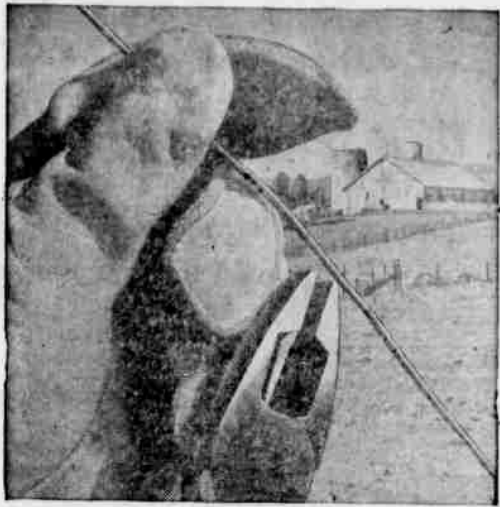


New steel telephone wires need fewer poles



Speeding telephone expansion in dozens of rural areas throughout the West, this new steel wire—developed by Bell Telephone Laboratories—is so strong the number of poles needed can be cut almost in half. This makes for far faster construction.



With other type wires, poles were generally placed less than 250 feet apart. Now, with the new steel wire, the distance can be extended to 400 feet or more. This is only one of many improvements now on the way. Rural users can expect fewer parties on their lines; fewer rings for other parties and the replacement of crank type telephones with modern instruments.

It all adds up to better service for the people who supply food for you and the world. And it's still another example of how, in our huge expansion program, we are working to provide a better, more far-reaching telephone service than ever before... so that the telephone steadily becomes more valuable to every user.

An ever-improving telephone service at the least cost consistent with good wages and working conditions for our employees and a reasonable return to the thousands of people who have invested in the business.

The Pacific Telephone and Telegraph Co.



West Willow Street—Telephone Heppner 5

Highways To Health

By ADA R. MAYNE

CHEESE STANDBY

Cheese is one of those wonderful eating standbys that homemakers always can count on to give zest and food value to any meal. Whether it be golden rich cheddar, sweet delicate-flavored cream cheese or pungent, soft-textured limburger, cheese is tops for taste, digestibility, appearance and variety.

Cheese is milk in solid form. A pound of American cheese is equivalent to nearly five quarts of fresh whole milk in calories, calcium, phosphorus, vitamin A and high quality protein. Americans everywhere have been urged to eat more cheese because it is a rich source of food elements that are vital to good health.

Because European cheese imports dwindled or stopped during the war, our own production of foreign types of cheese jumped from 85 to 100 percent, and now practically all the fine old cheeses of Europe are duplicated or rivaled in the United States. American cheese manufacturers have done a superlative job of duplicating many now-unobtainable European cheeses and perfecting others distinctly our own. This should prove grand news for the hostess who relies on a cheese tray to boost her desserts into the gourmet class, or to double as a late evening snack with mugs of hot chocolate—for guests or just family.

But for Mom who is caught

flat with nothing for lunch, and even less time to prepare it, we offer two quick delicious cheese recipes. Serve either dish with crisp buttered toast, apple salad, molasses cookies and milk. The children will love both of them.

Luncheon Scramble

- 3 tbsps butter, melted
- 3 tbsps flour
- 1 tsp prepared mustard
- 1 1/2 cups milk
- 1/2 tsp salt
- Dash of pepper
- 1 cup whole kernel corn
- 1 cup American cheese, grated
- 1/3 cup catsup

Melt butter, blending in flour. Add milk and cook until thickened. Add rest of ingredients and stir until cheese is melted and mixture is smooth. Serve on toast. Serves 6.

Cream of Onion and Cheese Soup

- 3 tbsps butter
 - 2 cups sliced onions
 - 3 tbsps flour
 - 4 cups milk
 - Salt and pepper
 - 1 cup American cheese, grated
- Melt butter in top part of a double boiler over direct heat. Add onions and cook over low heat, stirring occasionally until golden color. Place over hot water. Add flour and blend well. Add milk and cook, stirring until thickened. Season with salt and pepper, add cheese and stir until cheese is melted. Serve with crisp crackers or toast fingers. Serves 6.

Ione News Items of the Week

The 4-H club girls met at the home of Mrs. Ida Coleman Saturday afternoon with six girls and their leader, Mrs. L. A. McCabe, present. The girls judged table setting. Mrs. Coleman served refreshments afterwards.

Mrs. Nola Hope and daughters of Portland were guests at the home of Mrs. Etta Bristow last week. Mrs. Hope's daughter Mildred is ill with the mumps at the Harley Anderson home.

The HEC of Willows grange will have a potluck dinner at noon at the home of Mrs. Ernest Heliker, January 17. The new officers will be installed that day.

Mr. and Mrs. Clyde Denney of Portland were visitors here last week.

A number of young people assembled at the Edmond Bristow home Friday evening of last week to celebrate their daughter Mary Jean's birthday. Games were played and refreshments of sandwiches, cake, ice cream and coffee were served.

Dick Lett of Portland, a cousin of Ernest Heliker spent Saturday night at the Heliker

home. Mr. Lett drives an oil tanker and was on his way home from Enterprise. He stated there was snow between Pendleton and Enterprise.

Clara Ann Swales is ill with scarlet fever at the home of her mother, Mrs. Val Jean Clark, in Pendleton.

Mrs. Ada Cannon returned home from Portland Friday evening of last week, where she spent the holidays with her children. Mr. and Mrs. Marvin Hughes brought her home.

Norton Lundell attended the Rose Bowl game at Pasadena New Year's day.

Mr. and Mrs. Garland Swanson and son John spent last week in Salem and Portland.

Quite a number have been ill the past week. Among them are Mrs. Alice Wiles Mrs. Lana Padberg, Miss Francine Ely and the Newton Miller family.

Mrs. Robert Severin resumed her position as teacher in the 7th and 8th grades. Mrs. Wallace Matthews has been teaching in her absence. Mr. Severin brought Mrs. Severin over from their home in Paisley.

Smart Styling Marks 1947 Frazer



The smart front-end styling of the 1947 Frazer automobile blends with the flowing front-to-rear fender lines of the new automobile to create a styling sensation. Note the extra large, 765-square-inch windshield, which provides exceptional visibility for the driver and passengers.

Ione defeated Fossil in both games here Friday night, Jan. 3. The score of the first team game was 34-10 and second, 28-25.

The town team went to Umatilla Thursday night, Jan. 2. They won one game and lost one.

Students returning to college last week were Alton Yarnell to University of Washington, Mildred and Reginald Carlson to University of Oregon, Donald and Eunice Peterson, June Griffith, Alice Nicholson, Alfred Shirley and Gene Rietmann to Oregon State, Mary Barnett to Bible Institute in Seattle, and Stuart Aldrich to Simpson Memorial in Seattle. Shirley Smouse spent her vacation with her mother in San Francisco and will return to the University of Oregon.

The study meeting of the Topic club will be held at the home of Mrs. Oscar Lundell Friday afternoon, January 10.

Quite a number from here attended Pomona grange at Lexington Saturday. They also installed the officers of Willows, Rhea Creek and Lexington granges.

A potluck dinner was held at the Congregational church parlors by members of the Cooperative church and the annual meeting was held afterwards. It was decided to hold election of officers Sunday, January 19, at the church hour.

Mr. and Mrs. Harry Yarnell will leave for the east Tuesday by train. They will stop in Chicago and Cleveland. They

will visit Mrs. Yarnell's brothers, Richard and Jack Welch, at Bridgeport, Conn., and then go to New York.

Mrs. Omar Rietmann and son Gene went to Portland last week. Gene went to Corvallis and registered at O. S. C., then

they both returned home Saturday and Gene went back to Corvallis Sunday. Rodney Crawford Jr. came up with them from Portland to visit relatives.

Mrs. Victor Rietmann underwent an operation on her wrist at The Dalles Tuesday.

James Lindsay's sister of the Willamette valley was a visitor here. She came for Mrs. Burrough's funeral.

The following officers were installed at the regular meeting of Bunch Grass Rebekah lodge Thursday evening, January 2: Noble grand, Edith Matthews, vice grand, Florence Ely, secretary, Lena Lundell; treasurer, Gladys Drake; musician, Mary Swanson; chaplain, Arvilla Swanson; warden, Ida Coleman; conductor, Ruth McCabe; RSN, Margaret Morgan; LSN, Eva Swanson; BSVG, Helen Pettyjohn; LSVG, Echo Palmateer; inside guardian, Ida Esteb; outside guardian, Vida Heliker. Eva Swanson, district deputy president, and Vida Heliker, marshal, were installing officers. Luncheon was served by the committee, Mrs. Margaret Morgan, Mrs. Edith Matthews, Mrs. E. R. Lundell and Mrs. Ruth McCabe.

Mrs. Lester Britton of Tygh Valley and Mrs. Ned Carr of The Dalles are with their mother, Mrs. Alice Wiles who is quite ill.

Word was received of the death of Fred Gustafson of Sumner, Wash., Saturday. He is a brother-in-law of C. W. Swanson.

A meeting will be held at the Congregational church, Jan. 21, at 1:30 p.m. The subject, "Understanding Ourselves," conducted by Katherine Monahan, home demonstration agent.

Will Her Ring Reflect Your Good Judgment?

Diamonds reflect the beauty of the diamond cutter's craft and the brilliance of light...

... Will the one you choose reflect your ability to judge quality?

You insure just that when you choose here an exceptionally fine ring as low as \$150.00.

Peterson's

Statement of Condition

FIRST NATIONAL BANK of Portland

December 31, 1946

RESOURCES

Cash on Hand and Due from Banks.....	\$118,953,641.47	
U. S. Bonds, including U. S. Government Agencies.....	251,951,037.52	\$370,904,678.99
Municipal Bonds		51,651,930.39
Other Bonds		773,161.09
Loans and Discounts.....		108,516,983.06
Stock in Federal Reserve Bank.....		450,000.00
Bank Premises, Furniture and Fixtures.....		3,573,695.27
Other Real Estate.....		None
Customers' Liability on Acceptances.....		17,732.00
Interest Earned		1,993,385.54
Other Resources		210,264.49
TOTAL RESOURCES		\$538,091,830.83

LIABILITIES

Capital	\$ 4,500,000.00	
Surplus	10,500,000.00	
Undivided Profits and Reserves.....	9,935,865.08	\$ 24,935,865.08
Reserves Allocated for Taxes, Interest, etc.....		1,130,156.06
Acceptances		17,732.00
Interest Collected in Advance.....		341,874.88
Other Liabilities		266,758.54
Deposits (exclusive of reciprocal bank deposits) ..		511,399,444.27
TOTAL LIABILITIES		\$538,091,830.83

In addition to its 40 branches throughout Oregon, also affiliated with the First National Bank of Portland are 10 other Oregon banks

DEPOSITS

First National Bank of Portland and 40 branches.....	\$511,399,444.27
10 other Oregon Banks affiliated with First National Bank of Portland.....	90,215,472.57
TOTAL DEPOSITS	\$601,614,916.84

LOANS AND DISCOUNTS

First National Bank of Portland and 40 branches.....	\$108,516,983.06
10 other Oregon Banks affiliated with First National Bank of Portland.....	10,567,255.35
TOTAL LOANS AND DISCOUNTS	\$119,084,238.41

MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION



GRANGERS SHAPE THE PATTERN of OREGON'S DEVELOPMENT

Thirty thousand people who know where they're going can do a lot of good for themselves and for the state in which they live.

There are 30,000 members of the Grange in Oregon. They and their families are members of some 400 local Granges throughout the state. They conduct regular, well-attended meetings. They own Grange halls. They have millions of dollars invested in farms and equipment. They are alert to social, agricultural and civic betterment.

They are members of an organization nearly as old as the state of Oregon. They work here, live here, dream here—for the constructive programs that shape the pattern of Oregon's development. Not just for their benefit, but for the good of all Oregonians.

OREGON STATE GRANGE

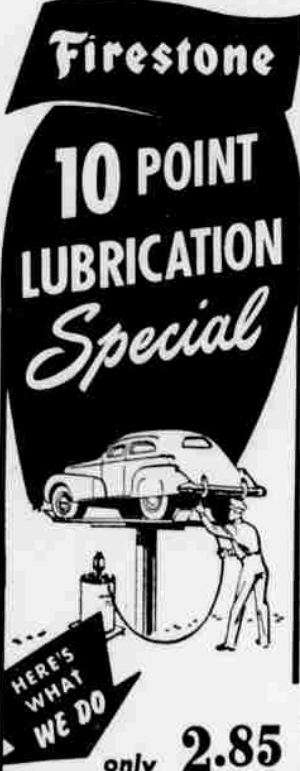
1135 S. E. SALMON STREET
PORTLAND 14, OREGON

73 YEARS OF SERVICE TO OREGON FARMERS



Grange achievements that have made Oregon a better state in which to live:

- ✓ R. F. D. Routes
- ✓ Direct Election of Senators
- ✓ Cooperative Marketing
- ✓ Better Roads
- ✓ Improvements in Education
- ✓ Graduated Income Tax
- ✓ Improved Marketing
- ✓ Low-Cost Light and Power



1. Lubricate according to your car manufacturer's specifications.
2. Inspect oil filter and air cleaner.
3. Test strength of cells, all battery with water.
4. Inspect crankcase oil level and make recommendations.
5. Oil accelerator pedal, door hinges and handles; treat latches and hood lacings with Door-Ease.
6. Check transmission and differential for correct oil level.
7. Clean all fittings before and after lubricating.
8. Remove front wheels and inspect bearings; repack if necessary.
9. Inspect tires for nuts, glass, etc., and inflate.
10. Clean windshield and sweep out inside of car.

ROSEWALL MOTOR CO.
Your Firestone Dealer