Housewives Advised to

cluded along with the canning of fruits and vegetables in prepara-

While this practice is no longer

one for many housewives to prac-

tice this year, believes A. G. Lunn,

chief in poultry husbandry at the Oregon State College Experiment

to preserve them. His first advice

is to get good eggs-the fresher the better. Preserved eggs are good,

Reputation is a large

part of your collateral

for credit.

The man with a bank account

It is mighty easy to save mon-

Pay something into your savings account every week BE-FORE you pay anything else

and the way your account will pyramid will surprise you.

Most all of our rich men started with a small amount

The Farmers is here to help

Farmers

and Stockgrowers

National Bank

There is No Substitute for Safety

Made from

PURE

Artesian

Water

Morrow County

Creamery Co.

-Ford only had an idea.

ey, once you get the habit.

enjoys them both.

YOUR SAVINGS WILL BUY

YOU A HOME

tion for winter.

60

California Girl Weds Crooner of Ditties

agent, when he secretly married Fay Webb, of Santa Barbara, Cal., in New

When I was a student in Amherst College, and my father was preaching in Chicago, I used to go

roads were allowed to present free watch until I was twenty-one.

I had a glorious time; never thinking that it was any hardship to travel slowly, but thanking my lucky stars that I was able to get

tions of America's swellest trains through forty years.
were required to leave New York Don't mistake me. I'm a booster

It hurried them home for what? sometimes I wonder—
to that they could bestow a runI wonder when, on my way home

is the tempo of modern life. Any of it.
of us old folks who decry it are It would seem almost as if the

ry for these headlong youngsters, seems to be racing to get there.

over the dangerous northern route.

This surprise is voiced by newspa-pers and individuals who regard

courage as an attribute solely of

That is a peculiarly American point of view. We have come to

regard the man who does no useful

work, but lives on inherited wealth,

as a feminized sort of person, unfit

The fact is that courage has nothing to do with wealth, occupa-

tion or social status. Brave men are

the so-called "working class."

to associate with "he-men."

to be found everywhere.

petering out.

SERVICE

stant fresh supply of the metal.

COURAGE

Somehow it seems to me that in traveling so fast they miss an awful

I remember the Christmas when preaching in Chicago, I used to go my father presented me my first mome for Christmas on the Erie watch—a big silver affair that he himself had carried for long years. The trip consumed two nights I was ten years old, and the gift and a day; but this was the golden amazed me. It had never occurred age when some kind hearted rail- to me that I should ever own a

passes to clergymen and their families.

Now the Erie makes fast time and there are no passes; but the memory of those old slow trips is loved for months before we could pleasant. My mother would pack a finally acquire it. And the joy of spadwicks and seeing a savings account grown. shoe-box full of sandwiches and seeing a savings account grow hard boiled eggs and bananas, and slowly; and the thrill of building a library, one book at a time.

Now the kids smash up a dozen

watches before they are six. And they start life with cars, and with furniture; and at twenty they have On one of the days preceding last rushed through all the emotional Christmas, so I am told, eight sec-

to hurry the youngsters home from for the new generation. They are school. They are healthy, direct, and fine. Only

So that they could bestow a runing kiss on their parents, shed
their day clothes and change into
evening clothes, and be off on a
series of parties.

This is the world we live in. This

This is the world we live in. This

is the tempo of modern life. Any of it.

It would seem almost as if the is provided by the eggs.

Four eggs, half pint of cream, half pound of sugar, one pint of milk, half pint of strong coffee.

Yet I personally feel a little sore. Yet, I personally feel a little sor- nerve specialist's door. Every one

> be filled, brings up one difference between public life in this country and Europe. On the other side, when a man embarks on a career of public service he usually remains in it, regardless of whether he keeps on climbing the ladder from one office to a higher one. If he loses his seat in the British Cabinet he is content to continue as an or-dinary Member of Parliament eggs and add to the boiling syrup. Thus at the present time there are Stir just a minute, then take from two former Prime Ministers in the the fire and beat until cold. Have House of Commons, Lloyd-George in readiness one cup mixed fruit station, and Stanley Baldwin.

ter in Congress; John Qunicy Ad-ams in the House of Representatives in the fruit with a wooden spoon and Andrew Johnson in the Sen-and serve is punch glasses. ate. Theodore Burton of Ohio, after being a Senator went bcak to Some surprise has been expressed that young men wealthy enough to the House, to be elected Senator again later. But the usual Ameriown seagoing yachts should have the courage to sail their own craft in the ocean race from Newport, R. can custom is to retire from public I., to Plymouth, England, especially life rather than take a "lower" office than the one last held.

### HAPPINESS

Dr. C. E. K. Mees, research director of the Eastman Kodak company, thinks people were happier as a rule when they had fewer modern improvements. Of course, Dr. Mees is right. Hap-

piness has nothing to do with mon-ey, possessions or comfort. Noey, possessions or comfort. No-body can confer happiness; it must come from within one's self. These things which we lump under the general term of "improvements" merely give the individual more time in which to pursue happiness. The great gold reef in South Africa, known as The Rand, is still producing as prolifically as ever, according to a recent report of the one's self into the social scheme in cording to a recent report of the company which operates this, the world's largest gold mine. Since gold was discovered in the valley which the Boers called "Witwaters rand," in 1886, more than five billion dollars of the precious metal has been taken out of this one group of mines. Two hundred thousand native workers and 22,000 whites are employed in the mines.

whites are employed in the mines, which are now down 7,000 feet be-Thomas Jefferson's home, Monticello, at Charlottesville, Va., has been bought by the Thomas Jefferlow the surface and show no sign of So long as the world's trade is So long as the world's trade is son Memorial Foundation and re-carried on with money which rep-stored to its original condition. It resents gold—and no other kind of is one of the most beautiful build-money is of value in international ings surviving from our nation's early days, and gains additional in-terest because Jefferson himself commerce—there is need for a conwas its architect and it was built of brick made on his own estate.

The suggestion that Atlee Pommany-sided man Thomas Jefferson erene, former United States Senator | was. He was a successful farmer, from Ohio, shall run for Congress a leader in scientific reasearch, an in the Cleveland district where he accomplished musician and linguist, lives, where there is a vacancy to and the inventor of the first scien-

tifically-designed plowshare, of the swivel chair and the folding buggy top, among other things. His greatest achievement, however, was the drafting of the Declaration of Independence and his devotion of the remaining fifty years of his life to the effort to establish the principles of individual liberty which that

great document promulgated.

The Jefferson Foundation is now raising a national endowment fund to provide an income for the maintenance of Monticello as a shrine of liberty. I can think of no cause more worthy of the contributions of every liberty-loving American.



Coffee Ice Cream

One quart of cream, half pound of pulverized sugar, four ounces of Mocha or three ounces of Java Have the coffee ground coarsely; put it in a double boiler with one pint of cream, and steep for ten minutes, then strain it through a fine muslin, pressing it hard to get out the strength; add the sugar, stir until it is dissolved add the remaining pint of cream, and when cold, freeze.

### Frozen Coffee Custard

This recipe for coffee ice cream calls for less cream. The richness

Put the milk into a double boiler to scald. Beat the eggs and sugar together until very light, add them to the hot milk, cook an instant, take from the fire, add the cream and coffee. When cold, freeze,

Fruit Sherbet Here is a delicious fruit sherbet

that is a welcome change from the usual creams: Boil together for five minutes one pound of sugar and one quart Two men who had been President of the United States served lature is cold turn into the freezer

Nut Ice Cream

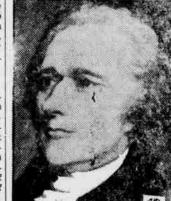
Here is nut ice cream, suitable or a cooler summer day: Beat together the yolks of seven eggs and a cup and a half of sugar. Add two cups of hot milk, and va-nilla to flavor. Add a cup of cream and a cup of nutmeats chopped very fine. Freeze,

Potato Croquettes

Mix together 1 pint hot mashed potatoes, 1 teaspoon salt, 1-2 teapepper, 1 teaspoon onion juice, 1 tablespoon butter, 1 tablespoon chopped parsley, yolks of 2 beaten eggs. Stir over the fire until mixture leaves sides of sauce pan. smoking-hot fat.

Potato Souffit 2 cups of potatoes, mashed, 2 tablespoons of melted butter, 6 ta-

First U. S. Treasurer .



A recently discovered portrait of Alexander Hamilton, hidden for 127 years, has come into the possession of Andrew Mellon, the present secretary.

blespoons of cream, 2 eggs, salt and if the original agg was good. In pepper. Beat the potatoes and butter un-necessary. A five-gallon crock or wooden

til smooth and light, add the cream, yolks of eggs and salt. Beat the container is the most satisfactory whites to a stiff froth and stir them for packing the eggs, according to in. Heap upon a tin in a rough un-even mound (neat, but jagged, so to within three inches of the top. that the tips and edges, when The next step is to pour over them browned, will look nicely), and set one quart of water glass mixed with 10 to 12 quarts of water that has been boiled and cooled. The container is then covered with a lid or oiled paper to prevent evap-oration and kept in a cool place, Pack Eggs for Winter such as a basement or cellar. Eggs preserved in this manner will keep Not so many years ago packing the winter's supply of eggs for family use in water glass was infor six to eight months, and sometimes longer.

Another method, known as the dry treatment, consists in coating the eggs with a material resembling cold cream, after which they packed in cases and stored general, it would be an economical are Material for either method may ordinarily be obtained from the local

### Eggs are lower this season than for many yeras, Lunn says, and it will cost less than 2 cents a dozen

### **HEADACHES NEURITIS** NEURALGIA, COLDS

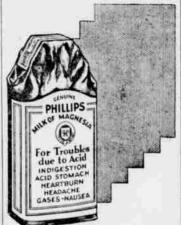
Whenever you have some nagging ache or pain, take some tablets of Bayer Aspirin. Relief is immediatel

There's scarcely ever an ache or pain that Bayer Aspirin won't relieve
—and never a time when you can't

The tablets with the Bayer cross are always safe. They don't depress the heart, or otherwise harm you. Use them just as often as they can spare you any pain or discomfort. Just be sure to buy the genuine. Examine the package. Beware of

Aspirin is the trade-mark of Bayer of salicylicacid.





# Reduce the Acid

SICK stomachs, sour stomachs and indigestion usually mean excess acid. The stomach nerves are over-stimulated. Too much acid makes the stomach

Too much acid makes the stomach and intestines sour. Alkali kills acid instantly. The best form is Phillips Milk of Magnesia, because one harmless dose neutralizes many times its volume in acid. For 50 years the standard with physicians everywhere.

Take a spoonful in water and your unhappy condition will probably end in five minutes. Then you will always know what to do. Crude and harmful methods will never appeal to you. Go

methods will never appeal to you. Go prove this for your own sake. It may save a great many disagreeable hours. Be sure to get the genuine Phillips Milk of Magnesia prescribed by physicians in correcting excess acids.

### Foreign Trade Shifts Affect Oregon Farmers

Material changes in the foreign trade of the United States in farm commodities in 1930 as they affect Oregon farmers are discussed in the latest report on the agricultural situation issued by the Oregon State college extension service. Inlustries particularly involved in the changes include dairy, poultry, fruit and vegetables. Exports of foodstuffs declined in

value approximately one-third and imports fell off over one-fourth, according to figures given in the report. The decrease was due both to lower prices and decreased vol-

Most of the exports consist of grain products, animal fats and oils, canned goods and fresh and dried fruits. The Canadian market took about \$160,000,000 worth of fruits and vegetables from this country last year, most of which was canned and dried fruit, but this

Dairy and poultry products of ducts, eggs and fish.

this country have met less competi-



The principal foodstuffs import-ed into this country consist of cofsituation may be affected by a new ed into this country consist of cof-reciprocal trade agreement be-tween Canada and Australia. ed into this country consist of cof-fee, cocoa, tea, spices, sugar, fresh fruits, nuts, vegetables, dairy pro-

THE IRISH LOTTERY HE

HEARD FROM RELATIONS

THAT HADN'T WRITTEN

FOR YEARS --

tion from foreign supplies during the first half of 1931. Imports of all dairy products except canned milk have been substantially less than during the first half of 1930. Imports of eggs and egg products let may be especially important this fell off very substantially, and the tariff rates on dried eggs have now

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E. R. HUSTON, PROPRIETOR

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YOU SAVE!

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RICE

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OATS

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MacMarr's best blend.

99c

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59c

Prices Effective SAT. & MON., AUG. 1 & 3

SUGAR 100 lbs. \$5.29

MILK Per Case \$3.19

FLOUR 49-Ib. Sack 99c

### CHEESE Oregon full cream loaf. 99c

**MACARONI** 

Fresh shipment, elbo cut. 29c

# **PICNICS**

Shoulders, exceptionally fine quality, medium size.
PER POUND 19c

# **CRACKERS**

3-lb. Box, Per Box 39c

## **BANANAS**

Fancy ripe, golden fruit. 29c

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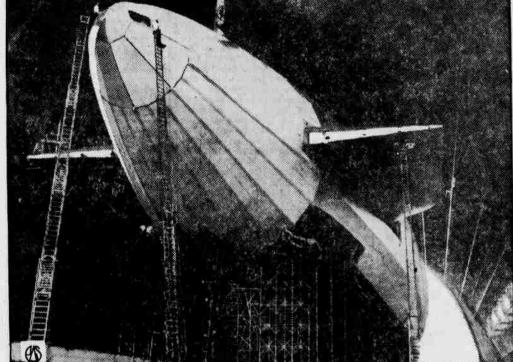
JAMS Or Jellies, assorted flavors, Strawberry excepted.

PER BAG .. 49C

\$1.29 Each

CORN — PEAS STRING BEANS 4 NO. 2 TINS PER CASE

World's Largest Dirigible Nearly Ready for Air



Finishing touches are being put on the Akron, which will be formally named on August 8. The photograph shows the three fins in place and the outer covering being applied to the ship's tail. Each fin is forty feet wide and 105 feet in length. The Akron is 785 feet long and weighs 221,000 pounds. It can lift 182,000 pounds of "pay load" besides its own weight. Mrs. Hoover will christen the air ship by liberating a flock of doves.