

Here Are Sandwich Ideas to Go With the Call of the School Bell

September! With school doors opening again it means to many mothers the beginning of months of planning and preparing lunch box meals — meals which must be well rounded to satisfy children's hearty appetites and provide them with the nutrients needed for busy days.

The Earl of Sandwich probably never dreamed of the popularity and wide use of his invention; however, today sandwiches are the basic food of most lunch boxes. With five days a week of planning, the homemaker must tax her repertoire in order to introduce a variety of sandwich fillings.

Reba Staggs, home economist, points out that dinner might well be planned with school lunches in mind. Leftover roast is perfect for slicing, grinding or chopping for various fillings. For instance, chopped roast pork may be combined with chopped apple and seasoned with a suggestion of ginger. This combination, as most others, is moistened with mayonnaise. Another nutrition-packed filling is made of ground cooked liver with a bit of crisp chopped bacon and minced onion. Baked beans, also from dinner, may be mashed and added to bacon for a happy surprise in the lunch box.

Ready-to-serve Braunschweiger or frankfurters may be chopped and combined with hard-cooked egg, minced onion and prepared mustard. To be kept in

mind for breaking the monotony are double or triple deck sandwiches. One triple combination is made up of a layer each of crisp bacon, jelly and cream cheese.

Wrangler Dinner Honors Two Departing Members

Sunday evening members of the Wranglers held a potluck Farewell dinner for Mr. and Mrs. Merle Becket and son Paul, president of the group. Becket left early this week to take up new duties with the First National bank in Portland.

A second officer, Mrs. Frances Orwick, secretary, was also a joint honoree, when it was learned that she was moving to Condon.

Mrs. Harold Erwin presented gifts to the two members and expressed the club's regret at losing them.

The dinner was held on the clubhouse lawn at the fair grounds and later members moved into the building to hold committee meetings and enjoy an evening of cards.

A record crowd attended the meeting.

DEGREE OF HONOR

The Degree of Honor has changed their guest night from September 11 until September 25.

NEED Envelopes, Phone 882

Information Given on Flower Arrangement For Fair Showing

Open Class entry for flowers offers a varied and interesting display at the County Fair for Morrow county flower lovers. Care should be taken in preparation of the exhibit. The life expectancy of flower arrangements will depend to a great extent upon how blooms are treated from the moment they are picked until they go into a container, according to Maud C. Casswell, County Home Demonstration Agent.

Throw your basket away and get a number 10 can instead. Fill it half full of water and within the first thirty seconds, plunge the cut end of the stem into the can. The reason is a cut stem, if not put into water at once, begins to take in air which later forms bubble blocks in the stem and prevents the plant from sucking up the needed moisture when the stem does finally reach water.

Early morning, just after the dew has evaporated, is the best time for cutting flowers. Evening cutting is good, too, for the flowers that have not gone to sleep by that time.

One of the most important principals of flower preservation is proper treatment of "hardening" of the stem so that it can drink up more water and keep the blossoms fresh longer. Keep flowers cool and let stand at least 12 hours in water up to blossom or well upon stem.

Hard, woody stem plants, such as chrysanthemums, because of their internal structure, usually draw water very slowly. To speed up their moisture intake, smash the cut ends with a hammer for about one or two inches up the stem. This will expose the fibers and allow the stem to take up all the moisture it needs.

The hollow stems of these plants such as dahlias and delphiniums have very little fiber surface and are quite hard around the outside. To open and soften the fiber layer so that it will absorb more water, crush and dip into water immediately.

Annual flowers like Marigold, Cornflowers and Asters require nothing more than immediate submersion of cut ends in water, and hardening in cool darkness for several hours or better, all night.

Bulbous flowers, such as lilies and gladiolus, require immediate submersion in water in deep containers with all the stem surface under water right up to the flower heads. Then, keep in deep water in the coolest place possible for three or four hours or longer.

Bring containers, if possible, to display flowers. The superintendent in charge of Open Class Flower division is Mrs. William Labhart.

Dr. and Mrs. Wagner and son Billy were house guests at the O. M. Yeager home over the weekend. They have returned to Portland but will be in Heppner Wednesday again for three days.

Morrow County Defense Bond Drive Starts Monday

Labor Day will mark the opening of a special Defense bond drive sponsored by the saving bond division of the Treasury department, James Driscoll, Heppner postmaster told members of the chamber of commerce at their Monday noon meeting. Driscoll is Morrow county chairman.

The quota set for the county during the two months of the drive is \$85,000. This compares with purchases of series E, F, and G bonds during the last three months of \$38,000.

Driscoll stated that a concentrated effort is being made to get employers to set up payroll savings plans, where they are not now in effect. When 80 percent of all employers in a city have set up such a plan, that city is eligible for the Treasury department's new defense bond city flag. Three Oregon cities, Salem, Grants Pass and Bend, are now recipients of this flag.

The drive is to end October 27.

Chamber committees reported on progress of parade and float plans and were advised there would be no meeting next Monday, Labor Day.

South Heppner 4-Hers Holds Sunday Meeting

The South Heppner 4-H Livestock Club met Sunday, August 25 at the home of their leader, Harold Peck on Upper Rhea creek. Nelson Anderson, county agent was present. He gave demonstrations on fitting and showing fat beef and fat lambs. Record books were worked on.

Ione News

Mr. and Mrs. Earl Wright and son, Kenneth and Mr. and Mrs. Guy Wright and sons of Baker were visitors at the Ida Grabill home last week.

Rev. and Mrs. Shelby Graves and family of Heppner have moved into the Sofia Knighten house on main street.

Frank Young of Hermiston was an Ione visitor Monday.

Mrs. E. M. Baker entertained her Sunday School class at her home Sunday evening. Mrs. Ida Coleman assisted her. Watermelon and punch were served and films shown.

Mr. and Mrs. Noel Dobyns returned last week from a trip to Canada. They visited at Banff, Lake Louise, Jasper and Kamloops. They also did some fishing and visited the Elmer Musgraves at Tomsket, Washington.

WILLIAM BARRETT HAVE HOUSE GUESTS

Mr. and Mrs. Leo Chapin of Portland, National Director of the Junior Chamber of Commerce for Oregon were house guests of the William Barretts on Thursday. Mrs. Barrett entertained for Mrs. Chapin Thursday evening, those present were the wives of the officers of the Junior Chamber

NAMES ADDED TO LIST

Two names which were overlooked in last week's advertisement by the fair board as contributors to the Rest Room fund and the rodeo grounds, are Case Furniture company and Pacific Power and Light. The board expressed their thanks to these and the other contributors.

Mr. and Mrs. Paul Webb, Jr. who have been vacationing at Seaside stopped in Heppner to visit Sunday at the home of Mrs. Webb's mother, Mrs. R. A. Thompson, before returning to their home in Walla Walla. Mr. and Mrs. Gordon McGough returned Saturday from Seaside where they have been spending several days.

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