

Farmers Ready . . . Rural Families Urged to Produce Home Food Supplies

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livestock but an increase in all livestock is needed and most farmers in the country are increasing their livestock numbers.

A summary of the recent war production sign up of all farms shows an increase from 12000 to 17,000 cattle of all kinds in Morrow county. If farmers in the county find it possible to carry out their plans for 1943 there will be an increase in the number of sows to farrow from 1086 to 1598.

Sheep is the one kind of livestock in which there will be no increase. The farm summary shows a slight decrease for 1943 in all kinds of sheep to be raised.

On all farms where war crop goals are established it is necessary that 90 percent of these goals be grown in order for the farmer to qualify for wheat payments or wheat loans. If 90 percent or more of the war goals is met there is no limit on the amount of wheat that may be grown on such farms.

There are a few farms where it is not practical to establish war crop goals. On such farms if the wheat allotment is exceeded it is necessary that at least 10 percent of the crop land be devoted to some other crop such as barley or oats to insure eligibility for wheat loans.

A call to all rural families to produce as much of the home food supply as possible is being made to Oregon rural families through the Extension service and rural neighborhood leaders, according to C. D. Conrad, county agent.

Wartime inducement to raise and preserve the family food supply will bring better results if a few practical plans are made ahead of time, Conrad adds.

Tomatoes are one of the most essential foods to raise where they can be grown. Five to eight dozen plants will usually raise enough for the family of five for eating fresh and canning. Tomatoes are rich in vitamin C and where they cannot be raised, extra amounts of cabbage, raw salad greens, broccoli, strawberries and melons should be planted. Cabbage is especially valuable, not only for food nutrients, but can be preserved for most of the winter by simple storage methods. Cabbage maintains its food value well with proper storage. Another "top" vegetable for food value and storing is carrots. The sufficient amount to grow is 50 feet of early and 100 feet of late carrots for a family of five. Other green and yellow vegetables that deserve emphasis in a garden are green beans, peas, beet tops, mustard and turnip tops, leaf lettuce, yellow squash and yellow corn.

The budget for adequate nutrition for the family of five includes

280 pints of frozen or canned vegetables and 400 pounds of stored vegetables in the same groups. Other vegetables, such as onions, rutabagas and beets, a balanced plan includes storing 560 pounds. In addition, 800 pounds of potatoes, 75 pounds of dry peas and beans for a family of five are suggested.

One of the most essential foods for any family is milk and where possible, the keeping of one or two cows is advised for each family.

Eggs are another essential food and can be used in many ways to replace meat when meat rationing starts. The food production plan a family of five calls for setting 125 eggs or buying 75 chicks. From these, 25 laying pullets should be kept throughout the winter and the rest of the chickens used for meat.

Where it is possible for a family to produce and slaughter their own meat, the average family of five people should plan on butchering one beef, two hogs, and one lamb. Where these animals cannot be produced, the home produced meat supply may include more poultry and also rabbits.

Conrad states that maximum production of home food needs for the 1100 rural families in Morrow county will release considerable commercial stocks for other war needs, as well as easing transportation problems and insuring families of an adequate diet.

Lydia Ann Inskeep who died at her home here Wednesday of last week. Mrs. Inskeep was born at Walla Walla, Wash in 1882 and was married to Adison Inskeep in 1919. Surviving are her husband and three daughters, Mrs. Frances Dalzell of Condon, Nona and Alene Inskeep of Hardman; and by three step-children, Ocel of Hardman; James, who in the U. S. navy and Mrs. Mary Wacken of Salem; her father and mother, Mr. and Mrs. H. M. Sweaington; three sisters and one brother.

Mrs. Ella Bleakman returned to her home after spending a month at Athol, Ida. visiting a sister, Mrs. Sidney Lindberg; also a week at Heppner and Stanfield.

Willis Robinson returned to the ship yard on Sunday after visiting here a week.

Foster Collins was in town and Heppner on Friday from his home on Camas Prairie.

Anne Thomas visited the schools here Thursday.

IRRIGON NEWS

By MRS. J. A. SHOWN

Mother Receives Son's Merit Badge

Mrs. H. W. Grim received the merit badge of honor, the Purple Heart, that her son, Pfc Elden L. Allen received in action in the U. S. army in New Guinea.

Miss LaVern Duus a student nurse of Pendleton spent Sunday with her parents the Herman Duus family.

Mrs. Sam Unisher and two children came Sunday to visit her mother Mrs. Amis of the Light store.

Grandma Graybeal celebrated her 84th birthday Thursday. Sixteen neighbors called on her the evening before and had ice cream and cake.

Mrs. Grider and son Marion of Pendleton visited the Henry Mil-

ler family Sunday. Miss Ellen Miller and Betty Merciel both student nurses also visited the Millers Saturday.

J. O. Swearingen took a truck load of fat hogs to Portland Sunday.

Mrs. Mary Stephens and daughter, Mrs. Edna Holcomb and granddaughter Bonnie Morrison visited the Ernest Stephens family Monday. Mrs. Stephens had been at Pendleton and went on to Arlington.

Russell McCoy is home from Pendleton again and is much improved.

Mr. and Mrs. L. M. Smith have been to Wallowa to attend the funeral of Pierce Frazier, their son-in-law who was killed in a logging accident.

The car of Mr. and Mrs. Teague of Athena was destroyed by fire in Irrigon Saturday morning. They and their two children took the bus to Portland from here.

The Presbyterian aid society met at the church basement and tied a quilt and had a business meeting.

Mr. and Mrs. Newbill have moved from Hermiston to the Frank Brace house. Mrs. Newbill is the primary teacher here.

J. K. Walpole of Boardman was an Irrigon visitor Thursday.

Avery Shoun took the train for Walla Walla Wednesday to visit the Andrew Shoun family and Mrs. Shoun and little daughter. He will return Thursday.

Mr. and Mrs. George Brown of Hermiston have rented the Wilson house and will move in immediately.

Mr. and Mrs. W. B. Dexter are visiting their daughter Mrs. Dan Hill and helping to care for the little girl who is threatened with pneumonia.

Mr. and Mrs. Earl Russell have moved onto a 15-acre tract west of town. They are living in a trailer house until they build. It is known as the W. C. Isom tract.

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STAR Reporter

Friday-Saturday, March 12-13
Flying Fortress

Richard Greene returns to the screen with a splendid cast to bring you the greatest air story, filmed in the shell-slashed skies—Over There! —PLUS—

DOWN RIO GRANDE WAY
Charles Starrett, Russell Hayden
Swell entertainment for the Western fans.

Sunday-Monday, March 14-15
Journey for Margaret
Robert Young, Laraine Day, Fay Bainter, Nigel Bruce, Margaret O'Brien, William Severn

A picture whose irresistible appeal goes straight to the heart, suggested by the factual story by William L. White.

Tuesday, March 16
The Avengers
Ralph Richardson, Deborah Kerr, Hugh Williams

Share the courage of Norwegian villagers in their battle to rout their Nazi conquerors—a thrilling and inspiring story.

Wednesday-Thursday, March 17-18
Eyes in the Night

Edward Arnold, Ann Harding, Donna Reed, Allen Jenkins, and Friday, the most intelligent dog to appear on the screen in recent years

The exciting adventures of a sightless detective and his seeing-eye dog on the trail of enemy agents.

Rural Homemaker Told of Part in Bringing Victory

Every rural homemaker whether on a 10,000-acre ranch or on the most remote mountain farm is being told that she has a vital part in helping bring victory, first of all by helping see the farm feeds her family.

Neighborhood leaders, trained by the O. S. C. extension service, are, during March, contacting every rural home to talk over the serious food situation and helping plan the production and conservation of an adequate family food supply. The contact with the rural homemaker on these visits will be part of a nation-wide mobilization of farm women from March 1 to 20 in the food-for-freedom campaign.

FRIED HOTCAKES

Following a custom of several years standing, L. E. Dick officiated as hotcake cook at the Shrove Tuesday feed given by the Guild of the Episcopal church. Dick came from Portland in time to keep the appointment. He was kept plenty busy as the pancake luncheon was well attended.

RETURNS FROM PORTLAND

Mrs. C. W. Barlow, who spent two weeks in Portland with her parents, Mr. and Mrs. A. S. Akers returned to Heppner Saturday, accompanying Mr. and Mrs. Lee Howell. Mrs. Akers, ill for some time, is reported considerably improved.

GOES TO GOLDENDALE

Mrs. Laura Driskell left the first of the week for Goldendale where she will make an indefinite visit in the home of her daughter, Mrs. Clarence Shroder. Mrs. Driskell has leased her Eight Mile ranch to Mr. and Mrs. Harold Anderson.

IN THE DALLES

Mrs. W. O. Dix went to The Dalles Tuesday morning to be with Mr. Dix who was scheduled for a major surgical operation some time Wednesday. Up to press time no word had been received about his condition.

UP FROM DELAKE

Jason Biddle arrived in Heppner Wednesday evening, coming from Delake where he and Mrs. Biddle have made their home since disposing of their Morrow ranch about a year ago. He states that conditions have been pleasant on the coast the past month.

RETURN HOME

Mrs. Dallas Craber and baby son returned to their home at Hard-

man today. They has been at Heppner hospital where the young man made his advent into this troubled world.

BUYS LIVESTOCK

James Valentine returned from Spokane the first of the week where he purchased some Hereford stock. There were four bulls and a two-year old heifer in the lot and James disposed of two of the bulls, one to Sam Turner and one to Stephen Thompson.

BACK FROM DETROIT

F. W. Turner had a telephone conversation with his son, R. V. Turner, Monday, the latter calling from Pendleton while enroute to Portland from Detroit, Mich., where he has spent several months on government work.

IN TOWN MONDAY

Business visitors in town Monday from lower Willow creek were Mr. and Mrs. O. L. Lundell, who operate a prosperous farm midway between Cecil and Heppner Junction.

GUEST OF HUSTONS

C. F. Swander, secretary of the state board of the Church of Christ, was a guest of Mr. and Mrs. E. R. Huston over the weekend while in the county on church business.

TO VISIT HUSBAND

Mrs. C. C. Carmichael who was in town Wednesday afternoon from Lexington, stated that she was leaving immediately for New York to visit her husband who is stationed with one of Uncle Sam's fighting units in that area.

FOOD SALE

The home economics class has announced a food sale to be held at the Case Furniture company store beginning at 10 a. m. Saturday.

Rev. and Mrs. S. D. Spiesz drove to Hermiston Wednesday to attend the monthly Fellowship meeting of the Assembly of God church. Two carloads of people from here attended the meeting.

Merle Burkenbine paid his parents a short visit this week while on a brief leave from his training duties at Camp Farragut, Ida.

Mr. and Mrs. Homer Hayes of Hermiston were guests the first of the week at the home of Mr. and Mrs. W. Y. Ball.

Hardman News . . .

By ELSA M. LEATHERS
Funeral services were held at 2 p. m. Monday afternoon for Mrs.

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Rub-a-dub-dub . . . it's the cotton season, and she'll need a pretty cotton wardrobe for school! Princess styles, basque waists or tailored types in candy stripes, prim checks, dainty florals or plain colors. 3 to 6X and 7 to 14.

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