

SOCIAL HAPPENINGS

Josephine Thompson, Social Reporter

Seventeen Tables In Play At OES Card Party

Seventeen tables were in play at the pinocle and bridge party hosted by the Eastern Star Thursday evening.

In pinocle Mrs John Lane won the high prize and Frank Connor won the low prize.

In bridge Mrs Ike Cole was the winner of the high prize with the low prize going to Mrs Frank Connor.

Mrs Conley Lanham won the door prize.

The ladies in charge for the evening were Mrs Joe Snyder, Mrs Edna Turner, Mrs Joe Wright, Mrs Paul Jones and Mrs Oliver Creswick.

Dinner and Bridge Note Birth Date

A birthday dinner was given Saturday evening in honor of Phil Blakney by his wife, Mrs Blakney at their home.

Those attending were Mr and Mrs Paul Koenig, Mr and Mrs Harry Bongers, Mr and Mrs Earl Ayers, Mr and Mrs Jerry Daggett and Mr and Mrs Bill Scrivner.

Following dinner bridge was played with the two high prizes for men being won by Paul Koenig and Harry Bongers and the two high prizes for women being won by Mrs Koenig and Mrs Scrivner.

SOCIAL CLUB TO MEET

The Eastern Star Social Club will meet Saturday afternoon at 1:45 p m at the Masonic hall.

Bridge Party Held For House Guests

Mr and Mrs Bill Collins entertained Saturday evening at their home with a bridge party in honor of Mrs Collins' sister Mrs Stanley Daugherty and Mrs Gene Hooten, both visiting for the weekend from Cottage Grove.

The guests were Dr and Mrs Wallace Wolff, Mr and Mrs Conley Lanham, Mr and Mrs LaVerne Van Marter and Mr and Mrs Jim Driscoll.

High prize for the ladies was won by Mrs Daugherty and high prize for the men was won by Mr Lanham.

Slumber Party Held on Birthday

Brenda Young celebrated her twelfth birthday with a slumber party Friday evening at the home of her parents, Mr and Mrs Harley Young.

Brenda's guests were Kristine Prussing, Meredith Webb, Barbara Gribble, Susan Drake, Dianne Schaffitz and Marcia and Debora Young.

Following dinner they attended the show.

Bridge Enjoyed at Anderson Home

Mr and Mrs Frank Anderson were host and hostess at their home Saturday evening with a bridge party.

Mr and Mrs L E Dick, Mr and Mrs Bill Blake and Mr and Mrs Bill Labhart were the guests with Mrs Labhart winning high prize for the evening.

Coming Events

Friday, Feb 5—Sans Souci Rebekah lodge.

Monday, Feb 8—Chamber of commerce, noon at Wagon Wheel.

Elks bridge tournament, American Legion.

Tuesday, Feb 9—Bookworms. Degree of Honor.

Elks pinocle tournament, lodge no 66, IOOF.

Wednesday, Feb 10—Willows, lodge no 66, IOOF.

Thursday, Feb 11—Societists, noon at Wagon Wheel.

Friday, Feb 12—Ruth chapter no 32, OES.

Renegades Club Meets At Farley Home

The Renegades bridge club met at the home of Mrs James Farley Wednesday evening of last week.

Those attending were Mrs Dick Meador, Mrs Phil Mahoney, Mrs Jim Norene, Mrs Eddie Gunderson, Mrs Gene Pierce, Mrs Creston Robinson, Mrs Gene Hall, Mrs La Verne Van Marter, Mrs Bill Labhart, Mrs Bill Barratt, Mrs Gordon Pratt and Mrs Alex Thompson.

Mrs Hall won high prize for the evening with Mrs Gunderson winning second high and Mrs Robinson winning low.

Refreshments were served following bridge.

Buschke Family Gathers for Dinner

A family dinner was held at the home of Mr and Mrs Claude Buschke Saturday evening with several out of town members of the family attending.

Those present for the dinner were Mr and Mrs N H Fehmerling, Mr and Mrs George Krebs, Mr and Mrs Robert Hyle and daughter, Sally and Ronnie Himble all of Portland, Mr and Mrs S A Karl of Pendleton, Ed and Louis Buschke of Morgan and Shirley Peck, Mr and Mrs Max Buschke, Mr and Mrs Delmer Buschke and sons, Mr and Mrs Glen Ward, Mr and Mrs Earl Evans, Mr and Mrs Don Evans and three children and Mr and Mrs Jerry Buschke and son.

Kings Little Queens Meet at Hamiltons

The Kings Little Queens met at the home of Mrs Herb Hamilton for bridge Wednesday evening of last week with Mrs Pat O'Brien as co-hostess.

Those attending were Mrs Bill Blake, Mrs Phil Blakney, Mrs Gene Wyman, Mrs Paul Koenig, Mrs Clint McQuarrie, Mrs Harry O'Donnell Jr, and Mrs Bill Sowell.

Mrs Sowell won the high prize, Mrs Koenig won second high, Mrs O'Donnell won low and the traveling jack high prize was won by Mrs Blake.

Mrs Jack Healy Hosts Bridge Club

Friday evening, Mrs Jack Healy was hostess for her bridge club at her home.

Those attending were Mrs Riley Munkers, Mrs Ned Sweek, Mrs Kemp Dick, Mrs Richard Meador, Mrs Creston Robinson, Mrs Don Bellenbrock and Mrs Bill Heath.

Mrs Dick won high prize for the evening, Mrs Meador won second high and low prize was won by Mrs Munkers.

Mrs Pfeiffer Hostess For Sewing Club

The Wednesday Sewing Club met last week at the home of Mrs John Pfeiffer.

Those attending were Mrs Carl Spaulding, Mrs E K Schaffitz, Mrs C E McQuarrie, Mrs Jack Bedford, Mrs Lowell Gribble, Mrs P W Mahoney, Mrs Raymond Ferguson, Mrs Claude Graham and Mrs Robert Penland.

Mrs Happold Entertains Club

Mrs Henry Happold entertained her pinocle club Friday afternoon at the home of Mrs Herb Hamilton.

Those present were Mrs Fred Mankin, Mrs Walter Becket, Mrs Ben Anderson, Mrs Robert Lowe, Mrs Max Harris, Mrs Ambrose Chapin and Mrs Orin Wright.

Mrs Becket won the high prize, Mrs Harris won the low prize and double pinocle was won by Mrs Harris and Mrs Happold.

Chats With Your Home Agent

By ESTHER KIRMIS

February not only has Valentine's Day and famous president's birthdays, but it is also designated as "Heart Month."

A pamphlet from the American Heart Association entitled "A Safe Work Load for Farmers with Heart Disease" has come to my desk. With several of our people suffering from heart attacks recently it might be wise to consider some of the points brought out in this booklet—the result of research and review done by the Purdue cardiac research project.

Work and moderate exercise are good for almost everyone, including people with heart disease. But it is important not to overload the equipment. This applies to farmers as well as the farm machinery.

A person's physical capacity depends on many things—age, health, body build, for example. Capacity to work is also affected by such factors as experience, weather, and state of mind.

Activities are classified as light, moderate, or heavy work according to the energy they take.

Driving a tractor on light cultivation, or along the road, or driving an automobile is classified as light work, according to this bulletin. Milking cows, driving a tractor using front-mounted loader, or walking at 3 miles per hour on grassland is listed as moderate work. Shoveling shelled corn, carrying 100 pounds on shoulders along level pavement, felling and trimming trees, and carrying 50 pounds up a normal stairs is considered heavy work.

Here is a check list of nine points to help you save your energy and do your job:

1. Work at a steady unhurried pace that suits you.
2. Take plenty of short rests.
3. Don't strain yourself in emergencies. Get help or wait until you can be helped.
4. Use your head to save your heart by planning an easier way to do the job.
5. Keep physically fit all the year round. Start on a new job slowly and give yourself time to adjust to the work.
6. Keep an eye on the weather.

FFA Members Give Demonstration At Soroptimist Meeting

The FFA boys of Heppner high school, under the leadership of L L Robbins, instructor, put on a demonstration parliamentary procedure at the Soroptimist Club of Heppner.

FFA members introduced by Mrs Elaine George, program chairman for the day, were Mickey Van Scholack, Al Osmin, Jerry Anderson, Bill Monagle and Cliff Green.

Birthday cake was served in honor of Mrs Loyal Parker and Mrs C E McQuarrie.

Mrs Charles Knox was a guest at the meeting.

HEPPNER GAZETTE-TIMES, Thursday, February 4, 1960

Don't try to do as much work in a hot humid weather as you do in cool weather.

7. Take your age into account. Don't expect to put out as much energy at 50 as you did at 25. Use the know-how you have acquired to make up for reduced physical capacity.

8. Keep your weight normal. Don't drag around extra pounds.

9. Learn to handle emotional stress. Remember that help is usually available.

We have a small supply of these pamphlets on hand in the county agent's office if you'd like one.

I am happy to hear that a Great Decisions study group has formed in lone and had their first meeting on February 1 at the home of Mrs Omar Rietmann.

Even if you do not belong to a study group may I encourage you to watch the "Great Decisions" TV program on Sunday afternoons at 2:30 p m over KGW—Channel 8. This will continue for eight weeks with experts discussing each of the issues found in the Great Decisions kit for 1960.

Here are the topics for the eight lessons:

1. Communist Timetable for 1960—what odds?
2. Divided Europe—Cooperation or crisis?
3. Red China on the march... What U S Action?
4. What chances for India's middle way?
5. Middle East... what hope for stability?
6. What goals for Africa's new leaders?
7. Cuba's revolution—reform or fiasco?
8. U S Global strategy—What outlook for 1960?



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\$5³⁵ EXCHANGE

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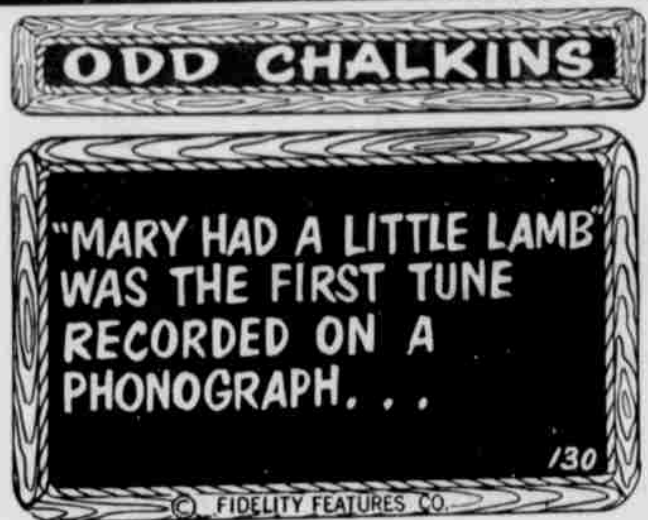
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The first step in Health Care is to report unusual symptoms to your Doctor... The second is to have his Prescriptions filled Here!

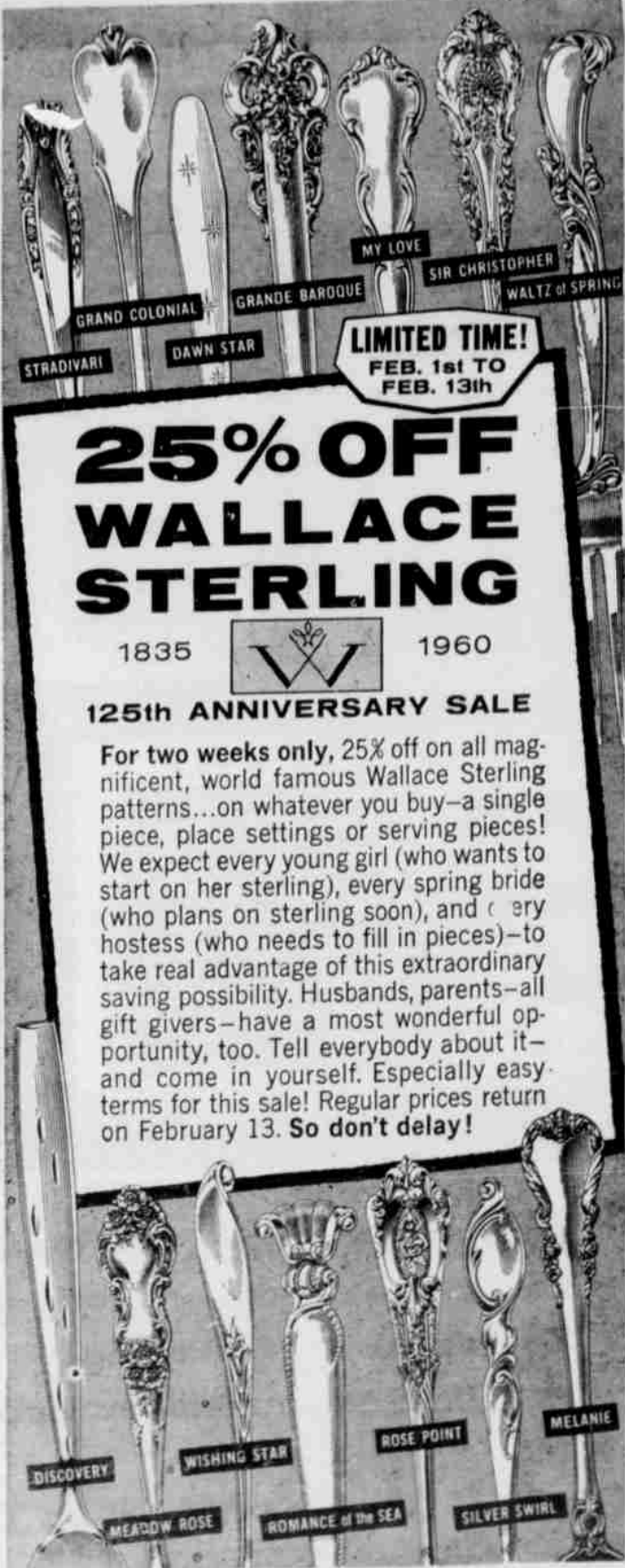
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| Reg. \$1.00 Ready-Lather | |
| CAIR-X Baby Shampoo | 69c |
| in Pressure can | |
| Evening In Paris, Rollon or Stick | |
| DEODORANT SPECIAL | 2 for 69c |
| Regular \$1.00 size | |
| 16 ounce Mouthwash | |
| SOLUTION 59 | 59c |
| Reg. \$1.19 with Free denture cleanser | |
| DR. WEST DENTURE BRUSH | 69c |
| \$1.89 size only \$1.19 | |
| 98c INFRA RUB | 69c |

FILM DEVELOPING SPECIAL

Black & White Processing

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|---------------------------|-----------------|
| 8 Exposure Roll | 49 ^c |
| 12 Exposure Roll | 69 ^c |
| Must Be In By February 12 | |

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|---------------------------------------|--------------|
| 98c | |
| DRISTAN | 2 for \$1.39 |
| Britt Toothpaste, 2 53c tubes | 49c |
| 1-A-Day Vitamins, 100's | \$1.98 |
| Includes package of 2 by 2 gauze pads | |
| Clear Plastic Tape | 29c |
| Reg. \$1.50 size with free 75c size | |
| Wash 'N Curl Shampoo | \$1.29 |
| \$1.40 value—with Free Rinse-Away | |
| VO-5 | ONLY 79c |



PETERSON'S JEWELERS

LEXINGTON OIL CO-OP

ANNUAL MEETING

Tuesday, Feb. 9

BEGINNING AT 10:00 A.M.

LEXINGTON GRANGE HALL

- ELECTION OF OFFICERS
- DOOR PRIZES
- DINNER AT NOON

PREPARED BY LEXINGTON HEC

All Members Urged To Attend