

Member  
**OREGON NEWSPAPER  
PUBLISHERS ASSOCIATION**

**EDITORIAL**

**We Can Help If We Try**

Americans came through the war with a clean bill of health despite food regulations. It might be said, because of food regulations. There was scarcity in some favorite articles but we soon learned to use something else or to eat sparingly of the scarce foods. In so doing we aided in better food distribution and all were benefitted.

We are now faced by a more serious situation so far as food is concerned. Famine is rearing its ugly head throughout war-devastated regions and political unrest threatens disruption of the plans for establishment of a permanent peace. Hungry people can be reasoned with about so long and once they give in to their suffering they lose their sense of responsibility.

There are no figures at hand showing what the average American family wastes but in times past it has been claimed that the starving peoples of the world could be sustained on what we throw in the garbage can. Be that as it may, the place to save food is in the serving and in that we can all play a part. It will require some thoughtfulness, to be sure, but lessons learned in the war era will make it easier for us to put our minds to work on the matter of preserving human life.

To make the task of saving on certain foods easier for the public, the Department of Agriculture has prepared a long list of hints, a few excerpts from which are quoted hewith just to help you be more food conscious—for the other fellow and not in response to the demands of the inner man.

For instance, an average serving of oatmeal without sugar and cream equals approximately two slices of bread in food value.

If every man, woman, and school child will replace two slices of bread with a serving of oatmeal each week, this would mean 135,000 tons of wheat for the hungry in four months time.

One small serving of potato can replace a slice of bread nutritionally, and the potato offers some vitamin C, besides.

At breakfast, let potatoes replace wheat cereal, toast or biscuit.

A teaspoon of fat a day saved by every man, woman and school child will mean a total saving of at least one million pounds of fat a day.

Put on ice for the duration of the emergency your taste for French fries and other foods fried in deep fat.

There is a long list of hints. If interested you may get a bulletin from the county agent or by writing to the Department of Agriculture. Remember, you are being asked to cut down on the use of wheat products and fats and oils. You are not being asked to starve or even to deny yourself a sufficient amount of good healthy food. You are being asked to change some of your eating habits for a long enough period to permit accumulation

of sufficient nourishing products to avert a condition that could well be far more disastrous than the recent war—and this is a result of that war.

**The Right Spirit**

How many times have we read about plans for a new home or business building being drawn in the light of the flames of the old building. That's almost what happened at Lexington this week when the hangar and Jack Forsythe's new plane were consumed by fire. Men rushing to the airport to do what they could to save the building were wondering what could be done to replace the hangar and when the fire was over they set about to do something definite.

The embers were still smoldering Monday noon when the luncheon meeting of the Heppner Chamber of Commerce was in session and offers of assistance from Heppner business firms were made before it was known what could or would be done about rebuilding.

This is a healthy condition—when the several communities of the county get behind a project which obviously is in the one-of-a-kind class—and one that commends itself to other projects which are of community-wide interest.

It is safe to state that a new hangar will be built and that the airport manager will be flying a new plane as soon as one can be delivered.

**More Stress on Fire Prevention**

Oregon's fire record for the past five years has been far better than for any similar period in the 35-year period of organized forest protection in spite of the terrible Tillamook fire of last year, states Governor Earl Snell. The Keep Oregon Green association has been a going concern during that time, its entire efforts devoted to the education of the public in care with fire, he continued.

In all this educational work the press of the state has played a prominent part and within the year steps have been taken to lay more stress on this important campaign of protection. The governor is kind enough to state that beyond question the finest type of publicity is through the medium of the newspapers of the state of Oregon. With this thought in mind he recently appointed a special committee of newspapermen comprised of the officers of the Oregon Newspaper Publishers Association and several other prominent publishers to further the work of educating the public in the Keep Oregon Green movement.

As we face another fire season, readers of the newspapers of the state will be made aware of the expanded program to keep our state one of the fairest, yea, the fairest, in the Union, for we have but to retain our forests and fields in their natural greenery to make it the promised land.

"Boulder!" said the clergyman when the hammer struck his thumb. "What do you mean, Boulder?" asked his wife. "That's the biggest dam in the world, isn't it?" Mr. and Mrs. John Saager spent Saturday night and Sunday in Athena visiting friends. They returned home Sunday night.

**New Bus Service**

The Grey Rock Bus Lines will now give daily bus service between Heppner, Lexington and Lone and The Dalles.

Bus will leave Heppner at 7:30 a. m. and returning leave The Dalles at 5:15 p. m.

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Citizens having matters for discussion, please bring before the Council  
J. O. TURNER, Mayor

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