

# Highways To Health

By ADA R. MAYNE

## CHRISTMAS COOKIES

Christmas is cookie time. You cannot have too many cookies at Christmas. Crisp or soft, sugared or filled or gingered to suit every whim, they may not last very long but they give pleasure to everyone.

One nice thing about cookies—practically all of them, no matter how elaborate the finish-

to help make a party of it. And keep different shaped cookie cutters on hand and use them often.

Good cookie makers know that certain rules must be followed if their results are to be good. Remember to have the ingredients at room temperature and combine them quickly. Chill the dough for at least 1/2 hour before rolling it. Work with about one quarter of the dough at one time and on a cold board with a little flour. Dip the cookie cutter in flour each time before using and deposit cookie on baking sheet directly from cutter. Bake in a fairly hot oven (375 deg.) on a buttered baking sheet.

Here are two Christmas cookie recipes that will have small eyes sparkling and grown-ups raiding the cookie jar at midnight. Cut in fancy shapes and decorate with colored sugar or nutmeats, these cookies are equally delicious with the milk jug or beside the eggnog bowl.

Before we forget—we would like to wish all our friends Good Health, Good Cheer, Merry Christmas and a Happy New Year!

### Kringel Cookies

2 cups butter  
1 cup sugar  
6 egg yolks, beaten  
6 cups flour  
Flavoring  
Egg white  
Granulated sugar  
Cream butter and sugar; add egg yolks. Add flour and flavoring. Chill; roll, out in strips 1/2 inch wide and 3 to 4 inches long. Roll and cross like a Christmas wreath. Dip in egg white and sugar. Bake in a moderate oven (350 degrees) until light brown. (Make 5 dozen.)

### Spritz Bakelse

1 cup butter  
3/4 cup sugar  
3 egg yolks or 1 whole egg, beaten  
2 1/2 cups flour  
Pinch of salt  
1/2 tsp baking powder  
1/2 tsp almond extract  
Cream butter and sugar thoroughly, add eggs. Add sifted dry ingredients. Chill. Put thru cookie press in various patterns. Bake in a moderate oven (350 degrees) 10 to 12 minutes.

Approximately 350,000 women who served in World War II are eligible for benefits from the Veterans Administration.

More than 33 percent of World War II veterans already have applied for education or on-the-job training under G. I. Bill provisions.

## Opportunity To Learn Good Trade Offered!

Feeling the need of trained men in the building industry, O. M. Yeager, Building Contractor, announces that he intends to form a class of from 10 to 20 boys from the ages of 12 to 20 years that might be interested in wood-working and allied building trades. The subjects to be studied are, viz:

- The care and use of the tools.
- How to correlate the brain and the hands.
- How to read and use architect's blue prints in relation to the building of fine furniture and the construction of homes and other buildings.
- How to use short cuts in estimating and figuring not usually taught in the ordinary schools.
- How to ask, and how not to ask for a job in the building trades.
- How to design and build beautiful furniture and home built-ins and how to appraise the value of buildings already constructed.
- How to read and use the modern steel square in general roof building.

Mr. Yeager has had 47 years of actual building experience, having served his apprenticeship in Heppner while still a young boy, and since that time has constructed and built hundreds of homes and other buildings all over the West, and has had years of study and research pertaining to the building trades, and has studied under one of the leading technical schools, and several of the West's master builders.

There are no charges or expense to this except the actual supplies each boy uses.

Any boy that thinks he would like to make this his life work, or wishes to train himself to build his own furniture, etc., please get in touch with Mr. Yeager at his home at 415 Jones St. or phone 1483 for appointment.

# CHRISTMAS 1946



This year, may all my light shine down  
On happy homes...both farm and town,  
To all I serve, both far and near,  
A Christmas wish of peace and cheer.

**Reddy Kilowatt**  
YOUR ELECTRIC SERVANT

**PACIFIC POWER & LIGHT COMPANY**

## CLEAN YOUR OWN CAR

Use our new commercial type

### Vacuum Cleaner

It does the job for only 75c or we will clean it for you.

### UNREIN MOTOR SERVICE

Select the Job You'd Like.....

### THEN SEE US!

If You Can Qualify for Enlistment in the New Regular Army You May Be Placed Immediately in the Job You Wish.

The Army, Navy, Marine or Coast Guard Veteran with an MOS rating (held for a period of six months or more) now can cash in very advantageously on his former training and experience by enlisting in the Regular Army!

The high school graduate may complete a lifetime of schooling as an enlisted man in the Army.

The man who has not graduated from high school may complete his high school education and receive his diploma while in the Army.

The combination of earning and learning makes the Army an ideal career for you. And, don't forget, all Army men may now wear civilian clothes for every off-duty and off-the-post activity if they choose.

### YOU CAN'T LOSE!

By investigating the many important advantages of a career in the new Regular Army. For further details call or go to your nearest Army Recruiting Station.

Post Office Bldg.  
Pendleton, Oregon

## And NOW! The KAISER Automatic Dishwasher

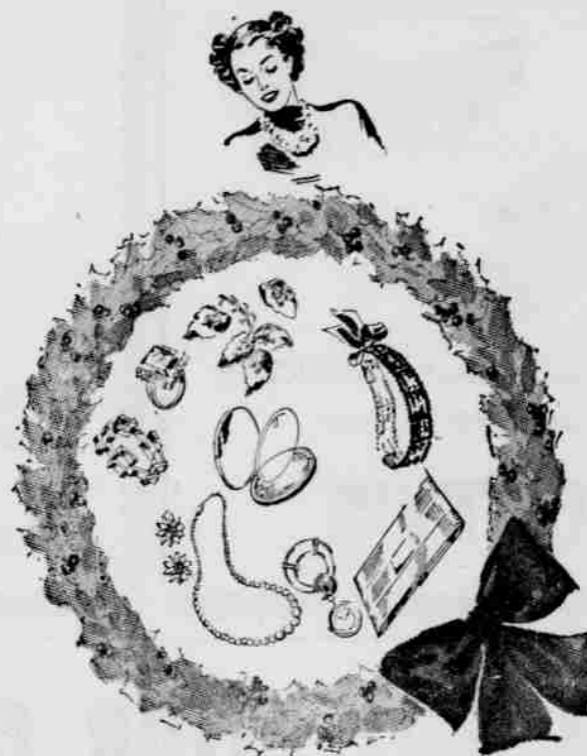
So simple to operate, a child can learn in seconds everything there is to know about the mechanism and how to make it work. ... Just two connections, no installing—one to the hot water supply and one to the drain.

In price, too, the Kaiser has been designed for you. Its low cost—a cost you can afford—will be repaid many times over in hours saved, in freedom from one of housework's most drudging chores.

See the Machine on Display at

## Heppner Motor

Frank Engkraf



to extend every one our sincere wishes for a JOYOUS CHRISTMAS

*Peterson's*

# Do you think steel profits are big?

Recently in a nation-wide poll most people guessed that steel profits were about 20 cents on each dollar of sales. They said 10 cents would be about right.

Actually, for the past ten years steel company profits have averaged less than 5 cents on each dollar of sales.

Although profits continue low, wages, employment and production are near record levels.



The number of wage earners is not far from the highest in peacetime steel history—20 per cent above the 1929 level.



Despite strikes earlier in the year, steel production in 1946 was headed toward a new peacetime record until the November coal strike.



Weekly wages in steel industry in the third quarter of 1946 were 63% higher than in 1939.



Average profit per dollar of sales in 1946 is lower than it was in most good prewar years.



Get the Facts. Write ten days for your free copy of "Steel—Peacemaker for Peacetime."



May All the Blessings of the Yuletide Season be yours this Joyous Holiday Time

**TUM-A-LUM LUMBER CO.**  
Frank Davis, Manager

**AMERICAN IRON AND STEEL INSTITUTE**

350 5th AVENUE, NEW YORK 1, N. Y.