

# Heppner Gazette Times

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Official Paper for Morrow County

## Prunes Get Praise From Federal Home Economists

Pacific coast prune, albeit without any special mention of the tart sweet prunes from the northwest, have just received some nation-wide boosting through the home economics press service of the United States department of agriculture.

While the holiday season is not ordinarily chosen as the time to sing the praises of such a year-around fruit, a recent release from the home economics offices calls attention to the fact that prunes are a winter staple which belong on the pantry shelf right along with flour, sugar, and spices. This sentiment is endorsed by Mrs. Mabel Mack, acting extension specialist in nutrition at Oregon State College.

Properly cooked so they are plump and juicy, prunes are a modest, but good-tasting fruit. They have more taste appeal when spiced up to go with a meat course, combined with cooked cereal for breakfast, mixed with butter or peanut butter for a sandwich filling, or used like fresh fruit in salads and desserts.

You can figure on about 12 servings from a pound of prunes, and the cost is surprisingly low. Mrs. Mack explains that this pound of prunes supplies food values, too—in the form of iron, calcium, vitamin A, and vitamin B-1.

In deciding on a dessert, keep prunes in mind as a filling for dumplings and turnovers, for topping shortcake and upside-down cake, for combining with sugar and beaten egg whites or with whipped cream to make a fruit whip.

Prune bread offers another way to use this Oregon fruit. Made like raisin bread with a yeast dough, it is excellent toasted. Or roll the dough out in a thin rectangular shape, spread with butter and a mixture of chopped prunes, nuts, and brown sugar, roll up like a jelly roll, and cut off pieces to make pin wheel rolls. Or keep in one big roll for a rolypoly loaf with prune filling.

To put chopped prunes in a quick bread is another idea, especially good when made with whole-wheat flour, to make a loaf of dark brown color high in minerals and vitamin B-1.

## Necrotic Enteritis Disease Cleaned Up

Necrotic enteritis, a hog disease that has been pretty prevalent in Oregon as well as in other states the past year, has been virtually cleaned up, the animal division of the state department of agriculture reports as the year comes to a close. This infectious disease is greatly aggravated by improper diet and unsanitary surroundings.

The disease is such that animals in the incubation stage would be difficult to diagnose. Hogs are frequently sold through auction sales yards, which at the present time are not required to have hogs inspected before sale from such yards. It is probable that some hogs have become infected in the passage through these public auction yards.

Livestock associations of the state are working toward new legislation for Oregon which will control to greater degree these sales yards. Dr. W. H. Lytle, chief of the animal division, has been informed.

To buy, sell or trade, use the G-T Want Ads and get best results.

## HARDMAN NEWS

### Bernard Bleakman Rites at Hardman

By ELSA M. LEATHERS

Funeral services were held for Bernard Hardy Bleakman Sunday afternoon at the community church with Rev. Martin Clark officiating, and Rev. Ely assisting. Interment was in the I. O. O. F. cemetery.

Mr. Bleakman died suddenly at his home here Thursday evening, following a stroke. He had reached the age of 65 years, 8 months and 19 days. He was born near Carney Jct., Nebraska, April 7, 1875, and came to this county when he was seven years of age, with his parents, two brothers, George of Monument, and Bert of Heppner, and one sister, Florence Tracy of Riverside, Cal.

Mr. Bleakman at one time had a large number of cattle and a ranch that is now part of the Ada Cannon ranch on Rock creek. He also owned farming land at Hardman. Most all of this was disposed of when he became postmaster thirteen years ago. He also served on the grade school board for a number of years, having only resigned in later years.

Besides his wife, Ella, he leaves to mourn his passing, the children, Leslie and Pat Bleakman, Mrs. Earl Redding, Mrs. Raymond McDonald and Mrs. Raymond Reid, and four grandchildren, all of Hardman; his two brothers and one sister, and many nephews and nieces, besides a large circle of friends.

With Mrs. Russell McNeill at the piano, Mr. McNeill beautifully sang "Old Rugged Cross" and "In the Garden." Pallbearers were Richard Steers, Max Buschke, Carl Leathers, Owen Leathers of Hardman, and Marion Saling and Victor Johnson of Heppner.

Mr. and Mrs. Ben Buschke of Heppner spent Christmas week at the Claud Buschke home near Reed's mill.

Mr. and Mrs. Neal Knighten and children spent Christmas day at Echo with Mrs. Roy Neill.

Miss Evelyn Ely of Walla Walla visited her parents, Rev. and Mrs. Everett Ely this week, returning Saturday to her work at the nursing school in Walla Walla.

Guy Hastings from Eightmile visited his father, Chas. Hastings, one day this week.

Mr. and Mrs. Sidney Lindenberg and daughter and Fred McDaniel, all of Athol, Idaho, came Saturday to attend the funeral of B. H. Bleakman. Mrs. Lindenberg and Mr. McDaniel are sister and brother of Mrs. Ella Bleakman. While here

they had a very short visit with all the other relatives. It had been a number of years since either had been here.

The flu epidemic sure hit Hardman this last week. Those known sick are Mr. and Mrs. Carey Hastings, Mr. and Mrs. J. J. McDonald, Elmer Steers, Uncle Sam and Aunt Hatty McDaniel, Mildred and Frank McDaniel, Francis Leathers, Mr. and Mrs. Jim Hams, Wewey Britt, Delsie Reed, Zetta Redding, Elvira McDonald, Maxene and Zelma McDaniel, Mary McDaniel.

Fan Miller returned home from Bonanza where he worked several weeks for S. T. Robison.

Mrs. Frank Howell came over from Top to stay with her parents, Mr. and Mrs. Sam McDaniel, Sr., who have the flu.

Cecil McDaniel spent a couple of days visiting Clinton Batty at Eightmile this vacation.

Mr. and Mrs. Glenn Copp of Arlington and Mr. and Mrs. George Krebs and Mrs. Henry Krebs of Cecil attended the funeral of B. H. Bleakman, Sunday. Others from out of the community were Cliff Merrill and Mrs. Laurence Flemming, Rho Bleakman and mother, Mrs. George Bleakman of Monument, Mr. and Mrs. Dale Ray of Ione, Mr. and Mrs. Percy Bleakman of Portland, Mr. and Mrs. Frank Howell and son Clifford of Top, Mr. and Mrs. Herb Hynd of Cecil, and Mr. and Mrs. Roy Hurst of Cecil.

Art Stevens is visiting Ed Morland for a few days. He also visited his brother and family, the John Stevens.

## IRRIGON NEWS

### Holiday Visitors Noted at Irrigon

By MRS. W. C. ISOM

Mr. and Mrs. E. B. Ryder and two sons of Castle Rock are visiting with their mother, Mrs. C. W. Grimm.

James and Andrew Shoun and Miss Jetteries of Walla Walla and Miss Ameigh of Freewater spent Christmas day with the J. A. Shouns.

Mr. and Mrs. Stevens and little daughter have been very sick with influenza. They are improving.

Mrs. Leicht's daughters and their families have been visiting during the holidays.

Doug Whipple of Fort Murray and Bert from Pendleton are spending their vacations at home.

Mrs. Ann Keith of Touchet, Wash., spent ten days with her sister, Sarah Stamp at the Shoun home. She went home Saturday.

Merry Acocok has completed her business course and is home for the holidays.

Mr. and Mrs. E. A. Fanchier and three daughters visited at the H. M. Duus home Sunday the 29th.

Mr. Duus is putting in plumbing for a bath room and already has the water in the house from the newly drilled well.

Alvin Rand visited at the home of his grand parents and took Bette Rand home to Portland with him. Mr. Rand is suffering an injured knee cap, injured in a car wreck.

La Vern Lamoreaux is home for the holidays but is going back by

way of Portland is visit his Uncle Ray.

Ora Acocok and a friend from Dayton, brought Charles, Jr., home from the Shrine hospital and are visiting the Chas. Acocoks.

Jack Browning has the flu. The basketball games between Irrigon and Umatilla were played in the Irrigon gym December 30 and resulted in Irrigon winning.

Vern and his wife and Wayne and his wife have been spending the Christmas vacation with Mr. and Mrs. Tom Caldwell.

### Wheat Proves Good Horse Grain

While wheat has never been considered a common grain feed for horses, tests conducted at the Oregon Experiment station this past year indicate that it is entirely suitable. Processed rolled wheat fed to draft horses in direct comparison with oats kept the horses in a thrifty, vigorous condition through a season of work. Results are reported in detail in the new bulletin, "Surplus Wheat Feeding Experiments in Oregon," which can be had free from county extension offices.

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