

The Way of Life

by BRUCE BARTON

SUNKEN PILLARS.

I went to a function where a brilliant young man received a distinguished honor. Fine speeches about him were made, and the mayor of the city presented a gold medal.

Back near the door sat a demure old couple who seemed ill at ease. Their faces were lined; their hands showed the marks of hard labor. They alone of all the guests did not wear evening clothes.

But when the young man came down from the platform he strode quickly across the room and, reaching the old couple, put his arms around them.

The audience cheered. I thought of Thomas Carlyle who, when fame came to him, looked back from the fashionable society of London to the rugged farm where he had grown up, and the humble parents whose self-sacrifice had made his career possible. Said he:

"I feel to my father, so great though so neglected, so generous always toward me, a strange tenderness peculiar to the case, infinitely soft and near my heart. Was he not a sacrifice to me?"

And he added: "I can see his life in some measure as the sunken pillar on which mine was to be built. Had I stood in his place, could he not have stood in mine and more?"

I thought of the father of Robert

Burns and the "pains he took to get proper schooling for his boys, and when that was no longer possible, the sense and resolution with which he set himself to supply the deficiency by his own influence. For many years he was their chief companion; he spoke to them seriously on all subjects as if they were grown men; at night, when work was over, he taught them arithmetic; he borrowed books for them on history, science, and theology. . . . He would go to his daughter as she stayed aside herding cattle, to teach her the names of the grasses and wild flowers, or to sit by her side when it thundered."

I thought of the father of John Stuart Mill, neglecting his own interests in order to work patiently at the education of his boy; of Thomas Lincoln, struggling to keep his poverty-stricken family together—of all the uncounted hosts of hidden fathers . . . "sunken pillars" . . . who suffered oblivion cheerfully in order that their sons might rise.

It would be fairer if every life could be measured by a double standard—first, by its own achievement second, by the careers of its children. On this basis many obscure lives become glorious.

And many a medal, placed in the strong, achieving hands of brilliant youth, should be passed back to the gnarled hands of the little old couple sitting shyly by the door.

STEFFENS

Lincoln Steffens, born in California, made himself one of the two or three greatest reporters in the world more than thirty years ago. He was the first popular writer to expose political corruption and graft in American cities and elsewhere.

He has just written his autobiography. In it he not only tells the fascinating story of his own life and experiences, but brings a wise and matured judgment to bear upon social and economic conditions.

I have read no book in years which was so stimulating. Everybody who is in the least concerned with the future of himself, his children, or his country, ought to read "The Autobiography of Lincoln Steffens."

TRAVEL

The United States Lines, running passenger ships to Europe, has announced a special summer travel rate for school boys and girls, traveling in parties of ten or more with a responsible adult leader. Any youngster who can dig up \$122 can go to Europe and back on the Leviathan; \$114 on other ships.

This is another long step toward bringing education within the reach of everyone. Nobody can truly claim to be educated who has not travelled around the world enough to understand how other kinds of people than those he grew up with live, talk and think. Everybody does some travelling in these days. The automobile turned out to be one of the most valuable educational influences. Everybody in America knows more about America today than any but a very few knew twenty-five years ago.

Many more Americans know and understand Europe than there are Europeans who know America. We are the world's greatest travellers. And that means that we are literally, as a people, the best educated people in the world.

They were totally dry before 1919, and practically all of the others, under county and township local option, were preponderantly dry.

I am reminded of this by the celebration on May 1st in Kansas, of the fiftieth anniversary of prohibition in that state. Kansas, the U. S. Prohibition Enforcement Officials report, is still dry. It has a few wet spots, but on the whole is the driest of all the states. Three generations of young people grew up in Kansas without ever seeing a saloon, or a liquor advertisement, or seeing anybody take a drink.

We were making faster progress

low prices. Remember, it's the saving on every item that counts.

"No," he replied, "I am trying to

set myself free from the tyranny of possessions. I have too many material things to worry about. They take too much time and attention from the realities of life. I have decided to bring my children up to realize how many things there are in the world that they can get along

without."

My friend is one of America's very rich men, but I call him the wisest because he has learned that beyond food, shelter and clothing, there is nothing his money can buy which is really worth having.

Try a G. T. Want Ad.

THE FAMILY DOCTOR

by JOHN JOSEPH GAINES, M.D.

CATHARTICS.

These are legion. In name, form, and content. It has always been a mystery to me why people often insist on purgative medicines that do more to irritate the digestive tract than they do to restore a deranged function; there are folks who want their lives "shaken up," and will bear with a night of gripping pain, in the belief that they need a good "stirring up."

Last week an elderly woman came into my office for advice about a pain near the point of the right shoulder-blade; her home physician had given her some pills for it, but he had told her to take them only once a week. She showed me the box that held her supply—it was labelled "Compound Cathartic." I agreed that the pills were good, but I told her I would take them only once every four or six weeks!

Here was a pill made out of colocyth, podophyllin, calomel, aloes, jalap and one or two minor ingredients—that would have "shaken up" an eight-cylinder automobile! With aloes enough to produce or aggravate a chronic irritation, and enough irritant cathartic drugs to profoundly shock the delicate nerve-supply of the intestines so that days would be required to recover from the effects of the medicine!

It is a nice art to be able to correct an intestinal or liver derangement. We do it now with combinations of bile salts, salicylate of soda, extract of carrea, phenolphthalein and menthol; a tablet with these ingredients, taken after each daily meal, will in three to ten days, set a disordered liver aright. For a time we used atropine to stimulate intestinal nerves, but my experience is adverse, except where there is much mucous exudate to be dealt with. None of these agencies should be used except on the advice of the physician. The day of "dynamiting" the bowel is past.

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Sunday School Lesson

International Sunday School Lesson for May 17

CHRIST ENTERS JERUSALEM AS KING

Luke 19:28-42, 45, 48

REV. SAMUEL D. PRICE, D. D.

This lesson tells the story of Palm Sunday, which was observed on March 29. Then it was April 2, A. D. 30. Jesus had been advanced toward Jerusalem for the past three months. He reached Bethany from Jericho on the eve of the Jewish Sabbath which He observed as was His custom.

Crowds were present from all parts of Jewry, for the annual Passover season was at hand. On the first day of the week, our Sunday, Jesus went to Jerusalem, and the greatest earthly honor in His life was accorded Him. When the people discerned His purpose a triumphal procession was spontaneously

arranged. As by common consent they thronged about Him and advanced as He did. Meanwhile Jesus assumed the position of royalty that He had declared in the previous years. Disciples sent on the errand returned with a colt of an ass and the Teacher was placed thereon. Here was a declaration of the Prince of Peace, quite in contrast with the desire of the people that He become their king in opposing the Roman authority.

Garments caparisoned the ass. Other clothing was laid as a carpet for the beast to walk on. Branches of the palm trees were waved in tribute of praise as the people sang from Old Testament themes. They shouted "Hosanna" and chanted from the Hebrew Hallel, which was used always as they advanced to Jerusalem for the Passover season. There was a minor phrase to the song when Jesus wept as He suddenly beheld the Holy City at a turn in the road. He had in mind the awful destruction of the city 37 years later. The Golden Text declares "He is Lord of Lords and King of Kings," Revelation 17:14.

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MONEY

A little boy of ten, on a visit to his grandparents, noticed that his Uncle John never did any work. The boy had never met any grown-ups who didn't work, and his uncle's inactivity puzzled him. He asked questions and learned that Uncle John didn't have to work because he had money that was working for him. That appealed to the boy. He decided to get money and make it work for him. He got his first money that year, \$7 for picking cranberries, and he set that money to work in a savings bank.

That was in 1850. The boy's name was George Baker. At twenty one he was already prominent in banking circles. He was twenty-three when he founded the First National Bank of New York. He never did anything all his life but deal in money. He died the other day at the age of 91, sincerely mourned by every leader in business and finance. He was a great banker and a great man. The greatest thing about him, as I see it, was his singleness of purpose.

The trouble with most of us is that we don't stick.

PROHIBITION

Many old people forget, and most young people never knew, that nearly all of the United States had prohibition laws long before the Eighteenth Amendment. I was born in the first of the dry states, Maine. More than thirty states, I believe,



Don't just float-- you might sink.

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LETTUCE Large, fancy crisp heads. Fine quality. 3 HEADS 25c	SOAP P. G. Laundry. The most for your money. 10 BARS 35c	LEMONS Fancy Medium size Lemons. PER DOZEN 34c 2 DOZEN 65c
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