

ONE NOTES

FRANCINE CRAWFORD

Funeral services were held at the Lane Community Center for Echo Dora Palmateer, died July 11, at Pioneer hospital.

Interment was in the Odd Fellows Cemetery at Estacada. Graveside services were held by Rev. Ross of Eagle Presbyterian church. The ceremony was given by Rev. Ross of Estacada.

Funeral services for Mrs. Walter Corley entertained with a bridge party on Friday evening in honor of Mrs. Ernest McCabe who is visiting here. Other guests were Mrs. Robert DeSpain, Mrs. Ray Boyce, Mrs. Bill VanWinkle, Mrs. Eldon Padberg, Mrs. Gene Hall, and Mrs. Delmer Crawford. High prize was won by Mrs. Boyce, second high, Mrs. Hall, and low by Mrs. Padberg.

Mr and Mrs Fayne Ely and family of Portland are spending a week with their parents, Mr and Mrs Franklin Ely.

contestant on Friday, Saturday and Sunday.

Mrs. Lewis Halvorsen and Frank and Mrs. Hattie Crabtree are visiting relatives in Salem for a few days.

Mr and Mrs Arthur Stefani Jr and family were in Portland a few days last week. Their daughter Teresa remained in Portland to spend the week visiting with Mr and Mrs Arthur Bergstrom and family.

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Mr and Mrs John Stract and family returned to their home at Elk Grove California on Monday.

Mrs Ernest McCabe and children of Bay City are visiting her parents, Mr and Mrs E W Bristow this week.

Mr and Mrs Berl Akers were hosts at a lawn supper on Saturday evening, July 16. Guests were Mr and Mrs John Stract and family of Elk Grove, California. Mr and Mrs Pete Cannon and family, Mr and Mrs Wallace Matthews, Mr and Mrs Franklin Ely, Mrs. Hazel Beers of Eagle Creek, Oregon, Mr and Mrs Ted Palmateer and Bonnie, Mr and Mrs Lloyd Morgan and family, Mr and Mrs Delmer Crawford and daughters and Berl, Bonnie, Bill, and Bob Akers.

Mr and Mrs Ernest Heiker visited at the home of Mrs Peter Timms in Pendleton Sunday. Other guests of Mrs Timms was Mr and Mrs Melvin Timms of Hermiston.

Sharon Cutsforth of Pasco, Washington visited at the home of her parents, Mr and Mrs Donald Heiker over the weekend.

Mr and Mrs Morris Hudson and family of North Bend visited at the home of his brother, Mr and Mrs Charles Hudson and family this week.

Mrs G Hermann is a patient in the Emanuel hospital at Portland where she had surgery last week.

Mr and Mrs Helmut Hermann brought Mr G Hermann and Mrs Harlan Crawford to home on Friday. They had been in Portland with Mrs Hermann. Mr and Mrs Helmut Hermann returned to Portland on Sunday with their furniture. They are now living at Oswego.

Sandra Carlson has been a guest of Mr and Mrs John Darst of Salem for a week.

Mr and Mrs Tom Bristow and children returned to Portland on Monday.

Recent guests of Mr and Mrs Louis Carlson were Mr and Mrs Leonard Carlson of Portland and Mrs John Darst and Dixie and Hal of Salem.

Would anyone wishing to use the park for meetings or picnics please notify Oscar Lundell. The dates which have already been reserved are July 22 and 24.

Mr and Mrs Ray Helmbigner took their niece, Judy Fink to Pasco on Friday evening, on Saturday morning she had an appendectomy. Miss Fink has been helping during harvest at the Helmbigner ranch.

Chats With Your Home Agent

By ESTHER KIRMIS
Summer is outdoor cooking time. Whether you picnic in one of Oregon's parks or in your own back yard, the time to consider food for outdoor eating is here. Outdoor eating is a popular nationwide custom. More than 80% of American families eat outdoors at some time during the year, according to a recent survey reported by Chain Store Age. The majority of families eat outside between one and three times a month on an annual average.

Eating outside is likely to be most popular with families where the homemakers are under 35 years of age and least popular with those 55 years and over according to another report. Families with five or more persons eat outdoors most frequently. Families of one or two eat outside less often. Over half of the outdoor meals are served to six or more persons, while more than 90% are served to four or more.

Survey lists popular picnic items. Foods most likely to appear at picnics include: pickles, white bread, butter or margarine, sauces and tomatoes, according to Chain Store Age. These items appear in at least 3 out of 4 picnics. Other leading items include: potato chips, olives, cookies, coffee, cake, bottled drinks, milk and cheese. Of the meats, hamburgers, and frankfurters are included in half of the picnics. Among fruits, bananas are the most popular picnic selection, while tomatoes lead the vegetables.

Prepare your cook-outs. Outdoor meals need as careful planning as other meals. Don't short change your family on health giving proteins, vitamins, and minerals by just packing a basket with hot dogs, potato chips, pop, and marshmallows. It's wise to plan only two courses.

Start with a meat or main

dish which can be cooked over the coals. With the meat, serve a vegetable or salad, or both, and bread. Fresh fruits in season are a perfect choice. Remember the family's favorite beverage. Keep milk well chilled. An insulated bag, a chilled vacuum bottle, or a cold stream will do the job. Fruit or tomato juices are good thirst quenchers. If space is a problem, concentrated juices that require no refrigeration are the answer. Plan a menu that will be quick to prepare and serve and easy to clean up.

After deciding on the menu, make out your market order. Be sure to allow for extra servings to satisfy those outdoor appetites.

MEAT BUYING GUIDE
Kind of cuts Servings per pound
Boneless 4
Medium amount of bone 2-3
Large amount of bone 1-2

Now think of all the jobs you can do ahead of time, such as preparing the barbecue sauce, dessert, salad, beverage and bread. You may want to list on-the-spot jobs and jot a name by each so everyone can get into the act.

Be sure to check the barbecue and serving tools so everything

is in good condition and there is plenty of fuel. Use paper dishes or attractive pottery for serving the meal. With paper dishes, a clean-up bonfire will take the place of dishwashing.

Prevent food spoilage. Care needs to be taken to prevent foods from spoiling, especially during hot weather. Keep all perishables in the refrigerator until needed. Plan to eat soon after you arrive at the picnic spot, while food is at its best and safest.

Spoilage can occur very quickly with the right combination of warmth, moisture and food. Avoid creamed dishes, cream sauces, gravies, custard and cream pies, eclairs, and cream puffs. Use special care with meat, fish and potato salads, and sandwich fillings. They must be kept cold. Sandwiches made at the picnic spot taste better and are safer than ones made at home, especially when mayonnaise or salad dressing is used.

If you are not sure of the purity of the water supply, boil all water that you use for five minutes.

Paul Koe sig spent a few days of last week at Lake Chelan, Washington.

Weekend guests at the Ralph Beamer home were their son Neil and Bruce Baylen of Pendleton and Marilyn Foster of Adams.

HIGH on Green Sheet Ratings by Film Estimate Board of National Organizations — ON THE BEACH — Star Theater, Sunday-Monday-Tuesday.



From where I sit ... by Joe Marsh

On the Right "Track"

Job Fisher, the local stationmaster, tells a story that happened last winter during one of our worst blizzards.

Seems there was a Center City salesman down at the depot waiting for the scheduled 8:02 train. Storm raging the way it was, small town, why, the poor chap pictured himself stranded for days. Suddenly a train emerged from the storm and croaked to a stop. It was the 8:02, right on time!

The happy salesman shook Job's hand and said: "Weather like this and your 8:02 is right on time!" "Hate to disillusion

you, son," said Job, "but this is yesterday's 8:02."

From where I sit ... things aren't always what they first appear to be. For example, there's the fellow whose first impression is that only lead tea is real refreshment, but not beer, which I prefer. Sure he's entitled to his opinion, but he's got to respect mine too. That's tolerance and that's something we've got to "train" ourselves to have more of.

Joe Marsh

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