IONE NEWS

## 35 Finish First Aid Class at lone

By MRS. ELMER GRIFFITH

amination Monday evening for first aid certificates, having completed the course of twenty lessons, conducted by C. J. D. Bauman. Interest has been keen throughout the course, and the attendance good.

Mr. and Mrs. Norman Swanson of Portland spent the week end here. They visited Mr. Swanson's parents, Mr. and Mrs. J. E. Swanson, and Mr. Swanson assisted local people with their income tax.

The Ione school board has accepted the resignations of Erret Bernice Wattenburger and John Hummel, principal, and William Burk, fifth and sixth grade teacher. ers Monday. Their successors have not been cho-

Guy T. Campbell of Lostine and Eugene Inskeep of Huntington were in Ione Saturday interviewing the local schoool board.

Mrs. Thelma Coats and son, Walter Corley came up from Portland rin and Bernice Wattenburger. Monday and took home Marianne Corley who was painfully injured in an automobile accident recently.

Mr. and Mrs E. M. Baker and family drove to Walla Walla Saturday to attend to business and then on to Dayton, Wash., where tion of the newly authorized degree they visited Mrs. Baker's mother, returning Sunday.

Mrs. Matthew Gordon is confined to her bed, suffering from flu.

Mr. and Mrs. Harvey Ring drove to The Dalles Tuesday to bring home their young daughter, Lois, who is so much improved in health that she is allowed to come home, but must remain in bed.

Mrs. I. R. Robison and Laxton Mc-Murray their niece, Miriam Hale, department in the school of engina former Ione high school girl, was married to Coe Leavengood in Portland on February 15th. The young people are now on a honeymoon available in the library, says Proin California. The bride is the daughter of Mr. and Mrs. Loren D. Hale of Tangent, and is a graduate 1942-43 college catalogue. of the University of Oregon. The bridegroom is engaged in defense

Mr. and Mrs. Harry Yarnell have rented Mrs. Ida Moore's house, and will live there while they build on their present location.

The regular meeting of Willows tion about the middle of this month, grange will be held Saturday eve- and a special meeting will be held ning, March 7, at 8 o'clock. On Sun-instead of the regular one. day there will be a pot luck dinner at the hall for all grangers and their spent the week end in Portland with families, with degree work in the her husband, and went house huntafternoon.

Sunday will be grange Sunday and the grangers will attend church in the morning.

and Mrs. Wallace Matthews entertheir home at Morgan, honoring Mr. Ely's nephew, David Ely, who will be drafted next Saturday. Others present were George N. Ely, W. G. Palmateer, Mr. and Mrs. A. F. Palmateer and family, Mr. and Mrs. Fred Ely, Mr. and Mrs. Franklin Ely and family, Mr. and Mrs. Berl Akers and little son, and Mr. and Mrs. Martin Bauernfeind and fam-

Ione hotel dining room closed last Saturday, and Mr. and Mrs. Henry Clark, who have been in charge there, moved into their own home.

A. T. Coleman of Morgan returned he has been under the care of a physician.

Mrs. O. E. Peterson and sons Donald and Gerald drove up from Portland to spend the week end at their home in Gooseberry.

spent the week end at the home of Mrs. Lindstrom's parents, Mr. and Mrs. Elmer Griffith, returning to Monmouth Sunday.

Mr. and Mrs. Huston Bryson, Mr. and Mrs. Leslie Roundy and daughup from Portland to spend the week end. Harold Kincaid, a sufferer from infantile paralysis, is now able to remain outside the iron lung, and physicians in charge have given Mrs. Mrs. Kincaid permission to bring

him home soon. Mr. and Mrs. H. V. Smouse and their daughter, Shirley, in company with their daughter, Mrs. Orlo Martin and son Dean of Moro, spent the week end in Portland.

Mrs. Blum, state president of the PTA, plans to visit the local associa- Sharon and Norma Lou Lundell.

#### PINE CITY NEWS

Mrs. Mabel Hughes, Mrs. Johnny Brosnan of Lena called Friday on Mrs. Marion Finch.

Mr. and Mrs. Russell Moore and son and Elroy Moore were dinner About 35 persons took the ex- guests of Mr. and Mrs. Jasper Myers Friday

Mr. and Mrs. Floyd Van Orsdall of Pendleton spent Sunday with Mr. and Mrs. E. B. Wattenburger.

Bernice Wattenburger spent Friday with Faye Finch.

Mr. and Mrs. Garnet Abercrombie and family spent Sunday evening with Mr. and Mrs. E. B. Wattenburger and family.

Henry Voglar, Sr., has purchased 500 baby chickens, all pullets.

Mr. and Mrs. Clayton Ayers and Healy were Heppner business call-

Mrs. Russell Moore and son are spending a few days in Irrigon visiting Mrs. Robert Smith and son. Burl Coxen of Heppner spent Sun-

day at the Roy Neill home. Mrs. George Currin and sons of Lena called Monday on Katie Cur-

## Mining Degree Work To be Given at OSC

Oregon State College-Organizacourse in mining engineering is proceding here with plans nearing completion for opening of the course for student enrollment at the start of next fall term. For the time being G. W. Gleeson, head of he department of chemical enginering, is also serving as acting head of mining engin-

The former school of mines was According to word received by abolished in 1932 but of all the old work will now be reinstated as a eering. Equipment has been well preserved and a large collection of texts and reference books are still fessor Gleeson. Details of the curriculum will be included in the

> Creston R. Maddock, a native son and representative of a leading insurance firm, from Portland, visited Heppner friends yesterday while transacting business.

Mrs. Frank Lundell and small son ing.

Mr. and Mrs. Ivar Nelson returned last Tuesday from a trip to the Valley. They visited relatives and Mr. and Mrs. H. O. Ely and Mr. friends in Portland and Oregon City, and also visited their daughter, tained with dinner last Sunday at Thelma, in Eugene, since the university students will have no spring vacation.

Rapid progress is being made on the business building which Jack Farris is erecting on Main street.

Mrs. J. F. Stillwell is in Prosser, Wash., whre she was called last week because of the serious illness of her father.

An interesting meeting of the Ione PTA was held in the lunch room of the school house last Wednesday. Mrs. Lucy Rodgers talked on the subject, "Mobilizing Women for National Defense," and refreshments were served by Mesdames Carl Alhome Sunday from Hermiston where lyn, E. G. Sperry and Leonard Carlson. It was interesting to notice that there are a number of fathers in the community who are also parents.

The Eastern Star met last week for the last time on the old date. In the future both the Eastern Stars Mr. and Mrs. Roy W. Lindstrom and Masons will meet on the same evening, the first Wednesday of the month, in order to conserve tires. The Masons will open their meeting at 7:30, and the Stars at 8:30. There

will be but one meeting a month. Mrs. Ella Davidson entertained ter, and Mrs. Harold Kincaid came the PNG club at her home last Friday. Those present were Mesdames J. E. Swanson, C. W. Swanson, Cleo Drake, Berl Akers, Matthew Gordon, Milton Morgan, Jr., and little son, and Mrs. Clara Newlin and Sharon.

Mrs. Ella Davidson entertained a group of friends with a bridge party at her home Friday evening. Guests were Mesdames Harry Yarnell, M. E. Cotter, C. W. Swanson, J. P. O'-Meara, Hugh Smith, Omar Rietmann, Ida Fletcher, Clara Newlin and

#### LEXINGTON NEWS

# Lex Youth With RAF Pays Visit to Home

By MARGARET SCOTT

Kenneth Warner, younger son of Mr. and Mrs. Earl Warner of Lexington, is home on a furlough before sailing for England. He is a commissioned officer in the Canadian air force and has been notified he will leave Halifax in a few weeks. On Wednesday afternoon he spoke to the Lexington high school in his usual eloquent manner, telling many interesting things about his experiences in Canada. He is very enthusiastic over his service and anxious to get to fighting. Accompanying him for a visit to his parents were his brother, Vernon, from Portland and his sister, Mrs. Clarence Hayes and little daughter from Cor-

Mr. and Mrs. Delbert Vinson are the parents of an eight pound son Richard Elza, born Monday, March 2, at the Corda Saling home in Heppner.

Doris Scott, former resident, visited the Henry Rauch home last

The Wm. Van Winkle family visited relatives in Arlington Sunday. Cecile and Carol Jackson, Melissa Stonebreaker and Laura Scott spent

Tuesday in Pendleton. Mr. and Mrs. Jack Van Winkle of Heppner spent Saturday night at the Wm. Van Winkle home.

Mr. and Mrs. S. G. McMillan have returned home from a vacation in Portland and vicinity.

Mr. and Mrs. Ralph Jackson, Marcella and Carol, spent the week end in Portland. They were accompanied home by Thomas Cutsforth who had been spending the winter in California.

Yvonne and Jerry Doherty were week-end guests at the Roy Williams fruit, as it is not the sugar which

C. C. Carmichael is spending a few days in Portland.

Merritt Gray motored to Stanfield Monday. Skippy Ruhl returned home with him.

Mr. and Mrs. Laurel Ruhl and Dick spent the week end at the Otto Ruhl home.

Marcella Jackson entertained with a surprise party for her parents wedding anniversary. Five tables tle. of "500" were in play and refreshments of ice cream, cake and coffee were served.

Joe Way is assisting in the W. F. Barnett store during the illness of

Ed and Eldon Warner of Pine Vernon Scott, and family. They members.

# Sugar Saving Not

# Hard If Wasteful **Habits Adjusted**

The sugar shortage making necessary using less of it in the home is by no means a tragedy from the nutrition standpoint even though it may be somewhat inconvenient and require changing some habits, believes Miss Lucy A. Case, extension nutritionist at Oregon State college.

Ways by which such adjustments can be made have been suggested by Dr. Louise Stanley, chief of the hureau of home economics in Washington, D. C., and these apply very well to Oregon homes, says Miss Case. Most folks can get along on a lot less sugar than they normally eat and still have nutritious meals that taste good, says Dr. Stanley.

While sugar supplies energy in an exceedingly palatable form, any necessary reduction can easily be made up by increased consumption of other foods. Inexpensive energy-giving foods include whole grain cereals, starchy vegetables, dried fruits, and many others.

Elimination of sugar waste will sometimes help make up the shortage. One of the most obvious wastes is undissolved sugar in the bottom of coffee or teacups. Others are oversweetened foods. A good plan is to experiment to see if the amount of sugar put on brakfast cereal or in coffee and tea is a matter of habit. and whether a person would be just as satisfied with a half teaspoonful or so less, Dr. Stanley continued.

Use of dried fruit on top of a cereal makes less sugar necessary. Use of fewer rich desserts, pastries, and sweet cakes will also cut down on sugar consumption. Fresh fruits are among the most nutritious and desirable of desserts and many of these carry their own sugar. Less sugar can also be used in canning preserves the fruit but the heat in processing and the airtight seal.

Another way to reduce sugar consumption is to add the sugar at the end of the cooking time in making apple sauce or similar sauces. It takes less sugar to get the same sweetness if the sugar is not cooked

were accompanied by George Tuck-Thursday in honor of their twentieth er who spent the week end in Seat-

> Louise Hunt attended the C. E. meeting in Pendleton Friday eve-

David and Ida Buchanan, Lola Padberg and Carol Jackson are confined to their homes by illness.

The Rebekahs served dinner and Grove spent Tuesday evening at supper Saturday to a large conventhe home of their son and brother, tion of local and visiting I. O. O. F. at the French ranch. Maxene Mc-

#### HARDMAN NEWS

#### Hardman School Starts Victory Club

By ELSA M. LEATHERS

Creston O. Robinson was transferred from Gowan Field, Boise, to Pendleton last week; Pete Haynes from Camp Lewis to Camp Walter, Texas; John McRoberts from Camp Lewis to destination unknown, Claud Hastings is in the hospital at Camp

A Victory club was organized recently in the Hardman schools for the purpose of helping the defense program in every way possible. The high school section of the club held its first meeting last Thursday night at the home of Miss Cecilia Bell and made candy for Arthur Patterson, Marvin Saddler and Roger Howell, who are in the Hawaiian islands. The latter two are former Hardman

The new gymnasium, which we have all been anxious to have finished, is nearing completion. Plans are being made for the dedication in March.

Guy Hastings who was injured last week at the Bergstrom place on Eightmile is visiting in town and expects to return to his work soon.

The Blue Mountain club, composed of Rebekah sisters, bought a \$37.50 defense bond last week.

Friday at 2 p. m. both the high and grade schools had an air raid drill. The children marched to the end of the walk and then ran to their homes. They reported again in 15 minutes.

Miss Cecilia Bell was entertained Friday night at the home of Miss Ruth Eversole. After dinner the high school students arrived for a birthday party. This was indeed a surprise since Miss Bell, who was born on the 29th of February, does not have a real birthday this year.

Miss Vera McDaniel spent the week end visiting her mother, Mrs. L. H. Robinson.

Mrs. Roy Robinson, in from their lower ranch this week, says they have rodent insanity out their way, as the squirrels are out. They have plenty of snow yet, which necessitates feeding their stock. This is the third time in fifteen years that the squirrels have been out in February on their place.

Miss Lois Hewitt visited at her home in Milton over the week end. Mr. and Mrs. Dewey Britt of Heppner were Sunday visitors at the Wm. Greener ranch.

Mrs. Catherine McIntyre visited several days in Heppner with her daughters. Ann and Rita, this week. Carol Buschke visited over the week end with her uncle, Gus Steers, Daniel accompanied her.

# **Bulls!** Bulls!

Owing to the fact that you breeders want these bulls close to your back door, we will hold another big sale of these outstanding REGISTERED CANADIAN HEREFORD BULLS.

# SPECIAL NOTICE!!! **COMING 2-YEAR-OLD** HEREFORD BULLS

Bred by some of Alberta's oldest and best Hereford breeders. Deep bodies and wide between the shoulders-these bulls will go down in history as real breeders. Good enough to head any herd in the U.S. or Canada.

# HEAD YEARLINGS and 2-YEAR-OLD HEREFORDS

Are outstanding and will speak for themselves. CHOICE ABERDEEN ANGUS

2-YEAR-OLD-BULLS Bred by one of the most successful Angus breeders in Alberta.

WE WILL ALSO HAVE A FEW REGISTERED

SHORT HORN BULLS AT THIS SALE.

These bulls are large for their age and carry lots of bone and body. They never have been pampered or stalled but raised outside and will stand lots of tough going. All are T. B. and Bangs tested.

These bulls are of the finest breeding obtainable in Canada, being selected by Fred Zwick, well known bull man in the State of Washington. He was assisted by John Wilson who is widely known throughout the United States and Canada as a prominent judge of cattle and is Secretary of the Alberta Heregord Breeders Association and Judge at the Calgary Bull Sale.

**AUCTION** at The Dalles Auction Yard THE DALLES, OREGON

COLONEL CRONIN, Auctioneer