

## Highways To Health

### MILK IS PRECIOUS

Milk dealers are now limited by government order in the amount of milk and certain milk products which they call sell to their customers. Fresh fluid milk is in this way made available for use by our soldiers.

Milk, butter, cheese and ice cream are demanded in tremendous quantities for camps, training centers and defense plants in this country. Dairy products which can be shipped abroad in compact form—especially dried milk, cheese and butter—are required in increasing amounts for the armed forces in every part of the world, for lend-lease and for foreign civilian relief. And along with this civilian demands for milk are greater than ever before.

All of this added together means there is a critical need for conservation of fresh milk in order to make the supply of all dairy products go around. You and your family may not get as much milk at all times as nutritionists recommend. This means using milk to the best advantage—using every precious drop; protecting its food value and flavor for greatest nourishment and enjoyment; and providing it first and in greatest quantity to those who need it most.

The reason for these increased demands for milk is because it is nature's most nearly perfect food. It provides strength and stamina for the fighting forces on the war front and for the workers in our shipyards and factories. It supplies vital food elements which build resistance to disease and fatigue. It supplies essential minerals, vitamins and proteins for body repair and for a more active life.

That's why government authorities insist that milk and milk products be made available to those on whom victory depends most. That's

why you may have to limit your milk supply until victory is won. If this is necessary, be a good Home Front trooper and accept your share with a smile. And remember your milkman is doing his best for you.

Your part in the conservation program can be summed up in these few helpful hints:

1. Order only as much milk as you actually need and place your order in advance.
2. Take in your milk promptly and place in top or coolest part of your refrigerator.
3. Keep your milk tightly covered and do not allow it to "stand" in a warm room.
4. Use milk in cooking to improve the flavor and increase the food value of other foods.
5. Cooperate with your milk dealer. He is doing his best to supply your needs.

### JOHN MANNING SPROULES

Commitment services were held here Tuesday for John Manning Sproules, whose death occurred at his home at Homestead, Ore. Saturday, Jan. 29. Deceased was a native Oregonian, born at Oregon City, Nov. 30, 1875. He was the last member of his immediate family.

Mr. Sproules was married in 1901 to Jennie Kirk, sister of Mrs. Emma Jones of Heppner, and to this union were born two children, Crockett and Ilene. The mother died June 30, 1915, and the father later moved to the Homestead section where he continued to live until death came.

A heart attack, apparently at breakfast time, was the cause of death. When neighbors went to the house late in the day they found the body in an upright position on the woodbox. The stove was open as if he had started to build a fire when the attack came.

He is survived by his children, Crockett Sproules and Mrs. L. A. Darland, and one grandson and one granddaughter.

### DRIVES TO PORTLAND

Barton Clark drove to Portland the first of the week to have some dental work done. He was accompanied by Mrs. Verle Frederickson who was called to the city by the illness of her mother, Donnie Hiatt, on a trip, and Crockett Sproules who leaving to enter the merchant marine.

To buy, sell or trade, use the G-T advertising columns

## Something NEW In Insurance

See Bill Isom about 80 per cent collision on your car.

B. E. ISOM  
Heppner, Oregon

AT PENNEY'S

## NEW Rayon Print Dresses IN A BIG PURCHASE

3.98

All brand new spring prints — the best we've seen in a long time at such a tiny price!

Monotones and bright multi-colored designs — gay floral patterns. Tailored shirtwaist and button-front styles — pleated and gored skirts — unusual trimming details!

Sizes for misses and women Truly wonderful values at 3.98



## STAR Reporter

Friday-Saturday, Feb. 4-5

### Riders of the Deadline

William Boyd, Andy Clyde, Jimmy Rogers, Herbert Rawlinson

Hopalong Cassidy again goes into action to bring about justice. This picture marks the appearance of Jimmy Rogers (son of the late Will Rogers) as Hopalong's side-kick.

—PLUS—

### PISTOL PACKIN' MAMA

Ruth Terry, Bob Livingston, Wally Vernon, Jack LaRue

A two-gun girl gambler of the West is taken for her bankroll by a city slicker but she soon has him crying "Put that pistol down, Babe!" A fast-moving hit with the greatest novelty song of the decade.

Sunday-Monday, Feb. 6-7

### Above Suspicion

Joan Crawford, Fred MacMurray, Conrad Veidt, Basil Rathbone, Reginald Owen

A honeymoon in before-the-war Germany is converted into a thrilling search.

Tuesday, February 8

### Banjo on My Knee

(A re-issue)

Barbara Stanwyck, Joel McCrea, Walter Brennan

Tried and true entertainment concerning uniquely interesting persons against a setting of Mississippi shanty-boats and New Orleans cafe life.

Wednesday-Thursday, Feb. 9-10

### Destroyer

Edward G. Robinson, Glenn Ford, Marguerite Chapman, Edgar Buchanan

A stirring salute to America's trim and trusty fighting craft... as salty as an octopus and just as gripping... with a constant thread of comedy.

# Firestone

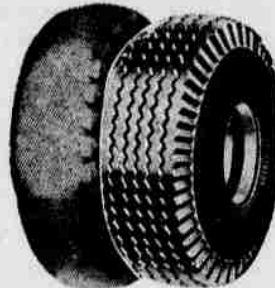
Where Every Day Is Value Day!

### Only in the Firestone DELUXE CHAMPION Will You Find:

1. Gear-Grip Tread for sure-footed control on wet, slippery pavement.
2. Saffi-Lock, Gum-Dipped Cord Body, so tough the tire can be recapped time after time.
3. Saffi-Sured Construction increases tire life, providing longer mileage.



Let Us RECAP Your SMOOTH TIRES



6.70

6.00x16 Tire

Drive in today. Let us inspect your tires thoroughly. Our recaps are guaranteed!

No Rationing Certificate Required.

U. S. Government Inspected and Tested



## Partemp Firestone HOME INSULATION

Roll 2.98 <sup>37 1/2</sup> Sq. Ft.

Saves up to 30% in fuel costs. Keeps your home cooler in summer, too. F.H.A. terms. Free estimate.

\*26 Rolls Required for the Average Size House

Pyroxylin Coated



## LUNCH BOX

Sale! 1.09 Reg. 1.19

Has special compartment for a thermos bottle.

## Sale CAR NEEDS!



CHAMOIS 15x20-in. Reg. 1.09... 79c

LICENSE PLATE HOLDER Reg. 1.25 99c

VISOR MIRROR 4x6-in. Reg. 39c... 33c

CERTIFICATE HOLDER ..... 19c

RUBBER CEMENT Reg. 5c Each... 2 for 7c

## TUBEREPAIR KIT

10c Reg. 13c

Includes everything needed to repair small punctures.

Tire Preservative Protects against weather. Keeps rubber tough. 39c pt.

Polishing Cloth 15x27-in. Reg. 15c. Chemi-treated. 11c

BACK THE ATTACK! BUY WAR BONDS! Support Uncle Sam's 4th War Loan Drive

Rosewall Motor Co.