

Holiday Guests Many at Lexington

By Delpha Jones

Mr. and Mrs. L. E. Ruhl received word New Years of the safe arrival of her brother Bobby Grey in Japan. He is the son of Mr. and Mrs. Gene Grey of Stanfield, and is well known here.

Mr. and Mrs. Ken Jensen and children returned home from Spokane Saturday where they spent the holidays with Mr. Jensen's parents.

Mr. and Mrs. Malcolm Rickleder of The Dalles spent the holidays with her parents, Mr. and Mrs. Charles Breshears. She is the youngest daughter of the Breshears. Other guests arriving on Sunday are Mr. and Mrs. Carl Whillock and Sandra of Brookings, Oregon.

Mr. and Mrs. L. D. Vinson and children were guests of her parents, Mr. and Mrs. Oris Padberg over New Years day.

Mr. and Mrs. M. R. Stone and son spent the holidays in Portland.

Guests over the holidays at the L. E. Ruhl home were James Ponier of Seattle and Mrs. Mikese and daughters of Toppenish, Washington.

Mr. and Mrs. Hays of Lonerock were dinner guests at the Earl Warner home on New Years, and other guests were Mr. and Mrs. Clarence Hays of Corvallis, who motored up after their daughter, Janice, who had been visiting her grandparents, Mr. and Mrs. Earl Warner.

Mrs. Alex Hunt received word on New Years day of the death New Years eve of her granddaughter in Chicago.

Mr. and Mrs. Vernon Christopherson and small daughter, visited her grandmother, Mrs. Elise Peterson on New Years.

Mr. and Mrs. L. E. Beach of Portland spent the holidays here with his mother, Mrs. Elsie Beach. Mrs. Beach had been visiting in Portland the last two weeks returned home with them.

Charlie Buchanan, who has been confined to his home for several weeks, returned to his work at the mill today.

Mr. and Mrs. K. K. Marshall and Marvin Way motored to La Grande on Sunday where they visited Ken Way who is a patient in a hospital there.

Max Breeding returned to his home on Tuesday, from Portland. Max was injured in a car accident at Yamhill on Monday. He was met in Arlington by his parents, Mr. and Mrs. O. G. Breeding.

Mr. and Mrs. W. I. Miller and sons of La Grande visited at the C. C. Jones home this weekend. Earl Miller returned home with them, where he will spend some time visiting.

The church members and their friends had a very enjoyable evening at the local church New Years where they enjoyed a "Watch Party".

Guy Hastings spent several days at the Carl Bergstrom ranch while they visited Mr. and Mrs. Bert Corbin at Richland, Wash.

Mr. and Mrs. Eugene Majeske and children motored to Pendleton Monday where they went to consult a physician.

Mr. and Mrs. W. E. McMillan were business visitors in Pendleton on Saturday.

During the holidays Mr. and Mrs. Emery Burnside had the following guests: Mr. and Mrs. Bob Steagall and family of Albany; Mr. and Mrs. Dave Steagall of Portland; Mr. and Mrs. Earl Steagall of Seneca; Mr. and Mrs. Jack Stitton of Kinzua; Mrs. Theta Stratton and children of Heppner and Miss Irene Steagall of Eugene.

Lexington Grange will be held at the local grange hall on Saturday night, Jan. 9. It was announced that lecturer's hour will be held first on the program and all officers and past officers are urged to be present.

COUNTY ASSOCIATION SETS UP LIVESTOCK PROGRAM FOR YEAR

Meeting last Wednesday afternoon, the newly elected Morrow County Livestockgrowers Association executive committee laid plans for the livestock program for 1954. Newly elected President Raymond French, presided with W. W. Weatherford, chairman, production and marketing committee; Ralph Beamer, chairman, livestock theft control committee; Steve Thompson, chairman, range and pasture improvement committee; Don Robinson, past-president; Jim Allen, vocational agricultural instructor; and N. C. Anderson, county agent and secretary, present.

Plans were made for promoting the livestock theft prevention program in 1954 with that committee to begin at once to collect voluntary contributions and post reward signs throughout the county. \$1000 reward will be offered for the arrest and conviction of anyone found stealing livestock and \$50 reward for anyone found maliciously cutting fences and leaving gates open. Authority was given to purchase signs to post throughout the county and to authorize the reward to apply to any cattle in Morrow county and the trespass award to any farm in the county.

The group decided to make a membership drive to get more Morrow county ranchers as members of the Association. The membership committee for 1954 will consist of Marion Finch, John Graves and Don Robinson, all of Heppner.

The game law committee, headed by Gerald Swaggart, Heppner, with Herb Hynd, Cecil W. E. Hughes and Bob Van Schoelack, Heppner as members, will attempt to convince the state game commission that game laws and many of their actions have not been approved by the livestock operators.

The livestock theft control committee consists of Ralph Beamer, chairman, Herbert Hynd, Lee Scrivner, Jim McLaughlin and Lewis Cason. The range and pasture improvement committee will be headed by Steve Thompson, Heppner, with Jack Hynd and Oscar Peterson, members. Other members to be appointed at a later date. This

committee will continue to encourage grazing-legume trials, grass and legume nurseries, and projects concerning better range and pasture improvement in Morrow county.

The insect and rodent control committee headed by Dick Wilkinson, with Floyd Worden, Don Greenup and Paul Webb as members, have on their list of actions that of a gopher control program on irrigated bottoms and mountain meadows. The disease control committee with Kenneth Peck, Lexington, as chairman again this year, will be



TAKING IT EASY by Science Features

Relaxation in a true sense means doing absolutely nothing. This should be the easiest thing in the world, but psychologists claim that our modern hectic way of living makes relaxation very difficult.



Relaxation is really the art of dropping tension. A series of tests, conducted by Dr. Edmund Jacobson of the University of Chicago, showed that the mind can make muscles work through thoughts alone. By connecting electrical instruments to the muscles of patients who were lying down with their eyes closed, he was able to measure the activity. If told to imagine they were lifting a weight, the muscles of the patient became tense with effort. In the same manner, hate, worry and other thoughts cause activity, and spoil relaxation.

Tense people generally do more work than they have to. They are exhausted at the end of a day, not by their regular chores, but by the energy used in wasted actions. Actually the key to relaxation is economy: don't waste power, movement or thoughts.

Pulp, Paper Mills Reduce Pollution Of Streams by 60%

OREGON STATE COLLEGE—The pulp and paper industry is making continuous progress in reducing stream pollution in the

Pacific Northwest, according to stream improvement research workers at Oregon State college. Dr. Herman R. Amberg, resident engineer at OSC for the National Council for Stream Improvement, says a reduction in pulp and paper pollution of approximately 60 to 70 percent has been achieved in the Pacific Northwest since the improvement program was started.

The reduction has been made possible, he reports, through research and industry cooperation. Oregon State college is one of eight centers across the country where stream improvement research is conducted for the pulp, paper and paperboard industry. It is project headquarters for Oregon, Washington, California and Idaho.

Cooperating in project work at OSC are the engineering experiment station and the department of fish and game management. George W. Gleason, dean of engineering, is directing special engineering studies and R. E. Dimick, fish and game department head, is in charge of work on effects of mill wastes on fishes, particularly salmon.

The lower stretch of the Willamette river has been a pollution trouble spot in the past. Conditions are improved, however, and plantings of salmon fingerlings have been made recently by the Oregon Fish commission to reestablish the fall run fish in

the Willamette. In its effort to overcome the pollution problem, the pulp and paper industry is attempting to find constructive uses for the wastes. They have been found of some value as a low cost binding agent for improving gravel roads and for the manufacture of industrial alcohol, feed yeast and other products.

Storage lagoons have been developed by several mills to hold the present process waters during critical summer months of low stream flow. Wastes are then gradually released during high water periods.

Until a general solution for waste utilization and disposal can be developed, and the ultimate solution probably remains some years away, these and other individual handling methods will likely remain the answer to the problem, Amberg believes.

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OPENS RADIO AND TELEVISION SERVICE

A radio and television sales and service shop has been opened in his home on N. Gilmore street by Glenn Way, who recently moved to Heppner from the Eightmile area.

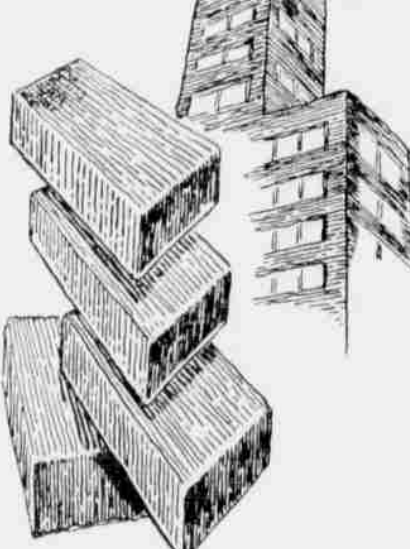
The business will be called Electronics Service and Way will specialize in service of radio, TV, hi-fidelity, intercommunication and sound systems.



Glen Ward spent the New Years holidays visiting at the home of his parents in Haines.

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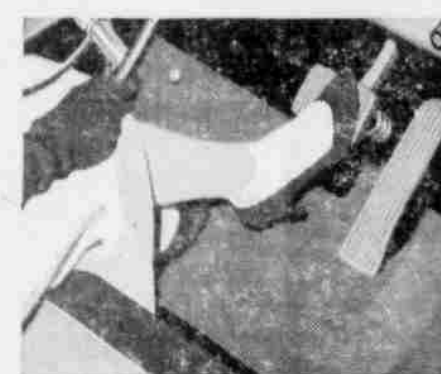
That is the real news behind Pontiac's new Star Chief—and the big reason why it is so important that you see this magnificent car soon. At a cost just above the lowest, you can now acquire the biggest, most powerful Pontiac ever built. And with this exceptional size and performance comes distinction of contour and interior richness that make the Star Chief the peer of any car for beauty.

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