

# CARDINAL

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### "Empathy", Theme For Teachers Institute

Due to a short school week last week, the staff has not had adequate time to gather news for our regular paper, but we feel parents would like to know a little about the theme for "teachers institute" held in the junior high school building at Pendleton.

A new word was added to most teachers' vocabulary. "Empathy". This word was the theme of the meeting. "Empathy" gave considerable interest to teachers and lay people alike.

Empathy is akin to sympathy, but whereas sympathy says, "I feel as you do", empathy says, "I know how you feel". Empathy enables us to use our heads rather than our hearts. With sympathy you reflect some of his suffering, your anxiety in turn may increase his distress. When employing empathy, which is for greater help, you put yourself in the other person's situation. As an example, if you are roped to your companion on a mountain climbing expedition and one of your party falls over a cliff, you don't help by jumping after him, but rather by making your foot-

ing secure enough to haul him back. In brief, empathy means learning to better understand each other by putting ourselves in the other person's place.

Learning to use empathy takes patience. It's necessary always to remember that empathy works only so long as you remain detached, acknowledging the other person's feelings but never sharing them. Using empathy to enter the mind and heart of another human being can become a great adventure. Acquire this skill, and it will roll back the horizons of one's daily life.

### Delinquency Problems Traced in Study

Nowadays, we hear, discuss and think a lot about delinquency. Maybe we should think and discuss more about the reasons for delinquency.

The question, "What kind of parent-child relationships keep the teenager from becoming a delinquent?" may be one of the objective ways to look at the problem. With question in mind Washington State College made a report on what is known as the "Tri-City Study". They used data collected from approximately 3150 Kennewick-Pasco-Richland high school students.

The two professors, Ivan Nye and Erdwin Pfuhl, from Washington State College who made this report, first give a note of caution, that association doesn't necessarily mean causation.

Included here are eleven kinds of parent-child relationships they found associated with delinquent behavior.

1. A high note of delinquency is found in the home where the teenager rejects the parents, shown by a disrespect or indifference towards parents.

2. If punishment is unfair delinquency is higher, also if punishment is expected or promised and not delivered it is still higher. Constant scolding, nagging, and love withdrawal by the parents are also associated with high rates of delinquency.

3. Least delinquency is found where teenagers are kept home week nights, but are allowed out on weekend nights. Highest delinquency is found where teenagers are allowed complete freedom of movement. Freedom to go out by themselves as opposed to going with a group was found related to delinquency, particularly with girls.

4. Low rates of delinquency is associated with high frequency of home recreation shared by parents and their children.

5. Good and neat appearance in parents is associated with low rates of delinquency. Objectional appearance violates the teenagers sense of rightness and makes him feel he has "lost face" with his friends.

6. Delinquency is low when parents and teen agers share the same values. That is, when they agree on the importance of religion, honesty, etc. Where there

is a conflict in values the adult cannot serve successfully as a model or guide the teenager away from delinquent behavior.

7. Generosity in parents is associated with low delinquency as is impartiality in sharing family income among brothers, sisters. This does not mean the giving of large amounts of money to teenagers, this in its self is associated with high delinquency.

8. Disagreement, constantly, between parents, with or without emotional outbursts, is related to high delinquency.

9. Ethical behavior in both parents is related to least delinquent behavior. Cheerfulness, evenness of temper, absence of moodiness, and a general calmness are all very helpful in the behavior of the child.

10. Low delinquency is related to parents' interest, absence of partiality in interest, and frequent use of praise and trust in the teenager. High delinquency is most often associated with parents who are hostile or indifferent to their children.

11. In families where teenagers ask parents for information and advice when needed a low delinquency is associated with this type of family. The practice of taking sex problems to parents is related to low delinquency with one interesting exception. Girls who always or frequently take sex questions to their father turned up on the high delinquency list.

Four questionnaires were given to approximately 3150, ninth, tenth, eleventh and twelfth grade pupils. The questionnaires were anonymous. "Trap questions" were used to weed three types of

### Heppner High School SCOOP

**By Karen Prock**  
Mustang staff selections are posted on the bulletin board! Everyone is rushing to see if they got the job they were wanting.

Members in Stanley Holm's Algebra II class are working at their own speed, whenever they finish a chapter they are tested on it. Some of the "quickies" are apt to be finished with the course long before the end of the year.

The shorthand class is going to make pictures using shorthand symbols. Their work will then be displayed on the bulletin board in the commercial room.

The Oregon Business Education will award a \$100.00 scholarship to an outstanding high school business student.

The scholarship will be presented through the Future Business Leaders of America. Each BBLA organization contributes to this fund.

High school and seventh and eighth grade students went on their hayride, but not to the

uncooperative teenagers out—those who wanted to be "angels", those who wanted to be "devils" and those who were "not interested". About 1 per cent of these questionnaires were unusable for these reasons.

From this bit of research one may see very quickly that the home, church and school should play a more cooperative part in helping not only the teenagers, but the parent as well.

P. G. N.

mountains. Due to the snow, the group rode to Lexington and came back to Heppner fair pavilion. Refreshments were served to the group.

Each class presented skits. The eighth graders won first prize, with a trio singing Mrs. Murphy's Chowder and Can't Do the Boogie in a School plus several skits. The junior class was second and James Mallon's seventh graders took third place.

Later everyone joined in the dancing.

### PONY KICKS

**By Mary Stewart**

The third grade has been learning about birds. Under the direction of Mrs. Adrian Bechdolt, each child chose a bird. Then they read books, drew pictures, and reported orally to the class on the bird they had selected. Mrs. Bechdolt planned this as a correlation of science, spelling, language, and penmanship.

They also had a Halloween party given for them by Mrs. Nels Anderson, their room mother.

Try outs for grade school yell leaders will be held next week at an assembly. Two girls will be elected from the seventh grade.

her thanks for the letters they sent wishing President Eisenhower a speedy return to good health.

### IONE NEWS

Those attending homecoming at Pacific University in Forest Grove over the weekend were Mrs. Lloyd Howton and Jimmy and Judy, Mr. and Mrs. Markham Baker and Mardine, Anna Jepsen, Mrs. Roland Bergstrom, and Mr. and Mrs. Delmer Crawford. Duane Baker was on the starting lineup for Pacific in the football game against College of Idaho on Saturday night.

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