

# FOOD for VICTORY»

By Frances Stewart

"Grow a Victory Garden in 1942." This is sound advice, says C. D. Conrad, local county agent. "But one should grow a garden only if he feels he has a chance for success," qualifies Mr. Conrad.

Seeds are precious packages this year. You know that greater quantities of seeds are being shipped to our allies and more people all over this country are growing gardens, so it behooves us to care for our seeds after they are planted—to harvest them carefully—and to have a plan for storing the finished product.

Did you know that vegetables grown under cover are crisper and have a better flavor than vegetables grown in the open? A frame garden with a sub-irrigated system to keep it well watered is fine for amateur gardeners in this part of the country.

A space about five by ten—fifty or sixty tin cans—some scraps of old lumber and you have the makings of a frame garden. If you would like more detailed information on frame gardens ask at your local Farm Security office.

But it will be some time before gardens will be producing. Until that time we can be getting our vitamins and minerals from root vegetables. There is a good supply of parsnips, rutabagas, turnips, carrots, sweet potatoes, and Hubbard squash on the market now.

We usually get tired of these foods before it is time for green things to put in an appearance. But we can dress up these root vegetables to make them seem like new.

Parsnips contain a good supply of vitamin C near the center. If cooked in a covered casserole dish this precious vitamin isn't lost.

Slice or shred three parsnips, cover the bottom of the dish, sprinkle with salt and dot with butter. Cut two apples in quarters and place a layer over the parsnips and cover with a little sugar. Alternate the layers of parsnips and apples. A layer of bread crumbs may be added. Next add about two-thirds cup of boiling water. Cover and bake at 350 degrees about one half hour.

If you've been wondering about substitutes for sugar—honey, a local product, is fine. In substituting honey for sugar in your regular recipes, a good rule to follow is to reduce the liquid one-fourth cup for each cup of honey used.

Don't forget the extension meetings scheduled throughout the county this week. "Food to Keep You Fit" is the topic. Lucy Lane, a specialist from Oregon State college, is conducting.

## Machinery Repair Week Comes in Week

Next week is Farm Machinery Repair week in Morrow county, according to the county USDA War board.

With weather conditions more favorable every farmer who has not already done so should give all machinery a complete overhauling and obtain the repair parts immediately.

Some machinery dealers report a good supply of parts on hand, but some parts may be difficult to obtain and if immediate repair is not made some parts might not be obtainable.

By getting all machinery repaired now our farming problems will be lessened just that much. Most farmers feel that the labor and shortage problems will furnish enough headaches without having their machinery fail them at a critical time.

The war board wishes to discourage the ordering of parts that may not be needed which would mean using materials needlessly. They however want to see every farmer take immediate steps to determine his needs and get orders placed for the parts needed.

Priorities for materials to manufacture repair parts on a whole are high, but it takes material rather than priorities to manufacture machinery and parts and in many cases materials may not be available.

If repair parts and attachments cannot be obtained, farmers should report to the war board and everything possible will be done to help.

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## All Men 20 To 45 Must Register Next Monday

Heppner Office to Be Open Two Days Previous and 16th

Everything is in readiness in Morrow county for the Third Selective Service registration, slated throughout the nation next Monday, February 16, announces Judge Bert Johnson, chairman of Morrow County Local Board of Selective Service.

Irrigon, Boardman, Ione, Lexington and Hardman will hold registration only on Monday the 16th, 1942, from 7 a. m. to 9 p. m.

The office of the local board in Heppner will be open for registration on Saturday and Sunday, February 14 and 15 from 8 a. m. to 6 p. m., as well as on Monday the 16th.

All men who attained the twentieth anniversary of their birth on or before December 31, 1941, and who have not attained the forty-fifth anniversary of their birth on February 16, 1942, must register, according to the instructions received from national headquarters of the Selective Service.

## RODEO MEETING COMING TUESDAY

What shall be done about staging Heppner's annual rodeo this fall will be the leading question confronting a meeting called for the Elks club at 8 o'clock next Tuesday evening, announces Len Gilliam, secretary. The meeting is on call of President Lee Beckner and urgent request for attendance by Heppner business people and everyone else interested is requested.

By-laws of the association provide that any interested citizen of Morrow county is a member of the association and entitled to vote.

This is the first meeting of the Heppner Rodeo association since the staging of last year's successful show, for which a detailed financial account will be read. Plans will be discussed for staging a show this year and if consensus of members desires that it carry on, directors will be elected and other organization details undertaken for this year.

Last year's Rodeo was the twentieth consecutive year of the event since its first inauguration in 1921, when it was first conceived by C. W. McNamer, first president, L. V. Gentry and other community leaders. If it is decided to proceed this year, the Rodeo will enter upon its third decade of continuous yearly representation of days of the Old West.

## Heppner Bakery Goes To North Bend Man

J. Arnold Sharp, proprietor of Heppner bakery for the last six years, reports transfer of the business last Tuesday to G. A. Sanders, formerly of North Bend, when Mr. Sanders arrived to complete negotiations for purchase that had been under way for some time.

In leaving the bakery business here Mr. Sharp expressed his wholehearted appreciation for the many friendships made in his six years of business here, and wished them all God-speed. He expected to go to Grass Valley, his former home, shortly for a visit, but had no definite plans to announce further.

Mr. Sanders is a married man but his family has not yet joined him here.

## INSTALLING PIPE ORGAN

Tom Wells and Clifford Conrad motored to Athena the end of the week, bringing back with them a used pipe organ that is being renovated for use of the Methodist church.

## Man Who 'Pulled' McKinley Summoned

Edmund L. Berry, once engineer on the Pennsylvania and Ohio railroad, when he had the privilege of pulling the throttle on the campaign special of William McKinley in his successful campaign for the presidency, will be buried at rites in Heppner, the time yet unannounced.

Case Mortuary brought Mr. Berry's remains from St. Anthony's hospital in Pendleton Tuesday, where he passed away after confinement for three years following a stroke sustained in this city.

Mr. Berry for many years had been a sign painter and caretaker of St. Patrick's church in this city.

The story of Mr. Berry's life was learned this morning from W. T. Campbell, for whom Mr. Berry worked as steam engineer on the Campbell threshing outfit from

1898 until 1916. Here is Mr. Campbell's story:

I first became acquainted with Ed Berry in 1898 when I bought a steam thrasher. A man told me of a painter working on the Lexington school who was an engineer. Mr. Berry worked for me every year except one until 1916.

He lost a leg in a saw at Ione. I forget just what year it was. The people of Ione sent him to St. Vincent's hospital in Portland. He had a terrible time, and missed one harvest. I helped put a wooden leg on him.

In the years he worked for me I became well acquainted with Ed. He told me he had been an engineer on the Pennsylvania and Ohio railroad. He had a good home in Columbus. A big house. His father and mother

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## Local Growers Turn Wheat to Credit Corp.

With the double objective of easing the acute shortage problem and of providing abundant stocks of feed for conversion into livestock and poultry products needed under the "Food for Victory" program, wheat producers are now turning over a considerable amount of their 1941 loan wheat to the Commodity Credit corporation. The corporation will make this wheat available for livestock and poultry feed wherever it may be needed at local loan values less 4 cents.

According to Henry Baker, chairman of the local Triple A committee, Morrow county producers have released 340,694 bushels under this program to date, and while it is obvious that most of this wheat may be sold in other areas, an order has already been received from a group of Boardman farmers for a carload, and it is expected that other shipments will start immediately thus making local storage space available for the 1942 crop. Mr. Baker added that producers who wish to release their wheat under this program should contact the county office as soon as possible.

## Thespian Plays Set 18th for Charities

The Heppner Thespian club benefit plays will be given February 18 at the gymnasium at 8 o'clock.

In "Silence Please," Julia, a young wife, is played by Mildred Clary; Darrel, her husband, Raymond Parrish; Madge, a neighbor, Louise Green; Dolinda, her friend, Betty Coxen.

In "Corn Fed Babies," Wilma Baker, the wife, is played by Maxine Browning; Leslie, her husband, Irl Clary; Alice Warner, her mother, Virginia Lee; Lulu, the maid, Maurine Browning; and John Bernard, the boss, Calvin Crawford.

In Booth Tarkington's play, "The Trysting Place," Mrs. Curtis, a young woman, is played by Gwen Glasgow; Lancelot Briggs, a twenty year old boy, Dick Ferguson; Mrs. Briggs, his mother, Mrs. A. H. Blankenship; Jessie, his sister, Neta Rae Bleakman; Rupert Smith, a young man, Bob Pinckney; Mr. Ingoldsby, a man of fifty-five, Arthur Straus, and The Mysterious Voice, John Lane.

These three one-act plays are being given for one of the worthiest organizations, the Red Cross, also the U. S. O. and hot lunches. All proceeds will go to them.

## GRANGE SCHOOL POSTPONED

The grange school for state, Pomona and subordinate grange lecturers at Corvallis, that was planned for February 18-19 has been postponed until later, possibly in March, due to illness in the family of Jas. Farmer, national lecturer, who will be in Oregon this spring to help the lecturers plan programs and other lecture work.

## SCOUTS PROGRESS AT BIG DINNER

A pot-luck dinner at the Church of Christ celebrating the 32nd anniversary of Boy Scouts of America was held last Monday evening at which time Randall Peterson, Virgil Ezell, Carter House, Lowell Rippee and Tom Hughes were invested with the rank of tenderfoot, and Jack Aiken and Billy Ulrich were advanced to the rank of second class scouts.

Following the dinner toastmaster Kenneth House introduced Mayor J. O. Turner who gave a short address on the relation of the scout to the community. Clifford Hansen, assistant scout executive of the Blue Mountain council, gave a very interesting talk on the history of scouting.

Troop charter was presented to Scoutmaster Martin Clark and certificates of scouting were presented to troop committee chairman Kenneth House and committee members Merle Cummings and Don Woelfer. After the program and dinner an informal flag talk was held with scouts explaining the meaning and history of the flag of the United States of America.

## Pledge Signing Urged To 'Save on Tires'

Anyone who has been missed in the defense bond pledge card signing campaign and wishes to sign a pledge, may do so at the First National bank, announced P. W. Mahoney, county chairman, this morning.

Such people can in this way assist the local committee, members of which are working without pay, and the voluntary response will help the committee members to save on tires which are scarce at this time.

General pledge signing will avert necessity for compulsory savings, Mahoney pointed out, and in the event compulsory savings should come those who have purchased bonds will be given credit for their purchases.

## JOHN DAY DEFEATED

Heppner's Mustangs went on the rampage last Saturday evening on the local court when they threw off John Day's husky Prospectors, 51-19. Jimmy Barratt, John Skuzeski and Claude Snow led Heppner scorers, and they and Bill Scrivner and Bob Pinckney composed the starting line-up. Before the game was over all the reserves had seen action. In a preliminary game Heppner's B hoopers had little trouble in taking a big edge over St. Joseph academy of Pendleton, with James Kenney and McClintock leading the scorers. Tomorrow night a fast action game is expected when Arlington's Honkers play on the local court.

Mr. and Mrs. Gus Nikander are spending the week in Portland, having gone to the city Sunday.

## 'Victory Food' Meeting Series Slated For County

County Chief Urges Importance Everyone to Attend

A series of "Food for Victory" meetings is slated in Morrow county beginning next Tuesday, announces C. D. Conrad, chairman of Morrow County Nutrition council, as follows:

Lexington grange hall, Tuesday, Feb. 17, 7:30 p. m.

Hardman, high school, Wednesday, February 18, 7:30 p. m.

Ione, grange hall, Thursday, Feb. 19, 2 p. m.

Heppner, school gym, Thursday, Feb. 19, 7:30 p. m.

Irrigon, high school, Friday, February 20, 10 a. m.

Boardman, high school, Friday, February 20, 2 p. m.

"Food to Keep You Fit" will be discussed at each meeting by Miss Lucy Lane, extension specialist from Oregon State college. Other phases of the war food problem will be discussed at later meetings and will include planning the family food supply, said Conrad. Demonstrations will also be given on using milk, eggs and milk products, and on food preservation by canning, freezing, storing, drying and curing.

Conrad urges a large attendance at the first meeting as it is fundamental in the series.

"Good nutrition is vital to complete victory," said Conrad in making the announcement. "A great deal of new knowledge has recently been discovered on the effect of foods on eyesight, strength of muscles, nerves, bones and teeth; resistance to diseases; general health, vigor and efficiency; and even on mental attitudes and morale. The B vitamin, for example, has been called the morale vitamin because it definitely affects the functioning of the nervous system. The A vitamin is helping our fighter pilots in spotting enemy bombers at night.

"The war emergency demands that the whole nation be strong and alert. ... We can all help make America strong by making each family a little arsenal of pep, vigor and alertness," continued Conrad.

"This war will be a drain on our man power, on our pocket books, and on our health and nerves. Every mother has a patriotic duty in seeing that her family is well nourished. The effect of this cannot be measured but we know it will help a lot in preventing sickness and loss of time and will insure everyone being physically fit to devote extra hours and strength to helping win this war," Conrad averred.

Conrad urged that dads as well as mothers participate in the meetings, averring that eating habits of children are often influenced as much or more by him than by the mother.

## Vawter Parker Car in Wreck on Way South

Their car, in which Vawter Parker and family were on their way south as Mr. Parker went to report for army service as a reserve first lieutenant, was in a wreck, according to a card, dated February 5, received by Mr. Parker's parents, Mr. and Mrs. Frank S. Parker, this week. Signed by Mr. Parker, it read:

Arrived today by train from Shreveport, La. A negro hit our car just outside of that city and we had to put it in the garage for repairs. Alberta, Mrs. Barry and Cecelia went back to Dallas until the car is repaired."

Mr. Parker's destination is withheld in accordance with army directions, but other members of the family were going to Florida for a visit. All had been calling on the Garfield Crawford family at Dallas and a previous card reported a very enjoyable visit.