

Farmers, Stockmen To Meet January 31

Two hundred farmers and stockmen from Morrow, Umatilla, Grant, Union and Wallowa counties are expected to attend the tenth anniversary meeting of the Pendleton Production Credit association, Jan. 31 in Pendleton. Sessions will be held at the Veterans of Foreign Wars hall.

A luncheon will be served at 11:30 o'clock and an entertainment program will be carried on during the luncheon. The business session will start immediately after the luncheon with James Hill of Pendleton president of the association presiding. Reports covering the past year's operations as well as the accomplishments of the association during the first ten years of its operation, will be presented by W. E. Moore, secretary-treasurer. Special recognition will be given those farmers and stockmen who have maintained their association membership continuously for the ten years.

Ernest E. Henry, president of the Production Credit corporation of Spokane will be the guest speaker and will discuss the production of food for war and the part credit is playing in maintaining that production.

Members will elect one director for a three year term. Ralph I. Thompson of Heppner is the Mor-

row county director of the association.

VISIT COLLEGE DAUGHTERS

Mrs. D. A. Wilson of Heppner and Mrs. Newt O'Harra of Lexington were campus visitors at the University of Oregon last weekend. They visited their daughters, Dorothea Wilson and Patty O'Harra.

HAVE A DAUGHTER

Friends in Heppner have received announcement of the birth Jan. 14, of a five pound nine ounce girl to Mr. and Mrs. Russell Mc Neal at Grants Pass. The baby, their second child, has been named Janet Louise.

HERE ON VISIT

Mrs. Earl Bryant and children are visiting Mrs. Bryant's mother, Mrs. Sofrona Thompson, coming from Lewiston where they have made their home the past few months.

TAX MAN SLATED

A representative of the state tax department will be in Heppner March 27, and will be on duty at the court house where taxpayers needing his assistance may contact him.

VISIT IN CALIFORNIA

Mrs. A. E. Burkenbine and son Albert accompanied Mrs. Viola Gray to Dorris, Calif., last week for a short visit.

Highways To Health

PROTEIN IN WARTIME MEALS

Every homemaker likes to plan her dinner menu around a "main dish" and for this purpose dried legumes of one kind or another could be used more frequently. These vegetables, so typically American are all very rich in protein. Although they can not entirely take the place of the protein of meat, fish, eggs, milk and cheese, they can serve as a valuable protein source in these war days. Most dried legumes, kidney beans, lima beans, split peas, lentils, are similar in food value and any one of the varieties may be chosen for the hearty dish of the main meal of the day.

Soybeans, less well known but coming into more general use, are in a class by themselves among the dried legumes. They are far superior as a source of protein. They also furnish much larger amounts of the B-vitamins, but slightly less iron. And a bit of news for those watching the "weight", the soybean has a low carbohydrate count, only about one-half the amount found in other dry beans. One thing to remember, for good results prepare

soybeans and other soya products according to direction.

So make note of this. Legumes can be made into hearty soups and appetizing main dishes and when combined with milk or cheese make dishes that measure up in food value and appetite appeal.

SCALLOPED LIMA BEANS

2 cups dry lima beans, 1 1/2 quarts water, 1/2 cup diced salt pork, 2 tbsp flour, 1 pint milk, salt to taste.

Wash the beans well, and soak them overnight in water. Cook them until tender. Fry the diced salt pork slowly until crisp, remove meat from the fat and add to the beans. Make a white sauce of the drippings, flour and milk. In a buttered casserole or baking dish, put a layer of cooked beans, some of the salt pork, cover with white sauce and continue until all the ingredients are used. Salt to taste. Cover the top with buttered crumbs and bake about twenty minutes in a moderate oven.

RETURN FROM SOUTHERN TRIP

Mr. and Mrs. C. N. Jones returned last week from an extended journey which took them to the eastern part of the country enroute to North Carolina, Mr. Jones' old home state. The return trip was made by the southern route.

VISIT PORTLAND

Shirley Wilkinson and Carolyn

Bauman went to Portland Friday and returned Tuesday with Mr. and Mrs. Frank Wilkinson who spent several days in the city.

VISITING IN THE DALLES

Mrs. Lora Moyer is in The Dalles where she will visit for three or four weeks. She accompanied Mrs. Ida Zinter and daughter Irene who made a business trip to the port city.

IN HOSPITAL

W. G. McCarty is in St. Vincent's hospital, Portland, this week receiving medical attention. He was taken to Portland Tuesday by Henry Hoppold. Creed Owen accompanied them to the city.

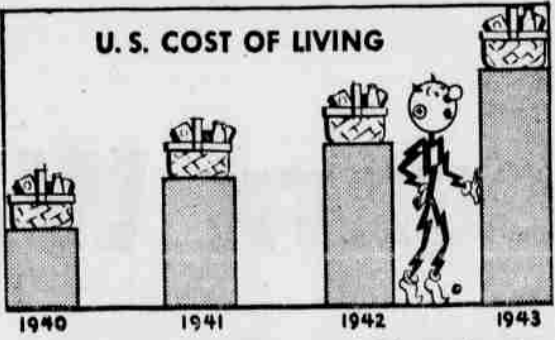
AUXILIARY MEETING

Mrs. J. F. Lucas, assisted by Mrs. L. E. Dick, will be hostess to the Women's auxiliary of All Saints Episcopal church at her home at 2:30 p. m. Friday, Jan. 28.

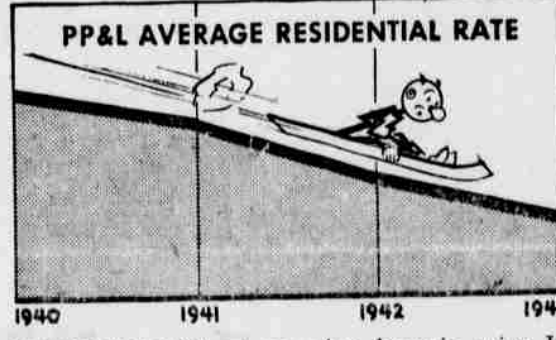
FOR SALE—1934 Studebaker sedan; good tires, heater. Mrs. C. W. Valentine. 44-45p



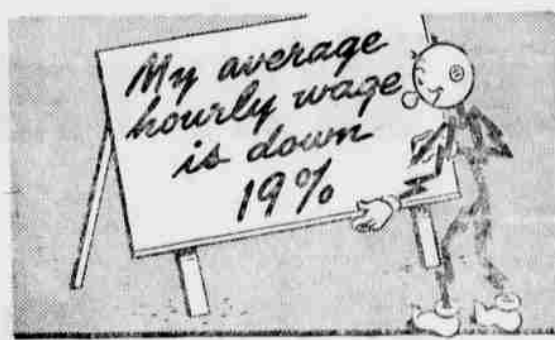
A Report to our Customers on PP&L BUSINESS HIGHLIGHTS OF 1943



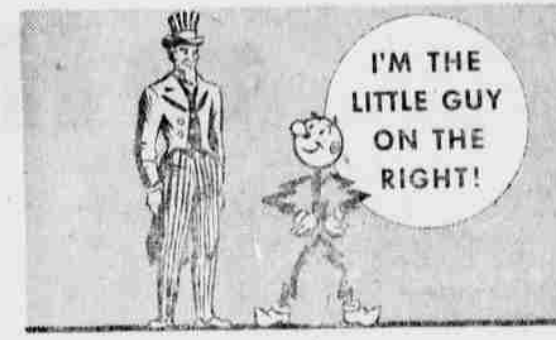
ALL OF US felt the pressure of rising prices last year. The overall cost-of-living went up another 4 points—now stands 23% above 1940.



BUT ELECTRICITY kept on going down in price. In 1943, we received an average of only 2.03 cents a kilowatt-hour for residential service—the lowest in our history.



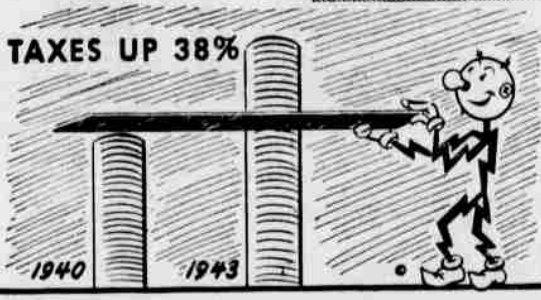
19% LESS THAN 1940. That is how our 1943 average household rate compared with the pre-war figure. While other prices were going up, the price of electricity went down!



44% LESS than the national average! Our average household rate is just about half the U.S. national average. PP&L has been in the front ranks of the low-rate parade for years.



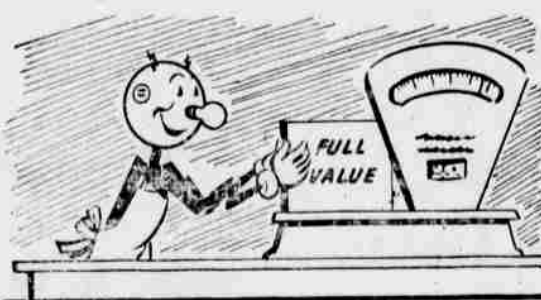
OUR TAXES IN 1943 reached an all-time high of \$1,313,000. We paid back to the public, in the form of taxes, almost as much as was paid to all the men and women who have invested their money in the development of this business.



TAXES UP 38% THIS \$1,313,000 tax bill was more than one-third greater than we were called upon to pay in 1940—which makes the 19% drop in the average price of electricity all the more significant.



UNCLE SAM GOT \$726,000, or more than 55% of these taxes. This money, along with the Federal taxes paid by you and your neighbors, goes to help meet the urgent needs of a nation at war.



17 1/2 CENTS out of every dollar we take in now goes for taxes—yet we're selling electricity at the lowest price in the 33 years we've been building up this business enterprise. PP&L's low rates were not achieved at public expense!

We're proud of the fact that in 1943 PP&L met fully the electric service needs of our 91,365 customers in the two great states of Washington and Oregon.

We're proud of the 743 men and women of the PP&L organization who managed to keep your electric service running smoothly and dependably throughout 1943 in spite of wartime problems.

We're proud of the 112 PP&L men and women who are away in the service of their country—and we pledge ourselves to keep right on working and fighting to preserve for them at home the freedom and opportunity they are fighting for overseas.

PACIFIC POWER & LIGHT COMPANY

Your Business-Managed Power System

REMEMBER—any waste in war is a crime. Even though electricity is cheap, use it wisely.