

Mrs. America Meets the War

IF your linen closet is in need of aid, here's good news about sheets and pillow cases. The OPA has taken action to bring about more normal supplies of bed linens in stores. A limited increase has been approved by the OPA for manufacturers' ceiling prices but this will not be passed along to the consumer. She should not find retail prices on sheets higher than they were when she bought them in March two years ago.

ICE men may welcome this item. The WPB does not anticipate resumption of production of mechanical refrigerators for domestic purposes any time in the near future. However, there's not likely to be a shortage of ice boxes for the production of this type of refrigerator is now at almost four times the rate for pre-war metal boxes.

DID you know that failure to properly endorse every single coupon in your gasoline ration book is a violation of the mileage rationing regulation? As such a violation, it offers your local board grounds for revoking your gasoline ration. Proper endorsement of coupons not only safeguards your coupons, but it will kill black markets. Just write your car license number and state of registration—in ink or indelible pencil—on the face of each coupon immediately.

ALL types of sausage, regardless of whether it is made from pork, may be purchased with the newly validated spare stamp number three in War Ration book four. This stamp is food for the purchase of five points—not pounds—worth of pork with the exception of lard. It will be valid through Feb. 26.

MRS. AMERICA will have only one ration book to think about for the meats and fats and processed foods rationing programs after the introduction of ration tokens as change at midnight Feb. 27. After this date all stamps validated will be from War Ration book four—red for meats and fats and blue for processed foods. The red and blue stamps will have a flat ten point value regardless of the number on

the face of coupons. However, green K, L and M stamps in book four, which will be valid until March 20, will be good only for face value. The same is true of brown stamps Y and Z in war ration book three. Ration tokens can be given in change for the left over green and brown stamps.

MRS. AMERICA'S teapot and spice cabinet should be in pretty good condition, judging from reports on the nation's supply. Tea supplies are reported almost up to normal again. Real cinnamon from Ceylon means there's about one-third of the normal supply in national stocks. The supply of ginger will be about the same this year as last, and allspice shows no change. However, there's less pepper on the market because of the lack of imports from the Dutch East Indies for about two years.

Highways To Health

Fresh eggs in abundance are now coming to market which is good news for homemakers. Under rationing it is not always possible to serve meat as often as we wish and, since meat and eggs supply much the same nourishment, it might be well to increase the usual recommendations of "three or four eggs a week" to "one every day"—and hard working men may want even more.

A good egg offers an impressive line-up of food values. It is in top class among proteins for tissue building and repair along with foods like meat and milk. Eggs are also good sources of vitamin A, thiamine and riboflavin.

Once eggs are in the kitchen, it's up to the homemaker to give a good food a break, a chance to do its best job for food value and flavor. Eggs may lose considerably of both if badly stored or cooked. Here are a few pointers for storing: (1) Don't wash eggs until ready to use them. Washing takes off the protective film. Wipe them clean with a dry cloth. (2) Speed eggs to refrigerator or other cold place for storing. (3) Store eggs away from strong-smelling foods.

As to the cooking, remember to use low heat and avoid overcooking. Too high a temperature or too long cooking will make them tough and such dishes as custard will curdle and become watery. Some people who do not relish a hard or soft cooked egg will enjoy custards or puddings which contain eggs. This



"Bombs Away!" These bombs are leaving an American "fortress," somewhere over Jap installations. The bombs we make today will be dropping on German cities, Japanese islands in a very short time. The home front must fashion them and pay for them with War Bonds. U. S. Treasury Department

Wac Receives Husband's Medal



Corporal Francis Green (right) of Columbus, Georgia, on duty with the Women's Army Corps at Kelly Field, Texas, proudly shows Private Iris Grampietro, of Shrewsbury, Massachusetts, Purple Heart medal awarded to the corporal's husband who was killed in action in the South Pacific.



You Can Eat Your Points and Have Them, Too!

Just drop in occasionally and have one of our unexcelled Steak Dinners and use the points saved to buy needed meats and fats for household use.

Open Daily 11 a. m. to 9 p. m.

Elkhorn Restaurant

creamy rice pudding will supply not only eggs, but milk and cereal, two of the basic seven foods required every day.

Creamy Rice Pudding

4 cups milk; 1/4 cup rice, washed; 1/2 tsp salt; 2 eggs, beaten slightly; 1/4 cup sugar; 1 cup seedless raisins, washed; 1 tsp vanilla; 1/4 tsp nutmeg.

Combine milk, rice and salt in top of a double boiler, and cook over hot water until rice is tender, stirring occasionally. Beat eggs slightly and add a part of the hot rice mixture, stirring to blend. Add egg-rice mixture to remaining rice in double boiler. Add sugar, raisins, and flavoring; stir well and pour into a 1 1/2 quart casserole; place in pan of hot water and bake in a moderate oven 350 degrees, for 45 to 60 minutes, or until a knife inserted in the center comes out clean. Stir rice a few times, inserting spoon near edge of dish without disturbing top brown skin. Serves six.

Capital Parade...

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stantly changing to jobs in other states. The state industrial accident commission handled 60,442 claims for injured workmen the past year. Court appeals were taken on only one-sixth of one percent. Six carloads of the Kentucky whiskey the liquor commission got in buying distilleries is rolling to Oregon to be on sale March 1. State police arrested 1880 persons for traffic violations the past month. There were 996 industrial accidents including two fatalities reported to the state department the past week.

RETURNS TO PORTLAND

Mrs. Vallejo Johnson returned to Portland Wednesday morning after spending two weeks here. She expects to return shortly to help care for her father, D. A. McAtee, who is still quite ill.



A good cup of coffee is the perfect complement to a satisfying meal. Our food is good, well cooked, and tasteful; our service is prompt and we are pleased to serve you.

Due to shortage of help we remain closed all day on Thursdays.

Try our meatless meals every Friday.

HEPPNER CAFE

Wood Fuel Users---

I am booking orders for slab wood for spring delivery

Place your orders now and be assured of next winter's fuel supply.

Lloyd Moyer
Phone 1484

BONDS OVER AMERICA * * *

Children play in Esther Short Park of Vancouver, Washington, beneath a heroic statue dedicated to the pioneer women who came with their husbands and children into the Northwest country, newly opened after the Lewis and Clark expedition.

Pioneer Woman



There is little cause for mirth in occupied Europe and even the children have little stomach for play. Millions have been orphaned by Nazi guns or labor camps; all are undernourished and will bear the scars of this war to their dying day.

**Prepare for Peace;
Buy War Bonds**

Help Speed the Day of Victory Produce More Food!

THE more Victories there are the more food is needed by our Armed forces. Not only for themselves but for the people of liberated countries. These people must be fed so they can have the strength both in morale and physical condition to back our armies in the fight for freedom.

It's up to American farmers to produce for Victory. If your machinery has taken the brunt of years of hard work, let us overhaul it so that you may get maximum performance from your equipment now when you need it most.

BRADEN-BELL
TRACTOR & EQUIPMENT COMPANY