice, Va., after spending a thirty day leave here at the home of her parents, Mr. and Mrs. W. G. Seehafer.

Earl Briggs has been a patient at the Veteran's Hospital in Walla Walla, Wash. the past week. He was to return home Tuesday.

Mrs. Ray Brown has returned to her daughter's home Saturday.

Laddie Henderson, son of Mr. and Mrs. Alonzo Henderson, has returned to his schooling at Northrup aeronautical school in Los Angeles.

Mr. and Mrs. O. W. Cutsforth spent several days last week in Portland.

Eugene Sawyer has returned to his home in Pendleton after several days spent in Pioneer Memorial hospital in Heppner.

Gladys Van Winkle has been employed as cook at the school last week during the absence of Mrs. Davidson, who has remained at home to care for her son Greg who has been ill.

Mr. and Mrs. Mervin Leonard were Portland visitors last week. Mr. and Mrs. Vernon Munkers have returned home after spending a few days in Portland.

Rev. Walter Smith and family returned home last week after spending a week in Eugene at the preacher's parliament.

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Thursday, January 12, 1960

HEPPNER GAZETTE-TIMES

Hardman News

By CHARLOTTE WALKER

The 1961 officers of Mistletoe Betelsh Lodge No. 25, Hardman, are as follows: Vern Baily, noble grand; Lucille Parrish, vice grand; Charlotte Walker, secretary; Mildred Wright, treasurer; Sue Vinson, warder; Dolly Fraters, conductor; Ethel Robinson, I.S.G.; Alta Stevens, O.S.G.; Marie Lesley, L.S.N.G.; Emma White, R.S.N.G.; Jessie Lovgren, L.S.V.G.; Evelyn Farrants, R.S.V.G.; Delfie Chapel, chaplain; Nona Leathers, musician.

Mr. and Mrs. Walter Wright and Mr. and Mrs. Harold Wright went to Ione Wednesday night to attend the 4-H leaders banquet sponsored by the Pacific Power & Light Company. Mrs.

Walter Wright was presented a plaque for being an outstanding alumni leader.

Mr. and Mrs. Louis McDonald and children visited with Mr. and Mrs. Darold Hama, New Year's Day.

Barton Clark is in the Pioneer Memorial Hospital.

Mr. and Mrs. Elmer Palmer were guests of Mr. and Mrs. Marion Palmer at their mountain cabin New Year's Day.

Mr. and Mrs. Harold Wright entertained with a card party New Year's Eve. Those present were Mr. and Mrs. Wilbur Van Blakland, Gary and Dale, Mr. and Mrs. Elmer Palmer, and Mr. and Mrs. Tom Springer.

These will be a dance at Hardman January 14. The Quackenbush orchestra will provide the music. Everyone is invited.



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A drowning person rises to the surface by the involuntary movements of the limbs. These movements cease when insensibility comes on, not necessarily after three risings. 1—Quain's Dictionary of Medicine. 2—Harmsworth Encyclopedia, Vol. 4, page 71.

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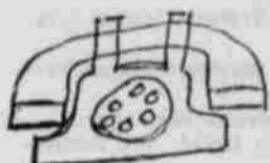
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Sealy Mattress Sale Starts Monday, Jan. 16

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