

New Physical Ed Program for State Explained by Tetz

Compulsory Training Started; Portland Lion Visits.

Oregon's new physical education program was the subject of a talk by Henry Tetz, school physical education director, before the Monday Lions luncheon. The program makes physical education compulsory for every high school student, physically able, by requiring one credit of the 16 necessary to graduate to be acquired in this department, Tetz said.

Beginning next year it will be applied to all freshmen and the full credit for graduation will apply in 1940.

For students with physical disabilities, Tetz expected restricted programs of physical education would be developed to assist in overcoming such disabilities to the fullest degree. This type of student needs the training the most and should be given consideration in any effective program of physical education, he believed.

Citing the history of physical education, Tetz said the subject has been given consideration beginning with primitive man. It was stressed by the Greeks whose Olympic games are now held on a world-wide basis. Athenians placed high importance on sound bodies as evidenced by their practice of throwing unwanted babies from a certain rock on the sea coast. In its earlier stages, however, it was thought important only to build physically strong men. The idea of giving physical training to women, also, is of comparatively recent development, he said.

The Spartans introduced military training as the best means of physical education, and Tetz drew a parallel with that system and the systems now in vogue in Germany and Italy. Even in America many schools having military training excuse enrollees in that department from taking other physical education work.

The Oregon system is opposed to the military theory of physical education, he said. Premised on the theory that sound bodies are essential to success, the Oregon system incorporates the principle of building ideals into the physical education program. Stress is placed upon building up the mind, fostering social contacts, and inculcating high moral standards along with development and training of the body. So interlinked with all phases of personality is the physical man that no phase can be ignored in a complete physical education program, he said.

As applied locally at the present time, three 45-minute periods are devoted each week to the physical education program. Two periods each, for boys and girls, are devoted to games or other exercises, while one period each is given over to health study in the class room. Miss Mitchell has charge of the girls' groups while Mr. Tetz handles the boys.

Paul Sayre, Portland attorney and member of the East Side Lions club in the city, was a guest and brought greetings from the district governor, Ralph Kletching of Salem. He recently attended a meeting of the state convention committee, and outlined the fine program of entertainment planned for this year's convention to be held in Medford in June.

BANISH ROUGH STUFF.

Fraternalities at Oregon State college have voted unanimously to join a national movement to abolish "hell week" in connection with initiations. Although they had previously gone part way in eliminating old style initiation practices, they have now decided to eliminate paddles in connection with initiation, regulate the hours when the final initiation takes place, abolish all practices carried on by initiates off the premises, and refrain from practices which would interfere with the candidates' attendance at classes.

IONE

By MARGARET BLAKE

The Women's Topic club held its April social meeting at the home of Mrs. Bert Mason last Saturday afternoon with Mrs. D. M. Ward, Mrs. Agnes Wilcox and Miss Emmer Maynard as hostesses. Bridge was played. Prizes went to Mrs. Omar Rietmann and Mrs. M. E. Cotter and a guest prize to Miss Mary Alice Reed. Other guests were Mrs. George Tucker, Mrs. Henry Gorger, Mrs. C. W. McNamer, Mrs. Clel Rea, Mrs. C. W. Swanson, Mrs. Clyde Denny, Mrs. E. J. Blake, Mrs. Frank Lundell, Mrs. Dorr Mason and Mrs. Carl Feldman. Refreshments were served.

Miss Dorothy Arant who taught in the local high school last year, was here during the week end from Prineville.

A son was born to Mr. and Mrs. Sam Pomerantz of Los Angeles on April 15. Mrs. Pomerantz is a daughter of Mrs. Henry Clark.

Mr. and Mrs. David Rietmann have joined the ranks of the new car owners. Mr. Lundell drove to The Dalles last week to get it for them.

Mr. and Mrs. Dan Long departed Friday for Oregon City where they were called by the serious illness of Mrs. Long's father, R. S. Blackwell. Mrs. Long's daughter, Dorothy, will stay at the Raymond Turner home while they are away.

Mrs. Foster Odom drove her car to Yakima, Wash., last Friday to take over members of the Girls' League of Ione high school who attended the conference held for members of the league from Oregon, Washington and Idaho in that city last Saturday. Jane Huston and Helen Lundell attended as delegates from Ione. Other girls who made the trip were Juanita Odom, Bertha Akers and Joyce Carlson. The girls were accompanied by their leader, Miss Francis Stewart.

Richard Lundell suffered a broken finger last Friday when a barrel of gas rolled on his hand. The injury was attended by a physician in Heppner.

Mr. and Mrs. Roy Feeley and children, Maurice and Nelda, visited in Ione a short time Friday. They make their home in The Dalles.

Mrs. Agnes Wilcox spent several days of last week in Portland where she was called by the illness of a brother-in-law.

Mr. and Mrs. Keithley Blake and daughter, Betty Belle, Mrs. J. H. Blake and Mr. and Mrs. Fred Kuhn, all of Kinzua, were Sunday guests at the home of Mr. and Mrs. E. J. Blake.

Members of the Masonic and Eastern Star lodges met at Masonic hall Sunday to complete preparing a seed bed for a new lawn on the east side of their lot. As the wind of the morning became more like a gale in the afternoon it was impossible to plant the grass seed, but it will be put in as soon as possible.

Mr. and Mrs. Peter Timm of Pendleton were here Friday looking after their Morrow county wheat interests.

Mr. and Mrs. Charles McElligott were business visitors in Arlington last Wednesday.

Mr. and Mrs. Walter Corley returned Sunday from a stay of several days at Ritter hot springs where Mr. Corley hoped to get relief from a painful ailment in his back and hips. He feels somewhat better.

Twelve members and eleven visitors attended the all-day sewing and quilting session of the H. E. club of Willows grange which was held at the home of Mrs. J. H. Bryson last Friday.

Mrs. Robert Smith passed away at St. Vincent's hospital Saturday, April 17, following an illness of several months. An operation which she underwent there the previous Monday failed to relieve a condition which followed an attack of influenza which she suffered about the first of the year. She leaves to mourn her passing her husband, five children, D. T., Hugh, Harvey and Bonnie, all of Ione, and Mrs. Dan O'Hara of Kinzua, three grandchildren and many friends and neighbors.

Mrs. E. J. Bristow departed Saturday night for Nampa, Idaho, taking with her her grandson, Donald Bristow, who is returning to his parents there after spending nearly a year here with Mr. and Mrs. David Rietmann.

Mrs. Pauline Boyer has returned

from a visit in Portland.

Leo Ostryer, itinerant photographer who makes his headquarters in Spokane, was a week-end visitor here.

Mr. and Mrs. Paul G. Balsiger motored to White Salmon, Wash., last Saturday to visit Mr. Balsiger's brothers. They returned home on Monday.

Mr. and Mrs. John Eubanks and son Donald returned Monday from a short visit in Salem.

Mrs. M. Johnson, who has been visiting her son Bert returned to her home in Portland Friday.

Horace Addis of Pendleton was a business visitor here last Thursday. I. R. Robison drove to Portland on business Tuesday.

Members of the Rebekah lodge entertained the junior and senior classes of the local high school and the teachers of both the grade and high schools last Thursday evening following the regular session of the lodge. A "track meet" followed by refreshments and dancing was the order of the evening. The committee who arranged the affair included Mrs. E. R. Lundell, Mrs. Ernest Heliker, Mrs. Frank Lundell, Mildred Lundell, Mrs. Ture Peterson.

They were assisted with the entertainment by Mrs. Walter Roberts and Mrs. Victor Rietmann.

Mr. and Mrs. Earl Morgan and family were here Friday for a short visit with relatives and friends. They were leaving their present location at Rock creek to make their home in Albany.

BILLY COCHELL TO HAWAII.

Mrs. Neva Cochell, deputy sheriff, received word from her son Billy last week that he was leaving San Diego on the 13th on the U. S. airplane carrier Saratoga for the Hawaiian islands where he will be stationed for two and a half years. Mrs. Cochell talked to Billy by long-distance telephone Sunday afternoon and reported hearing him as plain as if he were in the next room. Since joining the navy last fall, Billy has been stationed most of the time at San Diego, holding a clerical position. His new address will be U. S. Naval Air Base, Honolulu, T. H.

TAKES TRAPPING JOB.

R. H. Steers was in the city Monday from Hardman. He was getting ready to start on the job as a WPA trapper, being given the territory between Little and Big Butter creeks.

F. F. A. Boys to Attend State Convention

The Heppner chapter of the Future Farmers of America will be represented for the first time at the state convention of the organization at Corvallis April 29, 30 and May 1. They will be competing in contests with 42 other such chapters in high schools in Oregon.

Contests in which the members of the chapter expect to compete are: Livestock judging, dairy judging, demonstration of the uses of a steel square; demonstration of the dis manteling, sharpening, reassembling, and some uses of the plane; demonstration of the use of the rod and level in surveying for irrigation ditches; and farm accounting contest.

Several of these contests will be given Friday evening before the parents visiting the high school for Open House. Demonstrations will last about ten minutes each, after which the audience is privileged to ask questions on any phase of the demonstrations.

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