

Social Happenings . . .

Rieta Graves Weds Melvin R. Piper Here Sunday

At a Sunday afternoon ceremony at the First Christian church, Miss Rieta Graves, daughter of Mr. and Mrs. John Graves, became the bride of Melvin R. Piper, son of Mr. and Mrs. Rufus Piper. The Rev. Earl So-ward read the double ring service.

The bride, given in marriage by her father, made a lovely picture as she walked down the aisle of the church. She wore a white slipper satin wedding gown en train, made with long pointed sleeves tailored fitted bodice which closed down the front with self covered buttons and finished at the neckline with a pointed collar of Chantilly lace. The front of the skirt was made in redingote effect with Chantilly lace matching the collar. This was worn with a double finger-tip tulle veil edged with matching lace and held with a coronet of seed pearls.

She carried a crescent bouquet of yellow rosebuds tied with streamers of shaded green ribbon.

The matron of honor, her sister, Mrs. Howard Pettyjohn, wore a yellow strapless net Ballerina gown over taffeta with matching net stole and carried a blue colonial bouquet. The skirt was made with a lace redingote inset.

The bridesmaids were Mrs. Louis Carlson, sister of the bride, and Mrs. Arthur Warren. They wore blue ballerina strapless gowns with matching stole and carried yellow colonial bouquets. All wore head bands of braided tulle and flowers.

Candle lighters were Miss Dorothy Ellis and Miss Marlene Du-an, cousin of the groom, who wore blue and yellow gowns.

Stephen Pettyjohn, nephew of the bride, was the ringbearer and Chris Munkers was flower girl. She wore a yellow organdy gown.

Lorin Piper, brother of the groom, was best man and ushers were Phillip Smith, Marion Green, Fritz Cutsforth, and Robert Cunningham.

Mrs. Milton Bates of Lexington played the wedding music and accompanied Oliver Creswick who sang "Always" and "Because."

Mrs. Graves wore a grey suit with pink accessories and an orchid corsage. Mrs. Piper wore a grey suit with black accessories and an orchid corsage.

The Chancel was decorated with tall wrought iron vases holding yellow snapdragons and chrysanthemums and wrought iron candleabra against a background of green.

Following the wedding ceremony a reception line formed in the church parlors.

The bride and groom cut the first piece of the five-tiered wedding cake topped with miniature bridal couple and decorated with blue scallops and yellow rosebuds.

Mrs. Donald Heliker, Ione, and Mrs. Charles Wilcox, Hermiston, aunts of the bride continued with the cutting and serving. Mrs. William Duran, aunt of the groom served the groom's cake.

Pouring were Mrs. Lawrence A. Palmer of Lexington and Mrs. Ed Piper of Woodburn. Mrs. Leonard Munkers of Lexington was in charge of the punch table.

Mrs. Marvin Kennedy of Hermiston was in charge of the guest book and Mrs. Lester Wilcox of Hermiston was in charge of the gift table. Mrs. Jack Van Winkle was in charge of the reception.

After a short honeymoon the young couple will be at home on the Graves ranch in Sand Hollow. For travel the bride chose a suit of grey wool with grey accessories and a corsage of yellow rosebuds.

Both are graduates of Heppner high school and Mrs. Piper has been attending Oregon State College during the past term. Mr. Piper attended Washington State College at Pullman, Wash.

Out-of-town guests were Mr. and Mrs. Ed Piper and son John, of Woodburn, Mr. and Mrs. George W. Piper of Milton-Freewater; Mr. and Mrs. Elwood Piper of Milton-Freewater; Mr. and Mrs. Charles Wilcox and son; Mr. and Mrs. Lester Wilcox and Mr. and Mrs. Marvin Kennedy of Hermiston.

Coming Events

- Friday Jan. 9—Ruth chapter No. 32, OES
- Monday Jan 12—Chamber of commerce, noon at O'Donnell's
- Tuesday Jan. 13—Bookworms Degree of Honor
- Wednesday Jan. 14—P-TA, school at 8:00 p. m.
- Thursday Jan. 15—Soroptimists, noon at O'Donnell's
- Elks, stag night
- Friday Jan. 16—Sans Souci Rebekah lodge

Baker-Miller Wedding Recent Event at Boardman

By Flossie Coats

In a candlelight ceremony Sunday afternoon at 4 p. m. December 21st at the Boardman Community church Miss Mildred Miller, eldest daughter of Mr. and Mrs. Russell Miller became the bride of Harold Baker, son of Mrs. Adeline Baker with the Dr. Earle Cochran of the Presbyterian church, Pendleton performing the double ring ceremony.

The bride given in marriage by her father was dressed in a street suit of dark tan with brown accessories. She carried a white



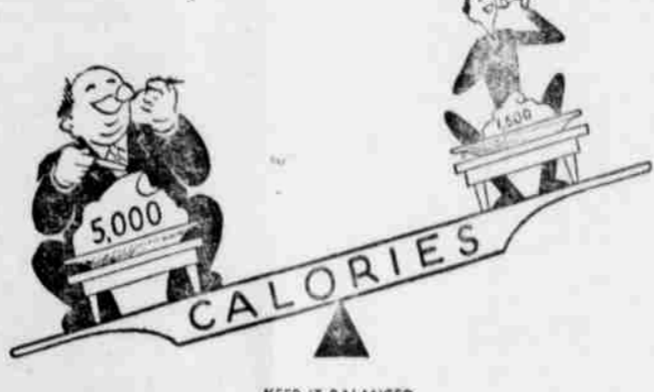
MISS JESSALEE MALLALIEU, recreation specialist, Oregon State College, will meet with square dance callers on January 5 at 8:00 p. m. in the Club House at the fair grounds at Heppner. Miss Mallalieu will continue teaching techniques for square dance callers. Each caller will have an opportunity to practice calls during the session. This is the second meeting of a series of three meetings scheduled for Morrow County, according to Maud C. Casswell, Home Demonstration Agent.

Peterson Home Scene Of Bookworm Party

Mrs. Lucy Peterson entertained the Bookworms Club on the occasion of its annual Christmas party, Tuesday, December 30 at her home on Gale street. The program included two Christmas songs by Mrs. Peterson and the reading of the book "The Littlest Angel" by Miss Alice Peterson. The group discussed Christmas customs and their origin in the United States and other countries. Following a gift exchange refreshments were served. Nine members were present.

Food Sense — Not Nonsense

Calories Make the Difference



Peck's bad boy couldn't have taken more punishment than has the abused calorie, yet no one could live without it. Whether you are big or little, you need energy to work and enjoy life. That energy can come only from calories furnished by food.

Today, good diet has an indirect enemy—the calorie—because some folks forget that a key to healthful living is balanced eating. So much is said about hazards of overweight that the food needs of the underweight person or the energetic youngster are overlooked. Extreme thinness, though fashionable, is a real hazard.

It is easy enough to see the results of too many calories. Likewise a lack of calories is evident before the lack of proteins or any one of the vitamins or minerals sounds a warning. Undereating leads to nervousness, irritability, loss of appetite, indigestion, listlessness, lack of vitality and lowered resistance.

The energy to live comes from food and the amount of energy supplied by that food is measured in terms of calories. Actually, food is fuel. Fuels are they gasoline or apple pie, put the "go" in your car or your body. Your age, how hard you work physically, and your size decide how many calories you need. Too many calories go to waste, on your waist.

Fats give about twice as many calories as do sugars, starches or proteins. Foods high in fat have a high calorie count. Some foods, such as a few fruits and vegetables, due to their large amounts of cellulose and water are very low in calories. Nutritionists consider bread and lean meat as having in-between calorie values.

Calories from enriched bread and cereals are economical sources of energy. In some cases, these foods furnish good protein for as much as one-half the cost of high-protein foods.

Bible with white Orchid.

The maid of honor, Miss Grace Miller, sister of the bride wore a suit of moss green, with white accessories and white carnations. Leonard Aldrich, Irrigon a friend of the groom was the best man and the ushers were Willard Baker, brother of the groom and John Partlow, brother-in-law of the groom, who also acted as the candlelighters. The church was beautifully decorated with baskets of red chrysanthemums, ferns and holly.

For her daughters wedding, Mrs. Miller wore a green suit with white accessories, her corsage being yellow rosebuds. The grooms mother, Mrs. Baker wore a blue suit with black accessories and her corsage was also yellow rosebuds.

Miss Marie Soward, Heppner, sang "Because" accompanied on the organ by Mrs. Jess Turner also of Heppner, who played the wedding marches.

Following the wedding a reception was held in the Grange hall where the bride and groom cut the first piece of the traditional three tiered cake, the serving table being decorated with a linen cloth, using silvered holly and large green candle for a centerpiece. Mrs. Ralph Baker, aunt of the bride continued with the serving the cake. Others in charge at the reception were Mrs. Leo Disbrow, also aunt of the bride at the punch bowl, and Mrs. Jack Broomfield, friend of the groom

Both the bride and groom are graduates of the Boardman high school, having spent the greater part of their life in Boardman. The couple will reside in Irrigon where Mrs. Baker will continue her school teaching.

Out of town guests for the wedding were Mrs. Effie Miller, the grandmother of the bride, Mr. and Mrs. Ralph Baker, Corbett; Mr. and Mrs. Leo Disbrow and daughter, Burke, Idaho; Mr. and Mrs. Wilbur Akers and sons, and Elbert Akers, Ione, uncles and aunts of the bride; Mrs. LaVerne Van Marter, and Beth Ball, Heppner; Mr. and Mrs. Charles Phillips, Hinkle and Miss Evelyn Miller, The Dalles, cousins of the bride; Mr. and Mrs. Garnet Barratt, Mr. and Mrs. Jess Turner, Mr. and Mrs. Robert Grabbill and Miss Marie Soward of Heppner; Mr. and Mrs. Carl Goere, Gresham; Mrs. Jack Bloomfield, La Grande; Mr. and Mrs. Bill Lilly and Betty Anson, of Pendleton; Mrs. Minnie Wilson, The Dalles; Bud Taylor, Primeville; Mr. and Mrs. Batie Rand, Mr. and Mrs. Leonard Aldrich, Mr. and Mrs. Barnett, Mrs. Ruth Russell, George Russell, Mrs. Robert Smith and Mr. and Mrs. Homer Hayes all of Irrigon.

Rebekah Installation To Be January 10

Mrs. Clara B. Berison was re-elected trustee for the three year term at the meeting of Sans Souci Rebekah Lodge Friday evening. Plans were completed for the joint installation of officers which is to be held on Saturday, January 10 with a banquet for members and their families in the lodge dining room at 6:30 o'clock. The installation ceremonies will be open to the public and are scheduled for 8:00 o'clock.

Refreshments were served following lodge to thirty-one members by Mrs. Frank Ayers, Mrs. Clara B. Gerston and Mrs. J. C. Payne.

The refreshment committee for the meeting of February 6th includes Mrs. N. D. Bailey, Mrs. Dalbert E. Bailey and Miss Esther Bergstrom.

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Across The Counter By Frank & Van

Like a swift uppercut, Joe's remarks sent me reeling. He said, "Insurance bills are just a dead loss unless you have a big claim."

But I recovered my balance and replied, "You might think so at first, Joe, but I know lots of our customers think they are getting their money's worth. And they've never had a big loss and hope they never will."

"They are buying something almost priceless—protection from financial disaster. The protection is THERE whether they ever have to use it or not."

"Also, we have helped them feel more secure. They sleep better than they would without insurance."

"And, in many cases, we have even REDUCED the chances of a loss by showing them what their risks are, recommending safer practices, pointing out potential trouble spots."

Joe absorbed these punches well. He clinched and said, "That's right. The proper insurance program is worth every cent it costs."

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