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Heppner, Ore.

Monument Council **Discusses Program** With Townspeople

Monday night, January 2, the council held an important meeting in relation to the REA situation. Many citizens turned out to there. participate in the discussion.

Delmar Settle was sick last to John Day in the late afternoon to consult a doctor. It was found he had appendicitis and an immediate operation was necessary. Wednesday morning it was reported that he was doing as well as could be expected. His mother, Lulu Settle and LaVerda Cox went to Prairie City Wednesday to visit him.

Mr. and Mrs. Earl Johns, Fred Shank and Tom Shank drove to Pendleton Thursday to visit their brother, Case Shank, who is in the hospital there with a crushed leg. He was hit by a truck on the highway between Pendleton and Ukiah. It is hoped he can be moved to his home in Ukiah this

Mrs. Ona Mae Leathers and Mrs. Walt Burton were in John Day and Prairie City the first of the week.

Mr. and Mrs. Glenn Farrens and their daughter, Mrs. Walter Wright and children drove to Rhea Creek on Thursday, Mrs. Wright was returning home after spending several days with her

parents.
Mrs. Boyd Hinton entertained at dinner on Saturday in honor of her daughter Sharon's eighth birthday. Guests were Mr. and Mrs. Tom Throope of Dayville, Miss Joyce Ann Mundy, and Mr. and Mrs. Owen Cork of Portland. The occasion also happened to be Mr. and Mrs. Cork's wedding

Mr. and Mrs. Johnnie Stubblefield took a load of hogs to the

Mr. and Mrs. Leslie Naff of Spray.
Mr. and Mrs. Rho Bleakman stew. Creamy lamb stew is just such a dish — combining lamb shoulder, vegetables and creamy

Word was received by Mrs. Ed. gravy in a savory, steaming main m. Tuesday. na Moore on Wednesday that her husband, Emory Moore, was still CREAMY LAMB STEW in Seattle at that time. On acin Seattle at that time. On account of the weather conditions flour, 1¼ tsp. salt, ¼ tsp. pepper

and Warden Chet Brown of Monand Warden Chet Brown of Mon-ument were in the Dale area this til tender, about 2 hours. Add po-

Mrs. King has to be in John Day the boiling point, stirring conwith her small son, Earl Frank, stantly, then cook five minutes, who is still under the doctor's Add parsely and additional sea-

Ruben Patzer is building a flue and around stew. in the gymnasium this week. As soon as this is completed a new cheese make a flavorful meat stove will be installed in the dish from an inexpensive beef boys' dressing room.

Word was received in Monu-ment Friday of the death of Dennis King of Fox Valley. Mr. King BEEF CUBES IN SOUR CREAM was well known in this community and his many friends are sorry to hear of his death.

Anita were John Day visitors the grated American cheese.

Mr. and Mrs. Clayton Griggs hot fat Add sliced onions. Com-and children drove to Walla Wal-bine remaining ingredients; pour la to spend New Year's eve with over meat. Cover. Cook slowly Mrs. Griggs's mother and sister. top of range or in oven (325 to Mr and Mrs. Owen Cork of 350°F.) until tender, about two Portland arrived here early Sat- hours.

urday morning. They spent New Year's day with relatives and friends. From here they go to Pendleton to visit Mrs. Cork's sister and husband, Mr. and Mrs.

James Smith. Mr. and Mrs. Charles Hill and son and Mr. and Mrs. George Capon and daughters, Darlene and Kay, spent Thursday attending to living in the middle of the cen-matters of business in John Day tury now or 12 months from now. and Canyon City. Mrs. Capon The past is history and the future consulted her physician while of opportunities and responsibil-

Several from here attended the Scotch American dance in Day-Tuesday. Clayton Sweek took him ville Friday night. They all report they had an extra good time. Mr. and Mrs. Chet Brown and

Mr. and Mrs. Oatis Stubblefield had a New Year's watch party at the Stubblefield home Saturday night

Hi-Ways To Health

By ADA R. MAYNE

START THE NEW YEAR RIGHT

The New Year often brings cold The New Year often brings cold weather in its wake—and cold All are welcome. weather calls for hot, nourishing meals. Good food is the fuel with which we keep our bodies warm and in good working condition protected from fatigue and disease. Nourishing, nutritious foods build resistance against colds and infections which are so prevalent during the winter months. These protective foods include milk, green vegetables, fruits, eggs,

each day. Meals including these healthprotecting foods need not be expensive, and they certainly can be delicious! Inexpensive cuts of meat and left-over roast may be prepared in many appetizing ways, making nutritious, econ-

lean meat, cheese and whole-

omical main dishes. The addition of a little sour cream to meats such as beef or veal gives the meat a delicious flavor as well sales ring at Hermiston Friday.
Their son Stevie stayed with his grandparents, Mr. and Mrs. Oatis grandparents, Mr. and Mrs. Oatis dilling main dishes for cold, blustizing main dishes for cold, blus Mr. and Mrs. Don Warren have sold their home in Monument to Mr. and Mrs. Leslie Naff of Spray. hearts—is good, old fashioned Mr. Clark are cordially invited.

count of the weather conditions he had been unable to get a plane to Alaska.

Mrs. Reta Cupper is having her kitchen remodeled this week. The carpenters are Henry Cupper and Chet. Brown.

Mr. and Mrs. Chet Brown were serving pieces, then roll in 2 Tbsp business visitors in Heppner on Thursday and Friday. While there and pepper. Brown in butter lift and pepper. Brown is browned. Cook Select lean meat, trim, cut into they visited Mrs. Brown's brother ing out as soon as browned. Cook and wife, Mr. and Mrs. C. J. D. onlons in same fat for five min-Inspector Youman of John Day brown. Replace lamb, and water, utes-they should soften but not week inspecting slash They encountered some bad roads and hour. Lift out meat and vegetasnow drifts.

Mr. and Mrs. Earl Barnard are still at the Theron King ranch flour blended smoothly with 3 helping out with the work while Tbsp. of the milk (cold). Bring to

> Sour cream and a little grated cut. Serve with hot baked pota

(Serves six) 2 lb, meat from beef shank, cut in 1-inch cubes; 2 medium onions Mr. and Mrs. Harlan Shank, sliced; salt and pepper; 1/2 cup Mrs. Edna Moore and daughter sour cream; 1/2 cup water; 2 Tbsp.

Dip meat in flour. Brown in

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LEXINGTON CHURCH-Your Community Church

Z. Franklin Cantrell, Minister It matters little whether we are ities lies ahead. Are you prepared to meet them? You know an opportunity passed by unheard nev er returns, and our Lord is the best partner you can have.

Church school 10 a. m. Worship and preaching 11 a. m. Singing and preaching 7:30 p. m.

VALBY LUTHERAN CHURCH

There will be services at the Valby Lutheran church in Goose berry Sunday, January 8. Services will be conducted at 11 a. m. by Rev. Henry J. Hokenson of Portland, regional director of the Co-lumbia Conference. Potluck lunch will be served in the parish house after the service, in celebration of the new REA electric lights

METHODIST CHURCH

J. Palmer Sorlien, Pastor Morning worship and sermon at 11 a. m., with music by the choir, Paul McCoy, director,

Sunday church school at 9:45 a. m., Oliver Creswick, superintendent. Adult Bible class and Youth Fellowship class at this same hour. We have a class for every age beginning at three grain cereals. Make sure your

family has plenty of these foods each day.

Meals including these health. Wednesday of each month. Suzanna Wesley Circle meets third

Wednesday of each month The choir meets at 7:30 p. m. every Thursday.

CHURCH OF CHRIST

Glenn Warner, Minister Bible school, 9:45 C. W Barlow,

uperintendent. Morning worship and commu nion service. Sermon by Martin B. Clark, Living Link missionar to Japan

Basket dinner at noon. All Evening service 7:30, sermon by Mr. Clark.

Junior Christian Endeavor 4 p Women's all day meeting Wed-

Choir practice 7 p. m., midweek service 8 p. m. Thursday.

ALL SAINTS MEMORIAL CHURCH (Episcopal)

Holy Communion 8 a. m Church school 9:45 Morning prayer and sermon 11 Feast of Lights servcie 6 p. m. Study class 7:30 p. m.

Week Day Program: Tuesday evening at 6:30 pot luck dinner in parish house followed by the annual meeting of the congregation. Wednesday Holy Communion

at 10 a. m. Friday Holy Communion, 7:30 Choir practices, girls at 4 Wed-nesday; adults Thursday at 8. Boy Scouts, 7:30 to 9 Wednes-

day evening. No archery practice until wea ther moderates.

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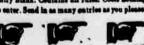
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- J Six-Quart "Thrifty Chef" Deep Well Cooker
- ✓ Appliance outlet . . . range top floodlight . . . signal light for surface units.



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Heppner, Oregon



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