

CHURCHES

HEPPNER CHURCH OF CHRIST
O. Wendell Herbison, Pastor
Bible School 9:45.
Morning worship 11 a. m.
Young People's meeting 7 p. m.
Evening worship service 8 o'clock.

ST. PATRICK'S CHURCH
Rev. Francis McCormack, Pastor
Schedule of Services:
Heppner: Mass at 9 a. m. 1st and 3rd Sundays; at 10:30 a. m. 2nd and 4th Sundays.
Ione: 10:30 a. m. 1st and 3rd; 9:00 a. m. 2nd and 4th Sundays.
Week day mass 8 a. m. First Friday 7:30 a. m.
Confessions: 7:30-8:00 p. m. Saturdays; Sundays, 8:15-8:55 a. m.

ALL SAINTS EPISCOPAL CHURCH
Archdeacon Neville Blunt
Church school 9:45 a. m.
No morning service.
Archdeacon Blunt will conduct services at St. Stephen's church in Baker Sept. 9.

FIRST METHODIST CHURCH
Rev. Fletcher Forster, minister
Church School 9:45 a. m.
Morning worship 11 a. m.

ASSEMBLY OF GOD
Clifford Noble, pastor
Sunday school 9:45 a. m.
Morning worship 11 a. m.
Young People's Service 6:30 p. m.
Evening service 8:00 p. m.

CHURCH of IONE COOPERATIVE
H. N. Waddell, Pastor
Bible school, 10 a. m.
Worship service 11 o'clock.
Thursday Union aid 2 p. m.
Come to church.

School Law Sets Attendance Rules

With school opening but a few days off, it is not out of the way to point out some of the regulations concerning attendance, and Mrs. Lucy Rodgers, county superintendent, has prepared a copy of the Oregon school law pertaining to compulsory attendance which appears timely.

Sec. III-1801 — Every parent, guardian or other person in the state of Oregon having control or charge of any child or children between the age of 7 and 16 shall be required to send such children to public school the number months held annually in the district, except in the following cases:

(A) Children being taught in private or parochial schools or those that have completed high school.

(B) Children physically unable. Children physically, abnormal or subnormal unable to attend school.

(C) Distance from school. Where transportation is not furnished by the district children between the ages of 7 and 10 living 1½ miles or children over 10 years of age living 3 miles from school on a main traveled road are exempted.

(D) Private instruction. Any child or children being taught by parent or private teacher must receive the written consent of the County School Superintendent and submit to an examination by the county superintendent every three months in the work covered. This permit shall not extend longer than the current school year.

(E) Excused by the school board. The school board of the district in which a child resides has the authority to excuse a child from compulsory attendance after they have completed the 8th grade and further attendance would cause a hardship on the family or that further attendance would be educationally unprofitable to the child.

Sec. III-1903—All children between the ages of 16 and 18, who have not completed high school must be in school or legally employed. Any person firm or corporation employing a child between the ages of 14 and 18 years of age must allow the child to attend part time school not less than five hours a week or 180 hours a year. Any firm or corporation failing to carry out the duties placed on him by the provision of this act shall be subject to a fine of not less than \$10 nor more than \$25 for each separate offense.

IONE NEWS NOTES

By MRS. ECHO PALMATEEE

Flie and Mrs. Howard Eubanks are the parents of a daughter Marlene Eleanor, weight 7 pounds, 6 ounces, born at the Pendleton hospital, Aug. 29.

Mrs. Charles Wagner of Portland has been visiting at the home of her daughter, Mrs. Algott Lundell. She returned to her home Wednesday when Mr. and Mrs. Raymond Lundell and daughter Karen drove to Portland.

Mrs. John Rancier was hostess at her home last Wednesday afternoon at a large bridal shower honoring Mrs. Earl McCabe. Many beautiful and useful gifts were received by the bride. A program including a mock wedding was presented during the afternoon. In the evening about 50 friends attended a charivari at the Rancier home for the newly weds.

Carl W. Troedson and Walter Rietmann spent a couple of weeks at Ritter Hot springs, returning Monday.

Mrs. Lish Sperry of Portland visited her husband over the weekend. She will teach at Newberg again this winter.

The first fall meeting of the Locust chapter of the O. E. S. was held Wednesday, Sept. 5.

Mrs. Dixon Smith and children spent last week in Portland.

Mr. and Mrs. Wm. Burk and family have moved to Red Cloud, Neb. where Mr. Burk will teach. Mr. and Mrs. John Eubanks and family accompanied them east, taking the Burk household goods on the Eubanks' truck last Saturday. Mr. and Mrs. Burk spent a few days visiting Mrs. Burk's parents, Mr. and Mrs. Burgess of Redmond before leaving for Nebraska.

Mr. and Mrs. Bert Mason drove to Portland last week to take their grandchildren to their home before school opens.

Mr. and Mrs. Laxton McMurray had as overnight guests last Friday, Lt. and Mrs. Wm. McMurray and Lt. Wayne McMurray of the air force who were on their way to Fort Lewis to be discharged. The two men who are brothers, are nephews of Laxton McMurray and have been together throughout the entire time they have been in service which was in the Pacific area.

Sgt. Jacob DeShazer of Madras one of the Doolittle fliers rescued from a Jap prison camp in Manchuria is a nephew of Henry DeShazer who is visiting relatives in Morgan.

Mrs. Mary Cunningham of Post Falls, Ida. is visiting her sister Mrs. Elmer Griffith. Mrs. Kitty Turner of La Grande, another sister, is also visiting the Griffiths.

Mr. and Mrs. Leo Gorger and family have returned from Walla Walla to their ranch north of Ione.

Mr. and Mrs. Norman Swanson and sons visited Mrs. Mary Swanson over Labor day.

A special school meeting will be held Friday Sept. 7 at 2 p. m. at the school house to elect a new board member to serve the unexpired term of Walter Dobyns who has resigned.

Mr. and Mrs. Garland Swanson and family left Monday for a short vacation on the coast.

Mr. and Mrs. Arthur Ritchie and son were Portland visitors last week.

Mr. and Mrs. Harvey Ring and

Mrs. Clarence Harris and children left for Portland Monday. Mrs. W. W. Smith of Portland and Sandra Eubanks, small daughter of Mr. and Mrs. John Eubanks accompanied them.

Earl McCabe MM 1c left by plane from Pendleton Saturday for Hartford, Conn. where he will be stationed.

Francis Ely SK-c, recently discharged from the navy, arrived Saturday to visit his father, George Ely of Ione and his wife, Mrs. Florence Ely in Heppner.

Among the Ioneites attending the Dress-Up parade in Pendleton Saturday were the Rodeo princesses Darlene Biddle and Dorothy Bergstrom. Mr. and Mrs. Everett Keithley, Mr. and Mrs. Edmond Bristow, Mr. and Mrs. Milton Morgan, Mr. and Mrs. Norton Lundell, Mr. and Mrs. Art Stefani and son.

Mrs. Roy Lieuallen suffered painful burns on her right arm Saturday when a stove at the Lieuallen cafe exploded.

Mr. and Mrs. J. C. Ware of Olympia are visiting at the home of their daughter, Mrs. Noel Dobyns.

Mr. and Mrs. Roy Lindstrom left Tuesday for a vacation at the beach. Mrs. Elmer Griffith and daughter June went to Portland the latter part of last week.

Mrs. Ann Smouse of Ione and brother, Carl Troedson of Hermiston left Sunday for Moro to visit at the home of Mr. and Mrs. Orlo Martin. From there they plan to visit Mrs. Smouse's daughter in law, Mrs. Paul Smouse and new son in Spokane, and Mrs. Daisy Hoss of Hope, Ida. Mrs. Martin and Miss Shirlee Smouse will accompany them from Moro.

The Topic club will meet at the home of Mrs. Mary Swanson, Wednesday, Sept. 12. Hostesses will be Mrs. Swanson. Mrs. C. W. Swanson, Mrs. Clel Rea and Mrs. Charles Carlson.

Highways to Health

SURPRISES IN ICE CREAM

For you who must worry about "waist lines" and "figures" ice cream is a delightful answer. Compared with most foods which it commonly replaces in the diet, ice cream is not high in caloric value. A serving of ice cream contains about 200 calories, or the same as a large baked apple. An average piece of apple pie furnishes 300 calories, and an ordinary serving of Brown Betty or Angelfood cake supplies from 300 to 400 calories.

On the other hand, ice cream contains all the nutritive elements of milk. It is rich in the very best of proteins and contains liberal quantities of vitamins as well as

calcium. Its refreshing qualities and important protective values give it the high degree of popularity it holds with all groups.

Still another surprise to many of fish or seafoods can well be eaten you is the fact that ice cream and at the same meal. Fish is often combined with milk in tasty dishes. Ice cream, a milk product, can be served at the same meal with equal success.

Regular use of ice cream or milk sherbet will provide a nutritious and delightful climax to your meals. Use honey next time you make ice cream. It will save your sugar and add a subtle flavor to your dessert. Whether or not you use honey as an ingredient in your ice cream, honey poured over ice cream, sprinkled with nuts, and topped with a garnish of cherry will make a delicious ice cream sundae.

HONEY ICE CREAM

2 cups milk, 3/4 cup honey, 1/4 tps salt, 2 eggs 1 cup cream
Scald the milk, add honey and salt. Beat eggs. Pour scalded milk into the egg mixture and stir until well blended. Return to double boiler and cook for three or four minutes. Cool. Beat cream and fold into custard mixture. Freeze in refrigerator. Stir once or twice while freezing.

Miss Marguerite Glavey returned to her home this week-end after spending the summer in Denver Colo. attending summer school. Miss Glavey will teach in the Heppner school this year.

Miss Dorothea Wilson was in Heppner over Labor day visiting at the home of her parents, Mr. and Mrs. David Wilson. She returned to her nursing duties in Portland Tuesday.



Select choice staple foods and fresh crisp vegetables from our stocks and give your school age children the needed vitality for doing topnotch work.

CENTRAL MARKET and GROCERY



Select your gifts for that overseas package now and rest assured that it will be delivered on time. We have a nice line from which to make your choice.

GAMES—Checkers and Board
Acey-Ducey, Playing Cards

Money Belts, Zipper Kits, Candy
Shaving Creams and Lotions

Stationery, Magazine Subscriptions
and many other suitable articles

GORDON'S DRUG STORE

John Saager, Owner